Isla Vista CSD Considers Turning Deltopia Into a Sanctioned Festival

Arturo Martinez Rivera
Asst. News Editor

The Isla Vista Community Services District discussed a proposal from Lucidity Festivals LLC on Tuesday night, voicing support and doubts about the potentially $180,000 spring project designed to turn Deltopia — typically a chaotic, break-all-the-rules block party — into a more controlled community event.

Lucidity, an open-source transformational arts and music festival, first introduced the idea for a spring festival during Deltopia in 2019. The festival is centered on the IV Loop, which will include three music stages, a space for games and activities and a beer garden for guests. The festival plan also includes detailed safety information regarding local police, fire department, paramedic, security and the budget for the overall project, with expenses totaling $184,850.

The entire board unanimously expressed concern over the price tag of the event. According to Jonathan Abbot, Isla Vista Community Services District (IV CSD) meeting in May, the Isla Vista Community Services District discussed a potential funding the festival.

At Tuesday’s meeting, IV CSD Board President Spencer Brandt expressed concern over the high number of arrests in the area in the past months. Asst. News Editor Arturo Martinez Rivera expressed the board’s sentiments at the I.V. CSD meeting in May. The Isla Vista Community Services District discussed a potential funding the festival.

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THIS WEEK’S UP AND COMING

Friday October 11
Roy Blair
The Hub | 8:30 p.m.

Saturday October 12
Pollock Theater 11 p.m.

Sudoku

ACROSS
1 Bouncing toy
5 What waiters wear for
9 Fishes making, as a black-and-
13 __, very luscious
14 Longhorns
to ze in lecture was always working hard in class, until ze
15 Am of a sea
16 __ man honored with a basilica in Venice
18 Hess at a big profit
19 Futher the boss for personal gain
20 English class classic
22 Huck Finn’s ride
23 ____(bold box)
24 ____(in bold box)
25 ____(in bold box)
27 Pyromaniac’s
8 Sushi bar cupful
5 __ Bay Rays
4 Binoculars part
3 Superman’s Lane

SOLUTION TO SATURDAY’S PUZZLE

ANSWER TO PREVIOUS PUZZLE:

THE ART SHOW!

Embarcadero Hall 8 p.m.

October 13
Joel Sartore
Campbell Hall I 3 p.m.

WEATHER

The Weatheruman thought that the Chad sitting next to us in the cafeteria was always working hard in class, until ze looked over and hep eyes were burned by the flickers of heen arms on his desk. We’re flexible with your schedule. Lunch is provided daily and a letter of recommendation. Please respond to info@rockthecvotecs.org.

ACROSS
38 Spawned
40 “Hud” Best
41 Spiteful, as gossip
42 Dean’s __
51 Spiteful, as gossip
53 Marsh grasses
57 The __ of 88
63 Deep trepidation
64 Not hypothetical
65 “Not only that ...
67 Beaver-built

DOWN
1 Bouncing toy
2 Joe
3 450s
4 Dialogue
5 Hug
6 __, very luscious
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14 Length times
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56 Forest-floor plant
57 One-armed bandit
58 Descriptive wd.
59 Org. that created American Hunter magazine
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HELP WANTED

Rick the Vote Santa Barbara - Part time volunteers wanted!

Rick the Vote Santa Barbara is a non-partisan organization looking for volunteers in the inspiring mission of getting people to register to vote online with voter drives, rock concerts and beach clean-ups at UCSB and in Isla Vista! We’re looking for people with a positive attitude that can walk a mile per day. We’re flexible with your schedule. Lunch is provided daily and a letter of recommendation. Please respond to info@rockthecvotecs.org.

UCSB tour guide needed for Oct 19 - Friendly, knowledgeable, outgoing. Email: lutumv898@gmail.com

EXERCISE YOUR RIGHT TO VOTE!

REGISTER ONLINE TODAY!

WWW.ROCKTHEVOTESB.ORG

INFO@ROCKTHEVOTESB.ORG

PAID & VOLUNTEER POSITIONS AVAILABLE!
Ten Takeaways From UC Payroll Data

Jackson Guilfoil
Reporter

On Sept. 24, the University of California Office of the President released its 2018 payroll data for the UC's 227,700 employees systemwide, totaling a payroll of $16 million across the campuses, a 5.5% increase compared to the 2017 data.

The top takeaways from the data can be seen below:

- UC Santa Barbara's payroll totalled $526,270,378, the majority of which went to healthcare staff, service employees, professors and lecturers.
- At UCSB, the average employee wage was $29,815, a number drawn from over 17,000 employee salaries at the university. Among the top 10 earners at UCSB, the average pay was $464,425.10.
- At the UCs, Santa Barbara ranked seventh in the amount of money spent on employee wages, only underspent by UC Riverside, UC Merced and UC Santa Cruz. "As in previous years, the top 10 earners at UCSB have generally not been physicians or surgeons or other similarly ranked specialties in high paying fields," the report stated.
- Employees earning $200,000 or more represent 3.5% of all employees systemwide.
- In 2018, Joe Pasternack was the highest paid coach at UCSB, earning $403,967, but he was the 15th most highly paid employee at the school, according to the payroll data. In that same year, the top five earners at UC Berkeley were all coaches, with Justin Wilcox taking the number one spot with $3,003,362, almost twice the pay of the number one earner at UCSB.
- The highest paid employee at UCSB in 2018 was Finn Kydland, an economics professor who won the Nobel Prize in 2004. His gross pay was $531,872 and he also received the highest gross pay in 2017, according to the payroll data.
- Over the past five years, average pay has slowly increased across all UCs, but in 2018, spending on employee retirement and healthcare decreased by $174,027 over the past two years, according to the California State Controller's website.
- UCSB Chancellor Henry Yang was the eighth most highly paid employee at UCSB, with a salary of $427,120 in 2018.
- The average compensation for UC chancellors is $540,000, whereas for public universities, the average pay for chancellors is $502,000, and private university compensation surpasses both, with an average pay of $548,000, according to UCP's Executive Compensation for Research University Chancellor's Report.
- While the UC's health staff only makes up 24.4% of the total payroll, almost half of all full-time UC employees are health staff, according to the University of California Report on 2018 Employee Pay.
- Despite average wage increases, Academic Researchers United (ARU), a union representing researchers and other academic positions, is currently in the midst of contract negotiations with the UC. The ARU wants higher pay and other benefits such as increased job security, which might take form as longer appointments and paid parental leave, according to UAW Local 5810 Vice President Neal Sweeney.
- "When you consider wages and cost of living, there is a significant wage gap between UC Academic Researchers and researchers in equivalent positions at other universities," said Sweeney in an email. "It's in the best interest of UC research to remedy that inequality so we can make ends meet and create long-term careers at UC."
- UCOP will next meet with ARU on Oct. 10 and 11, according to UCOP spokesperson Scott Holbrook.
Lucidity

Continued from p.1

California Governor Gavin Newsom signed Assembly Bill No. 963, otherwise known as the Student Civic and Voter Empowerment Act, into law on Tuesday night, granting community colleges and state universities the ability to enhance voter registration efforts.

"Today's young people are the most diverse generation in history, and they often look to their colleges and universities for support as they develop the skills they need to accomplish their goals and contribute to their communities," Kristin McGuire, western regional director for Young Invincibles, an organization dedicated to empowering young people to be civically engaged and take action in their communities, said in a press release about the bill.

New voters also often face their own unique set of challenges when voting for the first time, and may need a little more information or support to help cast their ballots," McGuire continued.

"I know Campus Dems and other student organizations are working on this daily, and every university the on-campus resources they need to support to their elected leaders accountable."

Additionally, UC campuses in particular will receive voter registration forms for every campus and are encouraged to create alternative methods for students who attend the university primarily online, so they can still register to vote through the campus. UC would also be required to distribute information surrounding elections, candidates, and voter registration via email, social media, and through their coordinators. The Secretary of State will review each campus's program every year to ensure that they are following the guidelines laid out in the bill.

UC Santa Barbara is well-known for its consistently high voter turnout — during the November 2016 election, UC Santa Barbara and Isla Vista voter registration drives recorded a registered 3,000 new voters.

"We monitor the amounts of pseudo-nitzschia in the water every week; we take a sample on Monday, and by Tuesday we have the answer. But we also know that the relationship between the number of pseudo-nitzschia and toxic blooms does not predict toxicity. We can't isolate the blooming just from the number of cells, because there's a lot of little frustrating, but we have to be careful interpreting abundance data."

"Just because it's in the water doesn't mean it's toxic, and we still need to be motivated and kind of be sparked to action to what's happening in the environment. I hope that they feel this emotional hole to notice and bear witness on their own fate and I was having this reckoning with myself."

"One of the things we really pride ourselves on is that we have a very, very well-staffed and skilled medical staff here at Lucidity that has any immediate emergency, we have the ability to support them right there and then," said Mailand.

"I had a moment of reckoning where I was on my second hour of waiting for CIMWI and I was kind of like, 'Okay, this is taking a long time, I'm dedicating a little bit of my life to this,'" Rogers said. "But I also do think there's a kind of benign ignorance in natural phenomenon, like with a growing disconnect between us and the environment and I think that people are not aware of what that's going for."
"I have a colleague in my department who teaches a class on memes and it’s a deep dive into theories of what it is that people are tapping into when they make [memes]." Kennedy said.

"There’s a potential for a joke intended to be funny but ends up offensive in its delivery. Another thing that comes up, especially in the teaching context, is it is confounding humor that’s hurtful. And so in many of my classes, I do this; I say, ‘Look, here’s the point of view that someone had tried to make with a joke and it’s offensive and its defense is going to be, ‘Well, come on, I’m just trying to be funny.’" Kennedy said.

"That’s never an appropriate response to defend a joke that’s been hurtful to someone."

While Leets acknowledged that there was the potential for a meme to turn offensive to some groups, he said that generally the result of cracking a joke intended as funny but ends up offensive in its delivery. He said that it is important for people to be aware of the potential downsides of using memes, which can be a way for people to express their thoughts and opinions in a more creative and effective way. However, he also emphasized the importance of being mindful of the potential risks associated with using memes, such as the potential for them to be misused or misinterpreted. He highlighted the need for people to learn to recognize and manage these risks, in order to ensure that memes are used in a responsible and effective way.

"I think it’s important for people to understand the potential downsides of using memes, and to be aware of the risks associated with their use. It’s important to recognize that memes can be a powerful tool for expressing ideas and opinions, but they can also be misused or misinterpreted. It’s important for people to learn to recognize and manage these risks, in order to ensure that memes are used in a responsible and effective way.

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Gauchos Take 13-Game Win Streak Into Conf. Matchup With No. 19 Hawai'i

The UC Santa Barbara women's volleyball team will host No. 19 Hawai'i this Saturday after having swept both UC Davis and UC Irvine this past weekend.

UCSB currently leads the Big West with a 15-1 overall record and will be hoping to continue their form against their toughest opponent yet. Hawai'i, meanwhile, is 15-2 and sits in third place.

After starting the season at 2-4, the Gauchos have been on an absolute tear, winning 13 straight games including sweeps in each of their past four. Hawai'i has had similar success, though has lost two of their last five games including a midweeker at home against UC Irvine, a bottomfeeder team that was swept by UCSB just over a week ago.

Hawai'i had dominated early, winning the first two sets (25-11, 25-21) before the Anteaters were able to take three straight for the road win. The win was a first for UCI who had previously lost 40 straight matches to Hawai'i, and despite going down 0-2 early on, they were able to rally on the back of their offensive depth. Abby Marjana (14), Loren Carter (13) and Onye Ofoegbu (13) all posted double-digits kills while Kelly Nagorn led both teams with 11 assists.

Despite only posting 19 kills over last weekend's two games, Raddins has been in phenomenal form this season and will be anticipating arguably the biggest spotlight yet as the Gauchos look to carry their momentum through a long stretch of conference play.

The games against UCI and Davis proved that the Gauchos don't need much firepower at every game, but that their depth is composed of players young and old that are more than capable of competing at the highest level.

There was not a single double-double by a Gauchos last weekend and yet they still walked away with two sweeps. This team is legitimate and they're ready to compete.

Two of our nation's most famous programs will battle it out this Saturday at the Stan Sheriff Center in Manoa, Hawaii. The game starts at 7 p.m.
Leading the Charge: Women of the UCSB Surf Team Turn the Tides Against Sexism

UC Santa Barbara is undoubtedly a surfer's paradise. Nestled in the Central Coast, Isla Vista is only a short drive from iconic surf locales like Rincon, Emma Wood, C Street and Jalama, while also boasting its own local gems like Sands and Davenport. The easy access of some of the best surf spots on the West Coast is one of the primary reasons fourth-year Surf Team members DaniRose Hill and Jessica Bixby chose UCSB over schools like UC Berkeley, where they were both accepted.

"I knew that my soccer career was coming to an end, so when I was visiting schools I was like, 'I could start surfing all the time if I went here.' So I think that a huge factor for me was like I can be in the ocean all the time in Santa Barbara," said Bixby.

"I think just coming to Santa Barbara, and feeling how welcoming this community was, has to do with how close we are to the water," Bixby explained. "I knew that my soccer career was coming to an end so when I was visiting schools I was like, I could start surfing all the time if I went here. So I think that a huge factor for me was like I can be in the ocean all the time in Santa Barbara."

"The water is what keeps me mentally balanced and happy, and I knew that I wanted to be around it," Hill added.

Even though UC Santa Barbara boasts a whopping five women their freshman year, it has since found itself in a competition all surfing together, like in the water dominating the lineup. Each year it's increasing and it's just makes you feel so much more confident from it just because I knew that one day there would be more girls, you know, if those few people that are on the team don't keep surfing, then there will be no foundation for more girls.

"I think each year it's just more exciting. Getting to college, I remember even being so stoked to be on a team with like five girls that was mind blowing. And then the next year it was 12 girls at a competition all surfing together, like in the water dominating the lineup. Each year it's increasing and it's just makes you feel so much more confident in the water. People are more accepting and it's more fun environment. Whereas I think when there's too many men present, it just feels so competitive and like quiet. But I think women really liven that up that environment," Bixby concluded.

"The gender barrier didn't completely dissipate within the confines of the team. Even outside the water, gender roles in years past caused tension amongst team members.

"There was a tendency for some older guys on the team to have the position and kind of play the mascot in this role, of getting to do the fun things and shout into a megaphone and kind of get all of the credit," Hill noted.

"But behind the scenes they weren't running any of the logistics and a lot of the girls for a lot of years had the job of being the bitch. We were the ones that were pestering people and getting things done and kind of doing all the grunt work that isn't fun and doesn't make you likable," she said frankly.

The gendered aspect of the sport is nothing new to the women. Even though they constantly found themselves outnumbered during their formative years, the women all held out hope for a more female future in the sport.

"In some ways it was a lot harder to build confidence because I wasn't doing it alongside other girls. I always knew that I was like standing alone and navigating it alone, despite gay friends that I had," Hill said.

"I didn't feel like I had that pack to lean on. I didn't have other girls to look up to go, 'Oh, I can surf like that one day.' I could only find that really through the media. But in another way, at times, I derive confidence from it just because I knew that one day there would be more girls, you know, if those few people that are on the team don't keep surfing, then there will be no foundation for more girls."

In spite of the negativity, both Bixby and Hill recall their late mentors — Bixby's father Mark and Hill's coach Stan Searfus — both of whom helped normalize women in the water.

"The first time I really felt my gender in the water, my mentor Stan saw how excited I was to surf. He invited me on a six-mile paddle and I was the only girl there. And some of the guys were kind of surprised that I showed up. There was classic boy banter, I wasn't supposed to hear it but one of them said, 'What is she doing here?' Stan went up to them and said, 'Well she's out here, she's doing this paddle and she's going to be surfing with us, so get used to it.' And that was so foundational to me."

For the women, the UCSB Surf Team proved a massive improvement, boasting a whopping five women their freshman year. It has since grown to more than 20.

"I think the number one thing is just more exciting. Getting to college, I remember even being so stoked to be on a team with like five girls that was mind blowing. And then the next year it was 12 girls at a competition all surfing together, like in the water dominating the lineup. Each year it's increasing and it's just makes you feel so much more confident in the water. People are more accepting and it's more fun environment. Whereas I think when there's too many men present, it just feels so competitive and like quiet. But I think women really liven that up that environment," Bixby concluded.

Even though the surf team has increased four-fold since Hill, Bixby and Wallace first joined the team in 2016, the fight for equality isn't over yet.

When asked to give advice to future generations of female surfers, Wallace doesn't mince words.

"Don't take shit from any fucking guy out there. Do not take shit from him because you just like being in the water, you're overcome so much more than he ever will."
Chanel Miller Stands Up to Sexual Assault With New Book

With her recent book release "Know My Name," UC Santa Barbara alumna Chanel Miller gives readers a personal insight into what it was like experiencing sexual assault, the turmoil that followed it, and how she eventually chose to press charges.

The book begins with a recollection of events that happened leading up to the assault in 2015, from being excited to see her sister home for the holiday weekend to eating tacos to drop off at the Stanford frat house. It was during this Stanford frat party that Turner found Miller, her sister, and her sister's friend got drunk—Miller to the point of blacking out. As the night went on, Turner tried multiple times to wake Miller up until police arrived. Upon waking up in the hospital the next morning, Miller was subjected to a torrent of online ridicule and skepticism by way of overzealous Redditors and Twitter users. Almost immediately, Miller describes reading articles that deliberately painted Turner in this angelic light in which a boy as privileged and protected as Turner's status as an esteemed swimmer immediately drew attention from the media once she decided to press charges.

"Brock Turner was, almost by definition, a perfect victim," Miller wrote. "A boy who could never hurt anyone, who could never be accused of being at fault, who was never the one who said no. He was the boy who asked for more sex. He was the boy who was drunk because he couldn't handle not having sex. He was the boy who said yes but really meant no. He was the boy who thought he deserved sex just because he was a boy. He was the boy who didn't understand consent because he was the boy who didn't understand women. He was the boy who thought he could do anything to anyone because he was the boy who thought he could never do anything to anyone."

With her recent book release "Know My Name," UC Santa Barbara alumna Chanel Miller gives readers a pathway to try and understand what it's like for the victim going through this type of trauma rather than focusing on the rapist himself. And, while sexual assault violence occurs for the victim going through this type of trauma rather than focusing for the victim going through this type of trauma rather than focusing

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Somewhere, Calif. — In a spectacular yet relatable blunder this weekend, freshman Greg Harrison somehow ended up riding a SBMTD bus over 150 miles to the suburbs of Los Angeles while trying to take the 24X from campus to FT. Harrison was reportedly trying to make it to Portola Dining Commons for dinner when his meandering metro adventure started and is now lost, afraid and so hungry that dinner at Portola sounds like a good idea.

Nexustentialism caught up with several of Harrison’s would-be dining companions (all FT natives) in hopes of finding out more about the transportation tragedy that befell him.

“I honestly don’t know why he even wanted to come here for dinner when DLG is both on campus and, like, wayyyyy better,” said Harrison’s friend, who identified himself only as “The Man.” Mr. Man, having clearly given up hope that his friend would make it to Portola before closing time, then solemnly took a place in line for the highly coveted waffle-maker.

When Nexustentialism eventually tracked down the hopelessly lost freshman to ask for his comment on the situation, he had only the following to say.

“Do you know how to get back? My phone is dead and I want to call my mom,” Harrison said to our reporter, who caught up with the lost traveler in the field. “I don’t know where I am. Can you please help me?”

Our reporter chose not to lend their cellphone to the weary vagabond in order to preserve the integrity of the story. And although Nexustentialism respects and supports this choice, we are saddened to report the student has not been seen since.

While many new students find themselves bewildered by the machinations of the Santa Barbara Metropolitan Transit Department, few find themselves led as astray as poor Harrison. With bus-route literacy dropping lower with each new incoming class, UCSB may soon have an epidemic of lost students scattered throughout Southern California. With any luck, however, most of them will figure it out eventually — either that, or they’ll be forever lost to the labyrinthian abyss of the SBMTD bus routes, in which case: problem solved!

Lost Freshman On SBMTD Bus Winds Up in San

Max Myszkowski
Assistant Editor

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BREAKING: Rival Mascots Olé Gaucho and Musty the Mustang Caught in Affair

Bianca Bitchandahalf
Reporter

It seems that while all eyes were on the field, Olé and Musty only had eyes for each other. After what we can only assume was a beautiful and intimate dinner of stale tortillas and beer, one soccer fan overheard a tense lovers’ spat:

“We just can’t be together, Musty. It’ll never work.”

“Because you’re a caricature and I’m a horse?”

“No, because my whole school thinks you guys are buck-toothed, inbreeding rednecks.”

Administrators and sports teams from either university refused to comment, but after much persuasion and a few rounds of “Olééééééé Olé Olé, Gauchos Gauchos,” our own sweet mascot spoke out about the affair.

“It is my duty to ride that dick.”

Bianca Bitchandahalf supports a mascot’s right to true love.

Bianca Bitchandahalf/ Reporter

It’s that time of year when our beloved Blue-Green rivalry is in full swing. Soccer players are soccer playing, Gauchos are Loco-ing and everyone is perfecting their “Fuck Cal Poly” cheers. But this time, there’s something besides tortillas in the air — love.

You heard it here first, folks. The rumors are true. Just days after the big UCSB vs. Cal Poly soccer game, Olé Gaucho and Musty the Mustang have been caught in an affair. Their schools may be bitter rivals, but that didn’t stop these beloved mascots from kindling a forbidden romance. The two were spotted by students at last weekend’s big game, locked in a passionate embrace just outside Harder Stadium.

“His eyes are on me, and I’m on his,” Olé whispered in our reporter’s ear.

But will the Blue-Green faithful ever accept this love? Many are insisting on a “ sideways divorce” for the two beloved mascots.

Bianca Bitchandahalf/ Reporter

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Too Hot to Handle: Sizzling Lunch Introduces Japanese Teppan-Style Cuisine to Isla Vista

Winnie Lam
On the Menu Asst. Editor

If you’ve strolled down Trigo Road to get to the Amazon Locker or I.V. Theater, you couldn’t have missed Sizzling Lunch’s huge vibrant menu on their storefront windows. Sizzling Lunch replaced 212 Hot Pot and although the interior may look the same, Sizzling Lunch brought a Bay Area favorite to Isla Vista with its adaptation of teppanyaki, a style of Japanese cuisine that uses an iron griddle to cook food.

I’ve visited the restaurant twice since its opening, and both of my experiences were extremely pleasant. What makes Sizzling Lunch stand out from other food spots in I.V. is not only their delicious food but also their exceptional service. After my friends and I were seated, our waiter was happy to give us recommendations and was very attentive even after we got our food. I appreciated that there were photos that corresponded to each menu item for those who might not have had teppanyaki before. At Sizzling Lunch, the teppanyaki is comprised of beef, chicken or salmon with black pepper rice, udon noodles, golden curry or teriyaki sauce. Each dish comes with rice or noodles, meat, a small selection of vegetables and a ball of butter. The meat doesn’t come fully cooked but since plate is extremely hot, the customer is supposed to mix and cook all ingredients together themselves and complement it with the side condiments like chili powder, garlic shoyu and teriyaki sauce.

During my first visit, I tried the curry beef rice with cheese. Overall, I thought the beef, rice and side sauces paired perfectly together, making it a great meal to grab with friends. The only thing I don’t like about it is the anticipation you get when you’re waiting for your food to stop smoking and cool down a bit because it seriously makes you sit there and salivate. The portion sizes were very reasonable for the price, especially in I.V. It does remind me of fried rice that I could easily make by myself at home, but the novelty of eating this dish from a sizzling plate and the convenience of how fast the food comes out makes eating at Sizzling Lunch worth your time and money. The second time I visited I wanted to try something different, so I decided to order the beef udon. This dish came with almost the same ingredients as the rice plate I ordered during my first visit, except with udon noodles instead of rice and without curry powder. I also thought it was really savory and tasty, but I’d say that I like the rice plates better just as a personal preference. Something that I noticed is that I didn’t really taste a difference from when my dish had curry powder and when it didn’t, so if you’re debating between the curry beef udon and the regular beef udon, I’d just go for the regular and save a bit of money while you’re at it.

After trying Sizzling Lunch twice, I’d definitely recommend it to everyone. Though it seems like such simple dishes, they truly are delicious and the staff makes you feel welcome by always checking up on you. The curry beef rice with cheese is a must-try dish, and condiments like the garlic shoyu and chili powder are necessary if you want to maximize the flavor of your dish. Since it just opened up, Sizzling Lunch is pretty packed during peak lunch and dinner hours, so I’d recommend going during less busy times, especially if you’re planning to eat with a large group of people.

Tasty Must-Have Foods and Snacks for This Fall Season

Paige Holloway
On the Menu Editor

Fall has finally arrived, and it’s time to bring back some of our seasonal favorites like pumpkin and apple spice. Even if the weather in Isla Vista hasn’t changed, the local coffee shops and grocery stores have started to provide new and exciting fall items. If you’re anything like me and don’t understand about the hype about the pumpkin spice latte at Starbucks, here are several other seasonal favorites you can try!

1. Pumpkin Cold Brew from the Coffee Bean

One of the more underrated coffee chains in the Goleta area is the Coffee Bean & Tea Leaf. Not only do they have an entire seasonal menu packed with fall drinks, but their pumpkin spice is arguably better than Starbucks. Their cold brew is a particular standout and is definitely worth the short drive.

2. Trader Joe’s Pumpkin Chocolate Chunk Oatmeal Cookie Mix

If you’re in the mood for a sweet option during the fall season, Trader Joe’s is stocked with various healthy, convenient options. This mix is perfect for an October movie night with friends and can be easily modified to fit dietary restrictions. These cookies are the perfect treat to enjoy with friends!

3. Boomchickapop Salted Caramel Corn

My favorite snack during the fall has always been caramel corn. Boomchickapop has the perfect option that is vegan friendly and guilt-free. It is just the right amount of both salty and sweet and can be enjoyed at any time of the day!

4. Teavana Chai Tea

Nothing quite says fall to me like a warm chai latte. One of the most popular and convenient ways to make chai at home is to buy a packet of tea bags at the grocery store. I personally like Teavana the best and like to customize my tea however I like. If you want to make a latte, you can easily add in milk of your choice along with espresso shots or a pinch of cinnamon for an extra taste of fall.

5. Quaker Maple & Brown Sugar Oatmeal

Although these fall-flavored oatmeals can be enjoyed all year round, they make a perfect quick and easy fall breakfast. They are best paired with toppings like cinnamon and sliced Fuji apples during the fall. This is a great option that doesn’t sacrifice health for its taste!

Even though the leaves might not change and the days are still reminiscent of the summertime, there’s no reason to skip out on the fall season in I.V. Simply head over to your local grocer or coffee shop and treat yourself to some of these delicious fall snacks to get into the holiday spirit!
New Findings Shed Light on Prehistoric Agricultural and Pastoral Migrations of South and Central Asia

Sean Crockemlin
Staff Writer

A newly appointed professor in the Department of Anthropology at UC Santa Barbara, Douglas Kennett, working alongside a multitude of other scholars, has helped to paint a clearer picture of the human story of ancient migration to South and Central Asia, and the spread of language and practices that coincided with this.

The paper, “The formation of human populations in South and Central Asia,” published in the journal Science, brings together the remains of over 500 ancient humans from Central Asia and Southern Asia. The researchers extracted and sequenced DNA from their remains and compared them genomically with previously sequenced ancient DNA as well as baseline data from contemporary populations in Europe.

The foundation is archaeological, all of the human skeletal material sampled and analyzed from archaeological sites throughout South Asia and Central Asia ... to look at sort of the population history of people in the area over the last 8,000 years,” Kennett said.

His lab at Penn State University, where he worked for much of the study, performed radiocarbon dating on individual remains so as to map out the data in periods of time that are better represented than others. But given the size of the dataset, we were able to cover the bases pretty well.

With this new information came a number of revelations regarding the origin and linguistic spread of Central and Southern Asian people and Indo-European languages in general, leading even more credibility to the steppe theory, which posits that people from the Eurasian region were those who spread the Indo-European language family west into Europe and east into Asia.

A recent study from UCSB researchers examined the potential impacts of seaweed aquaculture on carbon offsetting.

A look at the economic viability of seaweed farming indicates some obstacles. One being that if farmed seaweed was harvested solely for human use it would greatly reduce its potential to offset carbon emissions. A portion of the seaweed grown would need to be deposited out at sea, but what economic incentives would there be to persuade farmers to do this extra work and lose a portion of their income?

According to Frazier, “That is a huge hurdle, which we highlight in the paper. Policy changes and integration into the voluntary carbon market are key, alongside reduction in farming costs. Economies of scale would help, but it is not a simple ask.”

The implementation of effective policy remains complicated, and while this is the case, aquaculture growth remains speculative. Frazier explained the details, “Seaweed pulls nutrients from the water to grow (like being fertilized, but nitrogen is naturally in the water). Eutrophication is excess nitrogen in the water, so seaweed draws that excess nutrient out of the water.”

Hopefully in years to come, aquaculture will emerge as a viable industry with many ecological benefits.
**How Does Family Mean in 2019?**

Joshen Mantai
Social Media Manager

According to the Merriam-Webster definition, family is the "total or principal unit in society, consisting of two parents (or their relatives) and their children (including some of the latter's relatives)." Yet the definition has changed over time, with different meanings depending on who you ask. The family has always been a changing concept, with something more modern; around the globe, kids are now more versions of "socially acceptable" family structures.

As a society, we still have a lot of work to do regarding women's control over whether they want to devote themselves to raising a family or pursuing a career. Women make up the majority of the workforce and have been working even as far back as the 19th century, yet we are still skeptical when women reach their life and aren't married with a kid. Part of this originates from parental pressure or even scrutiny stemming from tradition. Regardless, the numbers show that in the U.S., women are choosing to have fewer kids, and are less likely to pursue their careers or out of personal preference.

Some traditionalists may be skeptical of the evolution of the family unit, and social media can help or hinder this process. Social media can help by sharing personal experiences. What people shared on their trip to Thanksgiving, for instance,

#OneChildPolicy

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