Finding Permanence in Ink

Strength, recovery, liberation and ink: Students get ‘tatted’ to find stability as they navigate ever-changing college environments

Effie Sklavenitis
Staff Writer

To steady the immense changes college brings such as short-term housing, continually revised schedules and fluctuating stress — some students ground themselves with a mark of permanence: a tattoo.

Sandy Tran has been a tattooing at Isla Vista’s Precious Slut Tattoo Company for three years. To Tran, tattoos celebrate the present by taking advantage of life. “Tattoos have a lot to do with self-expression … A lot of the time, people worry about the permanence of tattoos, but life is not permanent,” Tran said. “You might as well get what you want while you are still alive.”

Abby Robinson, first-year communication major, has had cystic fibrosis (CF) since she was three months old. When she was a child, she was told she had “65 roses” because she wouldn’t be able to understand the meaning of cystic fibrosis. To represent her journey, she got a tattoo.

“I knew that I wanted a tattoo to symbolize my struggle with cystic fibrosis, so my sister designed it,” Robinson said. “It is associated with this new person that I found in myself coming into college and discovering that I really love to go outdoors.”

To some, getting a tattoo is a liberating experience. When Dan Song, third-year statistics major, got her feather tattoo, it came as a surprise to most of her friends.

“I feel like all my life I’ve been doing what people expect of me, like getting good grades in school, doing internships, graduating early and going to graduate school,” Song said. “I just feel like I also have a wild side that most people don’t know about. It was about doing something that people don’t expect from you.”

As students go through college, they get tattoos to represent all the things they hold most personal, including memories, change, friends and family.

Maura Fox
University News Editor

A three-day Next System Teach-In will come to UCSB next week, inviting students, faculty and community members to join discussions on global relations, environmental issues and human rights.

Emily Williams, researcher for the Climate Hazards Group, said the teach-in will address a “failing” system and hopes for a large turnout at UCSB due to its historic spirit of activism.

“There’s an especially rich history at UCSB in the ‘60s and ‘70s, when the campus came together … and talked about things like the Vietnam War, actually getting out of the classroom to learn from each other,” Williams said.

UCSB’s event is part of the national Next System project, an initiative that starts conversations to reimagine the “next system” for global problems. The teach-ins have also occurred at the University of Madison, Wisconsin and New York University (NYU).

The teach-ins will begin on Tuesday from 12:30 p.m. to 5:30 p.m. and continue into Wednesday from 11:30 a.m. to 5 p.m. and Thursday from noon to 6 p.m.

The first two days will be held in Corwin Pavilion, where numerous speakers will talk about issues such as public education, climate justice and big business corporations.

On Thursday, participants will have the ability to join
If you want to see the Weatherhuman throw an industrial printer off the cliffs with his bare hands, vote Nexus on G.O.L.D. today. We’ll finally be able to afford a functioning printer instead of trying to rub the literal spawn of Satan just the right way.

Tomorrow’s Forecast: If we don’t get the fee increase, catch the Weatherhuman throwing himself off the cliff.
Professor Awarded Grant for NASA Research

Assistant professor of geology Timothy DeVries will study Earth’s ‘biological pump’ and its effects on climate changes

The “biological pump” is powered by many microorganisms that use carbon to perform various life functions, thus cooling the earth by removing carbon from the water.

With climate change and global warming becoming increasingly threatening phenomena in recent years, research at the Department of Geology at UCSB is geared toward mitigating these issues. Timothy DeVries, assistant professor in the geology department, was recently awarded a three-year grant as part of NASA’s New (Early Career) Investigator Program in Earth Science to study Earth’s “biological pump” and how this affects both terrestrial and aquatic biomes as well as the organisms that reside there.

Using satellite imagery in correlation with information on deep-sea ecological processes, DeVries, along with a team of researchers in the department, are building models. The team aims for these representations to shed light on the carbon cycles that occur below the surface of the ocean and how these cycles could potentially affect the human population on a global scale.

“Humans are emitting CO₂ (carbon dioxide) into the atmosphere by burning fossil fuels, and the main sink of that CO₂ is into the ocean,” DeVries said. “Because [the CO₂] isn’t in the atmosphere, it can’t play a factor in global warming.”

The bulk of DeVries’ work is geared toward understanding the oceans’ circulation and its impact on how much carbon the ocean takes in.

With the new grant, DeVries will utilize satellites to analyze the levels of productivity and growth taking place on the oceans’ surface, as well as the different functional types of species of plankton that occupy this initial layer.

“What I’m doing is taking some of that satellite information about the surface ocean, building some models for what happens subsurface and trying to tie what the satellites are seeing to what’s happening subsurface so we can get a better conceptual understanding of the biological pump,” DeVries said. “What’s really important climatically is how much [photosynthetic byproduct] sinks into the deeper ocean.”

Phototrophic microorganisms at the surface absorb CO₂, which has dissolved in the surface waters, and use photosynthesis to convert it into organic matter to drive the so-called “biological pump.” Many other organisms utilize CO₂ to build their calcium carbonate shells and skeletons. When these organisms die, they sink to the bottom of the ocean and develop into layers of carbon-rich sediments that act as carbon storage, wherein the element can remain locked away for upwards of millennia.

“If we had a world without this biological pump, we would have more CO₂ in the atmosphere,” DeVries said. “We would have 50 percent more CO₂ in the atmosphere and, of course, if we had more CO₂ in the atmosphere, we would have a warmer climate, so it really cools the climate by bringing that CO₂ into the deep ocean.”

DeVries hopes to make strides toward bettering our understanding of the factors that affect climate change on a global scale. While it is imperative that humans reduce the burning of fossil fuels, the key to fully understanding and then mitigating climate change and global warming may actually lie deep beneath the ocean surface.

Goleta Start-Up Develops Window-Based Solar Panels

The company, NEXT, has developed a technology called ‘solar ink,’ a transparent substance that, if successful, will give windows the ability to act as solar panels

Dorena Tran Reporter

A Goleta-based startup company has developed a “solar ink” that can transform windows into solar panels.

Corey Hoven, UCSB Ph.D. candidate, and energy efficiency expert Daniel Emmett pioneered the technique by creating a transparent substance that can be applied to windows to convert solar energy into electrical power.

The windows use photovoltaic materials to behave like solar panels, but the solar ink technology is much thinner and less expensive.

The technology is based on research and development by Alan Heeger, a UCSB professor who won the 2000 Nobel Prize in chemistry for discovering and developing conductive polymers.

Hoven and Emmett’s company NEXT has reached the point of commercializing their product after much research, and the two hope to finalize the solar ink by 2018.

With commercial buildings currently consuming almost half of the world’s energy, the company believes their solar ink technology can improve sustainability efforts.

“Nearly half of all global greenhouse gas emissions come from buildings,” Emmett said. “This has the potential to have really meaningful reductions on the carbon footprint and power use of commercial structures.”

NEXT will also be able to customize the ink’s color and transparency. The company projects that the solar ink windows could produce 20 percent of a commercial building’s power needs on average.

“That’s a meaningful amount of power, especially on the side of a building,” Emmett said.

According to the U.S. Energy Information Administration, California is one of the top states in the nation in producing energy from renewable resources. California has become the leading solar market in the United States with enough solar energy in the state to power over 3 million homes.

With advancements such as the solar ink from NEXT, California has the potential to revolutionize its energy efficiency and reduce greenhouse gas emissions.

“Windows are going from being a passive part of buildings to active,” Emmett said. “It’s an exciting time for buildings.”

Courtesy of Paul Wellman

Thursday, April 21, 2016

Daily Nexus
Students Commemorate Armenian Genocide

The Armenian Student Association (ASA) held an event Wednesday called ‘Handprints Against Genocide’ in the hopes of spreading public awareness of the 1915 massacres.

One goal of these commemoration events aim for U.S. recognition of the 1915 massacres as a genocide.

The Armenian Student Association (ASA) invited students to create “Handprints Against Genocide” on Wednesday, commemorating the Armenian Genocide of 1915.

The event is part of a UC-wide, week-long commemoration event, which will culminate this Friday with a candlelight vigil in front of Storke Tower.

The Armenian Genocide refers back to 1915 when the Ottoman Empire systematically killed and drove off 1.5 million Armenians from their homeland, in what is now eastern Turkey. Other minority groups within the empire were killed as well, including the Greeks.

Students painted their hands any combination of red, blue and orange — the colors of the Armenian flag — and decorated a series of posters. Some students signed their handprint after they were done. The posters will be put into the Middle Eastern Resource Center inside the Student Resource Building.

Shant Abraamyan, third-year environmental studies major and ASA member, said the organization hosted the commemoration this week because the Armenian Genocide occurred April 24.

“That was the day they rounded up a bunch of intellectuals and killed them,” Abraamyan said.

As to the goals of the memorial and the commemoration week, Abraamyan said ASA hosts events like “Handprints Against Genocide” to advocate for the recognition of the genocide.

“America and Turkey haven’t recognized the genocide yet,” Abraamyan said. “We hope that by spreading information we can get people to rally around our cause of getting the genocide recognized.”

ASA is one of many organizations nationwide dedicated to spreading awareness and recognition of the genocide.
The city's architecture played a big role in the design of her tattoo, and part of Gordis’ tattoo represents lavender, which is a major export of France. “If you walk around Paris, the architecture has meaning to every detail and one image that is everywhere is the olive wreath. It's a symbol of peace and it's been around for thousands of years,” Gordis said.

Tyler Chavez-Feipel, fourth-year English major, has nine tattoos and plans on getting more. “More ideas just keep coming,” Chavez-Feipel said. “The tattoo on my left shin is an hourglass, a skeleton and a clock and took over 20 hours. It is a reminder that you only have a certain amount of time, so you have to appreciate life and the moment.”

Kelsey McKinney, second-year sociology major, said she got her lion tattoo because it represents her loyal identity and reminds her to always be confident, especially as a woman living in an oftentimes harsh society.

“What compelled me to get the lioness rather than the lion is the strength, pride, confidence and protection that lies behind the lioness rather than the lion,” McKinney said. “Oftentimes in our society, being proud is looked down upon, but you have to be proud of who you are; you need to be able to say, 'This is who I am.'”

Jasmine Madevski, third-year psychology major, is open about her tattoos because she said she believes they are a path to decreasing stigma against mental illnesses and eating disorders. “I have the National Eating Disorders Association [NEDA] symbol on my ribs … It’s kind of a female body, kind of an open heart, where the lines signify strength and recovery,” Madevski said. “Hopefully other people will be more comfortable about seeking help … because the more I’ve talked about them, the more other people expressed what they are going through and some even sought help.”

Jaclyn Silverman, third-year psychology major, said her tattoo is an M.C. Escher piece that holds personal meaning because of her own interpretation of the symbol.

“The summer that I got it, I was doing a mindfulness and meditation program through the university,” Silverman said. “We learned about the four Buddhist truths, and the third one, which states that there is cessation — that there’s an end to all suffering — really spoke to me. Yes, everyone suffers through some things, but it will end eventually.”

Silverman said she will always hold her tattoo dear to her heart because they embody decisions made at a certain time during her life.

If you are thinking about getting your first tattoo, Sandy Tran has some advice. “Do a lot of research and think about the tattoo you want for at least two months because if you're still thinking about the tattoo in that amount of time, it means you really want it,” Tran said. “Some people think about their tattoos for years.”

“To me, tattoos are an extraordinary way to express yourself, beliefs, emotions, morals and are a way to artistically express yourself,” Silverman said. “Make sure it's something you want and that it's something you are doing for yourself.”
Remember to always check with your UCSB academic advisor for final course selection. Prior to registering for any AHC course that requires a prerequisite, university students must submit official transcripts verifying the course has been completed at another college.

The enrollment fee is $46/credit ($138 for a typical three-credit class).

For more information, visit www.hancockcollege.edu/UCSBsummer16

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UC Santa Barbara will lead a national wave of teach-ins to envision the next system. The Next System Teach-Ins help us re-imagine our society and economy in the face of unprecedented inequality, climate disaster and an erosion of democracy so deep that our system is unable to resolve the growing needs of our communities. Major speakers include Kshama Sawant, Gar Alperovitz, David Cobb, Emily Kawano, Jose Zapata Calderon, Jennifer Epps-Addison, Matt Nelson, Daraka Larimore-Hall, Ben Manski, Timeka Drew, Howard Winant, Mia White, William Robinson, Celia Alario, Mohsin Mirza, Unique Vance, as well as a performance of Alas, and a showing of Michael Moore’s “Who Should We Invade Next?” led by Richard Flacks and Contance Penley.

FOR MORE INFORMATION: http://SantaBarbara.TeachIns.org
smaller, more intimate workshops in the UCen, where they will focus on certain issues and discuss specific ways to change society, followed by the screening of Michael Moore’s documentary, “Where to Invade Next.”

Williams said she hopes Thursday’s events will encourage partakers to “share notes and start intersectional movements.”

“According to Williams, making global changes is a “very tangible thing” that everyone can contribute to, no matter their role on campus or in the community. “It can be hard to think of the system as something that impacts you, but everyone has a stake in it,” Williams said. “It cuts through … individual issues, but is so deeply interrelated to everyone else’s struggles.”

Ben Manski, graduate student and director of Special Initiatives for the teach-in, said he hopes it will not only encourage students to ask questions about global issues, but acknowledge that these are current issues plaguing lives today.

“Most of us at UCSB will be living on this planet for the next 40 to 80 years, and we are facing issues that are quite real,” Manski said. “The question of living in debt, of not having a stable career path and of severe climate change are real issues; they are not theoretical questions.”

“Participating in the teach-in is a necessity if we are going to change the world we are living in,” Manski said. “It can be hard to think of the system as something that impacts you, but everyone has a stake in it. It cuts through … individual issues, but is so deeply interrelated to everyone else’s struggles.”

Williams said, “People are hungry to … share knowledge” and hopes students and community members will understand how the social system is dependent on human actions and can change for the better when people voice their ideas and solutions.

“This system we have today was created by people and … it can be replaced by people, and that will keep happening throughout the rest of civilizations,” Williams said. “We’re hoping this teach-in is really going to help personalize [the system] and show people that they have a role in recreating what comes next.”

Students can register for the Next System Teach-in at teachins.thenextsystem.org/ucsb and learn more about the event’s speakers at santabarbarateachins.org program.

Date: April 26 to April 28
Time: (4/26) 12:30 p.m. to 5:30 p.m
(4/27) 11:30 a.m. to 5 p.m
(4/28) 12 p.m. to 6 p.m.
Discussion topics: global relations, environmental issues and human rights
Next System Project: initiative to start conversations on re-imagining the “next system” for global issues
Previous teach-ins: University of Madison, University of Wisconsin and New York University
Upset Alert? Gauchos T o Visit Nation’s No. 1

Since the start of the season back in January, Head Coach Serela Kay has talked about "trust ing the process" throughout the year and letting it build a solid basis on which her team could rely on. With one game left in the regular season and now just a week away from the Big West Tournament, the pieces seem to be coming all together for the No. 9 UCSB women's water polo team.

It has been a great couple of games for the Gauchos, who defeated some of the toughest opponents in the conference, such as defending conference champion and formerly No. 4 Hawaii, currently sitting at the top of the conference rankings and is hoping to remain right where it's at in order to claim its first Big West regular season title in the program's eight years of conference participation.

For the first time in program history, the Gauchos are one game behind the 49ers, the regular season title could go to either team at this point. Long Beach will have to win both games if it wants to complete an outright claim of the Big West title.

With such high stakes on the line, the game will really come down to who wants to win the most and who is going to take everything that has been learned throughout the season and apply it in crunch time.

One factor that can come into play for the Gauchos is their home advantage. Long Beach currently holds a 6-1 home record — its only loss has been to three games and is hoping to make it four after last Saturday, UCSB extended its winning streak to three games and is hoping to make it four after this upcoming Saturday. However, it will not be easy for the Gauchos, who will be facing No. 17 Long Beach State.

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With such high stakes on the line, the game will really come down to who wants to win the most and who is going to take everything that has been learned throughout the season and apply it in crunch time.

One factor that can come into play for the Gauchos is their home advantage. Long Beach currently holds a 6-1 home record — its only loss has been to three games and is hoping to make it four after last Saturday, UCSB extended its winning streak to three games and is hoping to make it four after this upcoming Saturday. However, it will not be easy for the Gauchos, who will be facing No. 17 Long Beach State.

For the first time in program history, the Gauchos are one game behind the 49ers, the regular season title could go to either team at this point. Long Beach will have to win both games if it wants to complete an outright claim of the Big West title.
Rebirth of the Ringside: Thurman vs. Porter

Sean White
Sports Editor

On the verge of being surpassed by the growing fanbase for UFC, MMA and Bellator fighting, the sport of boxing has managed to remain relevant through the names of fighters such as Floyd Mayweather, Manny Pacquiao, Canelo Alvarez, Danny Garcia, Gennady Golovkin and more.

However, with the leader of the reputable ‘Money Team’ having hung up the gloves and currently in retirement, the wonder of who will be the next household name to take over the boxing industry persists.

Despite Mayweather’s departure, the welterweight division in which the former champ dominated seems like it will sustain its prestige in the field of weight classes.

As the search for a newfound leader resides within the talented class of 147-pound fighters, the journey to the top of the boxing ranks just became a lot more intriguing this past weekend.

Scheduled for a June 25 bout at Barclays Center in Brooklyn, New York, the long awaited fight between current WBA World Welterweight champion Keith Thurman and Shawn Porter is set to take place.

The fight had an initial date set for March 12 that had to be postponed due to Thurman suffering whiplash in a car accident.

It will be the third title defense for the reigning champion and the first fight in the year 2016 for both fighters. Via Boxrec.com, the best of the best are set to step foot in the ring, with Thurman rated as the No. 1 boxer in the USA and No. 2 in the world.

Porter is just one spot behind Thurman at No. 2 in the USA rankings and No. 5 in the world.

Similar to their closeness in ratings, the tale of the tape displays a near identical resemblance between the two as both differ by just half an inch in height and reach.

Yet separating the pair of boxers is the one loss on Porter’s record. At 26-1-1, Porter has the opportunity to put an end to Thurman’s unbeaten 26-0-0 record.

While the legendary hard-nosed, toe-to-toe boxing matches from decades past are no longer as pertinent as they once were, the possibility of either boxer falling to the canvas is certainly ideal.

More likely to deliver this knockdown blow is Thurman, also known as ‘One Time’ for his punishing hits. A total of 81 percent of his victories have been earned by knockout.

Most notably, just four of his career 26 fights have been decided by a unanimous decision, while his other 22 wins have all been decided by knockout.

Although Porter has achieved just 57 percent of his wins by knockout, he is more of a strategic fighter who looks to break his opponents down over the duration of rounds as he seeks that finishing head or body shot.

Nonetheless, a unique technique within Porter’s finishing realm of punches is this lunging hook/haymaker that he commonly throws when in search of causing real damage.

A similar calculated, disciplined approach can be identified in Thurman as well, but it is his more aggressive approach which has allowed him to become the knockout artist he has proven himself to be.

It is evident that Thurman isn’t afraid to gamble at times and make himself appear vulnerable while hunting for that power punch to end a fight.

While it is too early to decide on a definite corner to support, my mind is telling me to side with Thurman and the entertainment factor he presents while enduring his first loss to Kell Brook last December.

In defense of his IBF World Welterweight Title back on Aug. 16, 2014.

A decision on who to side with may never appear, but the anticipation for the June 25 bout shall continue to surround as it has the potential to be one of the best fights in years to come as professional boxing transitions from one star to another.

UCSB's next series is against their Green counterparts Cal Poly Friday, April 22 at 6 p.m. at Baggett Stadium. The next two games are at the same place Saturday and Sunday at 6 p.m. and 1 p.m. respectively.

For UCSB, this is another big week during Big West play and all teams just want to come out strong, but we will be ready defensively.

However, Friday’s game will be a tough one for these bartenders as they will face the newly named Big West Pitcher of the Week in the right-handed ace pitcher for the Gauchos, Shane Bieber (7-1).

Bieber received the honors after throwing a complete game shutout last Friday against CSUN and only allowing four hits throughout the contest.

“It’s cool to have that honor,” Bieber said. “I think that I work the best defense in the west coast backing me up because they make plays that allow me to go all nine.”

This season the junior has the most wins of any pitcher in the Big West (7), and with a win this Friday he will match his career high in wins. The right-hander’s 2.74 ERA and 49 strikeouts both rank ninth in the conference among pitchers.

Not only will Cal Poly be worried about UCSB’s ability to pitch but also the slow of hitters they have at the helm.

Leading off the Gauchos each game has been center fielder Calica, who ranks first in the conference in walks (28) and second in on-base percentage (.478). The redshirt junior currently leads the team in hits (34) and is fifth in batting average (.291).

Other notable hitters include sophomore Austin Bouska, who leads the team in RBIs (24), redshirt sophomores Josh Adams and JJ Munro, who are both tied for the team lead in home runs with four and redshirt junior Devos Gradford, who is second on the team in batting average (.370).

UCSB's ability to pitch but also the slew of hitters backing me up because they make plays that allow to take over the boxing industry. It is evident that Thurman isn’t afraid to gamble at times and make himself appear vulnerable while hunting for that power punch to end a fight.

While it is too early to decide on a definite corner to support, my mind is telling me to side with Thurman and the entertainment factor he presents while enduring his first loss to Kell Brook last December.
“Thank you for being here, and chill out,” acclaimed talk show host Conan O’Brien assured the audience after he emerged onto the stage of the packed Arlington Theater to much applause. “It’s all going to be all right,” O’Brien expressed his pleasure in being back in Santa Barbara, noting that once he was chased down by a group of sorority students trying to get pledges. Now he wants to move here.

“People here are so good-looking, and people [at Harvard] look like they’re dying of an 18th-century disease,” he joked.

O’Brien is a graduate of the university where he was the president of the Harvard Lampoon. During his tenure there, he was arrested by the Cambridge police for hiding all the new issues of the school paper right before its release. “I learned my lesson and decided to devote myself to comedy.”

Nowadays, O’Brien continues to host his talk show “Conan,” which is currently in its eighth season. He attributes his success to young people, noting that they are attracted to him on account of his witiness.

“I’m becoming more like Bernie Sanders,” he said, waving his hands in the air. “I gesticulate for no reason.”

To him, young adults have revolutionized his career. O’Brien remarked that the vast majority of his audience comes from people watching clips of his show on YouTube on their iPhones, something he is not at all perturbed about. However, he said that it wasn’t for television, that type of viewership wouldn’t be possible.

 “[TV is] the platform that gets me on the other platforms.”

Beside the towering comedian sat Dick Wolf, creator of “Law and Order” (at one point his phone rang, playing the show’s theme) and the partial namesake of the Carsey-Wolf center. He asked O’Brien who he thought was the greatest comedian working today.

“Louis C.K.,” he answered. The audience applauded in enthusiastic agreement.

C.K. started out as a writer for “Conan.” In O’Brien’s eyes, his fellow comedian is so successful because “he just kept doing his thing. He did it on his terms. I believe that is something artists can take solace in. If you stick to your guns, keep doing what you’re doing; be your own toughest critic. This is how it is now. Do your thing.”

In addition to C.K., O’Brien sung the praises of his favorite guests he’s had on his show: the “dead-eyed” Will Ferrell, Key and Peele (whom he referred to as some of the best sketch writers working today) and Samantha Bee, who has recently started running her own show on Comedy Central. In regard to comedians such as Bee and Tina Fey being funny “for women,” O’Brien said that he believes female comedians are being judged for their genders and, instead, ought to be judged just for how funny they actually are.

But besides complimenting his peers and talking about his career, O’Brien also discussed what it’s like getting into the comedy scene. He emphasized that it’s difficult and again emphasized Louis C.K., noting that comics get where they are today by working almost constantly at their jobs, not only writing their own material but listening to others.

“The thing is to absorb. Watch. Be a fan. You have your influences. Absorb [your influence] so it gets into your DNA.”

Toward the end of the event, O’Brien started taking questions from the audience. Two people asked him for selfies and an older man espoused how O’Brien helped him come out of his depression. Also, a future UCSC student charmed the audience when she revealed that her ticket to the event had been a Christmas present.

Another one of the people lucky enough to talk to O’Brien included Matthew Duckett, a fourth-year UCSC history major, who also performs stand-up for Laughology, a weekly free comedy event at Embarcadero Hall. Duckett asked Conan what traits stood out in the comedians he had on his show, to which O’Brien reiterated that the key to success as a comedian is persistence. Duckett vowed to perform on Conan’s show in eight years.

“I’m retiring in six,” O’Brien wisely replied. 

For the full story, see dailynexus.com.
Artist Shows Her Cultura in MCC

Maximilian Ochoa
Reporter

In the little room where the art was, the sunlight made everyone beautiful. Those attending were careful not to be too loud, attuned to the demands of the milieu, the air pregnant with expectation in the intimate space. Warmly colored, ultra-saturated paintings dotted every wall of the showcase room in the MCC, and in front-and-center was an undecorated huipil: an indigenous dress from central Mexico.

On April 12, East L.A.-born artist Vibiana Aparicio-Chamberlin presented her collection of art currently on display in the MCC. One only needed to listen for a moment to find her. Loud, engaging and more than willing to explain the minutiae of her work, she flowed from piece to piece followed by a captivated throng. Explaining her use of everyday objects such as Jarritos caps and ingredient lists, she laughed easily, “Es la vida contenida” (It's everyday life).

The first part of the event was relaxed: Attendees were given time to react to the art, either by themselves or under the guidance of Aparicio-Chamberlin. Around 25 people in the room diffused from piece to piece. “[The piece] represents life,” second-year J. Tapia whispered about a piece of particular interest to him, “Mechicano Calendar.” “It says who you are comes from within.”

Many of the participants were equally affected. UCSB alumus Erika Ito said, “[The installation] makes my heart feel warm.”

The description was very apt; the use of hyper saturation to convey emotion was terribly effective. The “Angel of Haiti,” for instance — a warmly colored, heavily pigmented piece with a mother posing as an angel attempting to catch her babies — impressed a melancholic effect upon the viewer.

Excited attendees circled around the artist as she seamlessly transitioned from a vibrating, excitatory presence to a stable, powerful orator. She reflected the energy of the room: straight backed, arms at her sides, stance wide. Her dress reflected her artwork: the Virgin de Guadalupe sewed patchwork into the back of her black dress and bright flowers woven through her thick hair. While giving a brief explanation of “Angel of Haiti,” she expressed that it was based on the true experience of a womyn who endured the loss of all but one of her children. Mouth tipped down, she continued, explaining that the piece thematically speaks of “struggling immigrant families and the destruction of the environment.” After introducing the work, she read a short poem on the pain of womyn, which impressed on the listener a deeper understanding of the painting.

After the short verse, she flowed into describing her art in a more general sense, highlighting the pervasive themes of her work as life, death and womyn. Aparicio-Chamberlin pointed out the snakes present in many of her works, saying that they represented “the fecundity of womyn.” In reference to the words inscribed in many of her paintings, she clucked, “I’m a writer also.” As the scene drew to a close, she did a quick survey of the audience, conveying the weight of what she would say next with a stare. What is most important to glean from her art, she ended, “is that life is worth it.”

Done with speechmaking, she cast her attention to the huipil standing tall center stage. “This is interactive,” she declared, motioning to a motley set of needles and patches set to the side of the traditional garment. “Come up.” There was a hesitation amongst the audience, a thin film preventing movement from observer to active participant.

As an uncertain buzzing field of speech started to generate, filling the small room, some people used the time to ask Aparicio-Chamberlin more pointed questions. When asked, “What advice could you give to aspiring womyn artists?” Aparicio-Chamberlin’s gait tightened, and a few seconds passed before she said anything. “Political art is good;” she began, voice low, pointing at the three people encircling her. “People need to know that your art does not have to be pretty or beautiful — it has to be true.”

She nodded once and a delicate stillness followed. In the space created by silence, observers found the agency to tear through the film, tentatively picking up needles, threading them and setting to work. Aparicio-Chamberlin smiled once again.
Badass Produce on a Budget

Tara O’Neil
Reporter

Have you ever wondered why it completely blows your grocery budget to buy certain fruits and vegetables in spring? Well, wonder no more, because I’m about to rock your world with some knowledge on what buying seasonal produce is the most badass thing you can do for yourself and your grocery budget.

I hope you’re ready to get excited about seasonal produce, because it rocks! Seriously — it ripens more accurately. This juicy, flavorful fruit is widely consumed throughout the world and contains copious amounts of vitamin C and vitamin A!

2. Artichokes (March - May)

Did you know that artichokes are packed with fiber, magnesium, potassium and iron? With so much health benefits, you don’t have to feel too bad for slathering them with butter and mayonnaise… right?

3. Asparagus (March - May)

Asparagus is anti-inflammatory and full of antioxidants. It may make your pee smell weird, but, on the plus side, it’s a great source of vitamin K (which helps your blood clot and your bones stay healthy).

4. Radishes (March - August)

Raw, cooked or pickled, this root is definitely one of the cooler sounding vegetables. I mean, the word “rad” is even in the name. These little guys are revered by veggie-lovers for being high in fiber and vitamin C, as well as livening up fresh salads!

5. Mangoes (April - June)

The flavor of mangoes has been described as a cross between a pineapple and a peach, which is something I’d never thought of, but is surprisingly accurate. This juicy, flavorful fruit is widely consumed throughout the world and contains copious amounts of vitamin C and vitamin A!

6. Rhubarb (April - June)

Have you ever wanted to eat something that could literally kill you if you don’t prepare it correctly? Rhubarb’s leaves may be poisonous, but its tart and edible stalks are commonly found in pies!

7. Strawberries (April - July)

Everybody loves strawberries! Really, they’re one of the most popular fruits in the world! Strawberries are even higher in vitamin C than oranges and are lower in calories. Also, these red berries contain malic acid, a natural enamel whitener, so you can have a brighter smile while remembering how much money you saved buying them in season.

8. Fava Beans (April - July)

These little beans will be your fava-rite! With 10 grams of protein per cup, these edamame-like legumes are super nutritious. They can be cooked, made into hummus or even tossed into salads!

9. Cherries (April - August)

Cherries can reduce inflammation and help soothe sore muscles. Also, some contain melatonin, a hormone that can help you sleep. So, if you’re one of many students combating insomnia, try munching on some dreamy, juicy cherries!

10. Leeks (March - June)

Cooking with leeks will be a source of nonstop hilarious puns about things leaking in your kitchen. Jokes aside, this versatile vegetable contains tons of vitamins and antioxidants and is delicious sautéed, on salads or in stir fry.

Not Blown Away at Le Café, Lacking Splendor at Blend Me Tender

Annie Golay
Reporter

A few weeks ago, Isla Vista was graced with two new eateries: Le Café and Blend Me Tender. Located on Trigo next to the 7-Eleven, Le Café and Blend Me Tender are very different, yet proximity of, both establishments. With Le Café serving coffee and pastries as well as a variety of breakfast, sandwich and vegetarian food options, Blend Me Tender is its smoothie and juice bar counterpart.

When I walked into Le Café, I was struck by its modern yet rustic interior. The black furniture and wooden paneling serve to darken the white walls underneath. A neatly lined array of classic comic books rested on the wood paneling while alternative rock played softly in the room. I stepped up and ordered a chocolate muffin, one of two left in the nearly empty pastry case. I decided to save my snack and made my way next door.

Blend Me Tender sharply contrasted its neighbor. From the outside, it advertised juices, bowls and smoothies in large black letters against the all-white walls display of the interior. Minimalist black outlines of women and men with adjacent quotes about smoothies and fruit also lined the front and side walls. Although this establishment is clearly meant for smoothies and juices, I decided to get a smoothie bowl out of curiosity. I ordered the Lady Madonna, a bowl containing pineapple chunks and juice, nuts, bananas and coconut topped with homemade granola, bananas and shredded coconut.

I sat down at one of the tables outside, eagerly waiting for my food. While I waited for my smoothie bowl to arrive, I ate my chocolate muffin. As I bit into it, I had a hard time sinking my teeth in and breaking it apart. The muffin was stale, at least a day old, maybe more. It held the potential for tastiness, but the chalky appearance of the chocolate chunks was unappealing and tasted expired. Had it been fresh, perhaps my taste buds would have been happier, but alas, they were disappointed.

Fifteen minutes later, my highly anticipated smoothie bowl arrived. Scooping up the first spoonful, I was surprised by its watery consistency. While the banana chunks and coconut flakes were good, the watery mixture was overly tangy and the homemade granola just tasted like peanuts. It was far from the fresh, healthy, yummy food advertised on its window. I looked over at my friend’s smoothie bowl, the Blue Hawaii. Though the consistency was still slightly watery, it looked and tasted much more enticing. A rich, purple color, the bowl was topped with sliced banana, strawberries, kiwi and granola.

Nonetheless, I was not ready to give up. I decided to give Le Café one last chance. I went back into the café and ordered the Italian Job, a pesto chicken sandwich with ciabatta bread, fresh mozzarella and excellent pesto paired well with the chicken, transporting me to a waterfront in the Mediterranean. Although the chicken was slightly colder than I would prefer, the sandwich was very good.

Both Le Café and Blend Me Tender hold potential for being great hangout spots for UCSB students with their convenient location and welcoming interiors. While I cannot speak for the other dishes and juices served at these establishments, I am saying that based on my experience, I wish the food was as good as the decor. Although I understand these eateries are still getting settled in Isla Vista, they will need to step it up if they want to stay around.
Faculty Nights Allow Student-Professor Forum

Kevin Flores
Reporters

With class sizes growing to accommodate undergraduates, many students are becoming frustrated with their inability to stand out among a sea of students. Seeking to address this problem, the UCSB Department of Academic Initiatives, a new department within the Division of Student Affairs, is dedicated to connecting students and faculty outside the lecture hall.

The department has begun hosting quarterly events known as "Faculty Nights" that allow students to interact with professors and other faculty from a variety of areas as they meet to discuss given topics. Each faculty member that attends these events is extended an invitation through anonymous nominations made by students, leading to a greater variety of opinions and discussion.

According to Mark Shishim, assistant director of UCSB's Department of Academic Initiatives, the Faculty Nights will create an environment for students to easily interact with professors. "[The event] has just enough structure to bring two completely different groups of people together. There's not a built-in hierarchy like in a classroom," Shishim said. "Faculty want to learn more than anybody."

"Faculty Nights" that allow students and faculty outside the lecture hall.

The UCSB Department of Academic Initiatives began hosting the event for students to get more one-on-one discussion with professors.

Farmers Market: As Local as it Looks?

Nexus Staff Writer Natalie Overton questioned a few food stands about their locality at Wednesday's farmers market.

Natalie Overton
Staff Writer

Signs unfurl from a row of farm stands outside Ellison Hall every Wednesday proclaiming local, organic and sustainably-sourced food for sale.

With students encouraged to buy local to improve the planet, maintain their health and support small businesses, it is important for them to know what they are actually buying.

I approached three of these stands (all but the strawberry stand, for those who frequent the farmers market) with four questions in mind: Do they sell what they advertise? How local is it? How organic? How sustainable?

Firstly, it is important to note that "local" has no regulated definition or certification process. It can refer to food produced anywhere within 50 miles of where it's sold to simply being produced in the same state. Two out of the three stand owners are based in and sourced from, almost entirely, Santa Barbara, and all are within California.

The San Luis Obispo-based operation, Baba Small Batch Hummus, transports its hummus and pita from SLO six days a week, stopping in Santa Barbara among other stops at farmers markets in various regions including Fresno and Visalia.

The advertised "small batches" refer to the hand-made aspect of each batch. Excited by the question, the beanie-clad lad behind the hummus display momentarily discontinues his hummus-pita combo offerings, which were until now a constant aspect of our interaction.

"We're hand-chopping, hand-mashing, hand-pouring the olive oil and tahini paste to get the ratio of each batch just right," he says, going on to explain that all of their garbanzo beans are Hanford-grown. Baba grows its own basil and purchases pita from the San Luis Sourdough bakery next door.

With an artistically displayed row of chilled juices pressed daily in its Carpinteria kitchen, the Juice Ranch prides itself on the quality and purity of its juices and raw granolas. Local ingredients make up 90 percent of the restaurant's produce and the other 10 percent is "tropical" produce, which can be grown anywhere from Chile to the Philippines.

The tall, friendly man running the stand explained that while the Juice Ranch buys most of its ingredients from Harvest Santa Barbara, a locally-sourced produce distributor, a lot of its tropical, fruit-based juices require pineapple, which does not grow locally.

According to the vendor, locally-grown ingredients are worth it. "That's part of our mission," he says while gesturing enthusiastically. "There's nothing we could do to our process to make it more high quality."

Offering two bunches of carrots for $3, Abel's Organics seems to defy the notion that good, fresh food has to be expensive. Along with a farm stand on their Gaviota property and a Saturday night stand at the farmers market in Buellton, the two tables covered with rough fabric and neatly arranged veggies display the merchandise grown at Abel's.

"We grow what we sell," says a man named Kevin from the back corner of the tent. And that isn't much.

Abel's Organics is a very small farm with four resident workers that has been around for about two years. They're also the quintessential small, organic, local farm. They use no pesticides and get their water from a well shared with the cilantro farmer down the road.

For the full story, see dailynexus.com.
ACROSS
1 California/Arizona border reservoir
11 Has yet to settle
15 "Let a new chapter begin"
16 Salinger's "_" Stories
17 Yellow sticky, often
18 With 3-Down, Winwy
19 Wallace's comic strip girlfriend
20 Pig, measures
21 Wife of Jacob
22 Start to bat?
23 Smiley creator
24 Ominous time
25 Petrol purchase
26 Weighs options
27 Dominant team
28 Winter soil
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30 Toon lead
31 Law recipient
32 Selling fast
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37 Travelers in
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40 "Let a new chapter begin"
41 "_" drive
42 Like many a garage
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45 A little
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47 Thrice, in Rx's bunches
48 47 Like zero
49 Big natural
50 "_" ball
51 Blew up
52 Bride in 1969
53 "_" acte
54 Experiment
55 Nonexistent
56 "Gotcha"

DOWN
1 "The company for women"
2 See 18 Across
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4 Honored retiree
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13 Signs, as an agreement
14 Type of headlight
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18 Weighs options
19 Dominant team
20 Winter soil
21 Trojan War figure
22 Money
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28 Headlight
29 Garment
30 Accidental
carcass
31 Be
32 Restriction
33 Preceder, on envelopes
34 Star of the 1951 film "M"
35 Iron
36 Yet, poetically
37 Toon lead singer in a leopard-print leotard
38 Outlook
39 Building and grounds
40 Comprehend
41 Post-reaping sights
42 Japanese
43 Sandal
44 Bunches
45 Thrive, in Rx's
46 Egyptian
47 Christian
48 Nonexistent
49 Blowed up
50 "Gotha"
51 Liven up
52 Experiment
53 Number that's physically impossible to write out in standard form

ANSWER TO PREVIOUS PUZZLE:

SOLUTION TO FRIDAY'S PUZZLE:

**DAILY HOROSCOPE**

Aries (March 21-April 19) -- Today is an 8 -- Utilize your freedom to vote today. Take advantage of this beautiful democracy. It is wise for you to vote in favor of the Nexus on G.O.L.D. If you do this, the rest of your week will be tight as fuck.

Taurus (April 20-May 20) -- Today is a 7 -- This weekend, take some time for yourself. Go to Caujo Kitchen with a friend. Accidentally run into everyone you work with. Oh, you did that last week? Never mind, bro, then... like...idk.

Gemini (May 21-June 20) -- Today is a 7 -- Be a free spirit today. Dance like no one is watching. Then realize your neighbors are watching. Figure out their class schedules so you never have to leave the house at the same time as them and face the shame.

Cancer (June 21-July 22) -- Today is an 8 -- Just as your sign suggests, you are the cancer of the Earth. Please get out of everyone's lives.

Leo (July 23-Aug. 22) -- Today is a 6 -- Tell your girlfriend, Jenny, that she looks pretty and buy her a smoothie today. Don't tell her why. Just do it. If you don't have a girlfriend named Jenny, I have bad news for you. You're going to get in a car crash while Snapchatting your drive. Don't do that shit, you idiot.

Virgo (Aug. 23-Sept. 22) -- Today is a 7 -- Virgo sounds like virgin. Lol. Fuckin' virgin.

Libra (Sept. 23-Oct. 22) -- Today is a 6 -- It's Earth Day or something, isn't that your shit? Have a great day. Eat some organic grapes. Dance in a one-size-fits-all-but-actually-fully-bobbleless-tiny-girls dress at the park. Instagram it.

Scorpio (Oct. 23-Nov. 21) -- Today is a 7 -- You may think your Snapchat stories are mysterious and give the illusion of you possessing some superior level emotional depth, but you wrong, ho. Sorry. It's hard to attain that aesthetic, I know, but you're just embarrassing yourself at this point.

Sagittarius (Nov. 22-Dec. 21) -- Today is a 7 -- You probably should not go out to eat at a restaurant, esp. if you've never been there before. You'll regret it.

Capricorn (Dec. 22-Jan. 19) -- Today is a 7 -- Hey, you. Yes, you. Get totally hammered at your cousin's wedding this weekend. I recommend snapping a spot under the cake table and hunkering down with a bottle of champagne so you can catch the desert runoff in peace.

Aquarius (Jan. 20-Feb. 18) -- Today is an 8 -- Because Mercury is in its fifth house over Pluto's celestial moon phase, you're gonna win contests and stuff. Like, this is super lucky. Buy a lotto ticket. But STAY AWAY from squirrels. Don't ask why.

Pisces (Feb. 19-March 20) -- Today is an 8 -- You have a beautiful face and I love you. Buy yourself a skirt today. Eat cheesy bread. Again. That's right. Treat yourself, hun. You look good and you should feel good by filling your body with sodium-packed, carby cholesterol.
On Monday, March 28, California Governor Jerry Brown signed a bill into law that steadily increases California’s minimum wage to $15 an hour over the next five years. This apparently went unnoticed by Million Student March activists, who on Thursday organized a protest in the name of “Tuition-Free Public Education, Cancellation of All Student Debt, $15 Minimum Wage, Divestment of Private Prison from ALL Colleges/Universities.” According to the movement’s national website, studentmarch.org, Million Student March joined forces “with Black Liberation Collective,” the group behind the Mizzou Movement, to say “no” to racism and student debt!

The Black Liberation Collective group, of course, is the same movement which, together with student group Concerned Student 1950, demanded the removal of University of Missouri President Tim Wolfe in November 2015 simply because he was white and was benefiting from “white privilege.” According to the New Oxford American Dictionary, racism is defined as “prejudice, discrimination or antagonism directed against someone of a different race….” By definition, the forced removal of Tim Wolfe was racist — all courtesy of the same group that claims to be fighting against racism and claims to be tolerant and inclusive of all backgrounds, creeds and religions, but I digress.

According to the movement’s Facebook event page, a large focus of the protest was to speak out against the heinous “racist, sexist, Islamophobic, anti-Semitic, homophobic and transphobic” chalk statements that lead to an “intensification” of the campus climate that caused many students to feel targeted and threatened. First off, I seem to have missed the part when an intensification of the UCSB climate took place. Apparently, words written in chalk now have the ability to grow legs, reptile skin and claws and turn into a college-student-threatening, race-baiting Godzilla. This is beside the point, though. As a Mexican-American college student and son of Mexican immigrants, I have experienced racism firsthand and agree that it is absolutely disgusting, and I understand why some groups of students would be offended by some of the chalk messages, particularly the ones with hate speech. However, the great thing about America is that you have the freedom to walk away from something you find offensive, and you don’t actually have to storm around a taxpayer-funded university campus in an angry mob demanding a certain vision of utopia.

It seems that the movement’s vision of utopia is one that amongst many things involves shutting down free speech by virtue of shutting anyone up who disagrees with them. It seems to be an unwritten rule on campus that you are not allowed to talk about politics if you are not a supporter of Bernie Sanders. The more I observed the march, the more this seemed true. When a group of Trump supporters walked up to the crowd outside of the SRB, many of the protesters stared at them in utter dismay, as if they had just committed a murder akin to the assassination of Abraham Lincoln. Some of the protesters then proceeded to cover up the Trump signs and started chanting the magical, “Black Lives Matter! Black Lives Matter!” that is the solution to all that is wrong in the world. The bigger picture is this: Just because you disagree with someone’s political views does not mean that you get to shut them up. The First Amendment was designed to give all citizens the right to free speech, not just those of a certain political perspective. College is supposed to be an environment where opposing ideas and perspectives are challenged, not censored. I don’t recall an outrage arising or any students feeling threatened when Bernie Sanders support was chalked all around campus last October. A protest that spoke out against Sanders, for instance, would undeniably be met with shame and ridicule. Isn’t the main goal of the movement to create an all-inclusive society where everyone is equal and has free speech? I could have sworn I heard these principles being preached in their speaker’s spiel.

I think one of the reasons that my family and other immigrant families came to this country is because of the basic belief that in America anyone from any background can go as far as their talent and work ethic takes them. One of the problems that I personally see with Bernie Sanders’ rhetoric and the rhetoric of some of the left-wing student movements on American college campuses today is it convinces minority students otherwise. It tells us that we can’t achieve our goals because there is some structurally rigged economy standing in our way and the only way we can defeat it is by paying God-like worship to a presidential candidate whose optics rival those of Doc Brown from "Back to The Future" and by thinking that government is the solution to all of life’s problems. Personal responsibility is important, and the bigger issue is that we should not compromise our constitutional liberties in the name of political correctness.