Police, UCPD & Local Government Prepare for Deltopia

Sanya Kamidi
Asst. News Editor

As students gear up for Deltopia weekend, student and local government leaders, UC Santa Barbara administrators and law enforcement agencies have been collaborating to prioritize student safety. Deltopia, an unsanctioned street party, saw a rise in attendance last year, with an estimated 10,000 people in Iota Vista. Estimated attendance in 2017 and 2016 was approximately 6,000 to 8,000 people and 3,100, respectively.

While arrests decreased last year for the third year in a row, the number of medical transports nearly doubled from 14 to 25.

Kelly Hoover, spokesperson for the Santa Barbara County Sheriff’s Office (SBSO), said that the department took into consideration the increase in medical transports last year when figuring out staffing assignments for this year.

Hoover declined to say how many officers would be present for security reasons but said the department was working to “strike the perfect balance.”

“We have found that a strong law enforcement presence does help people feel safe and does ensure that it is a crime-deterrent,” she said. “We also understand that we don’t want there to be an excessive amount of deputized officers and police officers there unless they’re needed.”

SBSO also partners with the University of California Police Department (UCPD) to plan patrols.

Lieutenant Matthew Bowman from UCPD said that the department expects the number of UC deputies and officers there unless they’re needed.”

“We basically just tried to fill up this week with as many events as possible in the spirit of education and prevention and on-duty rest on it,” Meijer said. This is the first time the EVPLA office has put together a prevention week, and said she hopes that the next EVPLA will continue to grow the initiative.

Meijer has also been working with UCIV, a volunteer program to assist students when they’re out and about during Deltopia, to set up the hydration station in I.V. Space Brandt, board president of the Iota Vista Community Services District (I.V. CSD), said he appreciates the work the student-led initiative has done. He is a big supporter of UCIV, he says, as a program as a valuable way that students have taken more responsibility over the IV community, and promotes a culture of greater safety during large events,” Brandt wrote in an email.

Brandt himself has volunteered with UCIV in the past, and has “enjoyed seeing the love and appreciation from students when we have handed out water, snacks and condoms.”

Speaking on Deltopia as a whole, Brandt echoed sentiments by Hoover, Armistead and Meijer that “keeping I.V. safe is a community effort. We need the students, the police and the community to work together.

Bringing together these three entities is crucial to the Deltopia experience.”

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UCSB Librarians Strike New Contract with UC

Max Abrams
Asst. News Editor

As of April 1, librarians at UC Santa Barbara will be working under a new contract, concluding nearly seven months spent in limbo while bargaining over their terms.

The University Council American Federation of Teachers (UC-AFT), the union representing librarians throughout the entire UC system, announced on Monday that its Memorandum of Understanding (MOU) was ratified by a 98% margin, with 94% of UC librarians contributing to the vote, according to the UC-AFT.

"It think it was a positive experience overall," Kristen Lahrkot, a Life and Environmental Sciences Librarian representing UCSC at the bargaining table, said in an interview with The Nexus.

"We worked diligently to come up with language that was equitable and we were working around issues that were pre-existing and known to us because of grievances that had been filed relating to our current contract and even former contracts. One of those grievances revolved around salaries.

Meijer said her office also partnered with SBSO and UCPD to host a Pizza with the Police event at Deltopia on Friday, from 5 to 6 p.m. on Thursday.

On Monday, the EVPLA office will host a town hall at the Recreation Center from 4 p.m. to 7 p.m. for community members to debrief Deltopia and discuss any concerns they might have.

"If it’s safe and it’s local, then everyone who’s there truly cares about the community because it’s our home. No one wants to make a mess in their own home."

"Our biggest hope is that students are safe and they have choices,” Armistead added.

Armistead also wrote that many of the alternative events were planned in “close consultation” with students.

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British pop producer Troye Sivan, better known as Troyboi, is a multiracial electronic music artist who has produced and remixed tracks for rap, R&B, and pop artists in addition to releasing his own name. As a producer, Sivan's most successful tracks include the muscular likes of “O.G.” “Soundclash” (a Flotsam and Jetsam collaboration) and the Mod Deejay’s “Afterhours” (featuring NINA SKY and co-produced from Diplo).
Please join your Daily Nexus for some fun in the sun at our annual Spring Festival!

When?
Thursday, April 11th, from 1-3 PM

Where?
Storke Plaza

This free event is in the center of campus and will feature:

- Live performances by Jordan D. Mitchell & others
- Dunk tank
- Sure shot basketball game
- Fresh popcorn
- Fresh cotton candy
- Woodstock’s wheel game with prizes & cinnamon bread

Plus - other festive booths for you to enjoy at the start of spring quarter!
Instead of Deltopia, check out The Warm Up! A Gauchos only concert at the Thunderdome, roller skating at the Rec Cen, and SunFest at Storke Plaza! More info coming early spring at LifeOfTheParty.sa.ucsb.edu.

Always carry a photo ID. If you're coming to campus, bring your student ID with you.

Close your parties — keep the door shut to your apartment/house and don't allow anyone you don't know in, even if they look like college students. Remember, overcrowding your residence, especially your balcony or patio, can be dangerous. Roof tops are never safe and cliffs are crumbling!

Be aware that combining alcohol with other drugs, even prescribed medication, can lead to dangerously slowed breathing and heart rates and can be lethal. If you are concerned about your friend, don't hesitate to call 911.

If you're going to be outside all day, remember to wear sunscreen and drink plenty of water. Keep it legal to avoid citation or arrest. Remember, there is strict enforcement and zero tolerance during Deltopia weekend. There will also be additional Sheriff's, Police, and CHP officers in IV.

Move your car off the street. Buy a campus Night & Weekend parking permit for only $23.45 ($17.50 + $5.95 S&H). You can use it the rest of the school year. Apply online at http://www.tps.ucsb.edu

Direct, Delegate, Distract are the three ways that you can safely intervene when you see something going down that just doesn't seem right. If you are comfortable intervening — then do it! Wouldn't you want someone to do the same for you?

Tell your out of town friends not to visit during Deltopia weekend, it's not worth it. Overnight guests aren't allowed in University-owned housing during Deltopia weekend. Friends won't be able to find parking in Isla Vista or Goleta.

If you see illegal, dangerous, or suspicious activity, just call 911.

1. IMPORTANT PHONE NUMBERS
   - Isla Vista Foot Patrol: (805) 681-4179
   - UCSB Campus Police: (805) 893-3446
   - CSO Escorts: (805) 893-2000
   - Campus Advocacy, Resources & Education 24/7: (805) 893-4613
   - Standing Together to End Sexual Assault, 24/7: (805) 564-3696
   - Emergency: 911
   - Santa Barbara County Jail: (805) 681-4260

   JUST CALL 911

Know the warning signs for alcohol poisoning and drug overdose. Symptoms of alcohol poisoning or drug overdose: Person cannot be awakened; cold, clammy, or bluish skin; slow and/or irregular breathing; vomiting while passed out. Turn the victim on his/her side to prevent choking in case of vomiting.

LIFE OF THE PARTY
Have fun, enjoy the weekend regret-free! http://lifeoftheparty.sa.ucsb.edu or http://www.facebook.com/WeGauchoBack

CONFIDENTIAL ADVOCACY CARE offers free, confidential advocacy for those affected by stalking, sexual assault, and dating/domestic violence. To reach a confidential advocate 24/7, call (805) 893-4613.
LaBonte said that many librarians felt their salaries were not reflective of the academic freedom they thought was going on here. So that was also some bad publicity she said.

Although academic freedom was left unincorporated in the new contract, LaBonte claimed that the bargaining unit union representatives reached a deal with academic freedom.

“We did get UC to very clearly agree that they would be incorporating the academic freedom policy protection,” she said, emphasizing that the inclusion of a verbal agreement was paramount, as “basically all of the academics on campus did not have academic freedom protection” until this new policy takes effect.

However, in order for the academic freedom policy to go into action, it will still have to undergo a 90-day system-wide review, according to the union’s website.

Another component of the new contract was professional development. Although funding for librarians at UCSB is distributed on a per-capita (campus) basis, this was not a uniform practice, according to LaBonte. Other UC libraries distribute money on a first come, first serve basis, which she deems is an unfair practice to UC libraries.

Other programs, for example, were left unsupported by the new contract as well. The union has indicated that some funds will be reallocated to other areas.

“Unfortunately, some demands did get any ink in this cycle’s contract, and librarians will have to wait another cycle to negotiate for further demands to be reconsidered,” she said.

The union has indicated that for housing assistance programs, for example, were left unsupported by the new contract as well as “pragmatism for details of flexible work arrangements,” according to the union’s website.

Overall, the union deemed this contract a necessity, highlighted by a post on their website: “This is not an April Fools joke! UCOP has been notified, the new MOU is officially in effect.”

LaBonte emulated a similar sentiment, notably her colleagues for an overwhelming number of wins in this cycle of negotiations.

LaBonte asked who she wanted to represent UCSB at the bargaining table. LaBonte’s answer was simple.

“We’re happy as can be to have been here in 1999. So I’ve been working in and out of this library since 1994. How UCSB’s. I’m a lifelong Goacher’s,” she said.
News

Clarified to the Nexus that the overdose resulting in death did not occur that in the past few weeks, “three Isla Vista residents suffered from an opioid overdose,” according to Student Life Katya Armistead on March 20. The announcement said out by Vice Chancellor for Student Affairs Margaret Klawunn and Dean of Student Life Kayla Armitstead on March 20. The announcement said that in the past few weeks, “three Isla Vista residents suffered from an apparent opioid overdose,” and while two were revived with the use of naloxone, the third did not survive, according to the Santa Barbara County Sheriff’s Office.

UCSB’s Director of News and Media Relations Andressa Andrade later clarified to the Nexus that the overdose resulting in death did not occur in IV, and the individual was not an IV resident, as had been stated in the announcement sent out to all UCSB students.

The trainings, however, were not held as a result of the most recent overdose, according to Angie Bryan, the recovery program manager and a recovery specialist for UCSB’s Alcohol and Drug Program. In fact, planning for the trainings has been in the works for a little over a year. Bryan first proposed an overdose prevention protocol to Student Health during March 2018, and the standing order was approved by the director of behavioral health in October of 2018. Bryan said in an email. Bryan was approved for a naloxone grant through the California Department of Public Health’s naloxone Distribution Project in November 2018, and received a supply of naloxone in December 2018. Bryan led Tuesday’s naloxone training in the IV Community Room. “I’ve been a counselor at UCSB for almost 15 years,” Bryan said at the beginning of the training. “Naloxone is something I’m really passionate about in terms of making sure that we get it into as many hands and homes as possible because I think it’s important for students to feel empowered to do something.” Students are the ones that are gonna be there in those first moments that an overdose might happen “Bryan discussed preventative measures that students could take, such as using finetext examples and arranging drug testing kits that can test for a range of substances, along with how to reduce the risk of using certain substances. She then asked attendees for what they think signs of an overdose are, to which attendees responded with an individual being unresponsive, having pinpoint pupils and having discoloration of the skin.

But even after naloxone is administered, 911 still needs to be called. Bryan demonstrated the use of naloxone by asking an attendee to volunteer to lie on the ground as an individual who overdosed. She then went through the hypothetical motions of using the nasal spray on the volunteer.

Bryan said that all law enforcement officers and paramedics in IV carry naloxone, including UCPD and the IV Foot Patrol, and emphasized that a person who calls law enforcement in response to an overdose cannot be charged with a misdemeanor crime of possession or being under the influence.

However, that is not the case for felony-type charges, Bryan said. For example, if one has an excessive amount of drugs that seems like an intent to sell, law enforcement could investigate that. Jeike Mejor, the Executive Vice President of Local Affairs (EVPLA), collaborated with Bryan on the trainings after Bryan received the naloxone grant.

“We sat down, we had a meeting; we kind of thought about what would be the best time to have [the training], and we thought before Dolpex was the best,” Mejor said.

Mejer said preparing students for overdose situations as opposed to just discouraging drug use is a more effective route for keeping students safe. “I think it’s really important to not just say ‘don’t do drugs,’ because people will do it, and it’s good to know how to be safe in the case of an emergency,” Mejor said. “Even if you think that you’ll be using opioids, you might have a neighbor, or a housemate [who does].”

Meijer added that the public health announcement sent out to UCSB students which mentioned the recent opioid overdoses reiterates the necessity of naloxone trainings. “I’m hoping that conversations and de-stigmatization… will allow people to get the help they need.”

Along with Bryan, Mejor also hopes to help with more naloxone trainings in the future.

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Questions? Contact Isabel McHugh at (805) 893-4568 or email isabelmchugh@ucsb.edu. The University Awards are supported by the Student Life Fee and AS Students’ Initiative.

Michael D. Young Engaged Scholar Award

Knowledge and Values that Inform Principled Leadership

This award is presented annually to one graduating senior or graduate student who skillfully integrates their scholarly knowledge and values into action. It recognizes the legacy of former Vice Chancellor Michael D. Young and his commitment to empowering students toward principled leadership. Nominees must earn a cumulative GPA of 3.5 or above. A faculty letter of support should be attached to each nomination.

University Service Award

Service in a Particular Area of Involvement

These awards are presented annually to graduating seniors and graduate students who demonstrate a depth of involvement in several different areas of campus life. Nominees must earn a cumulative GPA of 3.147 or above, the scholastic average of the undergraduate student body.

University Award of Distinction

Service in a Particular Area of Involvement

These awards are presented annually to graduating seniors and graduate students who demonstrate outstanding contributions to a particular area of campus life. These awards recognize in-depth or focused involvement and significant achievement in campus or community activities. Nominees must earn a cumulative GPA of 3.147 or above, the scholastic average of the undergraduate student body.

Alyce Marita Whitted Memorial Award

Academic Excellence amidst Extraordinary Challenges

This award is presented annually to one non-traditional graduating senior who demonstrates outstanding leadership and scholarship and has, with innovation and creativity, contributed significantly to the quality of undergraduate life on campus. Nominees must earn a cumulative GPA of 3.0 or above.

Thomas More Storke Award

Outstanding Scholarship and Service

This award is presented annually to one graduating senior who demonstrates outstanding scholarship and extraordinary service to the university, its students, and the community. This student must earn a cumulative GPA of 3.5 or above, and must embody courage, persistence, and achievement in their academic and service pursuits. A faculty letter of support should be attached to each nomination.

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Lena 805/815-8908
Email: Soulrourke00@gmail.com

CLASSIFIEDS

PARKING INFORMATION – ISLA VISTA
In the areas listed below, it is recommended that vehicles are moved off of the street to an alternative parking location. Vehicles will not be allowed to ENTER or EXIT the area through roadblocks from 7 a.m. on Saturday, 4/6 until 12 p.m. on Sunday, 4/7. Cars parked on the 6800 block of Trigo must be moved by 4/6 at 7 a.m. or they will be towed. Roadblocks will be placed in the following intersections:
- Embarcadero del Norte & Trigo
- El Embarcadero & Trigo a.k.a. Loop
- Camino Pescadero & Trigo
- Camino Del Sur & Trigo
- Camino Coro & Del Playa
- Trigo & Trigo Alley

PARKING INFORMATION – UCSB
- Individuals without a regular UCSB or N&W parking permit will not be allowed to park on-campus; cars not displaying valid permits will be cited and/or towed ($300 citation plus tow charge)
- Registered UCSB undergraduates with the Annual Night & Weekend (ANW) Parking Permit are eligible to park on designated campus lots or structures from 9 a.m. on Friday, 4/5 to 7:30 a.m. on Monday, 4/8.

The cost for the undergraduate N&W parking permit is $17.50, plus $5.95 S&H fee. Apply online for permit at tps.ucsb.edu. Select waitlist; once eligibility is approved, payment must be made to complete order and generate mailing of decal.
- You are encouraged to apply/order ASAP to ensure your permit arrives by mail prior to Deltopia weekend.
- Parking for Deltopia weekend is allowed only in specific campus areas: 22 Parking Structure and 30 Parking. All other campus lots and areas will be closed to Public Parking.
- Temporary, paper permits will not be honored.
- NO out-of-town visitors will be allowed to park on campus or in local parking lots, such as Calle Real, Camino Real Marketplace, K-Mart, Grish Park, University Village Plaza, Fairview Center, or in local Hodads neighborhoods. Cars parked in violation will be towed.
- Two (2) Ubicomp tickets will be allowed to pick up & drop off in designated areas only.

SHERIFF’S DEPARTMENT ROADBLOCKS
- Police roadblocks will be placed at six intersections by 4 p.m. on Friday, 4/5 through 6 a.m. on Monday, 4/8.
- The roadblocks will prevent vehicle access to Del Playa, Sabado, and Trigo roads from 6500 through mid-6800 blocks.

FESTIVAL ORDINANCE
- The festival ordinance (6-70.01) is in effect from Thursday, 4/5 at 6pm through Monday, 4/8 at 7 a.m. following morning. This ordinance means no live or recorded music can be heard outside your residence and carries a $500 fine.

Deltopia 2019 Parking Information

Isla Vista Parking
The Santa Barbara County Sheriff’s Office has advised roadblocks will/may be placed in Isla Vista beginning at 4pm on Friday 4/5/19 through 6am on 4/8/19. The roadblocks will/may prevent vehicle access to Del Playa, Sabado, and Trigo roads, from 6500 through the mid 6800 blocks. Other affected areas include the 6500 block of El Nido, Camino Del Sur between Del Playa & Trigo, Camino Pescadero between De Playa & Trigo, El Embarcadero between Del Playa & the loop, and Camino Majorca between Del Playa and Pasado. Trigo Road residents living in the 6500 block will need to relocate their vehicles parked on the street. Signs will be posted notifying residents (SB50 805-681-4179).

UCSB Campus Parking
No Overnight Visitor Parking is allowed on the UCSB Campus on Friday April 5th and Saturday April 6th
- Registered UCSB Students with an Annual Night & Weekend parking permit can park in designated lots on campus beginning at 9am Friday, April 5th until 7:30am on Monday, April 8th. Parking is allowed only in Structure 22, and parking lot 30. All other campus lots are subject to closure and may be physically closed.
- Apply/order on-line by March 22nd to ensure your permit arrives by USPS mail prior to April 6th. Visit our office to purchase a permit now through April 6th. Vehicles must display the actual permit decal. NOTE: Temporary paper permit printouts will not be valid during these dates.

Order online today! Deadline to order is March 22nd
$17.50 plus $5.95 shipping/handling fee = $23.45 – valid through June 30, 2019.
One permit per registered student; vehicle must be linked to permit.

http://www.tps.ucsb.edu
The Isla Vista Community Services District launched its SeeClickFix app on Sunday, a service meant to allow Isla Vista residents to report graffiti, trash, vandalism or lighting issues to the district, which will then send workers to fix the problems themselves or forward the requests to UC Santa Barbara.

The district is working with SeeClickFix and United Way of Northern Santa Barbara County to run the beautification program and will hire homeless community members to help make Isla Vista "a cleaner, better place to live," Isla Vista Community Services District (IVCSD) Board President Spencer Brandt said at the launch on Sunday.

Brandt recalled the first time he visited IV with his family and said it was from the beginning that this was a place that was special.

"So this program allows really a triple bottom line: to improve the app.

"We all know, standing here today, both as folks who have lived in Isla Vista and those who have been coming here for years, that’s not what Isla Vista is really about. But it does say something about the fact that there is a lot of quality of life issues that can be improved here."

Brandt hopes to appease those concerns through the use of SeeClickFix. By using the app as a mobile vendor, users can help keep the streets of IV clean simply with their phones.

"What we aim to do with this program is to solve some problems, through graffiti abatement and other sorts of cleaning in a way that includes all of our community in the conversation and recognizes that folks experiencing homelessness are members of our community and are valued members of our community," Brandt noted that there’s been a "rise in rhetoric" in the county that has demeaned homeless people.

"I really think that in Isla Vista, we can be a model for fixing to solve these problems and help them get back on their feet rather than pretending that if we just push things out of sight, or out of mind, that the issue doesn’t exist," he added.

Third District Supervisor Joan Hartmann, who also spoke at the launch Sunday, took a moment to acknowledge Council Chairman Bynorth’s behavior and the "community building behavior" that he demonstrated.

Hartmann referenced the Downtown Streets Team in the Bay Area, which works toward "ending homelessness by restoring the dignity and rebuilding the lives of unhoused men and women," according to the board.

"They first did a survey of homeless people and found that it’s not just being cold, it’s not being hungry, it’s not being dirty. It’s the hardest thing about being homeless," she said.

"So this program allows really a triple bottom line to give people jobs and get them engaged, it makes your community better and it makes each one of us more connected."

Christie Ledick, beautification manager for SeeClickFix Iva Vista, said the program was going through the final stages of hiring at the moment. She anticipates bringing on five to seven people to work on graffiti abatement and other beautification initiatives in IV.

Abboud also noted that it has been helpful to hear from the company about how other cities have developed their apps. For the IV CSD, one of the most important aspects of the app is its ability to collect data on the kind of work requests it is receiving and how many of them.

"Over the long term if we had that data accumulate, we’ll just know better in terms of where we’re spending our money and what we’re getting done," Abboud said.

While the work orders are limited to graffiti, trash, vandalism and lighting issues for now, the board hopes to expand it to include fixing potholes and uneven sidewalks, and even potentially partnering with UC Santa Barbara to collect work orders for on-campus problems.

"We do things like that in the future, but we wanted to launch with what we can, with a minimum viable product, which is this beautification kind of staff, and then we’ll move towards other areas in the future," Abboud said.

Evelyn Spence
County News Editor

The Isla Vista Community Services District is estimated to spend $34,653.99 in the final stages of hiring at the moment. She anticipates bringing on five to seven people to work on graffiti abatement and other beautification initiatives in IV.

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While the work orders are limited to graffiti, trash, vandalism and lighting issues for now, the board hopes to expand it to include fixing potholes and uneven sidewalks, and even potentially partnering with UC Santa Barbara to collect work orders for on-campus problems.

"We do things like that in the future, but we wanted to launch with what we can, with a minimum viable product, which is this beautification kind of staff, and then we’ll move towards other areas in the future," Abboud said.

Evelyn Spence
County News Editor

The Isla Vista Community Services District is estimated to spend $34,653.99 in the final stages of hiring at the moment. She anticipates bringing on five to seven people to work on graffiti abatement and other beautification initiatives in IV.

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Beer Tasting Class Hops into UC Santa Barbara

Evelyn Spence
County News Editor
For those looking for something a little more crafty than the usual spring break fare, UCSB junior Brian Barber and, of course, Natty Bahadur of Richie's Barber Shop have teamed up to bring Beer 101 - a class aimed to immerse students in the culture of beers from all over the world.

UC Santa Barbara's Recreation Center is partnering with Beer 101 to offer a 4-week class that will meet every Tuesday from 9 to 12 at the Recreation Center, beginning on March 19 and ending on April 16.

The program provides support and safe overnight parking for homeless individuals or families living in transitional housing in the City of Santa Barbara. Attendees will also get the opportunity to taste a variety of beers, as well as learn about the history and culture of beer.

The program is supported by the UCSB Department of Community Health

The RCSGD is offering this class to help individuals living in transitional housing or transitional shelters, and those who are experiencing homelessness.

The RCSGD is also offering the Home for Good program, which provides support and safe overnight parking for homeless individuals or families living in transitional housing in the City of Santa Barbara.

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UCSB searches for first Big West win, takes on Aggies

No. 9 UCSB women’s water polo team, 18-6 overall and 1-1 in conference play, will head to No. 22 Cal State Northridge this upcoming Saturday, where they will face the 13-14 Matadors.

Santa Barbara will look to get back in the win column, as it lost to No. 14 UC Davis in a heartbreaker, which snapped its win streak of five straight, junior utility Sarah Snyder stuffed the stat sheet for the Chicos with four goals, two assists and one assist. With just 3:48 left in the final period, UC Davis was able to score two goals before time expired, winning the game by a final score of 11-10.

Northridge has had an up and down year, thus far and is currently on a three-game losing streak. The Matadors are led by junior utility Toni Wilson, who is coming off a big trick in her most recent game, giving her a team-leading 57 goals on the year.

In their last matchup against No. 16 UC Irvine, CSUN was outsized by none goals as it was unable to keep up with the high-powered offense of UC Irvine.

Even though CSUN has not had the year that they wanted, they are still a very dangerous team that is trying to develop the right habits in order to have a better season next year.

Despite a strong effort from Wilson as well as junior attacker Amanda Legaspi, who scored two goals against the Gauchos, the Matadors were unable to keep up with the high-powered offense of UC Irvine.

Even though CSUN has not had the year that they wanted, they are still a very dangerous team that is trying to develop the right habits in order to have a better season next year.

The Gauchos are looking to improve in their next game against UC Davis, as they lost 12-11 in their last meeting earlier this season.

UCSB will look to get back on track after being swept in their last series by Fullerton team — the score was tight in every game of the last series, even forcing extra innings in the second of their three-game set. There is still a lot of time left in this season and much room for the Gauchos to improve.

This year, UCSB has been led by sophomore outfielder Santa Barbara will look to get back on track this weekend at Cal State Northridge, where they will match up against the Matadors at 12 p.m. Thursday, April 4, 2019.

UCSB will look to get back on track after being swept in their last series by Fullerton. The Gauchos have been able to find their rhythm behind senior utility Kate Pipkin, in particular, is having another fantastic season.

She has also provided veteran leadership to an extremely young team to develop the chemistry necessary to win games, which is showing in her improved play.

This season, UCSB has been led by sophomore outfielder Veronika Gulvin, who has an ERA of 5.74. The duo has proved to be very effective for the Gauchos as they have consistently made an impact on the offensive side of the pool, whether by scoring goals or creating opportunities for their teammates.

UCSB’s defense is another major reason why they have been so successful this year, as she has scored 53 goals and assisted on 35 goals.

Her strong play has prevented opposing teams from finding an effective way to stop the Gauchos, giving UCSB the ability to find their rhythm behind senior utility Kate Pipkin, who leads the team with 132 saves on the year. It is clear that her confidence has had a direct impact on the team, which is showing in her improved play.

Although some believed that it would take time for the team to develop the chemistry necessary to win games, the Gauchos have been able to find their rhythm behind senior utility Kate Pipkin, who leads the team with 132 saves on the year. It is clear that her confidence has had a direct impact on the team, which is showing in her improved play.

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Red-Hot No. 19 UCSB Hosts SFA in Final Non-Conf.

Jorge Mercado
Editor in Chief

The UCSB baseball team’s quest for its first Big West Title since 1986 will take a small break this week as the squad prepares to face Stephen F. Austin State University for its final non-conference series of the 2019 campaign.

Santa Barbara is coming in red-hot as winners of three of its last four, including two of three wins at Fullerton in its conference opener, to boast a strong 20-5 overall record to this point. The Gauchos 2-1 conference record places them in second in the league standings, but they are the first team to reach 20 wins of any Big West team.

Polar opposites of UCSB, Stephen F. Austin rolls into town one game under .500 sitting at 14-16 overall after losing six of its last seven ball games but 8-4 in conference play. In those six losses, SFA lost by a combined score of 34-12.

That does not bode well for the Lumberjacks considering they are playing one of hotter offenses in the Big West.

UCSB ranks first in the league in multiple categories including runs scored (185), extra-base hits (70), home runs (29), slugging percentage (.493) and is tied for first in batting average (.287) and on-base percentage (.385).

A big reason for UCSB’s hot offense is junior catcher Eric Yang. The West Hills, Calif. native is currently having the season of a lifetime holding league best .419 batting average. No other player in the Big West even has above a .400.

Yang is also delivering when it counts as he is second in the Big West with 28 RBIs. The junior’s .419 on-base percentage is also tops in the league while his .512 slugging percentage ranks sixth.

On Monday, the Big West announced that Yang was awarded Player of the Week. Yang hit .500 (7-for-14) in the three-game series against Cal State Fullerton, adding a home run to go along with six RBIs and four runs scored.

He also went 1-4 in last Tuesday’s game against St. Mary’s with his one hit being a double. There have only been four games where the catcher has not registered a hit and he has had a multiple-hit game fourteen times this season.

Other hot hitters include outfielders Tevin Mitchell, Tommy Jew and Armani Smith.

Mitchell has been on fire as of late batting 10-24 in his last six games smacking six doubles. Before this recent stretch, he only had one double on the year. He has also knocked in seven of his 22 RBIs and his 13 stolen bases tops the league.

Jew has probably been the biggest bat in the lineup for the Gauchos. He currently slashes .385/.567 with his slugging percentage ranking second in the Big West. The junior center fielder also has the second most dingers in the Big West with eight on the year.

Right behind Jew, however, is Mitchell who has seven home runs on the season which ranks third in the league. Smith has been an extra-base hit machine having five doubles and a team high five triples. His 24 RBIs are the second most on the team.

Just seeing how tough most of the Gauchos lineup is scary for the Lumberjacks considering they are playing one of hotter offenses in the Big West.

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UCSB faces SFA for game one of the three-game set at 3 p.m. on Friday, April 5 at Caesar Uyesaka Stadium.
Campus Crisis: Storke Tower Goes Flaccid

Max Myszkowski
Staff Writer

Eyewitnesses have reported that Storke Tower, proud phallic symbol of UC Santa Barbara, has—devastatingly—gone flacid. The 175-foot-tall tower, which was first erected in front of the University Center in 1969 (iirc), may be a little tired, experiencing a bout of performance anxiety, or might just not be in the mood right now. Speculations about what may have caused the once rock-hard monolith to go limp have already begun to circulate amongst the student body.

"The little guy is going on fifty years old; it’s not uncommon for some students, however, have embraced the Tower’s new, flaccid state—citing beliefs that the Tower shouldn’t be held to a completely unprompted. During this time of need and have even taken sights claiming “soft is the new sexy,” these individuals urge us to accept and love our campus phallus unconditionally.

"I’ve not been vegan for two years, you could just drink regular milk.”

Nearly hospitalized after an existential breakdown, Madison C. exclaimed back. She then went on record to candidly state that she is not okay. "It’s honestly fine,” says Maddieleyne C., "I’ll just go to CAFE. They never spill my name right on the cups here anymore. Always forget the name of a coffee shop."

The Starbucks has issued a formal apology to its customers including polite directions on exactly where the afflicted victims a speedy, dairy-free recovery.

If you or a loved one has been affected customers can shove their almond milk. Whether you're lactose intolerant and you haven't been vegan for two years, you could just drink regular milk.”

As reliving the horrific incident reduced the Starbucks has run out of non-dairy milk. Chaos Ensues

"I squeezed as many other kinds of nuts as I could, but somehow I can’t figure out how to get milk to come out of soy, almond and coconut milk.

Nearby hospitalized after an existential breakdown, Madalyn C. sat wrapped in a shock blanket and recounted the traumatizing event between shaky breaths. She hadn’t had milk from a real cow since the fifth grade, possibly yearning for more realistic expectations of our architecture. Sporting envied under the Tower to protect its right to relax for once, calling for more realistic expectations of our architecture. Sporting nuts and puts non-fat milk in every single one of them.

The Nexus reached out to experts in the engineering depart-

ment right in the heart of their most administration. It was a blow to the student pop-

ulation, and puts non-fat milk in every single one of them.

The Nexus reached out to experts in the engineering depart-

ment for comment on the structural integrity of the rapidly deflating campanile, but were met with blank expressions as they had never seen anything of this sort and didn’t know enough about romancing to produce a solution. They did, however, mention that without the Tower’s phallic stature radiating sexual vibes across campus like radio waves UCSB’s hotness ranking was dropping by the second.

Some students, however, have embraced the Tower’s new, flaccid state—citing beliefs that the Tower shouldn’t be held to a higher standard than anyone else. Supporters have even gathered under the Tower to protect it’s right to relax for once, calling for more realistic expectations of our architecture. Sporting uplifts claiming “soft is the new sexy,” these individuals urge us to accept and love our campus phallus unconditionally.

"Hell, I spend most of the day flaccid. It’s only fair to give the Tower a break every once in a while,” offered one proponent beneath the sagging spire.

"God knows I’d be hard pressed to keep a stiffy day in and day out, outside even in the pouring rain,” offered another student, completely unprompted.

As of now, an order has been placed for a massive Viagra™ figure out how to get milk to come out of soy, almond and coconut milk.

Campus Crisis: Storke Tower Goes Flaccid

Max Myszkowski
Staff Writer

Nexustentialism

Jordan Curiel
Staff Writer

Tragedy struck Isla Vista last week, leaving students of the hottest UC campus to arouse our most Freudian sexual vibes across campus like radio waves. UCSB’s hotness ranking was dropping by the second.

Some well-meaning students have dedicated themselves to helping the Tower get back up to its old, skyward-stretching self. Efforts have included the likes of sensual dances, virgin potions, and putting non-fat milk in every single one of them.

Being one of the victims, Madalyn B. formed a Facebook support group for those affected by this crisis, with three others with whom she met when a barista called our “M pledged all of them went up to grab the same drink. As reliving the horrific incident reduced the second. Some students, however, have embraced the Tower’s new, flaccid state—citing beliefs that the Tower shouldn’t be held to a higher standard than anyone else. Supporters have even gathered under the Tower to protect it’s right to relax for once, calling for more realistic expectations of our architecture. Sporting uplifts claiming “soft is the new sexy,” these individuals urge us to accept and love our campus phallus unconditionally.

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Nearby hospitalized after an existential breakdown, Madalyn C. sat wrapped in a shock blanket and recounted the traumatizing event between shaky breaths. She hadn’t had milk from a real cow since the fifth grade, possibly yearning for more realistic expectations of our architecture. Sporting envied under the Tower to protect its right to relax for once, calling for more realistic expectations of our architecture. Sporting uplifts claiming “soft is the new sexy,” these individuals urge us to accept and love our campus phallus unconditionally.

"Hell, I spend most of the day flaccid. It’s only fair to give the Tower a break every once in a while,” offered one proponent beneath the sagging spire.

"God knows I’d be hard pressed to keep a stiffy day in and day out, outside even in the pouring rain,” offered another student, completely unprompted.

As of now, an order has been placed for a massive Viagra™

The Starbucks has issued a formal apology to its customers including polite directions on exactly where the afflicted customers can shave their almond milk. If you or a loved one has been affected by this travesty, our hearts go out to you and we at Nexus feel with all the victims a speedy, daisy-free recovery.

Jordan Curiel drinks seven lattes a day and puts non-dairy milk in every single one of them.
**ARTSWEEK**

**DJ TroyBoi Set to Headline Saturday’s Warm Up Show**

A.S. Program Board caters to EDM fans for this year’s iteration of the annual concert, created to divert crowds of students away from Isla Vista during Deltopia weekend.

“My preparation is the same, however I’m more aware of the crowd that may be present which can dictate which vibes I want to create in each set,” he explained in the same interview, showing his sharpened senses for each type of stage he plays. Given his broad spectrum of sound, I’m excited to see which pieces he’ll pick out to play at this year’s Warm Up.

The Special Guest that will be performing alongside TroyBoi is yet to be announced. Tickets are still on sale for $5 online; you know the drill: entrance for students with Access Cards only.

You can stream Troyboi’s music on Spotify, Apple Music and Soundcloud.

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**Rico Nasty Gets Raw in the Hub: Photos**

At the end of last quarter, rapper Rico Nasty, assisted by opener Leven Kali, brought much-needed energy to UCSB — instantly pulling students out of their winter blues and into the mosh pit. Instant classics like “Countin’ Up,” “Smack a Bitch” and “Poppin’” fueled the crowd, and Rico ruled the stage.
ON THE MENU

It’s Time to Spring Clean Your Diet

Tiffany Velazquez
On The Menu Co-Editor

Spring is finally here! Despite the irritating allergy symptoms that don’t ever seem to go away, the spring season will bring in plenty of delicious produce that is sure to spruce up your kitchen. The spring season is full of refreshing fruits and vegetables that are easily accessible in any grocery store. It’s important to know what produce is in season since these ingredients are always cheaper and taste better. Spring and summer have the best produce in my opinion, so to help you out, here’s a list of the seasonal produce that’s available this season and a couple recipes to showcase these amazing ingredients!

FRUITS:
- Apples
- Apricots
- Avocados
- Bananas
- Kiwifruit
- Lemons
- Limes
- Pineapples
- Strawberries

There’s a bunch of ways you can incorporate these spring fruits to sweeten up your diet. The most simple ways would be to blend a variety of different fruits with some ice and milk to make a refreshing, creamy smoothie. You can also simply slice a selection of your favorite fruits from the list for a tasty fruit salad. If you’re looking for something a little more unique, however, try making your own strawberry jam!

**Ingredients:**
- 1 pound fresh strawberries, hulled
- 2 cups white sugar
- 3 tablespoons lemon juice

**Directions:**
In a large bowl, crush strawberries in batches until they are mashed. In a saucepan, mix all the ingredients together and stir over low heat until the sugar is dissolved. Increase heat to high, and bring the mixture to a boil. Stir the mixture until it reaches 220 degrees. Transfer the mixture to hot jars, seal and place them in a water bath until cool.

Serve right away or store in the fridge for up to two weeks.

VEGETABLES:
- Asparagus
- Broccoli
- Cabbage
- Carrots
- Celery
- Collard greens
- Garlic
- Kale
- Lettuce
- Mushrooms
- Onions
- Peas
- Radishes
- Rhubarb
- Spinach
- Swiss chard
- Turnips

This long list of veggies looks intimidating, but it’s actually really easy to use them in a lot of your meals. Try this recipe for a greens pasta that’s perfect for lunch or dinner!

**Ingredients:**
- 1 cup of asparagus, cut into ½ inch pieces
- 1 cup of broccoli, chopped
- 1 cup of peas
- 3 cups of spinach
- 3 cloves of garlic, minced
- 1 pound pasta of your choice
- Salt and pepper, to taste

**Directions:**
Bring a large pot of water to a boil and add the pasta and cook according to package instructions. Add the asparagus and cook an additional four minutes, or until the pasta is al dente, and drain. Heat one tablespoon of olive oil in a large pan over medium heat. Add the minced garlic, peas, broccoli and spinach. Cook until vegetables are almost soft. Turn off the heat and stir in the pasta and asparagus. Season with salt and pepper and stir until ready to serve.

Italian Comfort Food at Giuliano’s

Tiffany Velazquez
On The Menu Co-Editor

Opened in 1952, Frances and Gaetano Giuliano established their delicatessen in Gardena, Calif. Bringing with them a tradition of Italian cuisine, the couple established a legacy of freshly prepared and inexpensive food. Offering a wide assortment of Italian deli items and warm loaves of bread, Giuliano’s in Gardena is the only location to feature multiple generations of descendants who have satisfied thousands of hungry customers for nearly 60 years.

Entering Giuliano’s, you are presented with a large selection of fine deli meats and cheeses. From fresh cut roast beef to salami and salas, Giuliano’s offers a variety of deli items for customers to order at the counter. Customers can also purchase a variety of other ingredients to complement those prepared fresh—everything from olives and sauces to wines galore. Alongside their deli, Giuliano’s also has a fantastic bakery inside. Freshly baked and prepared daily, you can find classic favorites like their signature country French rolls and beer buns bread or sweet pastries like the nutty filled relish and strawberry shortcake.

Their shining glory in my opinion is their food, prepared using their in-house ingredients, which can be enjoyed for lunch in the Southern California sun outside or ordered out for catering. Their menu can be broken down into a few different sections:

1. Sandwiches, with options such as their Original Torpedo, Turkey Cape and the All American Hero averaging around $5–8

2. Hot sandwiches, such as the Mediterranean Grilled Chicken, French Dip and Crumbled Sausage ranging from $6–11

3. Pasta, with options such as spaghetti marinara, fettuccine Alfredo and lasagna—consisting of a family recipe of layers of pasta, sauce, meat and cheese and available in a vegetarian and artichoke option—ranging from around $7–10

4. Pizza, ranging from traditional margherita to barbecue chicken

5. Calzones, available either as homestyle or vegetarian with a side of marinara sauce

6. Salads, such as Antipasto or Classic Chopped Cobb

7. Soups, a daily homemade variety served with a fresh-baked country roll

While any one of their menu items is sure to be a favorite, we personally tried the Mediterranean Grilled Chicken sandwich and spaghetti marinara during our last visit. Both were packed with flavor and prepared upon order, helping to perfectly curb that afternoon hunger. The sandwich was well balanced, not at all dry and highlighted by the freshly baked bread. The pasta was similarly delicious, the sauce incorporating well and complemented by an extra touch of basil.

Giuliano’s is the perfect place to grab a few essentials or stop by for lunch with a loved one. With so much to offer, it can be difficult not to be overwhelmed by the smells that welcome you at the door. Be sure to set some time aside and stop by Giuliano’s in Gardena to get a taste of generations’ worth of Italian cuisine.
To Drink or Not to Drink

Sunithi Sridhar
Staff Writer

"Here at UCSB, the following sequence of events is all too familiar: college student goes out on a Saturday night, college student drinks four beers in under an hour, college student wakes up Sunday morning nursing a brutal hangover. Most of us can sense when it is time to put down the bottle, find our friends and make our way home. On the other hand, there are those of us who are always up for another round of Guacho Ball, even if we are so intoxicated they cannot tell the difference between their wallet and their keys.

Karen Szumlinski, Ph.D., a neuroscientist and researcher at the University of California, has found a mechanism in the brain that helps to regulate levels of alcohol consumption. It may explain why certain individuals continue to drink despite signals from their bodies telling them to stop.

Her research has identified a mechanism within the amygdala region of the brain that can be suppressed and therefore fails to properly regulate the urge to consume alcohol. The bed nucleus of the stria terminalis, or the BNST, is part of the subcircuit in the brain that is called the extended amygdala. Szumlinski explained: "The job of the subcircuit is to regulate your emotions and your motivation in response to those emotions. People with addiction disorders have problems within their extended amygdala, and we have been looking particularly at alcoholism because there is such comorbidity with depression and anxiety."

Alcohol consumption suppresses the release of glutamate, an excitatory neurotransmitter, but when an individual drinks excessive amounts of alcohol, a signaling pathway in the amygdala which elevates glutamate levels in the body is activated.

We said, ‘You binge drink, you elevate this glutamate signaling, and that is what is driving you to drink.’ That was our story for years," Szumlinski notes.

The BNST is one of three regions that constitute the extended amygdala and sits between the central nucleus and the nucleus accumbens. Szumlinski and her team predicted that the results would be observed in the BNST’s interconnected structures - there would be an increase in glutamate and other neurotransmitters in the reward circuit.

When they manipulated the brain regions in mice and had them drink alcohol, they observed that the animals that were given alcohol within the extended amygdala had the same behavior as the mice that did not drink alcohol. The animals that had the mutations showed a strong preference for the place where they got the alcohol. The control group of mice stayed the hell away from that side.

Szumlinski and her team incorporated additional experiments to further their studies. They were able to identify the cause of the increased activity of the neurons within the BNST, which correlated with the increased drinking behavior.

"One fact that we have shown is that one mutation which affects the function of ERK was drawn" The fruit fly model allowed the team to observe how each mutation affected the BNST. The researchers analyzed the expression of the ERK protein, which plays an important role in phosphorylating glutamate receptors, which allows the Homer-2 protein to bind to the ERK protein. When the mutation affects the function of ERK, the Homer-2 protein cannot bind to ERK, which leads to an increased activity of the BNST.

Szumlinski’s lab found a mechanism in the BNST within the amygdala that helps to regulate levels of alcohol consumption. It may explain why people may overdrink if this mechanism isn’t functioning properly.

"In the future, we plan to investigate the role of this mechanism in human addiction disorders. We are also interested in understanding how this mechanism interacts with other mechanisms that regulate alcohol consumption," Szumlinski said. "We hope to use this knowledge to develop new treatments for alcohol addiction."
Hello. Important posts are always looking for a quick fix. Your Huang tempest and regulation nation has funded a for a DnA fix.

Most of this has just been food for thought or at least

In this case, I ask you to consider the implications of

My best friend and I have this long running tease that we will be having a threesome with each other and one, if I may. The other would start with an ice cream sundae and

Aries: March 21 - April 19

Basic. Important posts are always looking for a quick fix. Your Huang tempest and regulation nation has funded a for a DnA fix.

...or even you leaving your schedule so he knows when he

Taurus: April 20 - May 20

Hunch, Ricketts, irritable, and loyal, but stubborn and disrespectful — just like the rest of us.

Libra: September 23 - October 22

Balance is key and you bring that to any situation. You’re good

Sagittarius: November 22 - December 21

(You’ve got a great sense of humor, but sometimes you feel

Capricorn: December 22 - January 19

You’re not going to do big groups or just one at a time

Scorpio: October 23 - November 21

No matter how long you’ve been around, nobody can follow your lead.

Aquarius: January 20 - February 18

Follows. You’ve waded this group, but people are ready to

Pisces: February 19 - March 20

Bend. Even though sometimes, you can be a bit too much. You’re refreshing