



UNIVERSITY OF CALIFORNIA, SANTA BARBARA

# Happy 50th Birthday, Storke Tower!

With Love, From Nexustentialism



## A Brief History:

Emma Demorest  
*Nexustentialism Editor*

As many are aware, the idea behind Storke Tower came as a fever dream that then-Chancellor Conrad H. Hornbreau had while fighting what would ultimately become a fatal bout of dysentery. Initially disinterested with the idea of building anything worth looking at on his university campus, Hornbreau had a change of heart when his neighbor, a Mr. Jean Fitsimmons, reportedly told Hornbreau one Sunday, "Your university looks as unkempt as your hedge of begonias."

Hornbreau deliberated over many stately building plans, but it was what came to fruition in his fever dream that would become what we today know as Storke Tower.

According to family members, Hornbreau saw something he described as "like the thing in Washington, but thicker, and different." He then went on to say that the flat top of the building would "create the perfect landing strip for the balloon ships of the overlords when they come to use our human tears for smoothie juice."

Those immortal words were to be his last, as he died immediately after uttering them. Out of a deep

respect for the fallen chancellor, the building was constructed, and Hornbreau's remains rest in the tomb beneath to this day.

Though Hornbreau's predicted overlords never came, Storke Tower has served the school well in its 50 years. In 1973 it was used as a modern arc for local wildlife during Storm Denise (unfortunately no one thought to close the windows and all the birds flew out). In 2005 it was the centerpiece of David Blaine's largest disappearing act, which would be known as the only trick Blaine actually did wrong (hundreds showed up to see Storke disappear only to watch a frustrated Blaine wave a small towel near the building, eventually giving up). In 2010 Storke Plaza was home to UCSB's first Deltopia, where over 50 Gauchos attempted to live it up in the plaza pond, immediately contracting bird flu.

Storke has seen this and many more in its time as a UCSB centerpiece.

Here's to the stories yet to be told, old friend.

## And Now, Some Haikus:

Tall and even long  
What are you  
supposed to be?  
A penis? Like what?

A campus sans Storke,  
How would we  
identify?  
Who knows, we'd be  
fine

Storke is so good for  
Taking pics of it  
sometimes  
What else? I don't  
know



# THIS WEEK'S UP AND COMING

## Friday 27 September Into the Night Drag Show The Hub | 7 p.m.



PHOTO COURTESY OF EVENTS.UCSB.EDU

Join the Resource Center for Sexual and Gender Diversity for the Into the Night Drag Show, featuring stunning performers and a very special guest to give you all the glitz, glam and life to start the school year. This event is open to all of our LGBTQIA+ family and allies, so bring your friends and roommates for a fun evening out!

## Friday 27 September \$3

### IMPROVABILITY

UCSB's premier improv troupe presents

### Welcome Back Laughs

Embarcadero Hall | 8 p.m.



NEXUS FILE PHOTO

# SUDOKU

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\*Sadism? Isn't that like worshipping Satan?\*

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Fall 2019

Dear Gauchos:

Welcome! We look forward to having you join our UC Santa Barbara community for what we hope will be an excellent year! At this time of transition, it is important to share our campus values with you. We hope that you will adopt these values, and that your membership in our community will continue to contribute to a productive, healthy, and safe campus.

UCSB values respectful interpersonal interactions. This is more than a value; it is an expectation. There is no tolerance for sexual violence or assault of any kind, including sexual activity without fully informed and conscious consent, dating or domestic violence, or stalking. These actions, whether committed on or off campus, are violations of [UC policy](#), campus regulations, and the law. We are committed to providing education to help prevent sexual violence, as well as resources that support survivors and encourage reporting. Ending sexual violence is a goal we must all work towards by confronting actions and attitudes that perpetuate such behavior.

UCSB also values healthy and respectful dialogue. We value civility, dignity, and differences of opinion that ultimately help all of us to learn and grow. We value listening, courtesy, and open-mindedness. We value freedom of expression, and will respect academic and personal freedoms. You may find, however, that there are times when your free expression (either verbal or online) offends or causes discomfort in others, just as there may be times when you become offended or uncomfortable after listening to the speech of another. It is in these times that we hope you will reflect on our campus values, take a moment to listen, and express your views thoughtfully and empathetically. It may help you to review our Principles of Community, which can be found [online](#). This is our campus culture. Gauchos express their views in ways that maintain the dignity of every community member.

Promoting free expression on our campus aligns with our support for academic freedom; it nurtures innovative thinking and the creation of new knowledge. However, free speech is not unconditional. Speech in which a direct threat is made, or that harasses a particular individual is not protected speech and is a violation of our campus policies. ("Harassment" is defined in the [Student Conduct Code, section 102.09](#)) Such harassing speech could jeopardize your status as a student. UCSB also has time, place, and manner regulations that ensure that free expression does not disrupt classes or the orderly operation of the campus.

Like our greater society, UCSB is not immune to acts of intolerance, sexual violence, or other misconduct. Please report such behavior and seek assistance from the following resources if you are the victim of or become aware of such an incident:

- **CARE Advocate Office for Sexual and Gender-Based Violence or Misconduct**, (confidential resources and information on reporting options for sexual violence, sexual assault, abusive relationships, and stalking), Student Resource Building, 805-893-4613 (24-hour advocacy line) or <http://wgse.sa.ucsb.edu/CARE> or <http://sexualviolence.ucsb.edu>
- **Title IX/Sexual Harassment Policy Compliance Office** to officially report incidents of sexual violence, sexual harassment, dating or domestic violence, or stalking to the University, 805-893-2701 or <https://oeosh.ucsb.edu>
- **Counseling and Psychological Services (CAPS) and 24/7 Counseling**, 805-893-4411 or <http://counseling.sa.ucsb.edu>
- **UC System-wide Intolerance Hate/Bias Report Form**, to report a hate or bias incident: [https://ucsystems.ethicspointvp.com/custom/ucs\\_ccc/default.asp](https://ucsystems.ethicspointvp.com/custom/ucs_ccc/default.asp)
- **UCSB Police Department**, 805-893-3446 or [www.police.ucsb.edu](http://www.police.ucsb.edu) (911 in an emergency) and **Isla Vista Foot Patrol**, 805-681-4179 (911 in an emergency)
- **Lesbian, Gay, Bisexual, and Transgender Resources and the Resource Center for Sexual and Gender Diversity**, 805-893-5847 or <http://wgse.sa.ucsb.edu/RCSGD/home>

Additional resources for addressing campus climate issues are available from the Office of Student Life, Educational Opportunity Program, MultiCultural Center, Dream Scholars Resource Team, and the Veteran's Resource Center (contact information available at [www.sa.ucsb.edu](http://www.sa.ucsb.edu)). Each department listed offers student involvement opportunities. We hope you will lead the way in making sure our campus is a safe and welcoming place for all.

Sincerely,

Margaret Klawunn  
Vice Chancellor for Student Affairs

Katya Armistead  
Assistant Vice Chancellor/Dean of Student Life

# WEATHER

The Weatherhuman doesn't feel like being a Weatherhuman today. Better luck next time.

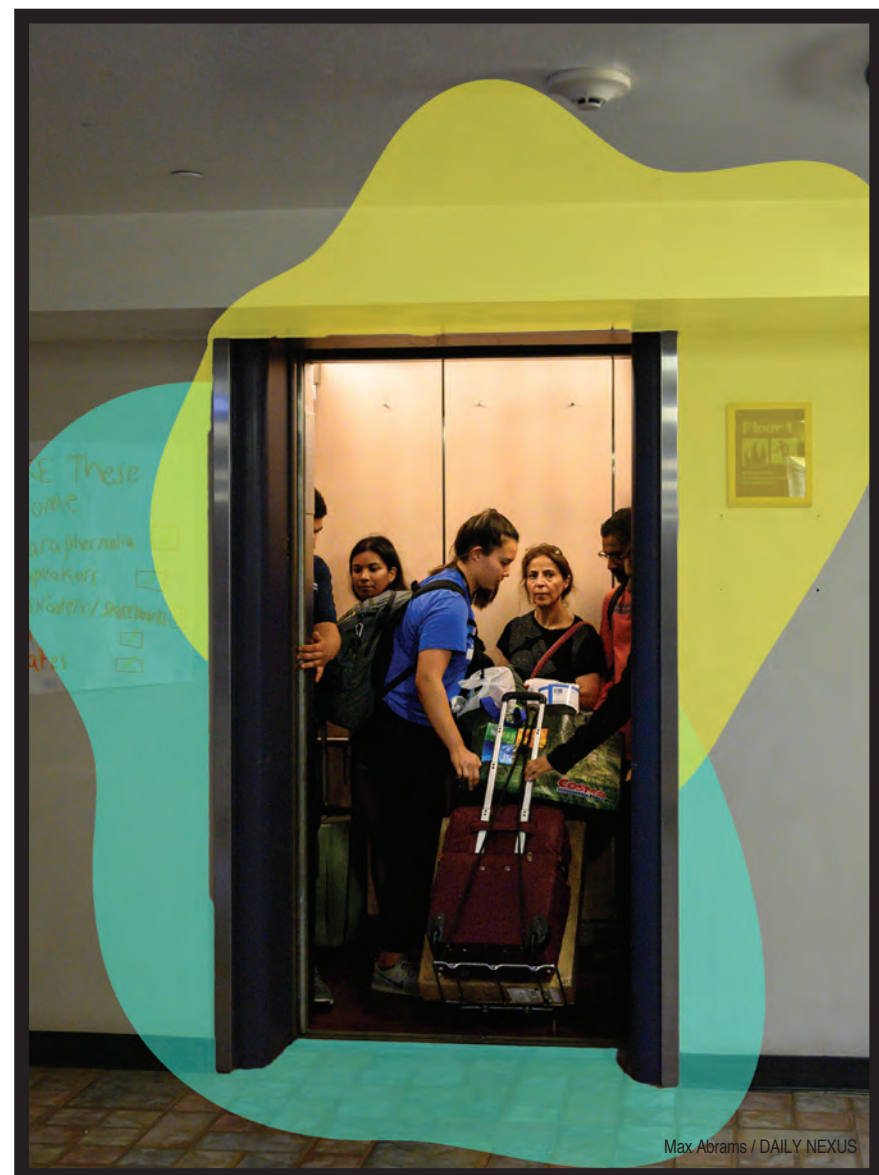
### Tomorrow's Forecast:

Heely to escape ze's feelys





# freshmen MOVE-IN 2019





# UC Student Governments Call For Divestment of Thirty Meter Telescope Project

Max Abrams  
Asst. News Editor

On Wednesday afternoon, the University of California Student Association, which represents students across all UC campuses, released a letter signed by all nine Associated Students External Vice Presidents demanding the UC cut financial ties with the Thirty Meter Telescope project.

The call for divestment comes two months after students across the UC system began raising their voices in opposition to the Thirty Meter Telescope (TMT). The project, which has sustained numerous delays due to protests over its planned location on native Hawaiian land, drew criticism from UC Santa Barbara students in the form of petitions – which condemned TMT’s operations – and demands for UC Santa Barbara Chancellor Henry Yang to resign from his position as chair of the board of governors of TMT.

The recent statement from University of California Student Association (UCSA) begins with a criticism of the UC’s operations on native land: “other than an occasional nod” to indigenous populations, “there have not been the kind of substantial steps necessary for meaningful reparations,” the letter read.

The letter goes on to expand on its demands, asking the UC to cease funding for TMT and for any faculty or staff sitting on the project’s board of governors and science advisory committee to “speak out against the exploitation of Mauna Kea.”

“It is unacceptable that an institution that claims to pride itself on respecting indigenous voices and uplifting students from diverse backgrounds would continue to support a project against the wishes of the land’s stewards,” the letter read.

Daevionne Beasley, a third-year sociology major and UCSB’s Associated Students External Vice President for Statewide Affairs, said the UC’s involvement with TMT puts UCSB students in “a really tough spot.”

Beasley noted that students are concerned that they may be “scrutinized” for their connection to UCSB due to the university’s involvement in the project. He also emphasized Yang’s involvement with TMT and explained that students who aren’t in favor of TMT’s construction feel pitted against institutions that support the cause.

Beasley explained that the letter initially took shape at the UCSA August board meeting, where Mark Green, a UC Berkeley legislative director, gave a presentation regarding the UC’s involvement with TMT which later became the framework for the demands.

Following the August board meeting, Beasley said Green asked him to hand-deliver the letter to Yang, which he plans to do soon.

Beasley said he is also working with Christian Ornelas, external vice president for local affairs and fourth-year environmental studies major. The two are currently in contact with the UCSB American Indian Student Association to “get their input on the situation” and “[see] what exactly my office can do to help them,” Beasley said.

Despite the backlash against TMT, Beasley maintains that the project will go on “with or without Chancellor Yang’s involvement,” but has hope in the power of student activism and its potential to stunt the UC’s role in the project.

“The main solution would just be to come together and to really listen to the indigenous communities here and over in Hawaii,” he said.

“There’s beauty in activism and students using their voices because it gets things done.”

UCSB spokesperson Andrea Estrada could not be immediately reached for comment.

# UC Academic Researchers Sign Petition Calling on Administration To End Contract Delays

Madeline Thompson  
Staff Writer

Nearly a year after Academic Researchers United filed to form a union with the state labor board, the organization released a petition two weeks ago urging University of California administrators to end negotiation delays for their contracts.

Academic Researchers United (ARU) obtained signatures from over 2,200 members across the UC campuses for the petition, which were submitted to each UC campus’s respective chancellors’ offices two weeks ago.

Ryan McGreal, an assistant specialist at UC Santa Barbara’s Institute of Collaborative Biotechnologies (ICB), explained that for contract negotiations, ARU is joining “as a separate bargaining unit” with the existing union for UC postdoctorates, UAW Local 5810, “due to their track record of success in fighting for issues like gender equity, benefits, and job security.”

“Many [academic researchers (ARs)] are former [postdoctorates] who lost the benefits of having a union when they transferred to an AR position,” McGreal said in an email.

ARs like McGreal mentor students and colleagues and run labs daily on UCSB’s campus.

However, Neal Sweeney, vice president of UAW Local 5810, explained while academic researchers do much of the same work they did as postdoctorates, they lose the protection of UAW once they transition to titles such as project scientists, specialists, professional researchers and coordinators of public programs.

According to Sweeney, ARU formed in order to extend the union benefits postdoctorates were awarded to academic researchers after they transition job titles.

“These new titles were not part of the union. All the gains we had won in our contract for [postdoctorates] like higher salaries, a very good benefits plan, paid parental leave, protections against sexual [harassment] and discrimination, job security – we lost all of these in the transition,” Sweeney said.

When forming a union, ARU obtained the signatures needed for a super majority and submitted them to the state labor board in September 2018. After some initial delays, bargaining officially began in May 2019 and has been going on ever since, Sweeney said. “We’re calling on UC to work quickly to bargain a fair contract that will ensure sustainable research careers and a more equitable, inclusive workplace,” he said.

Beyond job security and improved pay, ARs are bargaining for protections against harassment and discrimination in the workplace, along with gender equity and inclusion.

“Especially in STEM fields, which most researchers are in, there’s a gender gap,” Sweeney explained. “Having these kinds of protections, like parental leave for example, has been shown to increase retention of women because women aren’t forced to choose between their career and having a family.”



“There’s a connection between having better working conditions and doing better work.”

Neal Sweeney

While delaying the contract “might seem to benefit the university,” Sweeney believes that improving the conditions for ARs at the UCs will ultimately benefit the UC more in the long run.

“There’s a connection between having better working conditions and doing better work,” he said. “When people feel more secure in their jobs, when they feel like there’s protections from [harassment] and discrimination, when they’re paid at a fair level, they can do better research.”

Elisa Smith, media relations representative in the UC Office of the President, said the office is “working hard to negotiate a fair agreement with the academic researchers as quickly as possible.”

“Since this is a brand new contract, it takes some time to reach agreement as we do not have a prior bargaining agreement to work from, and considerable thought and discussion are required in chartering new territory with unique issues,” she said.



Nexus File Photo

The letter calls for a system-wide divestment from the Thirty Meter Telescope project, which first drew criticism from UC Santa Barbara students after learning about their Chancellor’s involvement.

**FILL THE GAP.**



**FOOTHILL COLLEGE ONLINE**

If you have a gap in your fall schedule, take a Foothill College late-start class online and satisfy your GE requirements.

Want your voice heard on campus?

Get involved with the

**DAILY NEXUS**

ORIENTATION

OCT. 7-8 @ 6 pm Under Storke Tower

OPEN POSITIONS FOR:

Photographers, ARTISTS, videographers, CODERS.

See you soon!





# Prominent I.V. Democrat Jonathan Abboud To Enter CA Assembly Race

Evelyn Spence  
Lead News Editor

Isla Vista Community Services District General Manager Jonathan Abboud will join the 2020 race for California Assemblymember Monique Limón's seat, Abboud confirmed to the Nexus on Tuesday.

Limón, whose term in the Assembly wraps up next year, announced this past weekend that she will be running for State Senate in the 2020 election, leaving her seat open next year with no clear successor. As assemblymember, Limón represents parts of Santa Barbara and Ventura counties and has drafted up a number of California bills related to coastal resources, childcare and women's issues, among others.

At 27, Abboud is by far the youngest candidate to announce his candidacy for the seat so far. He began his political career as UC Santa Barbara's Residential Housing Association (RHA) President during the 2012-2013 school year and the Associated Students (A.S.) President during the 2013-2014 school year. He graduated from UCSB in 2014 with a degree in political science and completed a master's degree in technology



Courtesy Of Jonathan Abboud

management in 2017.

As a long-term I.V. resident who has been in the college town since 2010, Abboud's roots extend beyond the university; he was integral to the campaign that created Isla Vista's first local government and secured funding for Isla Vista Community Services District (I.V. CSD) and has served as the government's general manager since Nov. 2017. He also currently serves as a member of the Santa Barbara City College Board of Trustees and has held the position since 2014.

Abboud told the Nexus in an interview that for the past five years, he's been "working on strengthening democracy in my town," referencing his work on the Measures E, F and R campaigns to create and fund the I.V. CSD respectively.

"I've done a lot in the past nine years to contribute to the community and learn about state issues and engage with issues that affect the local and state level," he said. "I want to take what I've learned of how democracy can be different here to the state level and take our values to apply to the whole state."

But his latest venture to the statewide level was brought on by "imminent issues" affecting all Californians, Abboud said.

He cited "continued divestment in education," "climate change" and "strengthening our democracy" as reasons for why he has decided to enter the race now. He added that he is the "only candidate in the race right now who has experience in the education sector."

Abboud did not list any concrete points he would tackle if elected, and declined at a later time to further elaborate on his platform, stating he is "getting [his] campaign organization together." He also declined to name his campaign managers.

"My philosophy as a candidate is that we all prosper only when everyone prospers," he said. "There's a lot of work we need to do about strengthening our democracy and making sure people can fully participate."

# Research Recruitment App To Launch at UCSB

Chloe Kimmel  
Reporter

A new app called Ugig, born and bred at UC Santa Barbara, sets out to advance the world of research by creating a platform for researchers to advertise opportunities to participate in experiments – making it easier for researchers to find participants for their studies.

Ugig was founded by fourth-year biochemistry and molecular biology double major Alex Firestone, who saw a need in the UCSB research community for a platform that consolidates research studies while garnering participants.

With the added mind of fourth-year economics major Jeff Akuamoah-Boateng, Ugig went through the 2019 Venture Competition, a year-long educational competition at UCSB that allows students to be mentored in developing their business ideas. Firestone and Akuamoah-Boateng pitched Ugig to a group of other students at the competition, where they met fourth-year political science major Cole Parker, who now acts as the marketing section of their team, and UCSB alumnus Justin Hemphill, who later joined the team to focus on software development.

The project earned third place and \$5,000 to continue developing the company.

The two co-founders were also invited to continue development of the application through the UCSB Office of Research at the Mosher Alumni House and plan to launch a beta version in the fall with both a web and mobile interface, Akuamoah-Boateng said.

"We are extremely grateful for the Office of Research at UCSB. They have been really gracious and willing to work with and believe in us. We could not think of a better university to start a company at," he added.

The pair chose the name "Ugig" for several reasons; the 'u' represents both the university and the individual by providing a platform for people to profit from sharing personal data. The 'gig' part of the name refers to a job.

In Firestone's experience as a researcher over the summer, the majority of his time was spent recruiting people for their research studies.

"Opportunities are not widely available for the general public to know about or participate in. So

that's really the first problem that we are trying to address with our app," Firestone said.

Not only will Ugig benefit UCSB researchers, but it can grant students an opportunity to find, participate and profit from studies on a straightforward platform, according to Hemphill.

Parker said that the university system for getting participants is flawed in its effectiveness, but also tarnishes the quality of research produced. The main method for participation is through unpaid course credit completed by students who are often taking multiple classes in that field, which is not representative of the general population, Akuamoah-Boateng explained.

After interviewing professors and researchers at multiple universities, the Ugig team found it was a common issue.

"In a university setting, recruitment is really decentralized, and they are often recruiting primarily from their own department, but they are running studies meant to assess the general population. So our platform is meant to get anyone who wants to contribute to research in the local area," Parker said.

Ugig is unique in that it is the first company focused on recruiting sample sizes that better represent the general population, Firestone said. While many departments at UCSB already utilize software for managing research studies, namely Sona Systems, the team has heard from various professors that recruitment is still a challenge, especially outside of each department, according to Firestone.

"Sona does also connect [researchers and participants]. The problem you see with Sona is that they're not actually actively recruiting. For us, we think it is important to involve and market to the student body, the research that takes place at UCSB," Akuamoah-Boateng said.

"In reality, we are changing the model, and while disrupting the current technology, are working in such an underserved space," Firestone said.

Ugig will be starting small with beta testing before releasing it to the public. The team has the goal of getting almost every study at UCSB on their interface by the beginning of the 2020-21 academic year, Hemphill said.

"We believe this app has greater implications for research as a whole. Our mission goes past the university scale," Akuamoah-Boateng said.

# For Many, Access to Mental Health Resources Starts in College

Sanya Kamidi  
Asst. News Editor

Whether it's through memes on Facebook or cynical tweets, it's no secret that UC Santa Barbara's largest mental health resource, Counseling and Psychological Services, has a reputation for being understaffed and underfunded.

But for students who have never had access to mental health resources before, whether it's for financial, cultural or other reasons, Counseling and Psychological Services (C.A.P.S.) can be a student's first foray into addressing mental health issues – a vital first step that, for some, can be a lifesaver.

Hilary Ochoa, a fourth-year Chicano studies major, just marked her first full year of C.A.P.S. counseling.

"I had always wanted to go [to counseling]," Ochoa said. "I feel like I had a lot of things from my childhood that I wanted to talk about. My home life was never the best, and I struggled with anxiety in high school."

Ochoa went to C.A.P.S. for the first time during her second year of college, after being referred by Campus Advocacy, Resources and Education (C.A.R.E.). Her first experience with a therapist, however, wasn't what she had wanted it to be – namely because Ochoa felt like her therapist, a white woman, didn't understand her and her experiences as a Mexican woman.

"I felt like I couldn't relate to her at all," Ochoa said. "I found that now that I [have] found a different therapist that I really needed somebody who understood my background."

Ochoa didn't return to C.A.P.S. until the beginning of last summer, after a quarter of academic troubles and the looming threat of academic disqualification.

For Ochoa, "going home [wasn't] an option," so she decided to spend the summer in Isla Vista and work while she figured out her next steps; during that time, she heard about a new therapist at C.A.P.S., Jessica Adams, who Ochoa said was Puerto Rican and spoke Spanish. She decided to give C.A.P.S. a second chance and booked an appointment with Adams.

"I felt like she listened and I felt like she was actually helping me and I felt like I was getting the help that I needed," Ochoa said. "And that was from the first time that I met her."

Ochoa noted that Adams was able to "catch onto things that [she] hadn't told her yet," which reassured her that her new therapist was a good fit for her.

Over the past year, Ochoa said she spent her sessions learning to cope with her anxiety and to notice when her depression was getting worse. It's a victory for Ochoa that she now goes to sessions

every few weeks, versus her weekly appointments when she first started out.

"[Adams] has given me a lot of tools to kind of focus and cope with things on my own to get myself out of certain ruts," Ochoa said, adding that she sees herself continuing counseling after she graduates.

But the reason Ochoa had the opportunity to access therapy was because she was on a college campus, she emphasized.

"[Talking about mental health] was honestly something new to me," Ochoa said. "My mom didn't really talk about that, she was just like, 'Oh, no you aren't depressed, you're just lazy,' 'What do you even have to be depressed about,' or I don't even think she knows what anxiety is, still."

"She comes from Mexico, and it's a hard thing to talk about... And it's so easy for her to dismiss mental health."

Several other students who spoke about their experience seeking mental health help noted that it was the combination of stigma within their families in addition to the financial burden that prevented them from seeking help before they went to college.

Tatum Katz, a Ph.D. student in the Department of Ecology, Evolution & Marine Biology, first went to therapy as an undergraduate at Occidental College in Los Angeles. At home, her parents didn't believe in mental illness and she didn't have insurance, so "it was just not a possibility" for her to get help.

For Katz, seeking therapy at Occidental was "more of a reaction to a crisis, and a lack of understanding of myself."

She's continued counseling while at UCSB and now describes mental health as "something that I need to do and need to stay on top of."

Even if people feel like their mental health is fine, Katz recommends that everyone see mental health professionals.

"You get a physical every year, you get your blood work, you get your shots or whatever, you should do that with your mental health," she said.

But C.A.P.S. doesn't have to be just for students with long-term mental health problems – for some, C.A.P.S. has helped those who run into crises during their college years, such as Marisol Gonzalez, a fourth-year linguistics major who first went to C.A.P.S. after her close family member had a stroke.

It was her first time seeking mental health resources and while she doesn't see herself continuing therapy after college, she said she was glad to be able to take advantage of the resource during the distressing time period.

"I wasn't able to focus on school or just anything. I tried going to class, but I just ended up crying all over campus, and I was just a mess," Gonzalez said.

While interviewees recommended that incoming students try C.A.P.S., many acknowledged how



Leonard Paulasa / DAILY NEXUS

In addition to offering short-term counseling services in their offices, C.A.P.S. also provides community referrals for long-term counseling options in the community – one of which is Acacia Counseling.

difficult it can be to get appointments and how that may impact students who are asking for help for the first time.

C.A.P.S. Director Brian Olowude said that the office had recently hired a handful of psychologists and were "constantly looking at [their] available hours" in order to meet student demands.

He noted that while staff had increased by 50% over the last five years, "initial contacts" with students had increased 127%.

C.A.P.S. is currently working on developing its first-ever annual report, set to be released in the next month or so, which will include information about how many people the office had seen in the past year and what services were provided.

Olowude said that about 16% of the campus uses C.A.P.S.'s services, compared to the six to 13% of college students who use mental health services on college campuses nationally.

"I can say confidently that access to mental health services at UCSB will probably outpace [students'] access in the community when they leave here," Olowude added.

In addition to offering short-term counseling services in their offices, C.A.P.S. also provides community referrals for long-term counseling options in the community – one of which is Acacia Counseling, a clinic in Isla Vista that was created solely to provide accessible long-term counseling

options for UCSB students.

One of the main areas that Acacia Counseling specializes in is helping students through the development of their identities through formative college years, which is why it's important for them to staff their offices with clinicians who reflect the population they serve, Kristen Strong, director of the center, said.

Olowude also emphasized that, as UCSB is a "minority-serving institution," it's important for C.A.P.S. psychologists to be reflective of their diverse clientele.

Olowude and Strong both emphasized that students should take their time finding the right therapists for themselves, and that the first therapist they see may not always be the right fit.

"You might not fit culturally, you might not fit personality-wise, and that's not anything necessarily bad," Olowude said.

Ochoa echoed Strong and Olowude's sentiments about putting in the effort to find the right therapist.

"Especially for people of color, I would really suggest to try to find somebody who you can relate to, who looks like you," she said. "A lot of my mental health issues came from my childhood and growing up... so people not understanding the cultural aspect of a person, I feel impedes you getting the best help that you can get."



**Armchair QB**

The WNBA Finals kick off this weekend as the Sun are set to take on the Mystics. What's the over/under on how many unathletic men will claim that they could compete with these world-class athletes?



# SPORTS

**UCSB Athletics**

The men's tennis team and both cross-country squads will be in action this weekend, warming up for their respective seasons. Tennis kicks off on Thursday while cross-country competes on Saturday.

## Gauchos Head North Looking To Build Up Win-Streak

Kunal Mehta  
Staff Writer

Now on a two-game winning streak, the 3-2-3 Gauchos will head up to the Bay Area on Thursday to take on the 4-5 Broncos of Santa Clara.

After a somewhat slow start to the season, the UCSB women's soccer team has lost only one of their last five contests and their last two wins came in a rather convincing fashion.

This improved stretch of play for the Gauchos is largely due to the play of senior Shaelan Murison, who notched four goals and two assists over the last two games and was awarded with the Big West Conference Athlete of the Week award.

Murison currently leads the Big West in goals, and she is tied for fourth in assists.

Murison's play on the offensive end is key for the Gauchos to win games and her elevated play over this improved stretch for the team only proves that point even more.

Junior forward Isabella Viana is the other Gaucho along with Murison to have recorded a goal in each of the past two games; the two goals are also the first two scores in her Gaucho career.

Over the last four games the Gaucho defense has been stellar

and put the team in a position to win every game.

The defense is spearheaded by senior goalkeeper Hanna DeWeese, who is currently fourth in the Big West with a .771 save percentage and fifth with 27 total saves.

DeWeese has also been a catalyst for UCSB's recent success by posting a .8 goals-against average over the last five games, lower than her overall season average of .92.

This is a great time of the year for the 'Chos to hit their stride as a team with conference play on the horizon. They will want to be running on all cylinders by the time they have to face their Big West rivals.

However, until conference play officially begins, the UCSB women's soccer team must take things one game at a time, and that means putting their entire focus into what will be a difficult road matchup against Santa Clara.

Don't let the sub-.500 record fool you; Santa Clara is a talented team that has played a very difficult schedule to start the season.

The Broncos were picked to finish first along with BYU in the WCC preseason poll this year, which makes sense because they are returning six All-WCC players from a year ago, including the reigning WCC player of the year in senior Kelcie Hedge.

But even with all the returning talent, the Broncos' star player so far this season has been freshman Izzy D'Aquila, whose eight goals on the season ranks 13th in the country and second among freshmen.

D'Aquila has scored a goal in six of her team's nine games this season and recorded multiple goals in two of those six games, good for an incredible start to her freshman campaign.

Not far behind D'Aquila is junior Kelsey Turnbow, who has six goals and six assists so far in 2019.

Turnbow and D'Aquila are by far the team's scoring leaders for the Broncos, but what makes this team especially difficult to handle is the multitude of other capable playmakers they have on the roster, with six other players having recorded a goal in the team's first nine games.

Santa Clara's deep and talented roster will pose a unique challenge for the Gauchos, which means Santa Barbara will have to make the most of their opportunities on offense while also limiting the scoring chances for the Broncos on the other end. If they stick to the gameplan, they should be putting together three consecutive wins for the first time this season.

The Gauchos and Broncos will face off in Santa Clara on Thursday, Sept. 26 at 7 p.m.



SIYAVASH GHADIRI / DAILY NEXUS

## No. 1 UCSB Men's Water Polo Set To Compete in SoCal Invitational

Jesse Morrison  
Staff Writer

The No. 1 UCSB men's water polo team travels south this weekend to Spieker Aquatic Center at UCLA to compete in the SoCal Invitational. The three-day series of games begins this Friday when the team takes on No. 20 San Jose State. The Gauchos' opponent in their succeeding games will be determined based off of Friday's first match.

San Jose State (SJSU) will be coming into this match looking to pull off a huge upset. The Spartans enter the contest with a 2-6 regular season record but are trending upwards with wins in their last two matchups against Whittier College and Ottawa University - Arizona.

UCSB will be trying to continue its historic run. The team currently holds an astounding 13-0 record and has claimed the No. 1 spot in the national rankings for the first time since 1979.

To reach this point, Santa Barbara has been eliminating top teams weekly and climbing the ranks the entire season. They started off their 2019 campaign as the No. 7 team in the nation. Since those preseason ranks were released, they have beaten Cal to move to No. 4, knocked off USC to move up to No. 2 and eliminated Stanford to claim the No. 1 spot.

The Gauchos have been firing on all cylinders as a team this 2019 season and will look to continue this unified style of play this weekend. Senior utility Ivan Gvozdanovic has remained lights out on the defensive

end of the pool this season, kickstarting the team's fast-paced offensive attack by getting stops on the other side of the pool. The offense, which has scored goals in bunches this season, is propelled by junior attacker Cole Brosnan who has been scoring at will as of late. Brosnan was named Golden Coast Conference Player of the Week, as well as Santa Barbara Athletic Roundtable Athlete of the Week for his remarkable play as of late.

Potential opponents for UCSB in the later rounds of the invitational include No. 6 Pepperdine, No. 7 UC Berkeley and No. 3 Stanford, all teams that the Gauchos have beaten so far this season. One particularly intriguing potential matchup could be the No. 2 UCLA Bruins, who are seemingly the only top team that UCSB hasn't defeated during their record-breaking run. The Bruins are currently undefeated, coming into the invitational with a perfect 6-0 record, as well as an unofficial win over The Olympic Club earlier this year. The Gauchos are scheduled to take them on Oct. 11 but we could be looking at an earlier matchup between these two titans if they both advance deep in the invitational this weekend.

The SoCal Invitational will be full of top teams from around California. Santa Barbara will come into this stacked tourney with a new test in front of them, playing as the No. 1 team in the nation.

The first game of the tournament kicks off at 4:40 p.m. in LA. If you can't make it to Southern California to support UCSB, you can tune into TheFosh.net for the play by play and score updates.



PHOTO COURTESY OF ESTEFANI ZUNIGA



# UCSB Men's Soccer Faces Pacific, No. 1 Stanford as Big West Play Nears

Richard Benites  
Staff Writer

Another week of competitive soccer is in store for the UCSB men's team, as the Gauchos seek to close out their brilliant month of September with more solid performances this week. To kick things off, UCSB travels away up north on Wednesday to play the Pacific Tigers. Then, on Saturday, the Gauchos will face their biggest test of the season against the highest-ranked program in the nation – No. 1 Stanford.

Coming off of two stellar performances last week in victories over Seattle University and UMBC, the Gauchos are now in the midst of a four-game winning streak. Entering Wednesday's match versus Pacific, the UCSB squad currently finds itself at an overall record of 5-2 on the season, an improved win percentage of .714.

Although the hype surrounding this Saturday's game grows, Wednesday's fixture is equally important considering UCSB will look to maintain their undefeated record when playing on the road.

As for University of the Pacific, their team has also picked up steam as of late.

The Tigers' winning streak was broken in their most recent away game at Sacramento State which ended in a 1-1 draw; however, they remain without a loss in their past three matchups. On the season, Pacific are 3-3, they also lost 1-0 to Stanford back in August – albeit in an exhibition game.

Although matchups on the road are no easy task, the Gauchos have been historically dominant versus Pacific. In terms of all-time series, UCSB has yet to drop a match to Pacific with an 8-0 record.

So far, Stanford has truly merited the No. 1 in the nation spot when looking at their overall performance on the year.

The Cardinals boast an unblemished record of 7-0 on the season. At first glance, much of these results can be attributed to Stanford's repertoire as a goal-scoring machine, but it should also be noted they've allowed only two goals throughout the entire season.

Stanford will be coming off their seventh win after defeating San Jose State by 3-0 on Tuesday. So a

weekend upset, courtesy of the Gauchos, would be momentous – to say the least.

Stanford enters this one with both an immediate and historical advantage, as the Gauchos trail the Cardinals with an all-time series record of 6-14-2.

However, UCSB was victorious when these two teams last met back in 2015, when the Gauchos hosted a 1-0 win at Harder Stadium.

Ones to watch for the Gauchos include senior midfielder Thibault Candia and senior forward Sahid Conteh.

Candia enters this week on fire after scoring a hat trick against UMBC last Sunday; because of this, he was named the Big West Co-Offensive Player of the Week. Candia now has a team-leading four goals to his name, as well as two assists which also places him tied for team-leading in playmaking.

Conteh continues his fine form after earning an assist last time out, which ended up being the set up to Candia's third goal of that game.

With a goal on the season and also tied with a team-leading two assists, Conteh's dynamism will play a pivotal role in this week's doubleheader.

For the Tigers, senior defender Anthony Orendain appears to be Pacific's difference maker. With two goals on the season, Orendain is a force on both the defense and offense as he has also taken the second most shots on the team with 14 so far.

Players to look out for on the Stanford team are freshman forward Gabe Segal and senior midfielder Derek Waldeck.

Segal leads all Cardinals in scoring with his four goals on the season, whilst Waldeck leads in playmaking with four assists.

With two goals for Waldeck as well, he and Segal have both managed to fill up the stat sheets week in and week out; the Gauchos will definitely pay special attention to these two and will plan accordingly to cope with Stanford's explosive offense.

UCSB travels first to Pacific on Wednesday, Sept. 25 before hosting No. 1 Stanford on Saturday, Sept. 28. Both matchups are set with a 7 p.m. kick-off time.



Nexus File Photo

# Gauchos Take Down Matadors in Intense Five-Set Match



NEXUS FILE PHOTO

Nithesh Perumal  
Staff Writer

The UCSB women's volleyball team added to its eight-game-win streak with a win against the CSUN Matadors on Tuesday night.

The five-set game had fans on the edge of their seats, as UCSB edged out CSUN for its first win in Big West Conference play.

The Gauchos' elite offense came to play from the opening serve – burying the Matadors 25-9 in the first set. Senior Lindsey Ruddins set the tone for the offense early, putting up yet another 20-kill game. The early offensive explosion did little to faze the CSUN Matadors who took back-to-back sets right after UCSB's initial onslaught.

The Matadors were powered by sophomore outside hitter Nicole Nevarez, who put up 17 kills and 11 digs to put pressure on the Gauchos defense and mitigate the offensive output of the UCSB team as a whole. CSUN junior Makayla Bradford posted an impressive 16 digs to also help offset UCSB's offensive prowess – giving CSUN a 2-1 set lead.

Although the 'Chos started off hitting .458, they ended up hitting .118 in the third set and were unable to find an answer for CSUN's defense.

Going into the fourth set, UCSB looked to have its back against the wall – which is right about when freshman Tallulah Frolely made her impact on the game known.

Ending the night with 15 kills and four blocks, Frolely played a pivotal role down the stretch, keeping UCSB in the contest and making play after play when it mattered most.

The fourth set reached 21-20, when Frolely got two kills to give UCSB's offense much needed momentum. Ruddins capitalized on this energy with a kill to push the match to a decisive game five.

The fifth set found both teams neck and neck at 8-7, when sophomore setter Olivia Lovenberg came up with a key service ace and a kill off of a dump to push the lead to 13-7. Freshman Deni Wilson and Ruddins came up with two kills to ice the game at 15-9 – completing the comeback.

Although messy, the only stat that matters at the end of the day is the letter that goes by the team name.

The 'Chos should be relieved that they got the win despite such a poor offensive performance in the second and third sets.

Even in a game such as this, the Gauchos showed many bright spots starting off with Forley. The freshman proved how much depth the UCSB team has and reassured many members of UCSB's complete offense.

Part of that complete offense is junior middle blocker Rowan Ennis, who put up 13 kills on .600 hitting, and freshman middle blocker Deni Wilson, who posted 10 kills on .500 hitting.

With the offense as inefficient as it was in this matchup, having two extremely efficient players to offset this imbalance was invaluable.

If either of these players didn't have the games they did, UCSB surely would've lost.

Lovenberg finished with a season-high 37 assists.

She continues to show her ability to lead a high-octane offense such as UCSB's, with such consistency.

Freshman Romoni Vivao posted 24 assists, further highlighting the Gauchos' depth.

This puts UCSB in a unique position with a star-studded offense run by two high level setters.

The combination of these two is one facet which inspires high expectations for the Gauchos this season, which they've delivered on so far as they improve to 11-1 on the season after the win against CSUN.

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8:30 am	11:15 am	2:00 pm	4:30 pm
10:00 am	12:45 pm	3:30 pm	6:15 pm
12:00 pm	2:45 pm	5:30 pm	8:15 pm
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# ARTSWEEK

## A Tale of Two Rock Stars

Linda Ronstadt and David Crosby both got the Hollywood treatment this summer. That's about where the similarities end.



KATHERINE SWARTZ / DAILY NEXUS

Katherine Swartz  
Asst. News Editor

David Crosby shouldn't be alive.

This isn't my opinion; rather, it's the beating heart of "David Crosby: Remember My Name," which is currently finishing its nationwide theatrical run after debuting at Sundance Film Festival. The deeply personal documentary follows Crosby along his latest solo music tour, while diving into his past in Crosby, Stills & Nash and Crosby, Stills, Nash & Young.

The fact that Crosby is alive, let alone has maintained his clear harmonizing voice well after his glory days of the '70s and '80s, is a miracle noted by television interviews, individuals featured in the film and Crosby himself. He is of course known today for his memorable career as a singer-songwriter, but also for his heroin and cocaine addictions and famed run from the law.

"Linda Ronstadt: The Sound of My Voice" — released this summer about the '70s and '80s singer Linda Ronstadt — feels so different from "Remember My Name" because of Ronstadt's silence.

There's considerable intersection between the careers of Linda Ronstadt and David Crosby. Both came out of high school to the late-1960s Los Angeles music scene with a burning passion to share their voice, trying to carve their way into a path dominated by the British music invasion as well as the national tumult post-Vietnam. Singer-songwriter rock was king, and Crosby and Ronstadt frequented many of the same music clubs like the Troubadour and befriended icons like Mama Cass and Joni Mitchell, hoping to break their way in. Both artists quickly did — Ronstadt through her successful solo career including hits like "Blue Bayou" and "You're No Good" and Crosby under The Byrds; Crosby, Stills & Nash (CSN); and Crosby, Stills, Nash & Young (CSNY).

Both Crosby and Ronstadt have a unique talent and voice. Both have bold, larger-than-life personalities, daring to take creative risks and to speak their mind about politics and overall not giving a damn. Both had a distaste for touring, or anything that distracted from the heart and soul of their passion — making music. Both shared a deep loneliness throughout their career.

But looking at "Remember My Name" and "The Sound of My Voice," that's where the similarities end.

While the two performers may be from the same era, in 2019 they lead entirely different lives, and the two documentaries produced are stylized to reflect that difference; Crosby still louder than life, Ronstadt now silent.

Ronstadt's lack of appearance throughout the documentary can be traced to the abrupt end of her career eight years ago due to Parkinson's disease. "The Sound of My Voice" is about looking back

on the time Ronstadt had, a closing bow to her successful career and the legacy she's left behind.

We see Ronstadt's vivacious spirit not through her present but through her past, specifically in television interview clips and concert recordings. But the prime stylistic difference in the Ronstadt and Crosby documentaries is their physical presence in the film. We only actually see the current Ronstadt in the beginning and the end of the film. She's been exceptionally private since her 2011 Parkinson's diagnosis and didn't allow an on-camera interview for the film. The sound of her voice is heard throughout the film (making the film's title that much more fitting) through narration from one topic to the next, but the end result reflects the guarded nature of the subject.

"Remember My Name" is the exact opposite. Crosby himself drives the film, and the result feels far more autobiographical than Ronstadt's film. In one particularly exceptional section of the film, Crosby is in the back seat of a car, stopping at some of the most prolific spots in the Los Angeles and Laurel Canyon area that shaped his career. He's never one to shy from intimacy, and some of the most touching and candid discussions of those he's hurt in the past come outside a small country store, what he calls the "least cinematic" of places. There's a spontaneity to having a quasi-unreliable narrator as your star, and Crosby never hides from his fall from grace. Director A.J. Eaton, along with executive producer Cameron Crowe, establish a close rapport with Crosby, making you feel like you truly understand Crosby's story by the time the credits roll. Eaton told Melena Ryzik, New York Times culture reporter, that his relationship unfolded naturally with Crosby: "the music was fresh, he was trying new things, and we became friends."



**While the two performers may be from the same era, they lead entirely different lives, and the two documentaries reflect that difference; Crosby still louder than life, Ronstadt now silent.**

"Remember My Name" is not Crosby's final bow, but the opening of an entirely new second act. Crosby's not done with his life; his solo career is proving what he can do with the time he has left. It's the opposite of slowing down; he has produced four albums in the past four years and is currently working on his fifth.

Another key stylistic difference between the two films is how their

stories are told. Because Ronstadt wasn't interviewed for the film, directors Rob Epstein and Jeffrey Friedman supplement partially with old footage of Ronstadt, but mainly through interviews of others, including former bandmates and collaborators. And not one has a bad thing to say about Linda.

But Crosby stands alone.

"Remember My Name" features few and far between interviews of other people, and Eaton didn't even ask the members of CSNY to be in the film. The film isn't a reflection (like with Ronstadt's film), but a way for Crosby to share his side of the story. Just like with every other topic he tackles, Crosby is candid about his estrangement from Neil Young, Graham Nash and Stephen Stills, as well as other big music names who he fought throughout his career and addictions. Crosby's story is a fall from grace and a decades-in-the-making rise. Ronstadt never falters. She just sings until she tragically can't.

When comparing the films, you can't help but see the irony in where the two rock stars have landed based on where they've been. If the world was just, it would be Ronstadt still singing; she steered clear of the male-dominated rock scene fueled by hard drugs and rock-star image in favor of keeping her voice clean. Instead, she is left silenced by Parkinson's.

"The rock and roll culture seems to be dominated by hostility against women. What happens is they lose the ability to focus on themselves as a person, rather than as an image," Ronstadt says to a reporter in an old interview along the Malibu coast in her beachside home.

Crosby in his prime rockstar era was the type of man Ronstadt references in that interview. He spent his prime years "smashed," as he often describes in the film, and CSN and CSNY were built on an image that looked ideal from the outside but was actually filled with decades-long hostility culminating in their 2016 breakup.

Considering Crosby's rock star attitude, and especially his heavy drug usage, he should be the one silenced — not Ronstadt. Yet he still has time to sing, and the core of "Remember My Name" is how Crosby's second act is a refusal to give up his voice.

Coincidentally, the films share a handful of producing credits: Gabriel Caste, Alex Exline, James Keach and, most notably, Cameron Crowe. Crowe, a prominent music journalist and filmmaker from the 1970s, was interviewed for "The Sound of My Voice" and was an executive producer on "Remember My Name," interviewing Crosby himself.

What the two share behind the scenes in no way leads to a similar final products of the films. That's the beauty of documentaries — that these two stories, which on the surface appear the same, about rock stars from the same era grappling with fame and all it entails, quickly blossom into completely different films that set out with completely different aims and ways of achieving them. Both do their subjects the justice they so deserve.

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# NEXUSTENTIALISM

It's Satire, Stupid.

## Beautiful! This Incoming Second Year Can Finally Yell "Fuck FT!"

Buck Eftee  
Staff Writer

It's September in Isla Vista, and as such, many Gauchos are preparing to enter a new phase of their life.

And sure, becoming a fourth year might be cool and all, but we'd like to put the spotlight on an even more exciting coming-of-age endeavor: an incoming second year preparing to shout "Fuck FT" for the first time.

As the end of summer approaches, Fred Upp has been counting down the days until he can join the glorious ranks of the hooligans who yell at first years for fun.

"At first, it made me sad," Upp recounted, reflecting on the very first time he heard those vehicle-driving upperclassmen howling down El Colegio.

"It was on move-in day. My mom heard them too. She wanted me to transfer to UC Davis. I was like, why am I being bullied for living in what

is clearly the best dorm?" But not long after move-in day, Upp got on board the "Fuck FT" train.

"After two flat bike tires, seven Intro to Econ absences (thanks to buses that never came) and far too many cereal dinners when Portola had nothing good, it made sense to me. Man, fuck FT. Anything I read online about it being the 'best dorm' was 100% RHA propaganda. I didn't make lifelong friends, but I did get mono from my roommate, so I guess there's that."

Despite the abhorrent living conditions endured for three quarters, Upp thinks it might be worth it for the euphoria of crossing the threshold into adulthood as he utters those two words.

Truly an inspiring story of boy becoming man.

*Buck Eftee was fooled by RHA propaganda and is excited to yell "Fuck FT" on Sept. 26.*



Oh shit, here we go again.

EGGBERT THE ALIEN



PHOTO BY MAX MYSZKOWSKI

## Second-Year Student Now Realizing New Apartment a Shithole

Max Myszkowski  
Assistant Editor

Isla Vista, Calif. – Having recently moved into his (and his eight roommates') new apartment on the 65 block of Sabado Tarde, second-year student Jacob Greene, finally got a good, close look at the property he had previously seen only in photos on the leasing agency's website. Upon conducting his primary inspection of the sparsely furnished living space, Green realized – with equal parts embarrassment and disgust – that his new residence was a complete and utter shithole.

"The water pressure is garbage, the paint's peeling off the walls and the whole place smells like a basket of ass," the previous freshman said, regarding the condition of his new home. "The only happy tenants here are the cockroaches – of which there are many," he added, pausing to squish one of the freeloading pests with his shoe.

Greene's roommates had similar complaints about their new living situation, adding noisy upstairs neighbors, a family of racoons who had taken up residence in their dumpster and a homeless man who had moved in alongside them.

Greene and Co., who started their search for housing two weeks before the end of spring quarter, were surprised the building had not been

condemned – especially given the pungent black mold in the shower, leaky ceilings and ominously stained walls (blood?).

The rental agency in charge of the property – which explicitly forbade Nexustentialism from publishing their name (though it rhymes with Shmolf and Associates) – has reportedly already spent Greene's security deposit on purchasing another property in the area.

"The place was absolutely spotless when they moved in," a representative from the agency claimed. "We actually just renovated that specific unit – it's nicer than ever," he said, referring to the recent installation of a single lightbulb hanging from a bare wire above the kitchen sink.

Greene and his numerous roommates considered finding a new place to live, but then remembered they all signed a legally binding, year-long lease without reading it first.

"Yeah, but who reads the terms and conditions, anyway?" Greene's roommate said, casually shrugging as if his repulsive living situation had been completely unavoidable. "C'est la vie, amirite?"

At press time, the family of racoons had been welcomed in as subleasees of the zero-star abode.

*Max Myszkowski does not currently live in a shithole, but he did last year.*

### DAILY NEXUS ART & COMICS





# ON THE MENU

## Shrimply Delicious: Santa Barbara Shellfish Company



WINNIE LAM / DAILY NEXUS

Winnie Lam  
*On The Menu Editor*

Since we go to school on a beautiful campus right by the ocean, it would be a shame to never dine at a seafood restaurant on Stearns Wharf. Santa Barbara Shellfish Company sits right on the end of Stearns Wharf and provides customers with a casual spot to enjoy ocean views and munch on fresh and well-prepared seafood.

When you get to the restaurant, you're already immersed in the beachy atmosphere with the ocean breeze and smell of seafood. I arrived with my friend around lunchtime and there was a waitlist to be seated, but it moved really quickly, as we were seated in less than 10 minutes. Although the interior of the restaurant is quite small, the coziness of the space gives it a more personal tone that is true to Santa Barbara culture. We were seated at the bar and given menus immediately, which had a really nice array of seafood options including unique local ingredients such as Santa Barbara rock crab, uni and abalone.

My friend and I opted to share the crab sandwich and shrimp ceviche. The sandwich was served on

sourdough bread with coleslaw and onion rings on the side and the shrimp ceviche was served with a side of warm tortilla chips. The portions were huge and great for sharing, and they did not skimp on the meat at all. The crab salad in the sandwich was extremely refreshing and the crispy onion rings created a nice balance of flavors. Although this dish looked very simple, it definitely packed a punch.

The shrimp ceviche was also another very refreshing dish with its tangy flavors. There wasn't anything super special about it, but I appreciated that it was simply a satisfying appetizer. The ingredients were obviously very fresh and everything in the ceviche was evenly coated with the lime juice and pico de gallo.

This was the perfect amount to share, as my friend and I both felt satisfied and not too full for a walk on the beach afterwards. This was my second time visiting Santa Barbara Shellfish Company and it did not disappoint. I appreciate how consistent the quality of their seafood was between my two visits and I think what really makes this restaurant stand out from the other seafood options in Santa Barbara is that you know you're getting quality food at a fair price.



WINNIE LAM / DAILY NEXUS

## Hearty Home-Cooked Pesto Gnocchi

Winnie Lam  
*On The Menu Editor*

When you're having a long day, all you need is a soul-filling bowl of pasta. Sometimes, though, spaghetti and meatballs just doesn't do the job, so why not try something new? This recipe will give you a dish that tastes gourmet at a fraction of the price and effort. Best of all, it'll make you feel super satisfied without even adding any meat in it.

### Ingredients:

1/3 cup pine nuts  
1/2 cup Parmesan cheese, grated  
6 cups basil leaves (about 3 bunches)  
1/2 cup extra-virgin olive oil  
1 tsp. kosher salt  
1 package Trader Joe's gnocchi

### Directions:

1. Toast the pine nuts on a pan for five to seven minutes until fragrant and golden brown in color. Transfer the pine nuts to a food processor and let them cool.
2. Pulse pine nuts until finely ground.
3. Wash basil leaves and pluck the leaves off the stem. Add the leaves into the food processor and

pulse again.

4. Add grated Parmesan and olive oil to the food processor and pulse for approximately one minute until the mixture is mostly smooth then set aside for later.

5. Cook the gnocchi in lightly-salted boiling water for three minutes. Before draining, pour a little bit of the pasta water into a large mixing bowl. Drain completely.  
6. Put the gnocchi into the mixing bowl and add a few tablespoons of pesto to the bowl. Stir until everything is thoroughly mixed and all the gnocchi is coated with the pesto sauce.

Although this simple dish is fantastic on its own, try pairing it with burrata cheese as a side. Burrata is made of fresh mozzarella cheese with a solid outer curd with soft cream inside. All you have to do is cut it halfway through and top it with olive oil, balsamic vinegar and a sprinkle of kosher salt. This is completely optional, but it'll elevate your meal even more. So what are you waiting for? This is a perfect dinner to make when you're craving something hearty but don't want to spend an excessive amount of time prepping and cooking.

## Mr. Bossom: Inventive Korean Comfort Eats

Rachel Lee  
*Staff Writer*

Calling all pork lovers! Here's a restaurant that's serving a pork dish that will make you wish you hadn't tried it because you won't stop craving it afterward. Mr. Bossom is a popular chain restaurant in South Korea that specializes in serving a popular Korean dish, bossam, which is thinly sliced pork belly that has been boiled in spices and served with side dishes. The way of eating this dish is usually to have the pork and side dishes wrapped in some sort of vegetable leaves which is where the dish's name comes from, as "ssam" in Korean literally means wrapped.

I've seen pictures of dishes from this restaurant for years on my social media and have been dying to try it! I was finally able to check out both the Los Angeles Koreatown location and the Rowland Heights location because it was just so good the first time that I had to have it again the very next week.

Their menu has a broad selection of foods; however, most people come here for their choices of bossam dishes as well as the popular grilled cheese pork ribs. The pork ribs are so popular that the dish has been covered by Insider as well as the Los Angeles Times. This dish consists of grilled pork ribs covered in their sweet gochujang sauce on top of a bed of mozzarella cheese. It's served in a cast iron skillet, so by the time your order comes all the cheese has melted all over the pork ribs. The skillet also comes with sausages, a spicy rice cake and a steamed egg. Their servers help cut the ribs up and show you how to wrap the cheese around to eat it. The meal doesn't end there because the chefs will turn any of your leftovers into fried rice by adding

complimentary rice, seaweed and an egg!

However, my favorite dish by far was the bossam. I was able to try three kinds: green onion and gochujang, original and garlic. If I had to pick a favorite I would definitely choose the garlic one, but I think the other two flavors were quite good as well. The garlic one stood out to me the most because it was on the sweeter end, which I enjoyed. The green onion and gochujang has a kick from the gochujang so I would go with that if you like a little heat. If you can't decide on a dish to order, I would recommend that you go with their All Star Bossam Combo which offers all three flavors! All these dishes come with a wide variety of side dishes that are also refillable. Make sure to make a wrap that has all their side dishes because it really enhances the flavor. I really enjoyed their fish cakes and radish paper with the pork. Their bossams can easily feed two to three (and maybe even four) people so make sure you go with a group. For those of you who are over 21, bossam is a common meal to eat with a drink, so if you're up for it, share a bottle of soju or Korean rice wine with your table.

The first time I went I was also able to try their seafood and green onion pancakes appetizer which I would definitely recommend if you think you have the appetite for it. I always love Korean pancakes so I knew this would be a good choice.

Overall, I had a wonderful time during both visits to this restaurant. The servers are very accommodating but are always running around so don't be afraid to use the buzzer at your table to get their attention. The food is excellent so if you ever find yourself making a visit to LA (or maybe even Korea) check this place out!



RACHEL LEE / DAILY NEXUS



# SCIENCE & TECH

## Mechanism To Develop Mineralized Skeletons Likely Evolved Independently Across Diverse Taxa

Sean Crommelin  
Staff Writer

Paleontologists at UCSB, in collaboration with researchers from the University of Wisconsin Madison, have shed light on how biomineralization, the mechanism by which mineralized skeletons develop, may have evolved independently among many different evolutionary lineages.

A paper published in the Proceedings of the National Academy of Sciences of the United States of America details how the researchers managed to pinpoint evidence of biomineralization in a wide variety of fossils from the Cambrian period.

"In studying the Cambrian explosion, one of the main things that really jumps out at you is the fact that you see basically the appearance of mineralized skeletons for the first time after three billion years of life just making soft-bodied things," Susannah Porter, a professor in the Department of Earth Science and co-author of the paper, said.

"There's sort of little episodes of what looked like controlled biomineralization, something where the organism is actually directing the formation of the mineralized structure," Porter said, a phenomenon unprecedented before the Cambrian.

Over a period of 40 to 50 million years, all sorts of mineralized structures would spring up across wide swaths of taxa, notably sharing the same mechanism, known as crystallization by particle attachment, for biomineralization.

"They use this unusual process where first they collect these ions like calcium carbonate and calcium phosphate, and they keep them in these vesicles. If you were to look on the atomic level, the atoms aren't lining up in a nice crystal lattice, they're kind of all randomly mixed together," Porter said.

These amorphous nanoparticles are stored in the vesicles until the body calls upon them to be used in a mineralized structure, at which point they are transferred to a site and the particles are attached together.

"Only recently has evidence been accumulating for this [process] going on in various different modern groups," Porter said, citing taxa such as "sea urchins, starfish, mollusks, modern corals, zebrafish bone and mouse tooth enamel."

Now the researchers have uncovered a morphological marker preserved in fossils which mounts more evidence of crystallization by particle attachment having occurred all throughout the animal kingdom and across hundreds of millions of years. Even more significant, perhaps, is evidence which suggests that the mechanism evolved independently across different lineages.

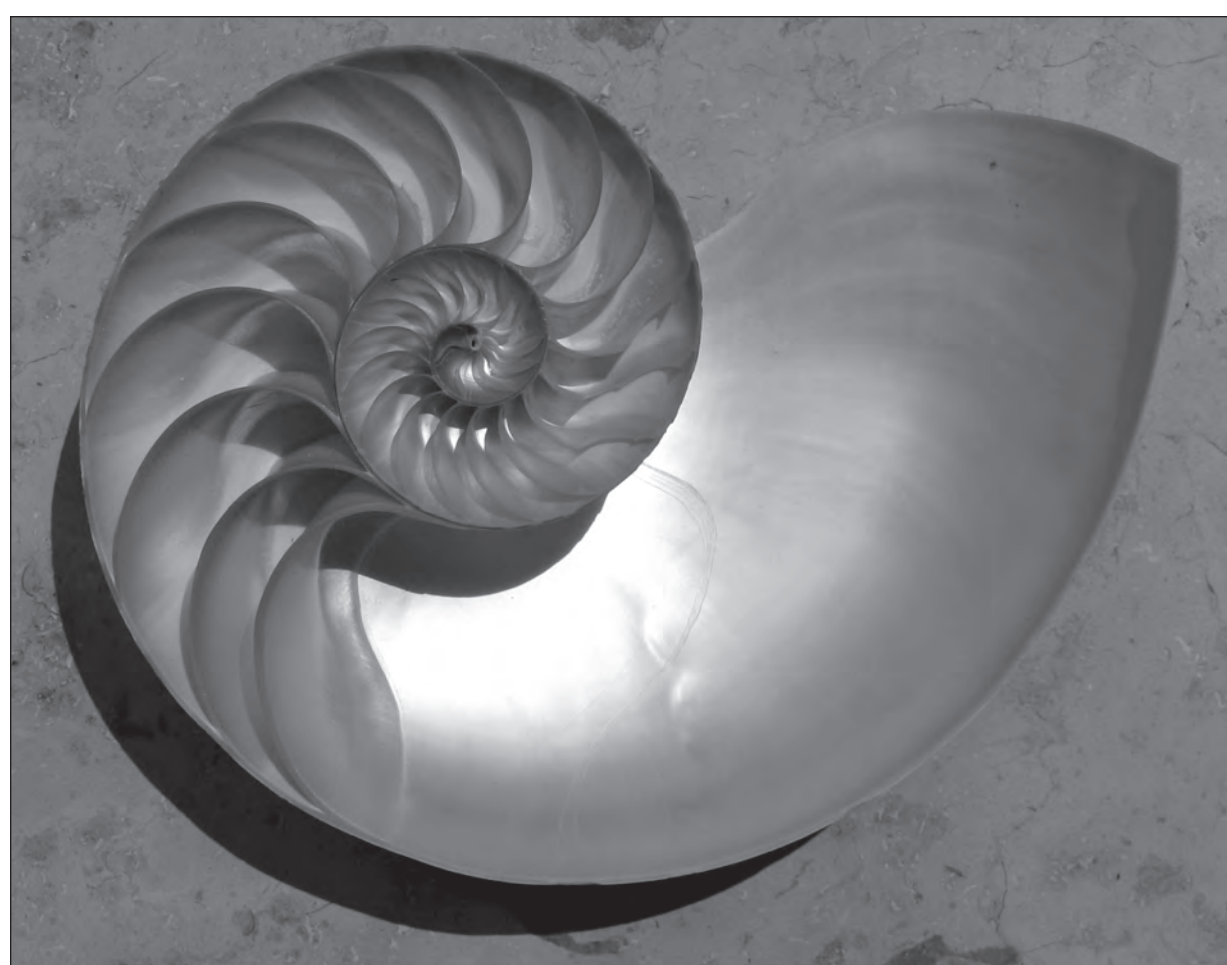
"I have a colleague, Pupa Gilbert, who's using these techniques where she can see very high-resolution – you know, nanometer-scale – mineral structures. What she has found is that even after these shells form, you can break them open and look up close and see this sort of nanoparticulate texture in these shells," Porter said.

"They're very irregular compared to non-biogenic crystals. It's the irregularity of it. It's not perfect blocks, which is what you'd expect with crystals. You'd see perfect squares or angles or faces, whereas here the grains are all different sizes and weirdly shaped."

Upon seeing these markers, Gilbert resolved to search for it in well-preserved fossils, enlisting the help of paleontologists such as Porter to acquire samples across a wide range of taxa and "step back" in time.

Thus it was discovered that the irregular texture identified in modern mineral structures created through particle attachment was comparable to the texture found in fossilized remains from many taxa. The process of phosphatic fossilization – in which calcium carbonate structures are replaced by calcium phosphate – in very ancient organisms turned out to be a nonissue.

"She cracked them open and she was able to find evidence for this nanoparticulate texture, and so then we said, 'Oh great! That suggests that the process of phosphatization isn't destroying this signal,'" Porter said.



Courtesy of Wikimedia Commons

The cephalopod and modern nautiloid *Nautilus pompilius* is an example of an organism that uses crystallization by particle attachment to form its shell, or mineralized skeleton.

Gilbert and her colleagues would continue to observe this texture as more and more fossils came their way, evaluating specimens such as halkieriids, nautiloids and notably, specimens from *Cloudina*, recognized as the most ancient animal performing biomineralization, being more than 500 million years old.

"They're all across the tree and we know that their skeletons are not homologous. It's not that their last common ancestor made a skeleton that then is the ancestor to all of their

skeletons. They're occurring independently of one another and yet they're using the same process," Porter said.

"Way back when these organisms were first making mineralized skeletons, they used this same process of crystallization by particle attachment, and [today] it's the same. Maybe it's not a surprise that you would find the same process of biomineralization going on 550 million years ago as you do today, but still, it's a neat thing to finally figure out."

## UCSB Continues To Perform Well on 2019 Sustainable Campus Index Metrics

Sean Crommelin  
Staff Writer

UCSB has once again scored highly within the Association for the Advancement of Sustainability in Higher Education 2019 Sustainable Campus Index, placing within the top ten in three categories and garnering a gold rating overall in the Sustainability Tracking, Assessment & Rating System.

UCSB is among 134 institutions which have been awarded with a gold rating or higher by the Association for the Advancement of Sustainability in Higher Education (AASHE), out of the 970 campuses currently registered.

AASHE's Sustainability Tracking, Assessment & Rating System (STARS), an assessment of campus sustainability efforts, is a set of criteria intended to guide institutions and provide a frame of reference to measure sustainability progress in "all sectors of higher education," according to the STARS 2.2 Technical Manual.

STARS standards are organized into 19 categories with 67 credits in total, and those credits further subdivided into individual points. These categories pertain to curriculum, research and the operations of the campus as a whole. For instance, in the category of Curriculum exists the credit AC 1, or Academic Courses, of which 14 points could potentially

be earned. A campus earns points through sustainable practices related to a particular credit.

The criteria are closely aligned with the United Nations' Sustainable Development Goals (SDGs), a 15-year agenda with 169 targets meant to balance "the three dimensions of sustainable development, the economic, social and environmental," according to the manual. STARS may be used by an institution in order to gauge contributions to SDGs.

From the curricular and faculty perspective, 50.8% of academic departments at UC Santa Barbara offer at least one course related to sustainability, while 47% of academic departments contain at least one researcher whose work pertains to sustainability.

Additionally, UCSB ranked fifth in the buildings category of STARS, receiving 59.8% of the available points, compared to an average of 35.5%. Over two million square feet of UCSB is made up of Leadership in Energy and Environmental Design (LEED) certified buildings, with the most recent ones constructed attaining the highest rating for sustainable design, according to Katie Maynard, a sustainability coordinator in the geography department.

"Sierra Madre, [Kavli Institute for Theoretical Physics], San Joaquin Villages, and Bio Engineering all attained a LEED Platinum rating, the highest possible," Maynard said in an email to the Nexus.

UCSB received another LEED Platinum rating in 2017 for the construction of the Portola Dining Commons, and Bren Hall received a third LEED Platinum certification that year.

UCSB ranked also ranked ninth in the waste category, receiving 75.8% of the available points, compared to an average of 48%. This can be attributed to the significant progress the campus has made in regard to waste management. UCSB diverts 69% of its waste stream away from landfills through composting and recycling.

In addition, programs have been established to recirculate food and clothing to those in need, providing a service and avoiding further waste. "665 students received 1,454 articles of free clothing from the Career Clothing Closet, a campus pop-up thrift store that provides students with free clothing for job interviews and the workplace," Maynard said.

The first organics collection program in San Clemente Villages was also established last year, as a collaboration between Associated Students Recycling (ASR), the Bren School Sustainability Committee (BSSC) and Housing,

Dining & Auxiliary Enterprises.

"Last year BSSC and ASR worked together to recruit and educate 136 apartments and divert over 4.5 tons of compostable material from the landfill, thus reducing 3 metric tons of CO<sub>2</sub>-equivalent," Maynard noted. She also added that "FoodCycling picked up 12,286 lbs of food that would have gone into compost and diverted it to the AS Food Bank."

In 2019, a Best Practice Award was presented to Housing, Dining and Auxiliary Enterprises' Miramar Food Pantry for sustainable food service.

UCSB also ranked ninth in investment and finance, receiving 69% of the available points compared to an average of 18%. Investment and Finance include such credits as disclosure of investments, investor responsibility, and sustainable investment.

A 2018 Best Practice Award was presented to UCSB at the California Higher Education Sustainability Conference in Renewable Energy for their project to increase the renewable energy generating capacity of the campus tenfold, according to Maynard. A multi-site Power Purchase Agreement has solarized the energy mix, helping renewables generate one-third of the campus's peak electrical demand and 15% of the annual electrical consumption.

Furthermore, Scope 1 and 2 greenhouse gas emissions – direct emissions from controlled sources, such as vehicles and equipment managed by the campus, and indirect sources from the generation of purchased power respectively, such as electricity bought from power grids – have fallen 21% from 2013. Overall, the campus has reduced the intensity of energy use by 19% over ten years.

Still, the work is far from over, and UCSB aims to reach Climate Neutrality, in which there would be no net release of carbon dioxide from Scope 1 and 2 emissions by 2025, according to Maynard.

UC Santa Barbara continues to make strides in environmental progressiveness, both at the administration and student level. In 2018, 83% of UCSB students voted to reaffirm The Green Initiative Fund (TGIF), a green fee created by students in 2006 intended to reduce UCSB's environmental impact with a lock-in fee.

"In Spring TGIF allocated \$191,364 to fund 20 student, faculty, and staff led projects," Maynard wrote.

"UCSB is committed to being a living laboratory for sustainability efforts where students can learn from their physical environment and local community in addition to learning in the classroom."



UCSB placed ninth in the waste category through its efforts in waste management. UCSB diverts 69% of its waste stream away from landfills through composting and recycling.



# OPINION

## A Freshman's I.V. Survival Guide



Melanie Ziment  
Assistant Opinion Editor

It's the start of your freshman year of college, and you're excited to use your newfound freedom to explore and take on the Isla Vista scene. But with new freedom comes new responsibility. Follow these best practices to have the most safe and fun nights out in I.V.

1

Don't sit on the curb. Don't sit on the curb. Don't sit on the curb. Don't sit on the curb. Don't sit on the curb. Don't sit on the curb. Don't sit on the curb.

I literally can't repeat this enough.

2

Try to avoid walking through Anisq'Oyo Park (the big park in the middle of the loop) by yourself in the dark as there are very few lights along the paths and it is not a very populated area.

3

Take advantage of the fact that you go to school in literal paradise; take a walk down to Sands Beach for the most spectacular sunsets or look out for the many public gardens and orchards throughout Isla Vista.

5

Don't try fitting more than two people on the electric scooters or try doing any funny stunts — you'll just look like an idiot. There is also the distinct possibility of one of you cracking your head open as well.

4

Remember that it's one mile from one end of Del Playa to the other, so don't skip leg day in the weeks leading up to Deltopia.

6

Living in I.V. is the best, but only when you are picking the right roommates. There is no need to rush into signing a lease this early in the year. A lot of people will encourage you to sign leases as early as October, but worry not, things always work out. Also, sometimes living with strangers can be one of the best decisions you make!

7

The Co-op and I.V. Market are great places to swing by in a hangry emergency but don't rely on them for your everyday grocery shopping. Your college budget will not accommodate it.

8

CAJÉ is great for grabbing a coffee, smoothie or acai bowl, but if you want a bagel, definitely skip it and go to Bagel Cafe instead.

9

Sometimes it's fun to wander around I.V. looking for something to do at night, but most of the time this leads to frustration and/or in-group quarrelling. Save your makeup for an evening with an address.

10

Take care of your fellow Gauchos. If you see a familiar face out in I.V. at night, it never hurts to do a quick check in and make sure everyone's night is going well.

## Netflix's "Tall Girl" Falls Short



Harper Lambert  
Opinion Editor

A few nights ago, I was mindlessly scrolling through Netflix when a film called "Tall Girl" caught my eye. Its title was so plain and literal that I took it as reverse psychology. There was no way two words could make up the entire premise of a two-hour movie. Unless...

"Tall Girl," which debuted on Sept. 13, is the latest addition to the teen rom-coms for which Netflix has become known. It faithfully adheres to the formula set forth by predecessors like "Sierra Burgess Is a Loser" and "To All the Boys I've Loved Before."

Here's how it goes. A middle-class female protagonist struggles to navigate her way through high school. Though she is perfectly likable, things are not going well for her. Somehow, she only has two friends: her personal cheerleader/sidekick (usually the cast's only person of color) and the nice guy who has an unrequited crush on her. Her life is made hellish by a posse of mean girls, led by a Regina-George type who drops sassy one-liners while sashaying through the halls. Worse still, the heroine is head over heels in love with the school's hottest guy, who is obviously entangled with the most popular girl in school. Because she is a "nerd" (read: has a cool talent, reads books, is not a bitch), our heroine's chances of accompanying him to prom/homecoming/spring fling/etcetera are ostensibly nil.

All snarkiness aside, a Netflix protagonist's most essential quality is that she is an outsider. Whether she is overweight, unattractive or fails to meet societal standards in some other way, this aspect of her identity makes her relatable and worth rooting for.

Jodi Kreyman, the main character of "Tall Girl," is no exception. She's a "freak," a "Sasquatch" and ... a tall, white, conventionally good-looking blond girl.

Granted, she isn't just tall. At six-foot-one and a half inches, she is the tallest girl — in fact, she is the tallest person at Ruby Bridges High School. Having apparently never

encountered anyone over 5'5" before, her classmates can't help but gawk at her stature. "How's the weather up there?" someone quips every few seconds. Her given nickname is "LeBron." And when she stands up straight, boys literally go running in the other direction.

But at the end of the day, Jodi is still a normatively good-looking, privileged young woman.

Do beauty and privilege guarantee protection from bullying? Of course not. Are people bullied on account of their height? All the time.

However, predicating a movie about bullying on a trait that is considered not just normal, but favorable by mainstream society doesn't sit right. According to the strange logic of "Tall Girl," Jodi is the ultimate outcast. But with her blue eyes, blond locks and fair complexion, she looks more like the models featured in "Teen Vogue" than the actual teens who comprise its readership — who also happen to be the movie's target audience.

"You think your life is hard?" Jodi asks in one of the first lines of the film. "I'm a high school junior wearing size 13 Nikes. Beat that."

I'd venture to guess that a lot of people can. If the tall in "Tall Girl" was replaced with "fat," "gay," "disabled," "socially awkward" or any other trait that falls outside accepted social norms, Jodi would be a far more relatable character — and "Tall Girl" would be a much, much better film.

"Tall Girl" takes a turn for the weird when the extent of the obsession with Jodi's height is revealed. For the duration of the film, the only topics addressed are Jodi's height, Jodi's crush on a foreign exchange student, Jodi's height, Jodi's height and Jodi's height. Never mind that she is a skilled pianist who likes to read and wants to go to the school dance.

The hysterical, nonstop attention that everyone pays to her fairly average stature is almost "Twilight Zone"-esque in the way it warps social realities. "You're the tall girl. You'll never be the pretty girl," declares the resident mean girl, as if the two are mutually exclusive.

More evidence that the movie is set in an alternate universe: Her sister, who looks about five feet tall (and, in a cruel twist of fate, shares my name), is a teen pageant queen, while Jodi, the more natural model of the two, watches from the audience.

Jodi's parents shower her with pep talks about self-love and "facing adversity." For a brief, horrifying moment they even consider putting her on anti-growth steroids. They host a meeting of the "High Hats," a society for similarly tall people to convene and talk about — what else? — being tall. (Are tall people going extinct? Am I missing something here?)

The idea that being six feet tall defines Jodi — and that everyone else shares this conviction — is absolutely wack. But the contrast between what the film seems to want to say and

the message that it actually conveys is nothing short (heh) of alarming.

"Tall Girl" aims to be a feel-good, lighthearted movie and hopes the audience will identify with its underdog protagonist. But by the end, it feels like we are meant to believe that being six feet tall — or diverging from what is considered "normal" in any way — really does make you a freak.

I don't know if the bizarre, two-hour fever dream I just experienced will be remembered as a strange footnote in the history of Netflix originals or a blip in the platform's concentrated effort to diversify a tired genre. All I know is that "Tall Girl" is a size 13 step in the wrong direction.

Harper Lambert politely declined a seven-figure offer to star in the Netflix original "Short Girl."



Courtesy of Netflix

# HOROSCOPES

First Day of School

ARIES

MARCH 21 - APRIL 19

You will unsuccessfully crash one class and lose your spot in your backup class, leaving you with nothing.

TAURUS

APRIL 20 - MAY 20

You will go to Phelps for your section instead of HSSB and have to sprint over so you don't get dropped.

GEMINI

MAY 21 - JUNE 20

You will sleep through your alarm and miss your 8 a.m. Typical.

CANCER

JUNE 21 - JULY 22

You will forget to turn the ringer off on your phone during your Campbell Hall lecture and get roasted by your professor in front of everyone.

LEO

JULY 23 - AUGUST 22

You will spill coffee down your white t-shirt and have to walk around all day with a large stain going down your middle.

VIRGO

AUGUST 23 - SEPTEMBER 22

You stayed up partying away the last minutes of your summer and will have a miserable day.

LIBRA

SEPTEMBER 23 - OCTOBER 22

You have a paper due tomorrow. Welcome back.

SCORPIO

OCTOBER 23 - NOVEMBER 21

This is the year to try out a capella. Let your inner Beyonce shine.

SAGITTARIUS

NOVEMBER 22 - DECEMBER 21

That person you managed to avoid all last year will sit down next to you in your first class.

CAPRICORN

DECEMBER 22 - JANUARY 19

During lecture you will have an epiphany about the exactly perfect thing for you to dress up as for Halloween.

AQUARIUS

JANUARY 20 - FEBRUARY 18

You will attend your first Gaucho soccer game and get hit by the ball in the first half.

PISCES

FEBRUARY 19 - MARCH 20

You will drop your phone as you're walking and someone will run over it with their skateboard.