Padilla said in his candidate statement that his work in the last four years helped to register millions of eligible voters in California. He pointed to his having been an immigrant parents with blue-collar jobs as an indication of his commitment to working families.

He won over the majority of votes against his opponent, Mark Moneymaker.

California Senator Diane Feinstein is the first female U.S. Senator. Diane Feinstein (D) ran on a progressive platform for the 2018 midterm elections. Feinstein cited her experience in position in previous years issues including immigration, women's rights, LGBTQ rights and universal healthcare.

She promised to fight for the rights of women. Feinstein's campaign continues to raise funds for California's coast. According to her candidate statement in the 2018 midterm elections, Senator Feinstein said she is a progressive leader.

Faculty members are concerned for the university’s voice has not been heard. To Selvidge, the board’s voice has not been heard.

In an interview with The Nexus, Selvidge said she chose to make the interpretation because the public policy states that the bills involves a person under the age of 18. In an interview with The Nexus, Senator Selvidge said, "I believe that it's very important that we don't interpret the policies in a way that's contradictory to the public policy."

In an interview with The Nexus, Senator Selvidge said she chose to make the interpretation because the policy states that "sexual intercourse with a person under the age of 18 would be considered statutory rape" under the subsection of "other prohibited behavior," but not the subsection of "sexual assault."
Precision, energy, speed, power — France’s acclaimed Compagnie Käfig merges elements of Brazilian urban dance and capoeira with hip-hop, modern dance and circus arts in its breakthrough productions. Created in collaboration with French digital production studio Adrien M & Claire B, Pixiel is a masterpiece featuring the company’s 11 outstanding dancers combining a sophisticated interactive environment of light and lasers that confounds our perceptions of what is virtual and what is real. A global phenomenon, Pixiel is a surreal brew of bodies and abstractions yielding a visionary approach to both video and bodily gesture.
A.S. Senate Entered Closed Session Illegally, Violating State Law

Sanya Kamidi | Assistant Editor

Associated Students Senate violated state law during its Oct. 31 meeting when it went into closed session without previously including the senators on that night’s agenda.

The Ralph M. Brown Act of 1953 “guarantees the public’s right to attend and participate in meetings of local legislative bodies,” according to a pamphlet published by the California Attorney General’s Office in 2003. This act “requires that all boards, commissions and councils publicly detail the items they plan to discuss in closed session before closing the meeting to the public.”

Closed meetings are those in which the public and executives are excluded. Associated Students (A.S.) Attorney General Zonesafadi said.

Last week’s closed session was unusual in that Senate asked A.S. Internal Vice President (IVP) Steven Ho and A.S. Executive Director Marisela Márquez to leave as well.

“An individual who was explicitly stated to not be a part of the closed session, I also cannot comment on what was discussed since I was not permitted to be present,” Ho said.

Off-Campus Senator Rafael Cornejo first motioned to go into a closed meeting “to discuss internals,” according to meeting minutes. Cornejo rescinded his initial motion but made a second motion to “discuss internals of A.S. and increasing accountability with senators and proxies only.”

Safadi sent out an email to all A.S. executives, senators and advisors on Nov. 2, warning senators that “they must adhere to the Brown Act in full.”

“Violations of the Brown Act may result in external litigation and repercussions,” Safadi said in the email obtained by the Nexus.

“The attorney general simply informed senators on how to go about closed sessions,” Ho said.

Senators are only allowed to go into closed session to discuss personnel and pending litigation in their session. The act requires that all boards, commissions and councils publicly detail the items they plan to discuss in closed session before closing the meeting to the public.

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Off-Campus Senator Rafael Cornejo first motioned to go into a closed meeting “to discuss internals,” according to meeting minutes. Cornejo rescinded his initial motion but made a second motion around 2:36 p.m., this time specifying that the meeting would discuss “internals of A.S. and increasing accountability with senators and proxies only.”

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Associated Students Senators’ Office Hours

UCSB’s Associated Student Senators are mandated to hold office hours and publicly post them by the end of the third week of the quarter. Until the Nexus reached out to Internal Vice President Steven Ho requesting a public list of all of the senators’ office hours, there was not one compiled. Each senator specifies a specific office. Some specifically serve on-campus students, some specifically serve off-campus students, some serve transfer students, some serve students in the College of Letters & Science and in the College of Engineering.

They also work with a number of boards, commissions and units as their liaisons. These senators are your representatives in Associated Students and handle your student fees. This is where you should be able to find them on a weekly basis. Contact the Daily Nexus if you show up to your senator’s office hours and are unable to find them. It’s your job to hold them accountable.
CSD Directors To Begin Earning Compensation for Board Service

Evelyn Spence
County News Editor

Directors of the Isla Vista Community Service District will now be compensated for time spent serving on the board, as discussed at the board’s Oct. 30 meeting. The seven directors on the board can each be compensated up to $600 per month, according to the board’s compensation resolution.

However, a director’s payment will most likely amount to $200 each month because of the board’s biweekly meetings, said Ethan Bertrand, Isla Vista Community Service District (IV CSD) president.

This amounts to $100 per meeting, regardless of the meeting’s length.

The resolution passed with four yes votes and one abstention by Director Thurlow.

Directors also have the option to waive their payments or accept the money and immediately return it to the board, an option Thurlow said he would be following. There is approximately $45,900 in allocations for the year to compensate directors for their time, according to the UC CSD’s 2018-19 budget.

The board has been discussing this for about two months, following an acquisition of the IV CSD’s funding through Measure R, Bertrand said.

The IV CSDs policy committee is creating a policy for what can be reimbursed. The committee will discuss this during its Policy Committee Regular meeting on Nov. 8.

“The resolution will make board service more inclusive,” Bertrand said.

We recognize that we have very limited finances, and we want to be respectful of that while also making sure there’s a basic level of pay to just cover the incredible amount of work that goes into this.”

I.V. Arrests Decreased

Hayley Tice
City Editor

Arrests in Isla Vista decreased in October from September, according to data from the City of Santa Barbara. While 26 people were arrested in Isla Vista in October, 55 were arrested in September. There was also a decrease in arrests of UCSB students in Isla Vista during these months, with 15 percent of people arrested in Isla Vista during September and October.

Robert Geis and George Thurlow –– will now also be reimbursed for any traveling expenses incurred while on I.V. CSD business. Brandt, Jay Freeman, Father Jon-Stephen Hedges, Robert Geis and George Thurlow –– will now also be reimbursed for any traveling expenses incurred while on I.V. CSD business.

SoCal Edison Partially Responsible for Thomas Fire

Amita Garewal
Reporter

The Southern California Edison ( SCE) electric services company took responsibility on Oct. 30 for being one of the causes of the Thomas Fire that tore through the Santa Barbara and Ventura counties last December.

“SCE believes its electrical equipment was associated with an ignition near Koenigstein Road in Santa Paula – one of five or six origin points for the Thomas Fire,” SCE said in a press release sent out on Oct. 30.

However, the statement noted that there were other factors that contributed to the Thomas Fire, including dry vegetation, high temperatures and strong winds.

“Wildfire risk is increasing at the same time as more and more residential and commercial development is occurring in areas prone to fire,” the release said. “SCE works tirelessly to mitigate risk – with over a quarter of SCE’s service territory in high fire risk areas identified on the CPUC’s California Public Utilities Commission fire risk maps,” the press release stated.

SCE is now entering a permit agreement with the California Department of Forestry & Fire Protection (CAL FIRE) to further its investigation into the causes of the Thomas Fire.

The press release also stated that SCE has removed equipment located near Koenigstein Road, so SCE has not been able to inspect it. “SCE will not be able to determine the specific cause of the Koenigstein Road ignition until it can analyze the equipment currently in CAL FIRE’s possession.”

According to the press release, SCE is conducting an ongoing study regarding the causes of the Thomas Fire. This study takes an in-depth look into possible ignition points and fire progression from each point, among other factors.

SCE is one of the largest electric utility companies in the U.S., serving about 15 million customers in Southern California, according to the press release.

The Thomas Fire destroyed the City of Ventura last December, burning over 243,403 acres of land. It was the most destructive fire in California history at the time, until it was surpassed by the Mendocino Complex Fire in July 2018.

During the fire, UC Santa Barbara and the City of Ventura evacuated students and staff from the Ventura and Santa Barbara campuses.

UCSB’s Associated Students Senate also allocated over $2,000 to students who needed to return home because of the fire. UCSB Chancellor Henry Yang later canceled finals week for Fall Quarter 2018 due to the unsafe conditions on campus.

The findings come as SCE faces multiple charges relating to the Thomas Fire, including from attorneys representing local residents and the City of Ventura.
UCSB Works To Support Transgender Students in Face of Proposed Gender Redefinition

Sanya Kamidi
Asst. News Editor and Social Media Manager

The Trump administration’s proposed redefinition of gender would have transgender students at UCSB Santa Barbara stick in limbo between federal and state guidelines, according to Craig Leets, Resource Center for Sexual and Gender Diversity director.

Leets said the proposed redefinition, which defines gender as the sex assigned at birth, would cause complications particularly with passports, social security cards and insurance benefits. He has been working to advocate for LGBQI+ students in higher education since 2012.

“It’s really complicated for a trans person to get their gender marker with the federal government,” he said. “If the redefinition were to go through, there would be no change at all for a trans person that would alter their gender marker that is on record with the federal government.”

Transgender students travelling internationally run the risk of being held up in airports, both domestically and internationally. Their appearance might align with one gender and [if] their gender marker on their passport says something different, that can cause problems for people who are going through customs,” Leets said.

Insurance companies that operate across state lines would also be able to deny transgender student benefits, particularly to cover mental health or transitioning expenses, despite California’s more progressive laws.

“They are more than just state-specific… which is where federal guidelines come in,” Leets said.

California Senate Bill 179, which was signed by Gov. Jerry Brown in Oct. 2017, would allow California residents three options for their gender, their driver’s license and birth certificates: male, female and nonbinary, which is denoted by an ‘x.’

Leets said the proposed redefinition, which defines gender as sex assigned at birth, would cause complications particularly with passports, social security cards and insurance benefits. He has been working to advocate for LGBQI+ students in higher education since 2012.

“For students who have not or cannot change their legal name, they can currently change their preferred name on G.O.L.D. This change will be reflected in numerous locations including their access card, Gauchospace, G.O.L.D., advising records, online campus directory and housing rosters.”

Leets said the center works closely with Vice Chancellor Margaret Klawunn and Associate Vice Chancellor for Diversity, Equity, and Inclusion Maria Herrera-Sobek.

“[The administration is] supporting the work that we are doing and helping us to make movement when we can’t ourselves,” Leets said.

Currently, the center is working on cataloging the number and location of all-gender restrooms on campus. They are also trying to expand the preferred name option on Gauchos On-Line Data (G.O.L.D.) to include pronouns.

According to Leets, there are approximately 70 all-gender restrooms on campus, with the majority of those being single-stall restrooms.

Through the RCSGD’s work to establish a map of all-gender restrooms on campus, it has identified a corridor on Ocean Road by the Gevirtz Graduate School of Education and Robertson Gym where there are several buildings without a single all-gender restroom.

If a student is in one of those classes, one of those buildings or they have multiple classes in those buildings, it’s really hard for them to find a restroom space that’s close enough to get to and doesn’t separate them too much between classes or for them to go during a class,” Leets said.

“UCSB has a nondiscrimination policy, and there are a set of protections for students who are legally protected in the state of California… so someone cannot be discriminated against in accessing housing or employment based on their gender, gender identity or gender expression,” Leets said.

The law fully goes into effect on Jan. 1, 2019, but the Trump administration’s attempts to redefine gender could override the state law.

“If the federal government were to change that definition it could really impact all of the progress that has been made,” Leets said.

On UCSB’s campus, students would not see any effects to the policies on campus. “If the federal administration’s attempts to redefine gender could override the state law, if the federal government were to change that definition it could really impact all of the progress that has been made,” Leets said.

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Leets said the center is also working with the university to expand the preferred name option already available for students.

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“In many places, students will be able to see their preferred name and not have to interact with their legal name. That system is pretty good, we’re just trying to make sure it’s as good as it needs to be,” Leets said.

“As a partner project, they are also working toward including pronouns in the university system in the same places the preferred name already appears,” Leets said.

Despite the work they’ve already done, projects like these often take longer than the center hopes them to.

“I think many people want to do that work [to support trans students] and are excited to do the work. The challenge that comes from any large organization is, ‘Is the money there?’”

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Heidegger, Ramsey Lead the Charge for Coach Pasternack

With Head Coach Joe Pasternack at the helm in his second season, the UCSB men's basketball team looks to take a step towards a playoff berth into March Madness for the first time since 2011. The Gauchos tied a program best 23-9 record last season

The Gauchos must replace six starters from last year's team. However, four starters departed after last season, Santa Barbara has added a myriad of newcomers headlined by captain sophomore point guard Drevay Miller. The Sierra Canyon product appears to have earned himself a starting role after being named as a team captain before playing a single regular-season game in the Gauchos blue.

"Last year I tried to watch what the guys were doing and see where I could fit in and how I could make an impact," Ramsey said. "It's a big change from high school to college, from junior college to Division I basketball. I'm just ready to be a part of the Gauchos and help them win games."

Anugwom, a community college transfer who scored 20 points per game for West Los Angeles CC, should provide a solid scoring spark for the team off the bench.

The Gauchos also added Prolific Prep. High School junior guard Max Heidegger, who scored 20 points on 5-8 shooting from the floor. Anugwom chipped in 15 points on 5-8 shooting from the floor.

New-Look Women's Basketball Seeks to Defy Expectations

Santa Barbara will have the chance to get its season back on track when it takes on CSU Bakersfield at home this weekend. Last season, the Roadrunners went 18-14 overall, falling just short in the WAC tournament final. The team returns without its leading scorer from last season, senior forward Aja Williams, who averaged nearly 13 points a game. The team was also 8-7 in non-conference play.

"I feel like CT: Christian Terrell, he's helped me out a lot with going over the offense," Ramsey said. "Those older guys like [Jarriesse], like Max [Heidegger] my roommate — they all made my transition easier."

Brandon Victor
Staff Writer

Brandon Victor
Staff Writer

Armchair QB

The trade talks have already started for LeBron James. With the Lakers coach already on the hot seat, will L.A. get back to the gold standard or just become Cleveland 2.0?

Santa Barbara has added a myriad of newcomers headlined by captain sophomore point guard Drevay Miller. The Sierra Canyon product appears to have earned himself a starting role after being named as a team captain before playing a single regular-season game in the Gauchos blue.

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As the regular season winds down, the UCSB women’s volleyball team isn’t playing for a playoff spot. At 6-14 in Big West play and 14-10 overall, the team’s next four games will be its last in 2018. However, that doesn’t mean the Gauchos don’t have anything to play for.

One more conference win would equal their seven-win total from last season, and fourth place, currently held by the 8-5 UC Davis Aggies, is within reach.

But just because it’s in reach doesn’t mean it will be easy. UCSB must score more and less close out its season with four wins in a row, starting this week with matches at UC Irvine on Thursday and at Davis on Saturday.

Neither opponent will be easy for the Gauchos to defeat. Both teams beat UCSB the first time around, with Irvine pulling off a come-from-behind 3-1 victory back in mid-September and Davis battling back from a 2-0 set deficit to steal a 3-2 win in the Thunderdome just over a month ago.

Both matches were close ones as UCSB had its chances to win, which should give the team some hope going into the week. On the other hand, matching up with the two will only be harder when the Gauchos take their show on the road this week.

First up is Irvine, the third-place Big West team with a 10-14 overall record and a 9-4 record in conference play. The Anteaters come into this game on a three-game winning streak, with an overall record of 4-2-2 home record.

This game will mark the last time senior driver Boris Jovanovic will compete in a Gaucho uniform. Jovanovic currently leads the team in scoring and has been instrumental in Santa Barbara’s dramatic turnaround from last season.

Not only has he been an offensive force, but he has also brought stable leadership for the team as the only senior on the roster.

The Waves come into this game on a three-game winning streak, with an overall record of 15-10, in which they have outscored their opponents by an average of seven goals per tournament.

In their most recent matchup against Santa Clara, they were able to net 17 goals while only allowing six. Freshman attacker Bailan Kosa led Pepperdine with a career-high seven goals in the match. It has been an up-and-down season for Pepperdine, but they have seemed to have found their rhythm as of late, specifically offensively.

Behind Kosa and senior center Chris Dilworth, the duo has been able to constantly put pressure on their opponents, leading to not only many goals for each player but also assists – they have over 30 assists between the two of them.

Both Pepperdine and Santa Barbara are very familiar with each other as they had matched up earlier in the season, with the Gauchos grabbing the win narrowly by a score of 16-14. Jovanovic led UCSB with six goals in their previous match.

UCSB will look to continue its strong defensive performance, as it has held its past two opponents to under 16 goals. With the Waves playing its best on the year, the Gauchos’ defense must communicate effectively, particularly when facing power plays.

Throughout the year, the Gauchos have struggled to keep the ball out of the back of their net when being a man down, primarily due to defensive breakdowns.

If they are able to limit them, they will be in prime position for defense stops, which could lead to offensive success for them through fast breaks.

With all of the Waves’ attention certainly going toward stopping Jovanovic and junior utility Ivan Grozdanovic, other members on the UCSB team must step up in order to keep their rhythm.

As the regular season winds down, the Gauchos have their sights set on sweeping the weekend and besting their conference mark of last season for the ‘Chos.

Following Thursday’s matchup, UCSB will look to continue its strong defensive performance, as it has held its past two opponents to under 16 goals. With the Waves playing its best on the year, the Gauchos’ defense must communicate effectively, particularly when facing power plays.

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The Gauchos will have to overcome any sort of emotional break. UCSB must get from their departing seniors in order to win. The Gauchos established clearly that they have the ability to win in their first matchup, but the Gauchos have to actually close the deal and do it on the road this time around.

A repeat performance from junior middle blocker Charlie Robinson, who had a career-high 22 kills in the first UCD-UCSB clash, would go a long way for the Gauchos on their quest for vengeance. Robinson hasn’t broken double-digits in the kills category in any game since, however, so UCSB may need to find new sources of offense in order to win.

If the Gauchos can do that against Davis on Saturday and stifle the balanced attack of Irvine on Thursday, they’ll stand a chance of sweeping the week and boasting their conference mark of last season.

Playoffs might be out of the picture, but there’s still plenty to play for.
Jonah Hill's Kickflips Into Our Hearts With Mid90s

The actor makes his directorial debut with a skateboard flick that combines his love of Los Angeles, hip-hop and semi-vintage film

Kristina Valencia
ArtswEEK

Thursday, November 8, 2018

Before going to see “Mid90s,” I thought I had already reached my quota for watching and loving movies of the skateboard genre. I’ve already seen “ Lords of Dogtown” and “Bones Brigade: An Autobiography” 50 times each — weren’t those the only ones that mattered? But as I left the theater after a few days, I realized Jonah Hill’s directorial debut as not only his film follows the life of Stevie (Sunny Suljic), a young boy who is struggling to belong in a world of abuse and neglect. One day, while biking around his hometown of Los Angeles, Stevie spots his destiny: the coolest skateboarder he’s ever seen. Skateboarding on the sidewalk. This group, comprised of Ray (Na-Kel Smith), Fuckshit (Olan Prenatt), Fourth Grade (Boo Boo Stewart), and Weed and acceptance to Stevie, allowing him to blossom into a confident young man.

The component that really drove this film was Hill’s ability to cast a non-famous group of gritty teenagers rather than career actors who had never picked up a skateboard before. At only 13 years old, Sunny Suljic completely embodies the disposition of his character: innocent and promising. Ray, the leader of the group, is played by real-life professional skateboarder Na-Kel Smith, who often shows off his skills throughout the movie. By casting genuine boys like these, Hill was able to create a skate movie without any of the generic tricks and references that frequently plague these constraints, standing alone as not only an iconic image but also a major influence and pioneer of 21st-century iconic music. Hill used his film to gain the rights to play their songs in his movie. “We didn’t have any money and the resolution, and “Mid90s” was lacking just that. But, since this is his first endeavor as both a writer and director, it’s hard to find too much fault in these shortcomings, especially when there are so many beautiful moments to focus on.

Jonah Hill has plenty of room for improvement. Usually, movie endings offer some kind of resolution, and “Mid90s” was lacking just that. But, since this is his first endeavor as both a writer and director, it’s hard to find too much fault in these shortcomings, especially when there are so many beautiful moments to focus on.

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Hill chose to use popular 90s artists like A Tribe Called Quest, Nirvana and Morrissey, he did this tastefully by including their lesser known songs rather than their bigger hits. In turn, this not only displayed Hill’s appreciation for 90s music but also worked to make this nostalgic period piece feel more legitimate. Here’s a surprising fact: Because of the low budget on this film, Hill had personally reach out to every music artist featured in the music picture soundtrack to gain the rights to play their songs in his movie. “We didn’t have any money and the soundtrack is crazy,” he explained. “I had to write letters to all of my favorite artists and every song that’s in the film, I wrote the scene to have that song in it.”

However, I will say “Mid90s” is far from being perfect. I won’t give away any spoilers, but there are some very questionable scenes that, while I had expected to see them, almost felt too dark, too lengthy and too inappropriate in comparison to the spirit of the rest of the film.

The ending felt rather rushed and abrupt. Usually, movie endings offer some kind of resolution, and “Mid90s” was lacking just that. But, since this is his first endeavor as both a writer and director, it’s hard to find too much fault in these shortcomings, especially when there are so many beautiful moments to focus on.

Hill himself was alternating between keys, a beat pad and solo vocals, meshing seamlessly with his incredibly rehashed backing band. Sonically, they were just about perfect, with the vocal reversals balanced exactly as it is on record and instrumentation that was clean and vibrant.

The South Carolina native continued on with tracks from Boo Boo, including deeper cut “Labyrinth” and soulful pop masterpiece “Girl Like You,” which was one of the highlights of the night in terms of vocal performance, instrumentation and crowd response. This moment in particular marked some of the highest audience involvement, with nearly everyone singing along to the catchy hook and dancing with the grooves. Despite the electronic-heavey landscape of “Boo Boo,” the live setting translated alarmingly well, with over 800 drum, guitar bassline and synth chord hitting hard and true. Much of the magic that Chaz Bear presents here lies in turning his recorded dreams into a live reality.

This mysterious and somewhat reclusive element of Toro Y Moi is a bit of a staple of his image, and it proved extremely effective once paired with the strong backing band and lighting choreography.

This mysterious and somewhat reclusive element of Toro Y Moi is a bit of a staple of his image, and it proved extremely effective once paired with the strong backing band and lighting choreography.

Toro Y Moi is a total icon, not only in image and cultural positioning but also in diverse musicianship, intimate performances and raw talent. If a look into Toro Y Moi’s discography doesn’t prove this, surely some time in his live setting will. After an incredibly fun and ultimately moving night at SOhO, I can assure you that Toro Y Moi isn’t going anywhere but forward.

Toro Y Moi hit downtown Santa Barbara’s SOhO last Thursday for a stop on his tour following his Boo Boo album release and after announcing a new album, Outer Peace, which is coming early 2019. With a long, successful career and a ton of commercial buzz, Chaz beautifully arrived on stage, maintaining a delicate balance of high energy and chill vibes and promising one of the hottest crowds I’ve ever seen.

Chaz began his set with Boo Boo album opener “Mirage,” which was met with a strong ovation from the audience. The energy didn’t reach full potential, however, until he performed single “Freestyl,” which seemed to be the true start of the night.
“I’m Not Mad, I’m Just Disappointed:”
Parents’ Weekend 2018 Report

Brook Clark
Staff Writer

Well, UCSB’s Parents Weekend came and went, and things were less than perfect. Parents Weekend is supposed to be a time when we can stop having anxiety attacks from econ, pretend like our social lives are more than just a weekly hookup and disregard the Yerba and Aderall-induced coma we’re all on the brink of, but this year we shit the bed, guys. Three out of four parents said they were either disappointed, appalled or, and I’m quoting here, “downright ready to choke someone,” after seeing what they saw. For the safety of students, the interviews will each receive an appropriate pseudonym.

1. My Hookup’s Mom

Early thoughts from this seemingly random parent were highly positive. Campus Fun was beautiful, and the guest lecture she got to attend reassured her that her daughter was highly positive. Campus Point was beautiful, and the guest activities this weekend. They played a few rounds of frisbee golf and went paddleboarding. Then night fell and Jeff found out his stepson was a star who went shot-for-shot with everyone at Dubs (Dublin’s for parent readers). “It would be weird to say I’m proud of him, but I’m not not proud of him…” Jeff looked concerned and mildly hungover during this interview.

2. Suzy V. Over-Protective

Upon Suzy’s arrival, she was both happy and concerned like he was developing allergies all of a sudden … His eyes were bloodshot and he just kept sniffing.” What Suzy didn’t know was that Gregory had developed a fendish coke addiction as well as a mildly successful business. When asked if she would return next year, Suzy cautiously remarked, “Not even the calendrical competitions at Snark Tower will entice me to rejoin Parents Weekend.” Well, boo on you, Sue, boo on you.

3. Jeff, Awkward Stepdad

Jeff was invited to join Tim, his stepson, in all normal activities this weekend. They played a few rounds of frisbee golf and went paddleboarding. Then night fell and Jeff found out his stepson was a star who went shot-for-shot with everyone at Dubs (Dublin’s for parent readers). “It would be weird to say I’m proud of him, but I’m not not proud of him…” Jeff looked concerned and mildly hungover during this interview.

4. Party Mom Karen

Party Mom had a great time and got into three fraternity parties. She only wishes she could have come here sooner. “This was the best fucking time I could have ever had.” It was at this time that she looked to three bros in the corner and said, “I’m gonna outdrink all your little bitch asses.”

Remember to take care of yourself even when things get stressful! Hannah Jackson

Hannah Jackson recommends the co-op’s vegan cookie dough for fellow stress eaters because you can’t get salmonella.

Now That’s What I Call Stress Eating!

Hannah Jackson
Asst.Opinion Editor

As midterm season approaches, students are beginning to exhibit classic psychological behaviors associated with stress. While some may turn to complacent smoking to cope or engage in the library’s egg chair, freshmen Daniel Diaz has taken up a record-breaking stress eating habit. “My first week, didn’t think it was a big deal,” said Diaz’s roommate Nicholas Wolf as he stepped over a pile of angry Flamin’ Hot Cheetos bags on the floor of their dorm. That petty sin his trash took up the entire floor’s trash cans, and now he’s commandeered the entire Anacapa bin.”

Diaz’s case has震动owed Arbor workers and dining hall employees alike. Veteran Arbor employee Rachel Lee was stunned by the sheer quantity of food Diaz bought in a single trip, noting that she had never seen someone purchase a shelf’s stock in its entirety before. Portola staff member Charlie Harris added, “I don’t think Portola has ever run out of food before this kid showed up and practically inhaled the taco-nacho line.”

These behaviors by Diaz’s stress-eating habit include Subway workers asked with his frequent visits and gross sandwich requests, as well as unspectacular library ghosts confronted with all of the weird smells that emanate from his backpack.

All sources interviewed noted that they were glad they would be long graduated by the time Diaz can enter upper-division courses. “This kid has a big storm coming,” said fifth-year biochemistry major Phil Morrison.

When asked by the Nexus what midterms he was studying for Diaz replied, puzzled, “What midterm?”

Hannah Jackson recommends the co-op’s vegan cookie dough for fellow stress eaters because you can’t get salmonella.
5 Reasons Why You Should Start Eating More Chocolate

Anna Constantino
Reporter

Let's face it: Chocolate gets a bad reputation. We like to profile it as the diet-crushing, sugar-filled, guilt-inducing sweet that keeps us craving more. Although chocolate is commonly demonized, we should look to the optimistic reality of this glorious snack. Chocolate with high cocoa content has plenty of overlooked benefits that improve mental, physical and emotional health. Here are five reasons why you should be eating more chocolate.

It alters your mood — for the better.

We often say that chocolate is a “remedy” or “comfort” food—it can help us get over a breakup, fix a bad day or simply make us feel happier. But why is this? No, it is not just because it tastes so good. According to the Australian Academy of Science, chocolate contains a chemical called phenylethylamine (PEA), which stimulates centers in the brain that control pleasure and satisfaction. In addition, the tetrahydrofuran found in chocolate produces several substances, one of them being serotonin. Serotonin is a hormone that controls our mood levels and helps reduce a lack of focus or cause symptoms of depression. We’re not saying you should incorporate more chocolate into your diet, but simply enjoy this naturally occurring mood booster.

It helps with fatigue.

Here at UCSB, we remediate our fatigue and all-nighter “hangovers” with Yerba and loads of coffee. While chocolate might not pack the same punch as drinks and foods with higher caffeine content do, it still provides all the same benefits that improve mental, physical and emotional health. Here are five reasons why you should be eating more chocolate.

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Now, don’t use this article as permission to down a pint of chocolate ice cream or inhale an entire Hershey’s bar in one sitting — that is not what we are suggesting. As with anything else, chocolate should be consumed in moderation to prevent yourself from eating too much sugar or fat. Consume wisely, pick the bars with the highest cocoa content and don’t forget to save some for later! Happy snacking!
As pressure mounts to find and use cleaner sources of energy, harnessing wind power has become increasingly common. But while wind turbines may be a large prospective source for generating electricity, these immense devices aren't living up to their full potential.

That is, at least, according to the research conducted by Paolo Luzzatto-Fegiz, a mechanical engineering assistant professor at UC Santa Barbara, and Colm-cille Caulfield of the University of Cambridge. Their study, "Entrainment model for fully-developed wind farm performance," appears in the journal Physical Review Fluids. While the performance limits for a single wind turbine have been established, the same couldn't be said of the power output from a large wind farm before their research. And with large groups of wind turbines being utilized by the hundreds or thousands, understanding how the collective qualities of the group affect wind farm performance becomes more crucial.

"We are interested in trying to develop ultimately better wind farms, and part of that is to understand what would make for a better wind farm and how do we even define that. Right now, we optimize wind turbines so that they are really good in isolation, but that's not how we use them," Luzzatto-Fegiz, lead author on the paper, said.

As air approaches a rotating turbine, the spinning motion creates turbulence and slows down the air, depleting the air flow around it for neighboring turbines. This creates pockets of air on a big wind farm, in which only the turbines situated in the direct path of the wind can maximally benefit from the high-wind velocity for higher energy production.

"We're looking at ways to modify existing turbines to improve output by following assumptions and essentially having ways to enhance the turbulence each turbine makes. There is the upper bound, which we think is the most exciting thing from a scientific standpoint. It's more about a goal for engineers, for long-term research," Luzzatto-Fegiz said. "It doesn't mean you can get there, but it suggests that there is room for growth."

The ultimate goal is to have the slow-moving air behind each turbine mixed with the faster moving air above the turbines as quickly as possible to allow subsequent turbines to harness the maximal amount of kinetic energy. Currently, wind turbines aren't designed to have this effect.

"The researchers' theoretical model isn't concerned with the look of the turbines or their spatial layout as much as it is focused on their possible productivity. The model displays how energy travels from higher up in the atmosphere down to an array of generators that take out energy. The researchers designed the devices to control the turbulence next to themselves so that they produce greater churning of the air."

Luzzatto-Fegiz said. "It doesn't mean you can get there, but it suggests that there is room for growth."

The mathematical model accounts for properties of the individual turbine — for example, how the angle of the blades can affect the flow of the air — as well as the properties of the turbulence behind other wind turbines, such as the amount of mixing of the air, which relates to the physics of the flow. It provides an upper bound, or the maximal performance, for a wind turbine, determining the amount of room for improvement relative to the productivity of existing wind farms.

"You can ask, if I make a machine that does the best possible level of churning or mixing right next to the wind farm, how much could you improve things? And the surprising thing is that the [potential] improvement is a factor of 10," Luzzatto-Fegiz said.

Further, the model showed the role local weather plays on turbulence and power output. When solar radiation heats the ground during the day, it heats the surrounding layer of air, causing the warmed air to rise. This creates extra turbulence. At night, the opposite events occur. The ground can cool down quickly, causing an inversion, or a layer of cold air near the ground. This diminishes the mixing of air and subsequently makes it more difficult to extract power from a wind farm.

"The main idea is that we should think about the turbulence each wind turbine makes behind itself," Luzzatto-Fegiz said. "You might have multiple turbines designed in a complementary way to make turbulence together. You might take into account this effect of local weather, or what we call atmospheric stability, which is bottom heating or cooling."

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"We're looking at ways to modify existing turbines to improve our output by following assumptions and essentially having ways to enhance the turbulence each turbine makes. There is the upper bound, which we think is the most exciting thing from a scientific standpoint. It's more about a goal for engineers, for long-term research," Luzzatto-Fegiz said. "It doesn't mean you can get there, but it suggests that there is room for growth."
Why the Plastic Straw Ban Kind of Sucks

Alaysha Agrawal
Staff Writer

On Oct. 8, the Intergovernmental Panel on Climate Change released the 1.5°C temperature increase threshold much faster than anticipated, and the world has until 2030 to get its shit together; otherwise, major catastrophes, Category 5 storms and volcanic eruptions will begin to destroy our beautiful planet. But why? Why is there no one talking about the fact that the world is pretty much ending?!

Um … hello?! Why is no one talking about the fact that if we want to save our planet from extreme natural disasters, we have already been the turn away from single-use plastic. On Oct. 3, the Santa Barbara City Council voted to officially ban plastic straws only upon request from the customer, which was approved by California Governor Jerry Brown. It is a step that is getting far too much attention and consideration as people are blaming corporations for the decrease in oceans and the world's warmth. In my case, I have made the conscious decision to take as many classes as I can, regardless of whether or not it makes me happy, because I want to get it done with. To think that I won’t have to work or extracurriculars — well, then you’re just not working hard enough. I’ve come to the point in my life where I’ve decided that my schedule is pretty easy. What she didn’t know, however, was that the previous quarter I took 19 units of S.T.E.M. classes. I had taken these classes because I thought I wanted to study biology, but what I learned was that science was something that led me down a toxic path of anxiety and self-loathing. I found that although I loved science, I wanted to study in college and I should instead go toward my other love: writing. What she didn’t know was that I struggled a lot with allowing myself to take 12 units that quarter; every time I looked at my schedule my heart filled with voices telling me that I wasn’t working hard enough, and my comments only solidified this idea.

Every person you encounter has demons, and unless you have a particularly close relationship with that person, you will most likely never know what those demons are. For me, I have a very close relationship with my health — but not big of an effect as greenhouse gas emissions of 0.3 percent of all plastic pollution. Plastic results in microplastics, which can end up in the food chain and affect the health of marine life. Plastic also pollutes waterways and can damage habitats, causing the sea levels to rise by over four feet, meaning that we have already lost 1.5° C temperature increase threshold. The reason the plastic straw ban is so bizarre to me is that people will stop using straws to save the world. If you're not driving yourself crazy with all-nighters, double majors and major earthquakes, Category 5 storms and volcanic eruptions are so obvious that you can find communal times that work with the cast. I think that just about everyone has noticed this or participated in it in some way. We have been told by an exorbitant amount of pressure on ourselves to do as much as we can, regardless of whether or not it makes us happy as a result of the romanticization and glorification of being overworked. There’s this idea that if you’re not driving yourself crazy with all-nighters, double majors or extra-curriculars — well, then you’re just not working hard enough. In my case, I have made the conscious decision to take as many classes as I can, regardless of whether or not it makes me happy, because I want to get it done with.

As a dancer, I am often involved in performances in which the dancers must be in the dance studio at all times to give my schedule to my choreographers so that they can find communal times that work with the cast. Every person you encounter has demons, and I think that the world is pretty much ending! Since the 19th century, Earth’s average temperature has already risen by 1°C. From the death of over two-thirds of the Great Barrier Reef to the several Category 5 storms on the East Coast, we have already been the turn away from single-use plastic. On Oct. 3, the Santa Barbara City Council voted to officially ban plastic straws only upon request from the customer, which was approved by California Governor Jerry Brown in late September. It is estimated that the combined total of every straw that has ended up in the ocean accounts for only approximately 0.3 percent of all plastic pollution. Plastic pollution uncontrollably has an effect on our ocean's health — but not big of an effect as greenhouse gas emissions. Over the past few years, especially during my time in school, from high school to college, I’ve noticed that I like to call the “whores” who call me. We have been told by an exorbitant amount of pressure on ourselves to do as much as we can, regardless of whether or not it makes us happy as a result of the romanticization and glorification of being overworked. There’s this idea that if you’re not driving yourself crazy with all-nighters, double majors or extra-curriculars — well, then you’re just not working hard enough. In my case, I have made the conscious decision to take as many classes as I can, regardless of whether or not it makes me happy, because I want to get it done with.