Hopping into Fall Quarter: HOPR Bike Share Has Arrived

Evelyn Spence
Assistant News Editor
@evelynrosesc

The authentic Italian stop at 901 Embarcadero Del Mar for eight years before that, according to Michael Espino said. While they are enjoying the benefits of a lighter schedule, Antonio still reminisces on their time in I.V. Antonio said.

Hempwise officially closed last Monday. The owner plans to move to a new location in I.V. or Goleta.

As UC Santa Barbara students returned to the eclectic, oceanside community that is Isla Vista, a notable change this year is the variety of bicycles. Bike share companies looking to set up in the area, hempwise had their last business day this past Monday, according to Antonio. The long shifts and time taken away from family was a significant reason for closing, according to Antonio. For the first three years, we rocked it. We did really really well. It was the last two years where it just wasn’t working anymore,” said Gerli.

Multiple Businesses Close Shop In Isla Vista Over Past Year

Sofia Mejias-Pascoe
Assistant News Editor
@goflanimal

At least six businesses closed down in Isla Vista during the past year due to loss of profitability and the need to change locations among other reasons. The duration of their stay in I.V. ranged from several months to 22 years.

Hempwise — a hemp and cannabis culture store and sharing companies looking to set up in the area, has been located at 971 Embarcadero Del Mar for 14 years and at 6578 Trigo Road for eight years before that, according to Michael Espino, Hempwise. We were really all about kind of being a hub for the community and... being there for people who are interested in these types of things, especially alternative resources,” Espino said.

Hempwise closed its location in I.V., because their lease was not renewed by the owners of the lot. Hempwise hopes to move the shop to a new location in I.V., or Goleta. “We have been kind of scrambling for a new location, and haven’t been able to find anything in I.V., but hopefully we’ll find something soon,” Espino said.

Hempwise had their last business day this past Monday and will be completely out of the building by the end of this month. Espino is still unsure when or where he will be able to open a new location.

Sorrosi Italiano
The authentic Italian stop at 961 Embarcadero Del Mar closed in early June of this year, ending five years of business in I.V. with a week-long party, consisting of live music and food.

The owners, Antonio and Elisabetta Gerli, worked together as the restaurant, dividing the work between them themselves. The long shifts and time taken away from family was a significant reason for closing, according to Antonio. For the first three years, we rocked it. We did really really well. It was the last two years where it just wasn’t working anymore,” said Gerli.

KAPTAIN’S FIREHOUSE BBQ
Once wedged between Study Hall and Varsity Bike Shop at 6578 Trigo Road for eight years before that, according to Michael Espino, Hempwise. "We were really all about kind of being a hub for the community and... being there for people who are interested in these types of things, especially alternative resources,” Espino said.

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At its swinging heart, jazz is dance music, built on rhythms that have inspired the greatest tap dancers and given rise to dance crazes like the jitterbug. Inspired by the variety of movements in the animal kingdom, Wynton Marsalis’ Spaces is a 10-part suite described as a “Jazz Carnival of the Animals” (Financial Times). This evening-length feature works two extraordinary dancers interpreting everything from snakes to chickens: Charles “Lil Buck” Riley, a specialist in a street dance called jookin’, and tap dancer Jared Grimes. Join us as we kick off our 60th anniversary season with a roar!

THURSDAY, OCTOBER 4

IHC OPEN HOUSE

MCCUNE CONFERENCE RM. 6020 HSSB | 4:00PM

You are invited to the IHC’s Open House on Thursday, October 4, from 4-6 pm. Cosponsored by the Interdisciplinary Humanities Center and the Division of Humanities and Fine Arts. Meet new Humanities faculty, IHC fellows, and staff members. Learn about Social Securities, our 2018-19 public events series. Find out about our community-engagement programs and our numerous funding resources for faculty and students. Enjoy good food, drink, and conversation.

SUDOKU

THE SAMURAI GF. PUZZLES BY THE MEHGAN GROUP

Levels: 1 2 3 4 5 6 7 8 9

ACROSS

1 Place to stand around with a round
2 Musical sad moment
3 4 & 5 Hair image
4 5 & 6 Small 3 letter color
6 Popular email provider
7 Fixed for 16- or 40-year-olds
8 You’re key
9 Florida Keys, e.g.
10 People who are blind
11 You’re on
12 “You’re a __”
13 Bead in the necklace
14 Sign of pleasure
15 “All the way to China”
16 “You’ve __” or “You’re __”
17 Surname in Sarasota
18 Carnival setting
19 Birthday cake
20 “A __ for the best”
21 “In or of the line”
22 Buckeye’s home
23 Meat interest in many stuffing recipes
24 “At the beginning”
25 “Ridley” in Ireland
26 “Aressa Rowland” in
27 “Aressa Rowland” in
28 “Name in a book
29 “At the beginning”
30 “Bowling score chart division

DOWN

1 Campaigner
2 Spend
3 Combo
4 Lone
5 Vowel
6 The
7 “Trick or __”
8 “Ride”
9 “Tea”
10 “Hi, Mr. __!”
11 “It’s a __, it’s a __!”
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13 “Technology”
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SOLUTION TO MONDAY’S PUZZLE

2 7 1 0 9 8 5 6 3
3 1 5 4 7 8 2 6 9
4 8 6 2 5 3 1 4 7
5 3 1 7 6 8 2 8 4
6 4 8 2 6 3 1 5 7
7 9 3 2 1 4 5 8 6
8 3 1 7 6 8 2 8 4
9 4 8 2 6 3 1 5 7

The Weatheruman wants the freshmen to know that ze can hear you from hir bedroom window as you stroll down the del playa and ze is annoyed but also sad because ze wishes ze was in your shoes until ze remembers that ze can legally buy alcohol and you cannot.

THURSDAY, OCTOBER 4

SOWETO GOSPEL CHOIR

CAMPBELL HALL | 8:00PM

The Grammy Award-winning Soweto Gospel Choir returns for an incredibly joyful performance of spirituals, freedom songs, gospel and pop hits to commemorate the centenary of Nelson Mandela’s birth. Formed to celebrate the unique and inspirational power of African gospel music, the 43-choir comprised of South Africa’s greatest singers is dedicated to sharing the joy of faith through music with audiences around the world. “Nothing can really prepare you for the riot of exuberance and depth of emotion” (The Scotsman).

FRIDAY, SEPTEMBER 28

IMPROVABILITY: WELCOME BACK TO FUNNY

8PM

EMBARCADERO HALL | $3

UCSB’s Award-Winning Improv Troupe

ANSWER TO PREVIOUS PUZZLE:

5 4 1 9 3 2 7 8 6
6 1 5 8 3 7 4 9 5
3 2 9 5 1 6 7 8 4
1 9 7 3 2 4 8 6 5
2 6 8 4 5 1 9 7 3
4 3 2 7 6 9 5 1 8
7 8 5 2 1 4 3 7 9
8 6 1 3 4 7 2 5 3
9 3 6 7 4 2 5 1 8

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WEATHER

Tomorrow’s Forecast:

People muttering the “human for a freshman for the THIRD year in a row!”

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WILLIAM P. HUETTLE, president; DAVID J. HALL, chancellor.

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ze can hear you from hir bedroom window as you stroll
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because ze wishes ze was in your shoes until ze remembers
that ze can legally buy alcohol and you cannot.

WEATHER

Tomorrow’s Forecast:

People muttering the “human for a freshman for the THIRD year in a row!”
Dear Gauchos:

Welcome! We look forward to having you join our UC Santa Barbara community for what we hope will be an excellent year!

At this time of transition, it is important to share our campus values with you. We hope that you will adopt these values, and that your membership in our community will continue to contribute to a productive, healthy, and safe campus.

UCSB values respectful interpersonal interactions. This is more than a value; it is an expectation. There is no tolerance for sexual violence or assault of any kind, including sexual activity without fully informed and conscious consent, dating or domestic violence, or stalking. These actions, whether committed on or off campus, are violations of UC policy (https://policy.ucop.edu/doc/4000385/SHSV), campus regulations, and the law. We are committed to providing education to help prevent sexual violence, as well as resources that support survivors and encourage reporting. Ending sexual violence is a goal we must all work towards by confronting actions and attitudes that perpetuate such behavior.

UCSB also values healthy and respectful dialogue. We value civility, dignity, and differences of opinion that ultimately help all of us to learn and grow. We value listening, courtesy, and open-mindedness. We value freedom of expression, and will respect academic and personal freedoms. You may find, however, that there are times when your free expression (either verbal or online) offends or causes discomfort in others, just as there may be times when you become offended or uncomfortable after listening to the speech of another. It is in these times that we hope you will reflect on our campus values, take a moment to listen, and express your views thoughtfully and empathetically. It may help you to review our Principles of Community, which can be found online at: https://policy.ucop.edu/doc/4000385/SHSV/campus_regulations.html. This is our campus culture. Gauchos express their views in ways that maintain the dignity of every community member.

Promoting free expression on our campus aligns with our support for academic freedom; it nurtures innovative thinking and the creation of new knowledge. However, free speech is not unconditional. Speech in which a direct threat is made, or that harasses a particular individual is not protected speech and is a violation of our campus policy. “Harassment” is defined in the Student Conduct Code, section 102.09, available online at: http://studentaffairs.sa.ucsb.edu/. Such harassing speech could jeopardize your status as a student. UCSB also has time, place, and manner regulations that ensure that free expression does not disrupt classes or the orderly operation of the campus.

Like our greater society, UCSB is not immune to acts of intolerance, sexual violence, or other misconduct. Please report such behavior and seek assistance from the following resources if you are the victim of or become aware of such an incident:

- CARE Advocate for Sexual and Gender-Based Violence or Misconduct, (confidential resources and information on reporting options for sexual violence, sexual assault, abuse/relationships, and stalking). Student Resource Building, 805-893-4413 (24-hour advocacy line) or http://wage.ucsb.edu/CARE or http://sexualviolence.ucsb.edu
- Title IX/Sexual Harassment Policy Compliance Office to officially report incidents of sexual violence, sexual harassment, dating or domestic violence, or stalking to the University, 805-893-2701 or https://oeosh.ucsb.edu
- Counseling and Psychological Services (CAPS) and 24/7 Counseling: 805-893-4411 or http://counseling.sa.ucsb.edu
- UC System-wide Involence Hata/Bias Report Form, to report a hate or bias incident: https://screms.uchscap.org/Counseling/UCB/Default.jsp
- UCSB Police Department, 805-893-3440 or www.police.ucsb.edu (911 in an emergency) and Vista Vista Foot Patrol, 805-481-7770 (911 in an emergency)
- Lesbian, Gay, Bisexual, and Transgender Resource and the Resource Center for Sexual and Gender Diversity, 805-893-5847 or http://wage.ucsb.edu/RCSD/home

Additional resources for addressing campus climate issues are available from the Office of Student Life, Educational Opportunity Program, Multicultural Center, Dream Scholars Resource Team, and the Veteran’s Resource Center Contact information available at www.sa.ucsb.edu). Each department listed offers student involvement opportunities. We hope you will lead the way in making sure our campus is a safe and welcoming place for all.

Sincerely,

Margaret Klawunn
Vice Chancellor for Student Affairs

Katya Armistead
Assistant Vice Chancellor/Dean of Student Life
A UC Santa Barbara chemistry researcher was arrested on Sept. 6 for lewd and lascivious acts on a child under 14 years old, according to police.

The researcher, 51-year-old Hongjun Zhou, was taken into custody by the University of California Santa Barbara Police Department (UCPD) after the crime was reported by the guardian of the minor, said Rob Romero, UCPD Acting Lieutenant. UCPD then obtained a search warrant for Zhou’s home and took items that were deemed “evidence-worthy.”

Zhou spent approximately 24 hours at the Santa Barbara County Jail before he was released on a $100,000 bail. The Santa Barbara Independent first reported that the molestation occurred on campus property, which Romero confirmed. He was unable to specify exactly where on campus because it is an ongoing investigation.

"There’s still a lot of work to be done, and once it’s all completed it’ll be submitted to the district attorney's office for review," Romero said.

Zhou has been with the university since March of 2004 and works in the biology and chemistry department as the director of the Nuclear Magnetic Resonance Facility.

Zhou is still currently employed by the university, according to university spokesperson Andrea Estrada.

Dr. Steven Burratto, head of the chemistry department, declined to comment.

The Nexus also reached out to all professors listed on the chemistry department faculty page, most of whom responded they were previously unaware of Zhou’s arrest or are “still processing things” themselves, as stated by one professor. Two other professors described Zhou as “completely professional” and "courteous.

Krista Mastres, management services officer for the chemistry department, said she had been advised by Public Affairs not to speak on the matter due to the ongoing investigation.

Zhou did not respond to request for comment. He has not been arraigned yet, meaning that a court date has not been set.

The Nexus is introducing an interactive crime map built for the Isla Vista and UC Santa Barbara community. The red points on the map show where an individual has been arrested for a crime along with their age, school affiliation (if any), city of residence, date/time arrested and what they were charged with.

The map will officially launch on dailynexus.com on Oct. 1. The Nexus news team will be updating the map daily throughout the school year as we receive arrest logs from the Santa Barbara County Sheriff’s Office. The Nexus data team, the Labyrinth, will also be analyzing the arrests on a month-by-month basis to help better provide the community with information about the type of crime that happens in IV.

Below is a sample of what the map will look like, displaying arrests that have happened between Sept. 1 and Sept. 13 in IV.

Any further questions about the crime map or the Nexus’ reporting methods can be addressed to news@dailynexus.com.
New RCSGD Director Hopes To Rebuild Center

UC Santa Barbara's Associated Students (A.S.), will be holding a special election for the External Vice President for Statewide Affairs (EVPSA) position in early October. A timeline of all the important dates for the election can be viewed above. The executive position was left vacant by the disqualification of EVPSA-elect Mayela Morales during Spring Quarter 2018.

In July, UCSB's A.S. Senate passed a resolution that temporarily split the position's funds and duties among several individuals while the position remained vacant. The resolution granted temporary access of the EVPSA funds to the External Vice President for Local Affairs, the Student Advocate General, the A.S. President, the A.S. President proxy and the Lobby Corps Co-Chairs.

According to A.S. legal code, the responsibilities of the EVPSA include serving as the official representative of A.S. on the UC Student Association's Board of Directors and the United States Students' Association. The EVPSA is also expected to serve as the representative of A.S. in all "state, federal, and UC system wide matters," in addition to being responsible for advising and informing the A.S. President and Senate on those matters.

The EVPSA also advocates on behalf of the student body to the University of California Regents, UC Office of the President and other partner organizations with A.S.

The declaration of candidacy for the position will take place on Sept. 28, and the results will be announced on Oct. 18, culminating a 20-day election season for the EVPSA position.
UC Riverside, 9-0-1

The Highlanders burst out of the gates in non-conference play and have shocked opponents with an unbeaten record heading into league matches. Riverside entered the season projected to finish seventh in the Big West, but has instead dominated thus far. The squad is 8-0-1 in home matches and the Highlanders lost just one goal in the first half of the season. This week, the team received votes in the United Soccer Coaches Poll (the first time in history).

UC Irvine, 4-5-1

Similarly to Long Beach, the Anteaters suffered a tough loss to No. 2 USC early on in the year. Of the five losses that Irvine has dropped this season, the Anteaters have been shut out four games. The year kicked off with a first-place projection for Irvine, yet the squad has struggled as late following a five-game road trip throughout September, during which Irvine went 2-3 over that span. Hawaii travels to UC Irvine on Friday evening in kick of its Big West schedule.

Cal State Fullerton, 3-7-1

While the Titans were projected to finish the third spot of the Big West conference, Fullerton has struggled immensely this season, particularly on the offensive end. The Titans have all come at the hands of the Anteaters (three wins), the Gauchos (three losses) and the three goals have come against Pepperdine. UC San Diego's offense has a goal against against CSU Fullerton on Friday evening.

UCSB to Visit No. 1 USC, Looks to Keep Momentum

Calvin Thrift, Sports Editor

With only a single game remaining against the Gauchos before they begin conference play, UCSB stands with an overall record of 12-4. The team suffered their most recent loss at home to No. 3 Stanford last Saturday, effective-ly ending its one-game winning streak; however, the Gauchos' 12-win total is double that of any other team's in the Gold Coast (Tijuana / Oceanside / San Diego). Behind UCSB in the conference standings are Long Beach and Pepperdine, both sitting at 6-4 overall. As Long Beach played more games than its conference foes, three of the team's 12 wins have come against fellow GGC teams (Long Beach, Pearls / Oceanside / San Diego). UCSB has again moved through the national rankings this year, reaching the No. 5 spot in the latest week's poll. After losing seven of the team's eight starters against Pepperdine from last year, someone on the Gauchos' roster was going to have to fill the scoring void left behind. Lucky for Santa Barbara, both Borisлав Jovanovski and Ivan Grozdanovski have already been dominating the pool. The duo has added a total of 13 goals, with Jovanovski leading the way with 10. Despite the losses, the Gauchos have continued to find the back of the net and have kept their eyes on the No. 1 team in the country.

LONG BEACH STATE, 5-4-1

CSU Long Beach was forecasted to finish in the second spot of the Big West this season. Although the Dirtbags have struggled on the road this season with a 1-3-1 record, all four losses on the season have come against Big West teams. A lack of goals in games against UCSC, Pepperdine, University of Texas, No. 16 UCLA and No. 23 University of Arizona has hurt the Dirtbags 25-teams. Long Beach State is considered a major contender in the Big West and a possible favorite in many analysts.

HAWAI'I, 5-3-1

Hawaii enters Big West play coming off back-to-back wins following the Rainbow Wahine's regular season matchup with the Titans. Hawaii has struggled in the conference play in the past, yet the squad bounced back with a promising August, finishing the month with a 3-2 record, but haven't recorded a win throughout all of September. Davis was projected to finish in the fifth spot of the Big West preseason poll and opens conference play on a road trip to UC Riverside on Friday evening.

UC Davis, 3-5-2

The Aggies opened the season hosting the number one team in the conference as they suffered a tough loss to Stanford. The squad bounced back with a promising August, finishing the month with a 3-2 record, but haven't recorded a win throughout all of September. Davis was projected to finish in the fifth spot of the Big West preseason poll and opens conference play on a road trip to UC Riverside on Friday evening.

No. 5 UCSB to Visit No. 1 USC, Looks to Keep Momentum

Cal Poly SLO, 0-8-3

It's been a disappointing season so far for the Mustangs, as they have yet to win a game during non-conference play. Granted, the team has faced a plethora of conference foes, but they have yet to record a win throughout all of September. It's been a tough season for Cal Poly SLO, as they haven't recorded a win throughout all of September. The Mustangs are projected to finish the season in the last spot of the Big West with no wins throughout all of September. Davis was projected to finish in the fifth spot of the Big West preseason poll and opens conference play on a road trip to UC Riverside on Friday evening.

Califonia Jovanovski looks to make a pass against Pepperdine. The Senior attacker recently earned GCC Player of the Week honors for the third straight week.
America is to football as UCSB is to basketball. In America, the Super Bowl has deeply ingrained itself into American culture that the Super Bowl has so deeply ingrained into American culture that the Super Bowl has deeply ingrained itself into American culture that the Super Bowl has deeply ingrained itself into American culture. The top 10 NBA players, on the other hand, have accumulated 14.4 million followers on Instagram, with just four players — LeBron James, Kawhi Leonard, James Harden and Giannis Antetokounmpo — having more than 10 million followers combined. The NBA's popularity is on the rise, with 40 NBA players being named among the world's 500 most influential people by Time magazine, while only 16 NFL players made the list. In Forbes' list of the 30 highest-paid athletes, there are four NBA players, including LeBron James, Stephen Curry, Giannis Antetokounmpo and Kawhi Leonard, while there are only two NFL players, Tom Brady and Roger Goodell. The NBA's popularity is also reflected in the commercial success of the sport, with NBA games being broadcasted on a global scale, generating billions of dollars in revenue every year.}

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Miguel Closes Out Summer at Santa Barbara Bowl

Perhaps best known for his hit collaborations with superstar rappers J Cole and Travis Scott, R&B-pop veteran Miguel took center stage at the Bowl for a headlining show.

Max Pasión-Gonzales
Staff Writer

With the first day of school at UCSB just around the corner, many Santa Barbarans chose to wrap up the summer with a night of innovative, Latin-inspired pop music from Miguel and his openers at a gorgeous outdoor venue: the Santa Barbara Bowl. With support from Nonchalant Savant and OVO signee DVSN, this performance from Miguel’s “The Ascension Tour” was as rehearsed, focused and high-energy as possible, with clear precision and performative value that is practiced, methodical and passionate. This show from Miguel demands acknowledgement of the strength in his discography ensures he has a long future to come in the music industry.

DVSN took the stage in preparation for Miguel, and the simple stage setup of three background singers and vocalist Daniel Daley with a mic set the focus solely on vocal prowess and high-energy. DVSN is very akin to. He opened with various cuts from new album War and Leisure, including “Banana Clip” and “Harem,” all performed with instrumental variations and a free range of vocal runs. The rock-inspired electric guitar elements in his music play a much bigger role in a live context, as the sharp riffs cut through the air and add powerful sound to the performance. Miguel would later explain that the set is divided into three stages, ending in full ascension wherein the audience “Skywalk,” concluding with his career’s biggest hit, “Sky Walker.”

The stage presence of Miguel is articulate and precise, alarmingly reminiscent of the way Michael Jackson used to move about the stage and command his audience’s attention. His entire performance was choreographed, along with the background dancers behind him. The consistent jumps, hip movements and fluidity in synch with drum fills, guitar licks and beat switch-ups were crisp, clean and exciting. He began to lose momentum, however, whenever he addressed the crowd directly. His constant rambling about “energy,” “meditation” and the “spirituality” of his performance came off as baseless, as Miguel’s image has always been more light-hearted and transparent as a neo-pop artist. Also, his constant priming of the audience for the performance of “Skywalker” seemed to be a ploy for audience attention. Frequently asking the crowd “Are you guys ready to Skywalk?” after every few songs seemed to have the opposite effect from what was intended. Despite this, the purely musical aspects of the performance were impeccable, with strong instrumentation, vocals and choreography.

Later in the set, Miguel played a variety of older cuts from previous albums such as sex anthology “Arch and Point,” hit single “Adorn,” the self-critique “So I Lied” and the revered, albeit controversial track “Do You…” (like drugs?). In cautious fashion, Miguel made a point to follow up the latter track with a disclaimer that all drugs should be done safely and in moderation, a slightly cringeworthy yet necessary message, given the state of drug use in popular music today. I assumed, as I’m sure many in the crowd did, that Miguel would take some time to honor past collaborator Mac Miller after his passing, but unfortunately that moment was not taken during this performance. This functions as evidence that, in the midst of music, maturity and freedom that Miguel has nowhere to go but up. He addressed the crowd directly. His constant switch-ups were crisp, clean and exciting. He was happy with his musical execution. Miguel is clearly aware of his talent and potential and will not hesitate to harness these to their fullest potential.

“This moment was not taken during the performance. I was more than pleased with the celebration of music, maturity and freedom that Miguel delivered at the Santa Barbara Bowl. Despite some flaws in his monologue and constant references to “Sky Walking,” the entire crowd was happy with his musical execution. Miguel is clearly aware of his talent and potential and will not hesitate to harness these to their fullest potential. As the tour name suggests, Miguel has nowhere to go but up.

“The stage presence of Miguel is articulate and precise, alarmingly reminiscent of the way Michael Jackson used to move about the stage and command his audience’s attention.
“Shut up Loser,” Says Yang to Freshman Who Didn’t Say Anything

Annie Pepper
Staff Writer

In response to the slough of new first-years migrating to campus, Chancellor Henry T. Yang has reportedly adopted a noticeably more “top bitch” persona, in what experts are calling an effort to “put them in their place.” Yang has been seen approaching first-years at the tables of DLG saying “Move, losers,” while others swear they’ve seen him tripping freshmen on skateboards. Allegedly, Yang even went so far as to tell freshmen in his lectures to “not even” with him.

Chancellor ‘Daddy’ Yang is renowned across campus for his saucy persona, sweltering good looks and groundbreaking sense of style. Usually humble in his gifts, Yang seems to really be leaning into his top-dog status this year.

“He punched me in the face!” said very excited and grateful first-year comm major Emily Bennet, who added, “It was awesome!”

Though the Nexus couldn’t get a direct quote from Yang, his most recent tweet reads, “Why are people so obsessed with me?” This leads us to believe that he has no plans to pull back on his mean girl persona.

Annie Pepper is a history major who doesn’t know who Chancellor Yang is and at this point is too afraid to ask.

BREAKING: Sophomores Are Cooler Than You

Carly Kay
Staff Writer

After a long four-month break from the Good Land, incoming second-year Betty Razi is finally ready to demonstrate her newfound sense of maturity to the wittle baby freshmen. Razi, who just turned 19 in early September, is absolutely Dalberrgated by the pure naivété of her three-month-younger inferiors.

“They are literal infants,” Razi stated. “I’d be shocked if they could see over the baskets on their beach cruisers.”

In a dignified attempt to be a proper role model, Razi makes a point to loudly exaggerate the word “freshmen” to her other mature friends whenever she sees a large group of girls wearing black walking down DP. This ensures that the street youths of Isla Vista know that they are being watched over by a slightly cooler group of sophisticated adult women.

“Back in my day, freshies were way less cringey,” the elder explained. “When I was sitting alone at Carrillo the other day, one of them introduced themselves to me, programmed themselves as “Alex from Dinning Hall” into my phone AND proceeded follow me on all forms of social media. The audacity!”

In her old age, the sophomore has decided to engage in more refined activities such as complaining about having too much to fit onto her resume and picking philosophical debates with unassuming surfers trying to enjoy a good sunset. Razi looks forward to sitting on her DP balcony casually sipping an IPA in sweatpants while first-years in the shared patio below take handle pulls of plastic Kirkland-brand vodka.

Carly Kay is a third-year who often gets mistaken for an eighth grader separated from her tour group.
Meal Prep Mondays

On the Menu

Meal Prep Mondays

You know that feeling when it's only Week 3 and you've already given up on gymning everyday and eating healthy? Don't worry. That's not going to happen this year. We know you won't have time to craft a perfect avocado toast and chicken alfredo everyday, so with these simple meal prep recipes, you're sure to be prepped and ready to go for breakfast, lunch and dinner.

Breakfast: Berry Overnight Oats

Prep Time: 5 minutes

Ingredients:
- Rolled oats (1 1/2 cups of rolled oats)
- Brown sugar (1 tbsp.)
- Yogurt (5 cups)
- Fruits (chopped blueberries, strawberries, mangoes)
- Nuts (diced almonds, pecan halves)
- Mason jars or containers

Directions:
1. Add the rolled oats into a bowl and mix it with the brown sugar. Set the mixture aside.
2. Add 1 cup of yogurt to each mason jar or container.
3. Carefully spoon 1/4 cup of the oats and sugar mixture on top of the yogurt.
4. Add your fruits, nuts and any additional toppings to your liking.
5. Close the lids and refrigerate overnight.

Tip: Alternate the toppings every day so you can try something new or just to make sure you don't get bored of eating the same thing for breakfast.

Lunch: Chicken Pasta Salad

Prep/Cook Time: 20 minutes

Ingredients:
- Linguine pasta (9 oz.)
- Chicken breast (10 oz.)
- Spinach (6 cups)
- Red and yellow bell pepper (3 cups, cubed)
- Parmesan cheese (1 cup, shredded)

Directions:
1. Cook the pasta according to box instructions.
2. Add 1/2 tablespoon of olive oil to a skillet on medium-high heat and cook the chicken breast. Season with salt and pepper.
3. Add all of the spinach and bell peppers and cook for 3-5 minutes.
4. Add the cooked pasta into the pan and sprinkle shredded parmesan cheese to your liking and mix well.
5. Separate portions into 5 servings and place into containers. Reheat for 1-2 minutes before eating.

Dinner: No-Carb Shrimp and Veggies

Prep/Cook Time: 25 minutes

Ingredients:
- Large uncooked shrimp (25, peeled)
- Asparagus (3 cups, halved)
- Cherry tomatoes (3 cups, halved)
- Bleu oil
- Garlic salt

Directions:
1. Preheat the oven to 400 degrees.
2. Line a baking sheet with aluminum foil or parchment paper.
3. Mix the shrimp, 1 tbsp. of olive oil and salt and pepper in a bowl.
4. Place the asparagus and cherry tomatoes on one half of the baking sheet and season with salt and pepper. Drizzle with olive oil and bake for 10 minutes.
5. Add the shrimp to the center of the pan and bake for another 7-8 minutes.
6. Portion the shrimp, tomatoes and asparagus into 5 different containers and place in the refrigerator. Heat for 2 minutes in the microwave when ready to eat.

Ichi's O-fish-al Tasting Menu

Rachel Lee
Staff Writer

If you want to experience a fine dining experience, make sure to stop by Ichi Gyo Ichi located in Pasadena, Calif. I would say this ranks as one of the favorite restaurants I have ever eaten at. From the details it adds to, to how exquisitely the dishes are presented, this restaurant knocks it out of the park.

When I first entered the restaurant, I was already fascinated by its exterior design. It was a sunken design, with glass windows lining the entire front wall, and from the outside you could tell that the restaurant was a few feet below the sidewalk. The restaurant itself felt very open. My boyfriend and I were greeted right away at the door and were allowed to choose our seats. They offered us a place at the sushi bar, where we could watch the sushi chefs make the sushi and sashimi dishes we had ordered, and we took it. When we sat down, we noticed the table was set very nicely; the overall environment felt very comfortable. One of my favorite details of this restaurant was in the menu. Not only were the dish names and descriptions aesthetically appealing, but there were also photos of multiple dishes that looked hand-drawn. After being served, I felt the illustrations were accurate descriptions.

I also believe that the staff and chefs there play a big role in the whole restaurant experience. Not only were they very professional, but they were also friendly and attentive. Our waitress helped explain the menu to us, recommended popular dishes and was very observant when we needed more water, had questions or needed to pay. The sushi chefs we sat at for the most part were also very friendly. They interacted with us and explained our dishes. They described what would be set in front of us, even if we had not made it, and were open to any questions we had. Overall, I felt like the experience they gave us added to our experience with the food.

Last but not least, the actual course. Of course, I will not say this is not a typical everyday restaurant unless you are willing to spend the money. Ranking two dollars on Yelp, this place has dishes that would put a little above average, but they are hand dishes that really make you think twice. However, to my boyfriend and me, this restaurant seemed like an experience, so we decided to splurge for once in our lives. On the menu, there was a choice called “Tasting Menu.” Our waitress explained that this choice consisted of five dishes that could represent the different dishes tastes of this restaurant. With the price at $50 per person, I was extremely hesitant and felt that I would not even be full. However, in the end I believe it was one of the best $50 spent, and I was left full to my stomach. We had ordered an appetizer as well, fearing our choice for the night would not fill us, but we were pleasantly surprised. I felt like we could have easily gone without it. Here are the dishes I tasted:

Appetizers

Kimchi Juice with Spicy Tuna ($15)
This dish may sound average, but the taste itself was mind-blowing. The rice was both soft and crispy around its edges. The spicy tuna was not spicy crazy, but was very flavorful, and the fish texture was very buttery. The dish was plated with chili powder and rice oil, which was very delicious and I continually dipped my appetizer in.

Tasting Menu

Uni Shooter 1 pc. ($18 value)
Wagyu Fois Gras Nigiri 1 pc. ($19 value)

This was my first time trying anything like this dish. For the Uni Shooter, the uni was paired with a raw quail egg in a soup spoons. You’re supposed to drink it in one shot, and once I did, I felt the flavors of the uni perfectly tying in with the quail egg. It did not even feel like I was drinking a raw uni. The uni flavor was very rich and the egg kept it from becoming overpowering. I was extremely excited to try the nigiri right next to this shooter. I have heard before that wagyu beef is unlike any other beef, and you can really tell it has high grade from this dish. The wagyu was the perfect amount of tenderness, juiciness and flavor. I felt the frozen beef had also told us the wagyu beef came from a place here in California, which surprised me because I expected it to be from Japan.

Chawan Mushi ($15 value)
This dish was a nice choice from the previous savory dishes. It was almost like a soup, with a steamed egg custard filling the top layer and dashi consomme used ingredient in Japanese soup based dishes). The soup contained a piece of shrimp, chicken, salmon and shiitake mushrooms. On top was a generous amount of marinated salmon row. The soup itself was a nice dish that broke down the oils and fat from the previous dish. The row was the most flavorful part; tasting tangy, sweet and a bit salty all at the same time. It was very delicious and I continually dipped my appetizer in.

Miso Black Cod ($25 value)
I loved this dish after the first bite. The cod was grilled to perfection with creamy enoki mushrooms and perfectly wilted green onions once slices I picked it up with my chopsticks. I felt like the miso sauce was the star of this dish because I could not get enough of it. The cod was laid nicely on top of santoku onions, mushrooms and mixed greens.

5-piece Nigiri ($15 value)
Five pieces may not seem like a lot, but once you try each one, you’ll be satisfied. I am not sure if it is a set type of fish for each nigiri, but the sushi chef who prepared it for us had asked before if we had any specific allergies for certain fishes, and which fish we preferred over others. My boyfriend and I love all types of sashimi, so we were open to what we would be served. The first nigiri was sweet unagi sauce and scallops with ponzu sauce. Each fish was plated with chili powder and chive oil, which was very delicious and I continually dipped my appetizer in.

Overall, the ambiance of this restaurant was spectacular. I would definitely come back (maybe after a year of saving up) and explore more of its special menu. Even though the price is high, I believe all the dishes this restaurant offers make up for it. If you ever find yourself near Pasadena and find yourself in the mood for Japanese cuisine, I definitely recommend checking out Ichi Gyo Ichi.
Genetic engineering has made tremendous leaps in the past few years, thanks to revolutionary technologies like CRISPR-Cas9, which allows scientists to efficiently delete or add specific parts of a cell’s genome. But these methods are only as good as their ability to bypass cells’ trash disposal mechanisms, which evolved as a self-defense method to break down harmful foreign proteins, pathogens or damaged cellular structures.

Enter an innovative new method of infra-red, light-triggered genome editing that can efficiently bypass this trash disposal mechanism. It is estimated to be 100 to 100,000 times more efficient than current methods.

This unique method of genome editing gives scientists complete control over when and where genetic material is delivered to cells, allowing for detailed study of genetic changes at different points in a cell’s life cycle.

For the first time, scientists can precisely target individual cells for genomic editing. This powerful ability could allow each cell to become its own experiment.

“We are the first method to target individual cells for genome editing but it is the first to have the ability to deliver proteins for individual cell genome editing.”

ERIN MORGAN

The Reich lab has developed a new method of genome editing, allowing for greater efficiency than current methods and a more detailed study of genetic changes at different points in individual cells’ life cycles.

Morgan is now working to use the Cas9 enzyme and other gene-editing technologies with the gold and infrared light method.

“Because of its extreme precision and efficiency, this technology could be used for any number of cutting-edge gene therapies in the future.”

The technology uses the CRE enzyme like a pair of scissors to cut DNA that scientists want to remove and reinsert pieces they want to replace it with.

Morgan is now working to use the Cas9 enzyme and other gene-editing technologies with the gold and infrared light method.

“We’re trying to deliver different proteins and create a new technology for other scientists to use in order to also continue their studies.”

Research on this project was conducted also by lead author Norbert Reich and co-authors Megan McAdams and Amanda B. Chron of UC Santa Barbara, as well as Jeong Eun Shin and Joseph Zasadzinski of the University of Minnesota.

Their paper is published in the journal *Small*. 

We are the first method to target individual cells for genome editing but it is the first to have the ability to deliver proteins for individual cell genome editing. Other technologies affect the whole cell population.

ERIN MORGAN

The innovative method of delivering gene editing enzymes uses light-activation, such as by laser irradiation.
I Don’t Want to Be Happy, I Want to Be Okay

Sanya Kamidi
Asst. News Editor & Social Media Manager

It takes me approximately four hours and fifteen minutes to get from my home in San Jose to my home in Isla Vista, traffic is great.

Occasionally it takes longer, but the drive is nice. The road is mostly straight and scenic, and I’ve come to learn the best (and fastest) places to stop for a bathroom or food break. And at the end of it all, I greet a grin on my face as I think of the sign telling me that the next exit takes me to UCSB.

A lot of people I know come into UCSB the same way I did unenthused. I wanted to get out of state, spread my wings and fly, far away from home.

But just like most of these same people, I fell in love with the campus and community. I found a home where I wasn’t looking for one, where the sunsets become more beautiful by the day and the mismatched buildings on campus now hold a place in my heart (Steam Tower especially).

I didn’t realize until this past summer how happy I was to be here. It wasn’t an overt sort of happiness – it just existed within me until I took the time to notice it. And I think that’s the only way you should strive to be.

Seeking out happiness, in its most extreme, all the time, to be here. It wasn’t even an overt kind of happiness — it was more of an internal contentment, the kind that you’d whiz by the sign telling me that the next exit takes me to Isla Vista, given traffic is good.

I didn’t realize until this past summer how happy I was doing things right when I spent nights wondering whether I should smoke a full Juul pod on Trigo Road.

A week from now, I’ll probably be in an entirely different state of mind. But I hope it was the way I described it that surprised me. He talked about how he didn’t even feel happy, he felt just relief that he didn’t feel emptiness anymore.

That was what I want to strive for. That’s what I want to strive for.