

COLA Movement Reaches All 10 UC Campuses Amidst Call for UC-Wide Work Stoppage Thursday

Evelyn Spence
Lead News Editor



LEONARD PAULASA / DAILY NEXUS

A new Twitter account – @UCSF4COLA – launched early Sunday morning, with a singular post that urged UC San Francisco graduate students to show up to a Wednesday rally “to show that we are united in our fight for accessible higher education.”

But the post, and the creation of the account, marked more than just the launch of another cost-of-living adjustment (COLA) movement, which have been rapidly spreading across the UC since December. With the launch of a COLA group at UCSF, all 10 UC campuses now have rumblings of COLA organizing on their respective campuses.

And they’re determined to make the university listen.

Two campuses, UC Santa Cruz and UC Santa Barbara, have launched full strikes. UCSC graduate students have been on strike since early February, and UCSC Chancellor Cynthia Larive dismissed at least 54 of them from their Spring Quarter 2020 appointments last Friday, sparking outrage across the UC system.

UCSB graduate students began their own full strike last Thursday; at UC Davis, graduate students began a grading strike on Feb. 27, meaning they are withholding Winter Quarter 2020 grades. They will continue to

strike until their demands are met, according to a statement posted to the movement’s Twitter account.

COLA movements on other campuses are planning a one-day, full work stoppage “blackout” strike on Thursday, March 5, in solidarity with the dismissed UCSC graduate students. At each campus, COLA movements are urging faculty to cancel all classes and undergraduate students to walk out of any classes that professors didn’t cancel. Organizers are also asking participants to wear all black.

“There is an ever growing number of students who are ready to strike and who are prepared to strike,” Zak Fisher, UC Los Angeles’ Graduate Student Association president, told the Nexus. Fisher attributed this sentiment not only to the

COLA movement at UCLA but also to the firing of the UCSC graduate students, noting that participation in COLA organizing has “increased exponentially.”

UCLA graduate students voted Monday evening to join the Thursday “blackout” strike.

“I think people are just fed up ... the [UCSC] firings brought a lot of attention from people who weren’t really paying attention before,” he said, adding that hundreds of people have attended UCLA COLA rallies.

Fisher, as GSA president, said he presented the UCLA COLA demands to UCLA Chancellor Gene Block on Feb. 21. But beyond that, he said he hasn’t seen much of a response from the chancellor.

“Why is it that it’s the number

COLA Shutdown p.5

UCEAP Suspends Three Study Abroad Programs Due to Coronavirus



MELODY WANG / DAILY NEXUS

While the China study abroad program was cancelled at the end of January, the South Korea and Italy programs were cancelled last week as more cases of the virus were confirmed across the globe.

Sanya Kamidi
Deputy News Editor

The University of California Education Abroad Program has suspended its spring study abroad programs in China, South Korea and Italy amidst concerns about the spreading coronavirus.

While the China study abroad program was cancelled at the end of January, the South Korea and Italy programs were cancelled last week as more cases of the virus were confirmed across the globe.

Currently, these are the only three programs that have been

suspended because they are the only three countries for which the Centers for Disease Control (CDC) has issued at least a Level 3 Travel Advisory, which means “Avoid Nonessential Travel.”

“Anytime that the CDC and the Department of State have a Travel Advisory Alert at a Level 3, we are required by UC policy to suspend programs,” said Myla Edmond, University of California Education Abroad Program (UCEAP) spokesperson.

In total, 350 students across the UC system have been affected by these three program suspensions,

Edmond said.

Once the programs were officially suspended, Edmond said UCEAP “strongly encouraged” students to return home, although they can’t require students to do so.

Additionally, Edmond said it was dependent on a student’s home UC campus whether the student could enroll in spring quarter courses once they returned, which would also vary depending on when the programs were suspended.

Frances Woo, a third-year

UCEAP Cancelled p.5

UAW 2865 Members To Vote in April About Striking Over Unfair Practice Charges Against the UC

Katherine Swartz
University News Editor

United Auto Workers Local 2865, the union that represents teaching assistants across the UC system, announced Monday its bargaining team unanimously voted for all union members across the state to vote on whether or not to authorize an unfair labor practice strike against the University of California, further escalating tensions between the university and the union over the cost-of-living adjustment movement sweeping the UC system.

United Auto Workers (UAW) Local 2865 filed formal charges against the UC with California Public Employment Relations Board (PERB), alleging that the UC has committed multiple unfair labor practices in its response to the cost-of-living adjustment (COLA) movement.

In the complaints, UAW 2865 alleged that the UC attempted to bargain for a COLA with individuals and groups instead of the union. It also alleged that the UC went outside of the collective bargaining agreement with UAW by firing teaching assistants for

withholding Fall Quarter 2019 grades at UC Santa Cruz.

“Every member of the union will soon have the chance to democratically vote on whether or not we can hold a strike. If approved, this action would be statewide, and could affect every department at the University of California,” UAW 2865 President Kavitha Iyengar said in a press release.

As the COLA movement grows across the UC, graduate students have emphasized that their actions are a “wildcat” strike, meaning that they are striking without the approval of their union and contract, which was negotiated by UAW in 2018 and expires in 2022.

UC President Janet Napolitano wrote on Feb. 14 to UCSC faculty that the University of California Office of the President (UCOP) would not “re-open the agreement or negotiate a separate side-letter.”

On Feb. 24, the UC Regents filed an Unfair Practice Charge against UAW. Since the UC system is a public institution, all labor disputes go through PERB when one party in a state labor contract alleges another of unfair practice.

UC/UAW Grievances p.3



LEONARD PAULASA / DAILY NEXUS

Primary Elections 2020: Hartmann Takes Tentative Lead, Weak Showing for Abboud

Arturo Martinez Rivera
County News Editor

As primary election polls closed across the country on Tuesday night, Isla Vista residents tensely awaited results for local races, including for the 3rd District supervisor seat, 37th District State Assembly seat, 19th District State Senate seat and 24th District House of Representatives seat.

The race for the 3rd District supervisor seat saw a close start between incumbent Joan Hartmann, a registered Democrat and challenger Bruce Porter, who ran with no party in the recent election. The vote-by-mail and mailed ballot results showed Hartmann and Porter nearly tied, with 43.79% and 43.34% of the vote, respectively. Karen Jones lagged behind, with 7.78% of the vote.

“We know that as a general rule, Republicans and conservatives

vote early and vote by mail. So the fact that I was not behind was a very good [start] for the rest of the [race],” Hartmann said in an interview with the Nexus.

In response to the early tie, Porter said, “We were deeply gratified and honored by the support we’ve received in early results. We believe that our message of Independence and commitment to bringing a new voice to all residents resonated deeply with voters.”

As the night went on and precincts began reporting results, Hartmann gained a strong lead as Porter began to fall behind. With 21 of the 49 precincts reporting as of midnight on March 4, Hartmann had 51.77% of the vote, Porter had 35.81% and Jones followed with 6.8%.

When the county released the semi-official results, Hartmann maintained her lead with 52.26%

Elections Recap p.4

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SPORTS

Men’s Basketball Aspires To Secure 2nd Place

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ARTSWEEK

Find Out the Winner of this Year’s Battle of the Bands

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SCIENCE & TECH

A Hail Mary for the Monarch Butterfly

PAGE 1

THIS WEEK'S UP AND COMING

Tuesday March 10
Anthropocene: The Human Epoch
 Pollock Theater | 7:30 p.m.



PHOTO COURTESY OF THE ANCIENT FOREST ALLIANCE

The film "Anthropocene: The Human Epoch" concludes a trilogy of films that began with "Manufactured Landscapes" and continued with "Watermark." The film follows the research of an international body of scientists, the Anthropocene Working Group who, after nearly 10 years of analysis and investigation, argue that the Holocene Epoch gave way to the Anthropocene Epoch in the mid-twentieth century as a result of profound and lasting human changes to the Earth. Director and writer Jennifer Baichwal will join moderator Alenda Chang for a post-screening discussion.

Friday March 6
Gagaku Workshops: Kimono Display and Workshop
 Art, Design and Architecture Museum | 1 p.m.



PHOTO COURTESY OF JAPAN SOCIETY

Two leading performers of Gagaku music and Bugaku dance, Naoyuki Manabe and Takao Matsuhisa, will offer a unique glimpse of the unique kimono costumes used in these ancient genres of Japanese performing arts. They will present the elaborate structure of the costumes and their symbolism, and will demonstrate the ritual practices associated with folding and wearing them. Professor Fabio Rambelli (UCSB), organizer of the event, will provide a Japanese-English translation. This is a free event in which you can RSVP by emailing events@museum.ucsb.edu.



PHOTO COURTESY OF PUBLIC RADIO INTERNATIONAL

Friday March 6
The Wood Brothers
 Campbell Hall | 8 p.m.



PHOTO COURTESY OF STUBHUB

Nashville-based experimental roots trio The Wood Brothers combines a "rustic folk sound with a jolt of sonic and stylistic playfulness" (Aspen Times). With soulful vocals, rich harmonies, unwavering grooves and searing guitar work, bassist Chris Wood (also of Medeski Martin & Wood), his brother Oliver, on acoustic and electric guitars, and multi-instrumentalist Jano Rix – who plays percussion and keyboards and sings, simultaneously – harness a kaleidoscopic array of influences and exemplary musicianship into a must-see live show. They received a Grammy Award nomination for their sixth and most recent album, One Drop of Truth, drifting effortlessly between styles as diverse as plaintive country folk and electrified blues funk. Tickets are \$15 for UCSB students with a current student ID and \$30 to \$42 for the general public.

MAGIC LANTERN FILMS PRESENTS:

Parasite
 Friday, March 6
 Monday, March 9
 7 p.m. & 10 p.m.
 I.V. Theater

\$4



PHOTO COURTESY OF AMAZON

IMPROVABILITY: Course Evaluation Day
 Embarcadero Hall | 8 p.m.

Friday March 6 **\$3**

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Staff Quote of the Week:
 "Everyone at the Nexus should make their decisions with post-nut clarity"

WEATHER

Ze has decided to start a new pyramid scheme selling jumbo hand sanitizer for \$200 a bottle to people scared of getting Coronavirus.

Tomorrow's Forecast:
 Making enough money to pay off ze's quarantine bills.

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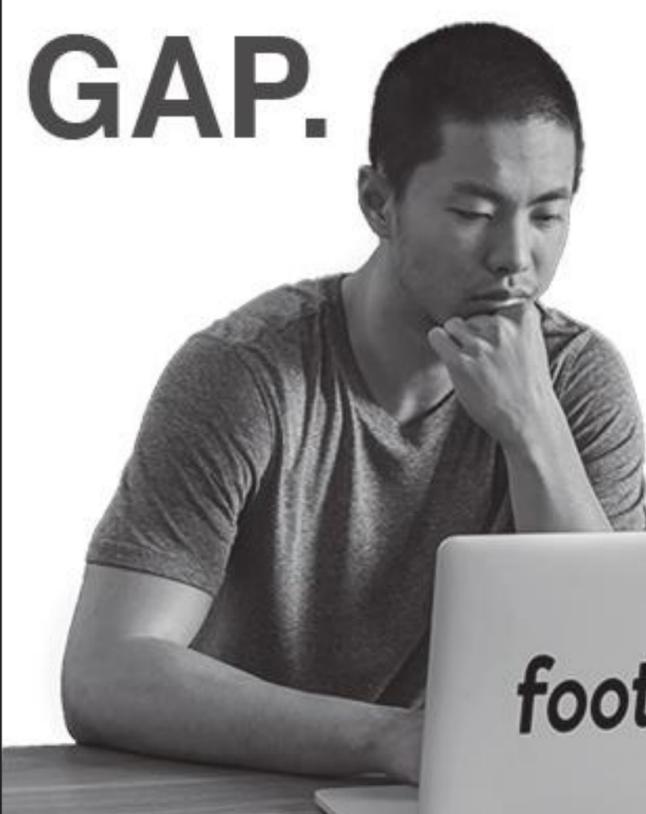
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UC/UAW Grievances

Continued from p.1

The UC Regents allege that UAW “condoned, supported, encouraged, and failed to take affirmative action to end, unlawful concerted activity in violation of the parties’ No Strikes clause,” the charges read.

The Unfair Practice Charge will be decided by PERB in a public hearing if the charges are not settled beforehand. A hearing date has not been set, according to UAW statewide Trustee and doctoral history student Andrew Elrod.

The UC Regents are requesting that PERB issue multiple orders of action against UAW: one declaring the work stoppages at UCSC and all other UC campuses an illegal strike, and another order for UAW to refrain from engaging in any strikes, according to the charges.

The Regents are also requesting that PERB seek an injunction to prevent Academic Student Employees (ASE) – which includes teaching assistants,

tutors and readers – and UAW from engaging in strikes and “any other relief the Board deems just and proper,” the charges read.

While the two orders both restrict current strikes, if enacted, the injunction would give the UC the authority to forcibly shut down strikes with police at all UC campuses, according to Elrod.

In response to the UC Regents’ unfair practice charge, UAW filed two separate Unfair Practice Charges on Feb. 28 and March 2 against the Regents.

The first set of charges allege that the UC refused to negotiate a COLA with UAW, while at the same time bargained directly with individuals and university-funded student organizations, which don’t have the legal authority to bargain with the UC, according to a UAW press release.

“It’s clear that UC wants to create an appearance that it is respecting graduate student employees while avoiding true bargaining, where the law requires

the parties to stand with equal footing and to act in good faith,” the press release read.

While there is no current bargaining between graduate students and UCOP, Napolitano published a statement on Feb. 21 saying that she would meet with the UC Graduate and Professional Council (UCGPC) to discuss a variety of issues including “cost of living.”

UCGPC then published a statement clarifying that the meeting was not in response to COLA, and that the timing and wording of Napolitano’s statement caused a misunderstanding.

The charges also referenced the offer UCSC Chancellor Cynthia Larive extended to striking graduate students, which included guaranteed five-year packages for Ph.D. students and two-year packages for M.A. students, along with a \$2,500 annual housing supplement for graduate students who submitted fall quarter grades and stopped striking.

The second set of Unfair Practice Charges, filed on March 2, allege that the UC violated the Higher Education Employer-Employee Relations Act by dismissing UCSC TAs from spring quarter appointments for withholding Fall Quarter 2019 grades; according to the charges, the UC “denies these workers their statutory right to union representation and is intended to bypass the union.”

These charges led to the UAW Bargaining Team’s vote on March 3, paving the way for a full UAW vote of whether or not to hold a labor practice strike.

“We have been calling for the University to come to the table and negotiate a Cost of Living Adjustment for months now. And it is not true that UC can’t reopen the contract that was ratified in 2018. It’s that they won’t. We ask them every day to open the contract and negotiate a #COLA4ALL. They continue to refuse,” Iyengar said in a press release.



As the COLA movement grows across the UC, graduate students have emphasized that their actions are a “wildcat” strike, meaning that they are striking without the approval of their union and contract.



UC President Janet Napolitano wrote on Feb. 14 to UCSC faculty that the University of California Office of the President would not “re-open the agreement or negotiate a separate side-letter.”



A Week in UC Student News

City Health Officer Announces First Case of COVID-19 in Berkeley (Daily Californian): The city of Berkeley announced its first case of COVID-19 – better known as coronavirus – on March 3. The UC assured students that the individual diagnosed has no affiliation with the university. The city health officials reminded residents that although risk of infection is low, there is no medication or vaccine to treat coronavirus, and thus, recommend frequent hand-washing, staying home when sick and not to touch faces with unwashed hands.

Wait Times at Polling Centers at Ackerman Union Run More Than Four Hours (Daily Bruin): Voters waiting to cast their ballot in the Democratic primary faced wait times of over four hours on Super Tuesday. The polling station at UC Los Angeles’ Ackerman Union faced issues throughout the day, as voting machines crashed early on, forcing voters to fill out provisional ballots until machines recovered.

Record Number of Greek Organizations Have Recognition Revoked After Hazing Incidents (The California Aggie): Three UC Davis fraternities, Sigma Mu Delta, Delta Sigma Pi and Zeta Psi, have lost university affiliation within the Office of Sorority and Fraternity Life this school year. Now, an additional three fraternities – Theta Tau, Alpha Epsilon Pi and Sigma Lambda Beta – are facing investigation from the Office of Student Support and Judicial Affairs due to reports of hazing. Pledges of Greek life organizations have alleged both physical and mental harm, as well as verbal abuse, if pledging tasks were not met.

Students Rally in Support of Fired UC Santa Cruz TAs (The Triton): Students at UC San Diego rallied in front of Geisel Library on Monday in support of the 54 UC Santa Cruz graduate students who were fired last Friday. The rally led to the cancellation of the celebration for the library’s namesake, Theodor Seuss Geisel – better known by his nom de plume, Dr. Seuss. UCSD’s COLA movement took to Twitter, denouncing the university for not canceling the celebration, writing: “UCSD has an unhealthy obsession with Theodor Geisel AKA Dr. Seuss. The UCSD Library frequently honors his whitewashed ‘legacy’. Although today’s events have been cancelled, this statement by a member of COLA coalition outlines the deep connections between our struggle and Seuss.”

Craigslist Ad Too Good To Be True? New “Rate My I.V. Rental” Website May Set the Record Straight

Jackson Guilfoil
Staff Writer

Using a website loosely modeled after Yelp, Isla Vista residents will soon be able to review their rentals, including how they felt about their landlord and their general experience living on the property.

The website ratemyivrental.com, developed by the Isla Vista Tenants Union (IVTU) and UC Santa Barbara’s Associated Students (A.S.), will help prospective tenants make an informed decision on where they want to live by learning about other people’s renting experiences, according to Sabina Menzhausen, technology director at the IVTU and the website’s creator.

There is currently no set date as to when residents of IV. will be able to access the website, but Menzhausen

said that she hopes students will be able to submit reviews by the end of Spring Quarter 2020.

Isla Vistans will be able to review nearly every aspect of their rental experience, including location and furnishings, and can choose whether or not to recommend their landlord, according to Sean Lieberman, A.S. assistant director for technology.

“It’s a rental evaluation and just happens to also evaluate the property management companies as well,” Lieberman said. “Were they reasonable when it came to giving you your deposit back, were they quick when it came to some kind of repair, you know, did they listen to you?”

“It’s a one-stop shop to learn where [people] want to live,” he added.

Menzhausen, a fourth-year biopsychology major, said she

was inspired to create the website because of her experience with her own landlord, where she felt like she “didn’t get what [she] signed up for.”

She added that the landlord-reviewing component of the website will have two sections: one regarding the renter’s leasing experience and another about their move-out experience. For the leasing aspect of the website, prospective tenants can review topics such as landlord responsiveness and timely repairs, as well as general experiences in renting from the landlord.

The move-out section will allow tenants to say whether their landlord set clear expectations for the move-out, such as whether or not the prospective tenant is expected to hire an outside cleaning company, according to Menzhausen.

The renter will also be able to

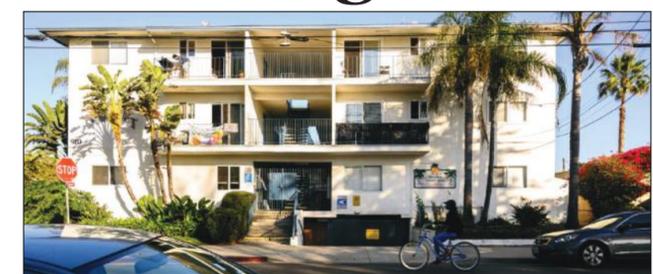
choose whether or not they would recommend their landlord to others.

“It’s almost like when you sign up for classes, right, with RateMyProfessor, you want to know what you’re getting into,” Menzhausen said. “The syllabus may not encompass everything that’s actually going to happen.”

Landlords will be able to respond to what their tenants post about them, but renter posts themselves will be anonymous in order to prevent possible retaliation, according to Lieberman.

However, some landlords have expressed concerns over how renters might use the website, especially if it is based on anonymous reviews.

“People don’t usually say anything [on review websites] unless they’re upset,” said Michelle Roberson, president of Sierra Property



Management.

“When they’re trying to get leverage over a situation, that’s when they go on there to make things go their way. It’s almost a threat instead of an unbiased opinion or review, in our experience,” she added.

While there are other websites where renters may review their rental experience, such as Yelp, ratemyivrental.com is aiming to have streamlined reviews so IV. residents

can learn about their rental options in one place, rather than going to multiple websites.

The website is partially designed to keep landlords accountable to their tenants, according to Menzhausen.

“Holding them to higher standards, and then for the landlords that do treat their tenants really well, getting to promote them and showcase them as student favorites,” she said.

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5:30 am	8:15 am	10:30 am	1:00 pm
7:00 am	9:45 am	12:30 pm	3:00 pm
8:30 am	11:15 am	2:00 pm	4:30 pm
10:00 am	12:45 pm	3:30 pm	6:15 pm
12:00 pm	2:45 pm	5:30 pm	8:15 pm
2:30 pm	5:45 pm	7:30 pm	10:15 pm
6:00 pm	8:45 pm	10:00 pm	12:45 am

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On-Campus Halal & Kosher Food Program Helps Students With Dietary Restrictions

Daniel Seo Reporter

Gabriella Shofet, a fourth-year UC Santa Barbara biopsychology major, said she struggled for years to maintain a healthy kosher diet while at school. Motivated by her struggle, she went to the UC President's Global Food Initiative Student Fellowship Program, proposing a program designed to help Jewish and Muslim students who follow the halal and kosher dietary restrictions of their respective religions.

Over time, Shofet's project, created to address these dietary restrictions, grew into an established Halal and Kosher Program last spring, when second-year political science major Liam Shahaf took over as program coordinator. Both Shofet and Shahaf are working together to address food insecurity, specifically for those who only eat halal and kosher food, by providing them with food that fits their dietary needs.

"The Halal and Kosher Program creates weekly grocery bags for low income students who follow Halal and Kosher dietary restrictions," Shahaf said in an email. "Every week the bags have a breakfast option, a set of instant lunches, potential snacks, and a dinner

option." According to Shahaf, the program is currently funded through the UCSB Food Security & Basic Needs

Taskforce; it also partners with the Isla Vista Food Cooperative (I.V. Co-op), which provides the food at discount prices and assists with transportation. Shahaf and the I.V. Co-op communicate through weekly emails and occasional meetings to plan what food items will be in the bags for that week.

"I don't know how we would be running this program without the Isla Vista Food

also plays an integral role in the program running smoothly, as its employees assist in picking up bulk orders, assemble bags and help sign in Halal and Kosher Program participants.

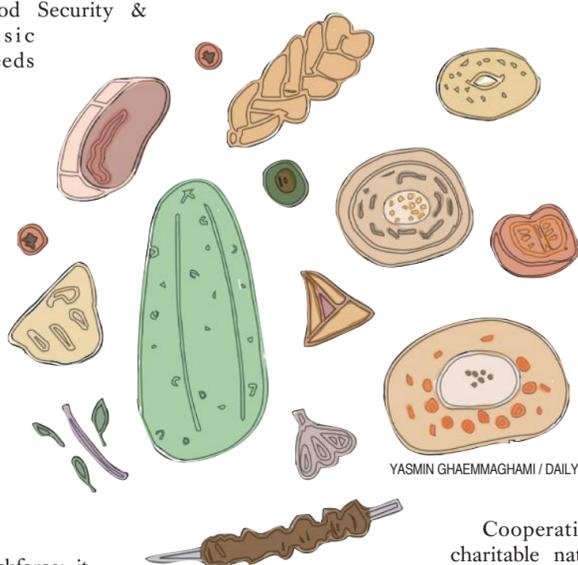
Shahaf said she constantly communicates with leading members of campus organizations such as the I.V. Co-op and the UCSB Sustainability to ensure everything is running smoothly.

"I also check in and receive feedback from other leaders on campus like the Middle Eastern Resource Center, and the Muslim Student Association for new ideas and to see how we can improve or better serve our joint Muslim and Jewish Community," Shahaf added.

But to Shahaf, the importance of the program extends beyond its day-to-day operations.

"Keeping Kosher is how I keep my ancestors and my cultural past close to my heart, and it is one of the only aspects of Judaism in my daily life," she explained.

"I imagine it is similar for many Muslim students who keep Halal, as they are reminded of Islamic persecution around the world. I want to make it possible for every Jewish and Muslim student to keep their religious dietary restrictions, and to feel seen and supported by this campus."



YASMIN GHAEMMAGHAMI / DAILY NEXUS

Cooperative's charitable nature and the discounted pricing they offer us,"

Shahaf stated. "Their amazing team, as well as the food bank employees, help me load all the food into a van headed to the food bank, where we assemble and place the bags."

Shahaf explained that the Associated Students Food Bank

Community Gathers To Celebrate Life of Isla Vista Advocate Michael Bean

Holly Rusch Asst. News Editor

Long-time Isla Vista community member Gary "Michael" Bean, known by many as an advocate for learning and sustainability, passed away on Feb. 4. A crowd of roughly 70 people honored his life and legacy at Little Acorn Park on Feb. 27, where Isla Vista residents of all ages gathered to celebrate his commitment to fostering community and helping others.

Community members spoke about how Bean, who has been in Isla Vista since the 1970s, touched their lives, followed by a commemorative Polynesian dance and a performance of "Imagine" by John Lennon, where attendees sang along.

Bean - who instituted the Isla Vista Free Box, a community donation box in front of the I.V. Recreation & Park District building, and was a guest speaker at various UC Santa Barbara classes - was remembered as "the type of person to respect all people, regardless of who they

were," said Marcelino Sepulveda, a friend of Bean's.

"He touched many generations of people, and that is represented here today. Today is an opportunity for the greater community to honor Michael for who he was and what he gave us," Sepulveda said.

Attendees spoke of Bean's talent for bringing together generations; UCSB students and permanent Isla Vista residents alike touted his dedication to the community around him.

"Michael had an uncanny ability to see past age and see the person instead, which made people of all ages enjoy his company and want to spend more time with him," one tearful community member explained.

Bean's commitment to the environment was "unparalleled," they added. Bean often biked through the streets of I.V. collecting trash and was a strong proponent for a community forest to feed food-insecure community members, the community member said.

Bean was also an active member

of the spiritual group Diamond Heart, as several mentioned at the memorial.

"In our group sessions, we would share personal information that was often very difficult to say. Michael would always be there with a kind word, to listen and in turn share his personal stories," according to one speaker.

In addition to members of Bean's various community groups, UCSB students also found inspiration in Bean's dedication to an environmental community.

"We would often read together," Ash Vincent, a UCSB environmental studies and feminist studies major, said. "He was always interested in what me or any other people were reading, and I thought sharing that shows how he was always interested and always learning new ways he could be useful to the community. I think he was underappreciated."

Many, including Vincent, left memorial attendees with concrete ways to honor Bean's legacy. In addition to a petition to dedicate the Free Box to Bean, Vincent

encouraged attendees to email him for a copy of an Ecovista source book that Bean wrote before his death.

One UCSB student - Bean's neighbor and an environmental studies major, who remained unnamed - acknowledged his uncommon relationship with Bean, who he met in UCSB professor John Foran's sociology class Earth in Crisis.

"Michael had a very special connection to this place, and I got to see him try and better himself and our community... seeing him biking around and coming home to him feeding the scrub jays in our yard was a really special moment for me, and I've been doing my best to feed them for him," he said.

Sepulveda, who helped organize the celebration of life, asked attendees to take wildflower seeds and spread them around I.V. following the event.

"We invite you to take these and disperse them, so that his spirit may grow and blossom amongst the flowers here," Sepulveda said.

Elections Recap

Continued from p.1

of the vote, while Porter stayed behind with 35.71%.

Until the official certified results are released by the Santa Barbara County Elections Division, there is the possibility of the vote continuing to the November general election. For Hartmann to clinch the 3rd District supervisor seat, she must receive 50% plus one of the votes in the primary election.

"With over 30,000 ballots still to be tallied county-wide, it's too soon to draw any definite conclusions from the current totals," Porter said in a statement courtesy of Mathew Burciaga, Porter's campaign manager. "The Porter for Supervisor campaign is looking forward to seeing the final results and is preparing for a lively general election in November."

The race for the State Assembly seat of the 37th District started and ended with an unwavering lead, held by lone Republican Charles Cole, who started off with 36.27% of the vote of the vote-by-mail and mailed ballot results.

Santa Barbara City Mayor Cathy Murillo followed with 22.44% of the vote, Steve Bennett with 16.82% and Jason Dominguez with 8.68%. Elsa Granados had 5.81% of the vote, Jonathan Abboud had 5.75% and Stephen Blum had 3.89%.

With all precincts reporting, Cole ended the night with 32.15% of the vote. Abboud, general manager of the Isla Vista Community Services District and longtime resident of I.V., fell behind with 6.89% of the semi-final vote.

"We're proud of our campaign staff and volunteers and supporters for running a really strong campaign," Abboud said in an interview.

"While we probably did not make the runoff, I'm not going to stop advocating for and working on the issues I ran on, that no other candidate did, like tuition-free public college, the Green New Deal to combat climate change and inequality and affordable housing ... The campaign was always about the issues that were not being talked about, not about me."

Hartmann supporter Abboud's campaign and echoed his sentiments for future plans. "Working with communities to identify their goals and then developing strategies to accomplish those goals. So for I.V. maybe a Green New Deal, you know, how do we bring that about?" Hartmann said. "How do we clearly get better quality housing in I.V. and get the university to build the housing?"

In the race for State Senator of the 19th District, Democrat Monique Limón and Republican Gary Michaels advanced to a runoff in the November general election, with 56.4% and 38.09% of the vote, respectively.

Similarly, in the race for House Representative of the 24th District, Democrat Salud Carbajal and Republican Andy Caldwell will also advance to a runoff. Carbajal obtained 52.16% of the vote and Caldwell received 44.11%.

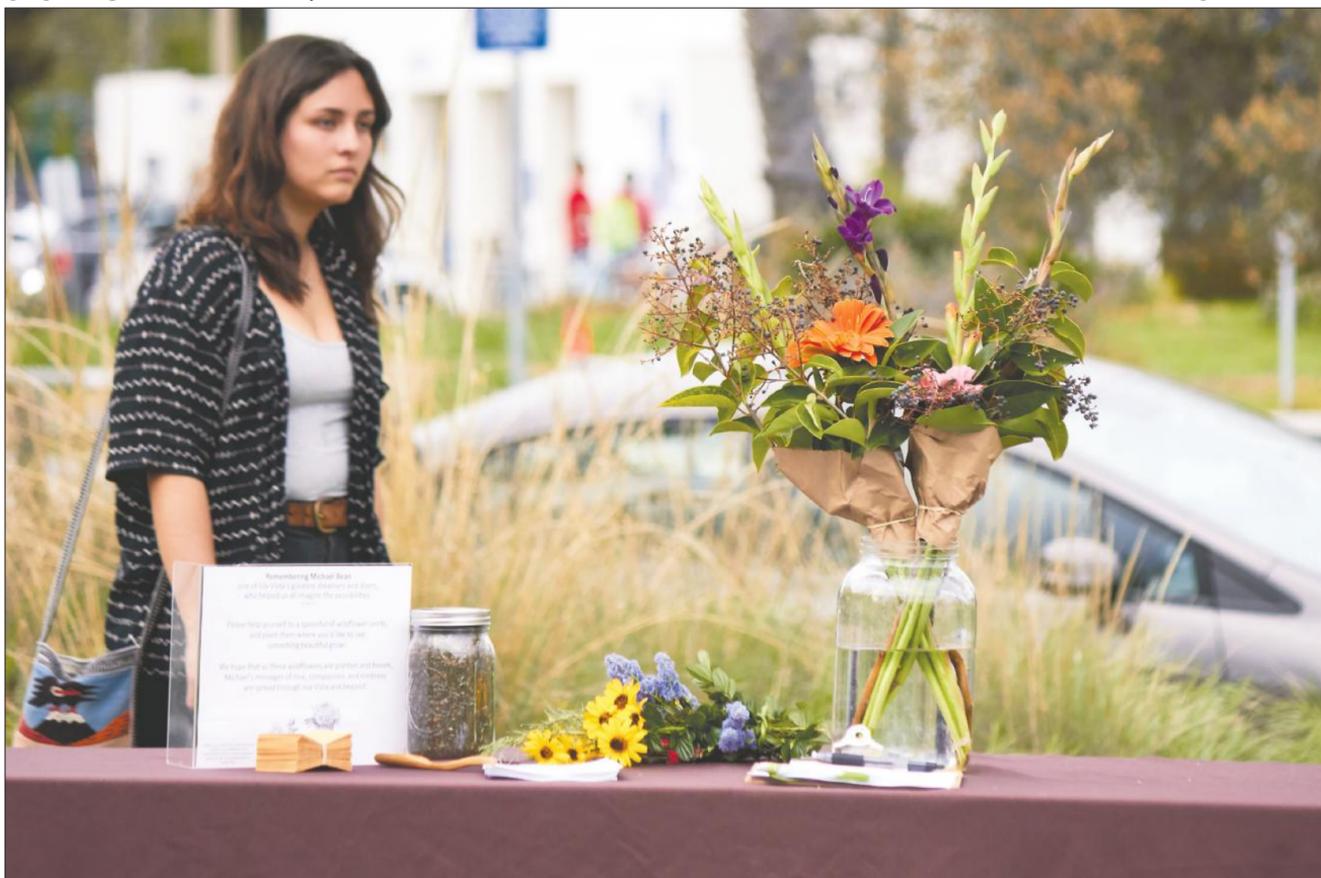
Max Abrams contributed reporting.



SIYAVASH GHADIRI / DAILY NEXUS

Until the official certified results are released by the Santa Barbara County Elections Division, there is the possibility of the vote continuing to the November general election.

VIDEO WEDNESDAYS AT 6:30 P.M. VIDEO@DAILYNEXUS.COM	SPORTS TUESDAYS AT 6:30 PM SPORTS@DAILYNEXUS.COM	ART FRIDAYS AT 12:00 P.M. ART@DAILYNEXUS.COM
SCIENCE AND TECHNOLOGY TUESDAYS AT 5:00 PM SCIENCE@DAILYNEXUS.COM	LAYOUT & GRAPHICS TUESDAYS AT 7:00 PM PRODUCTION@DAILYNEXUS.COM	PHOTO PHOTO@DAILYNEXUS.COM NO CURRENT MEETING TIME



IDA KAZERANI / DAILY NEXUS

Bean - who instituted the Isla Vista Free Box, a community donation box in front of the I.V. Recreation & Park District building - was remembered as "the type of person to respect all people, regardless of who they were," said Marcelino Sepulveda, a friend of Bean's.

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COLA Shutdown

Continued from p.1

one public university,' in the country, [and] the leader of the university won't come out and publicly address concerns?" Fisher said.

Similar to at Davis, UC San Diego organizers are leaning more toward a grading strike rather than a full strike, according to Syed Muhammad Abbas Yousuf, an ethnic studies doctoral student, and Avaneesh Narla, a physics doctoral student.

The two said that a recent UCSD COLA movement vote showed that around 200 graduate students were willing to strike in some capacity, although there is a "strong leaning toward holding a grading strike rather than a full strike."

During Week Nine, UCSD graduate students scheduled a number of events aimed at educating undergraduates about the movement and gaining support across campus for the movement; they will be joining the "blackout" strike by holding a walkout around 1:30 p.m. on Thursday.

UC Berkeley graduate students also voted to join the one-day "blackout" strike, according to Tara Phillips, a UCB COLA organizer. UCB's strike will last from 8 a.m. to 5 p.m. at Sproul Plaza in the center of campus.

The UCB COLA movement also voted Tuesday to create a departmental organizing structure and will begin asking different departments to hold meetings to discuss and vote on strike-readiness, according to a resolution passed by the movement.

"Once we've reached 10 strike-ready departments, we will call a General Assembly to vote on strike escalation on our campus," an email sent to supporters of the UCB COLA movement said.

At UC Riverside, graduate students plan to join the UC-wide "blackout" strike with a rally at 11:45 a.m., according to the movement's Twitter account.

The movement has also released a petition to the UCR community, asking students to stand in solidarity with the UCSC

strike. While graduates at some campuses are taking steps toward a vote to strike, others, such as UC Irvine, haven't decided to go on a full strike but are still organizing for a COLA in other ways.

UCI COLA organizers Nalya Rodriguez, a sociology doctoral student, and Courtney Echols, a criminology law and society doctoral student, said that UCI COLA organizing began on Feb. 20, when over 200 UCI graduate students and supporters rallied in solidarity with the UCSC strikers.

In response, UCI put the administration building Aldrich Hall on lockdown. During the rally, campus police arrested UCI alumni Shikera Chamndany after she entered the building while attempting to obtain her transcripts. Chamndany, who was reportedly not involved with the COLA movement or participating in the rally, was "handcuffed and tackled," the New University reported.

The arrest drew backlash both on campus and across the UC system.

"We firmly believe that this [is] indicative of the anti-Blackness that pervades not just UC Irvine, but the UC system as a whole," Echols said. She said that the following day, the university put out a campus-wide statement "trying to illustrate that they cared about UCI graduate students."

"But we know that if they actually cared, they would immediately send these issues of unfair wages and unjust housing costs which disproportionately affect Black and brown students," she said.

The UCI COLA movement held a sick-out on Monday and Tuesday, during which graduate students called in sick and did not show up to work.

"The average Irvine graduate student spends 43% of their income on rent, and some students report spending as much as 90% of their income on rent here in Irvine," Rodriguez said.

Along with a COLA, UCI graduate students are demanding that the officer who arrested

Chamndany, Sgt. Tricia Harding, be fired, and that the campus police be abolished.

UC Merced UAW 2865 unit chair Anh Diep explained that even though UC Merced is the "cheapest" UC campus in terms of cost of living, students have been supportive of the UCSC graduate student strikers and have begun advocating for administration to address graduate student needs.

"A lot of people think that Merced would be the campus that doesn't care ... since it's so new and it's built in the Central Valley where real estate is cheapest," Diep said.

"But we do feel rent burden here, and we have seen this dramatic increase in the last few years. We're especially cognizant that the time to act is now, the time to be proactive is now, because we have a chance to stop this in our own city and prevent further rent burden and further rent hikes before it gets as dramatically bad as it has gotten in the other campuses."

Diep said that UAW 2865 leadership, along with general members, met with UCM Chancellor Nathan Brostrom on March 2 to discuss graduate student struggles, and that they plan to meet sometime next week for a follow-up meeting. Diep emphasized that the discussion focused on broader needs and did not focus on the specific TA contract currently in place.

There has been no formal UC-wide response to the COLA movements to date; organizers across the UC system emphasized that negotiations need to happen through UCOP instead of at individual universities.

The UC Regents filed an Unfair Practices Charge against UAW 2865 on Feb. 24, alleging that the union has failed to take action to end strikes at UCSC. In response, UAW 2865 filed two separate Unfair Practice Charges against the UC; the UAW 2865 bargaining unit also voted on March 3 to hold a union-wide vote whether to go on strike due to unfair labor practices. All union members will vote on this in April.

UCEAP Cancelled

Continued from p.1

sociology major at UC Santa Barbara, was studying abroad in Florence, Italy during winter quarter when her program was suspended. At first, there were three confirmed cases in Italy around Feb. 24, Woo said. But in the next four days, the number of confirmed cases skyrocketed to around 400, she added.

"With all of this happening, a lot of the students, all the people I talked to about it, they were just kind of talking about it amongst ourselves because the school didn't really say anything about it," Woo said.

While Woo said she wasn't as concerned about the virus itself, particularly because it is more dangerous for the elderly and people with illnesses, she said she was worried that she would have to be quarantined once she returned, which could affect her spring quarter enrollment at UCSB.

"I was just afraid that, knowing [President Donald Trump], that he was gonna implement a travel ban and do something drastic that could leave us like stranded [in Italy]," Woo said.

"Even if we came back at the same day that we're supposed to, if we got quarantined for two weeks, that would mean that'd we'd miss the first week of classes."

In the days leading up to the program's suspension, Woo said she was frequently checking news sites and getting traveler alerts about the increasing risk in Italy.

While the university did send emails to students to let them know it was monitoring the situation, Woo and several other students emailed UCEAP coordinators criticizing the minimal communication from UCEAP, particularly as the situation in Italy began to develop.

"Even though [UCEAP] said they were monitoring the situation, they didn't really give updates, they just kind of gave

us a link a couple days ago and told us to check on it ourselves," Woo said.

"The students that I was talking to knew a lot more about the situation than the school itself, or at least what the school was telling us, which was really frustrating."

About a day before the Italy program was officially suspended, Woo said students received an email saying that they could choose to withdraw from the program early. But Woo noted that, for many students,



Everything's prepped for me to go abroad, but I don't actually know if I'm going abroad.

Jasmine Khamenian

buying a last-minute plane ticket isn't financially feasible.

"If it's a quote unquote optional thing, it's not really optional for those students," she said.

Once the program was officially suspended on Feb. 28, UCEAP told students they could submit claims to be reimbursed for their tickets for up to \$2,000.

Woo and other students in the Florence program only received four units per course as opposed to five due to the program suspension.

While no programs beyond Italy, South Korea and China have been suspended so far, Edmond said UCEAP was "monitoring the entire world at this point." As of Wednesday evening, the New York Times reported that at least 95,400 people across the globe had the virus, and that people in at least 80 countries had been infected.

Students who are preparing to go abroad are being told to continue as if their programs will be held, according to Edmond.

Jasmine Khamenian, a third-year communication major, is scheduled to study abroad in Japan for spring quarter through UCEAP, but Japan is currently at a Level Two alert.

"In three weeks, I have a plane ticket to go abroad for spring quarter in Japan, and everything's set, my plan has been to go third-year, spring quarter, but obviously the coronavirus and everything has kind of put me in a limbo," Khamenian said.

"Everything's prepped for me to go abroad, but I don't actually know if I'm going abroad."

In Japan, elementary through high schools were recently shut down, but there haven't been any cancellations for universities so far, the New York Times reported.

"UCEAP is telling me, 'We'll let you know if CDC says it's Level 3' ... in that case we don't go, but that could be when I'm in Japan in three weeks, and it can be the second day there, and they could be like, 'Oh yeah, actually go back,'" Khamenian said.

In addition to the possibility of her study abroad program being cancelled, Khamenian would have to deal with finding housing and registering for classes, which she doesn't think would be a possibility so last minute.

"I don't know if I should pack for going abroad or for going home for break only," Khamenian added.

"There's so many things up in the air."



LEONARD PAULASA / DAILY NEXUS

With the launch of a COLA group at UCSF, all 10 UC campuses now have rumblings of COLA organizing on their respective campuses.

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Just like we all predicted, 19th-place Watford was the team to end Liverpool's unbeaten run... welcome to the Premier League.

SPORTS

UCSB Athletics

The UCSB women's tennis team takes on Pepperdine on Friday at 1 p.m., before hosting Loyola Marymount on Saturday at 1 p.m.

UCSB Hosts CSUF, Cal Poly Looking To Secure Second Place

Spencer Ault
Staff Writer

Locked in a three-way tie for second place in the Big West Conference with just two games left in the regular season, the UC Santa Barbara men's basketball team faces perhaps its most important week of the season.

Two wins, and the Gauchos are assured the second seed in the Big West tournament and a position on the opposite side of the bracket from league-leading UC Irvine. Two losses, and UCSB will likely find itself in third or fourth place, facing a much more difficult path to the championship.

Luckily for the Gauchos, the two teams they have left to play are two of the worst teams in the Big West: Cal State Fullerton, which is 10-19 overall and 5-9 in conference play, and Cal Poly, which is 7-21 and 4-10.

That scheduling luck is a bit misleading, however. Fullerton and Cal Poly do indeed reside at the bottom of the conference standings, but that just means they have more to play for. The worst team in the Big West misses the tournament entirely and the Titans and Mustangs both will do what it takes to avoid that fate.

The Gauchos, then, host two hungry teams this week. First up is Fullerton on Thursday night followed by Cal Poly on Saturday night, which will also serve as Senior Night for UCSB's three departing players.

UCSB defeated Fullerton on Feb. 20 in a 75-66 game that saw the Gauchos come out hot, then blow the lead, and finally regain the advantage and close out the Titans with a 16-3 run. Senior guard Max Heidegger provided much of the spark for UCSB with 27 points, 7 rebounds 5 assists and scored 16 of the team's 41 second-half points.

The Gauchos likely won't have Heidegger this

time around. The senior left last Thursday's game against UC Riverside early with an ankle injury that was serious enough to keep him out of Saturday's game against UC Irvine as well.

UCSB felt Heidegger's absence in their loss to UC Irvine, shooting just 36.8% from the field with only one player scoring in the double digits. Junior guard JaQuori McLaughlin handled much of the scoring load when Heidegger missed 10 games earlier this season and will likely have to take on that role again if the Gauchos are to overcome the loss of their leading scorer.

Saturday's game was a tough first matchup to be without a player like Heidegger, but if the senior is indeed forced to miss more time with his injury, the competition this week promises to be a bit friendlier.

Fullerton is a middle-of-the-pack defensive team in the Big West, surrendering the fourth-most points per game while holding opponents to the fourth-lowest shooting percentage in the league. On offense, Fullerton has two of the top five scorers in the Big West in senior guard Brandon Kamga and senior forward Jackson Rowe. Kamga and Rowe combined for 38 of the Titans' 66 points in their first game against UCSB and will almost certainly be the Gauchos' top defensive priorities once again on Thursday.

Fullerton comes into Thursday's game as losers of their last three games and have slid perilously close to last place Cal Poly in the Big West standings. UCSB, on the other hand, has won six of their last eight games, so the two teams enter Thursday's game heading in opposite directions.

The same can be said for Cal Poly and UCSB. The Mustangs have lost five games in a row heading into their matchup with the Gauchos, a losing streak that has kept them in the Big West cellar.

UCSB and Cal Poly opened up Big West play against each other all the way back on Jan. 8, so it's only fitting that they'll close their regular season against each other almost two months later. That first matchup was a 63-45 Gaucho victory, the team's second-most lopsided win in conference play this year.

Statistically speaking, there's not much that Cal Poly does especially well. The Mustangs are near the bottom of the Big West in several categories, on offense and defense, and have surrendered over 80 points six times in conference play.

The Mustangs are especially weak on the boards, as opponents average 4.4 more rebounds a game than Cal Poly. That's the worst mark in the Big West and UCSB will be eager to exploit.

If Heidegger is forced to miss Saturday's game as well, it won't be much of a change for the Gauchos when it comes to playing Cal Poly. The senior guard missed the Jan. 8 matchup as well, and while the team's 63 points don't scream success, the margin of victory suggests UCSB knows how to beat Cal Poly without their leading scorer.

The Mustangs have just one player averaging over 10 points per game: sophomore guard Junior Ballard. Ballard averages 12.8 points per game and shoots 36% percent from three, enough to make him the primary focus for any team playing Cal Poly.

If the Mustangs are able to reverse their slide and beat Long Beach State on Thursday night, they'll come into the Thunderdome with a potential postseason bid on the line. If not, there won't be much to play for, other than a shot at spoiling UCSB's shot at second place.

The Gauchos host CSU Fullerton on Thursday night at 7 p.m. On Saturday night, the Gauchos host Cal Poly for Senior Night, also at 7 p.m.



LEONARD PAULASA / DAILY NEXUS

No. 8 Gauchos To Kick Off Conference Play on Saturday



LEONARD PAULASA / DAILY NEXUS

Omar Hernandez
Sports Editor

The No. 8 UC Santa Barbara women's water polo team will head south on Friday for its last two non-conference matchups before returning home Saturday to kick off Big West play.

The Gauchos will take on a pair of Claremont Colleges, the Claremont-Mudd-Scripps Athenas and Pomona-Pitzer Sagehens, before facing off against the Cal State Northridge Matadors.

This weekend offers a bit of a respite for UCSB who has been running through a gauntlet of tough teams so far this year. Santa Barbara owns a 9-8 overall record on the season and has lost three consecutive matches, all of which have been against top-10 teams.

Claremont-M-S has had a roller coaster of a season so far, losing four out of its five first games before putting together a small two-game win streak leading up to Friday's game.

Santa Barbara native Aracelia Aldrete leads the Athenas in scoring (7) but there are five other players who have scored 6 goals a piece, showing just how well-distributed this team's offense is. UCSB will have to put in a team effort on defense in order to stop this squad, as Claremont's unselfishness is a little bit different than the more concentrated offenses the Gauchos have played over the last couple weeks.

UCSB will face off against Pomona-Pitzer on Friday as well, which will be a nice chance to build up some momentum before the conference opener against CSUN. The Sagehens are 3-6 so far this season, and big losses against No. 2 UCLA (2-21) and No. 10 UC San Diego (7-17) indicate that they have a lot to work on defensively. Look for Gaucho senior utility Sarah Snyder to be in attack mode as she gets a break from the top defenses that she's had to face over the last few weeks.

The last game of the weekend for the Gauchos will also be the most important, as the No. 21 CSUN Matadors come to campus pool for UCSB's first conference matchup of the season. The Matadors are 13-5 so far this season but have been on a roll lately, winning six out of their last seven matches.

The key for UCSB will be locking down senior utility Jennalyn Barthels, who has already notched a team-leading 32 assists. Barthels is coming off a career season where she scored 39 goals to go along with 37 assists and an All-Big West Honorable Mention. She does it all for the Matadors, so if the Gauchos are able to limit her touches they should have a great chance of limiting the team's offense as a whole.

After a tough non-conference schedule, UCSB women's water polo will finally be getting into the heart of their season this weekend. Two matchups against struggling teams on Friday, Claremont-M-S and Pomona-Pitzer, should be a breath of fresh air for the Gauchos before plunging right into Big West play on Saturday.

Deltopia 2020 Parking Information

Isla Vista Parking

Parking in Isla Vista will be subject to potential closures beginning at 4pm on Friday 4/3/20. The Santa Barbara County Sheriff's Department advises you to relocate your vehicle from the following locations:

- 6500-6700 Blocks of Del Playa
- Camino Del Sur between Del Playa and Trigo
- Camino Pescadero residents between Del Playa and Trigo
- El Embarcadero residents between Del Playa and the top of Loop
- Camino Majorca between Del Playa and Pasado
- **Trigo Road residents living in the 6500 block will need to relocate their vehicles parked on the street. Signs will be posted notifying residents (SBSO 805-681-4179).**

UCSB Campus Parking

No Overnight Visitor Parking is allowed on the UCSB Campus on Friday April 3rd and Saturday April 4th

- **Registered UCSB Students** with an Annual Night & Weekend parking permit can park in designated lots on campus beginning at 9am Friday, April 3rd until 7:30am on Monday, April 6th. **Parking is allowed only in Structure 22, and parking lot 30.** All other campus lots are subject to closure.
- **Apply/order on-line by March 20th** to ensure your permit arrives by USPS mail prior to April 3rd. UCSB students may also visit our office to purchase a permit now through April 3rd. Vehicles must display the actual permit decal. **Temporary permits not valid.**

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Gauchos Eager To Keep Momentum Against Aggies, Bulldogs



SIAVASH GHADIRI / DAILY NEXUS

Annika Pearson
Staff Writer

The UC Santa Barbara men's tennis team started this week with split results, securing a win over San Diego State University and giving the nationally ranked University of San Diego roster a real run for their money. The Gauchos have picked up momentum, already adding three wins since coming back home. Now moving into their fifth and sixth at-home games, the Gauchos are gaining momentum and actively bulking up their record; currently, it sits at 5-9 overall.

This week, UCSB is set to face the Utah State Aggies (3-7) and the Drake University Bulldogs (3-14).

The Aggies will come into Friday's match with a 3-7 record, though they have yet to see a victory while on the road. Utah's three wins have been interspersed between a series of wide-gapped losses. In all seven of their defeats, the Aggies scored no more than 2 points versus their competitors, and their performance in singles competitions has taken more of an "all-or-nothing" pattern.

On Santa Barbara's end, aside from three scoreless sweeps, the losses have all been within one or two points of their competitor. Looking particularly at its gameplay against similarly ranked teams like Pepperdine or Santa Clara, UCSB typically is able to pull off at least a few one-man victories per dual match, even if it results in a loss.

As has been apparent throughout the season, the Gauchos, unlike Utah State, have relied and fallen back on their abilities to outplay their competition in singles matches. This might come in to hurt Utah State this week, as the Gauchos have in the past four games been pretty consistently able to push, if not dominate, their opponents in this area.

Considering its bleak history in doubles play this season, UCSB may need to watch out for Utah State's duos. In the past four matches, the Aggies secured at least one doubles win. Rookies Christian Holmes and Roko Savin are currently running on a three-

win streak in the No. 3 spot. The duo may challenge Gauchos senior Alex Soto and freshman Joshua Williams who have seen three losses in a row.

Though I say this cautiously, Santa Barbara might be relieved to face Drake University on Sunday. Currently, the Bulldogs sport a 3-14 overall record, though they will play two matches before Sunday's game.

Like Utah State, Drake's wins have been far and few between. Two late-February victories only recently disrupted the losing streak which had prevailed since mid-January. Just two games ago, Drake was swept 0-7 by Indiana, a team that UCSB only lost to 4-2 back in February.

Drake's players show nothing the Gauchos have not competed against before. Holding down its No. 1 spot is freshman Oliver Johansson. Currently he sports the only winning dual-match and overall record on the roster; however, Johansson has seen significantly less games considering he did not participate in fall season.

As a whole, the team's singles dual stats have fallen below the .300 mark, suggesting an inconsistency which likely will not fare well against the Gauchos. For doubles, the Bulldogs' pairings have seemed to switch often.

Duo junior Finley Hall and sophomore Evan Fragistas have shown the most success in dual matches, going 4-3. Yet still, before the partners were broken up in the most recent match, they had seen few wins since the beginning of the season.

All aspects considered, the Gauchos could use this weekend to continue to bolster their position as they move closer and closer to Big West Conference play. After splitting its last two matches – drawing particular attention to its impressive, maybe unexpected performance versus USD – UCSB will likely come in hot, eager to notch more rings in its belt.

The Gauchos first take on Utah State at 1:30 p.m. on Friday, March 6 and Drake University on Sunday, March 8, also at 1:30 p.m.

No. 3 UCSB Beats No. 12 UCLA 3-1 on Tuesday Night

Jesse Morrison
Staff Writer

The UC Santa Barbara men's volleyball team faced off against the UC Los Angeles Bruins Tuesday night in Isla Vista. The Bruins came into Tuesday's match as the No. 12 team in the country with an 8-8 record, 2-3 in Pac-12 conference matches.

The host Gauchos entered the match on fire, with a 12-2 record having not played any Big West Conference games yet. UCSB came into this one as winners of their last six games, four of which were sweeps.

The last time these two squads faced off was less than a month ago in Los Angeles, where the Gauchos dominated, winning 3-0.

UCLA had to be thinking a lot about their previous matchup with Santa Barbara and what they would need to do to adjust.

Unfortunately for the Bruins, their adjustments were too scarce, and UCSB put on a show for their home crowd.

Starting things off in the first set, both teams traded kills early before UCSB earned a quick 8-4 advantage, forcing a Bruin timeout. UCLA would adjust and storm

back, evening things up at 13. From there on, these teams were neck and neck before 3 service errors in the last 5 points put the Gauchos in an early hole. UCLA would take the first set 25-23, thanks to a big set by middle blocker Daenan Gyimah. The 6'8" senior racked up 4 kills and a huge block in the first of several sets.

In the second frame, these two teams went back and forth continuously before a small run by the Gauchos helped earn a little breathing room. After being knotted up at 8, several big kills by sophomore outside hitter Ryan Wilcox and some important defensive stops by senior opposite Keenan Sanders helped give UCSB a 16-11 advantage.

From that point on, Santa Barbara would never look back, maintaining at least a 4-point advantage for the remainder of the set. They would take the second set 25-18, evening the series up at 1. Sanders would go on to have a big game, finishing with 8 blocks on the day.

The third and fourth sets were dominated by a stifling Gaucho defense. With things tied up at home, UCSB really showed up in the defensive aspect of the game, holding UCLA to a very rough .057 hitting

percentage. The third set was won by a margin of 9 at 25-16, and the fourth was won by a comfortable 5, 25-20. UCSB would win this one 3-1, with a final scoreline of 23-25, 25-18, 25-16, 25-20.

The man of the match for Santa Barbara could have been two people. Reigning back-to-back Big West Conference Athlete of the Week Randy DeWeese set his career high in kills for the second consecutive match.

He topped last Saturday's 20-kill performance against USC with a stellar 22-kill night against UCLA.

Another guy who had a great game was senior setter Casey McGarry.

He had a double-double on the day, finishing with 37 assists and the match-high 12 digs. McGarry has had a great year for Santa Barbara so far, ranking fourth in the country in assists per set.

He has been pivotal toward UCSB's success so far and he should continue to impact matches in a variety of ways.

The next game for UCSB is this Friday at 7 p.m. against UC San Diego.

This is the Gauchos' first league match, and it's at home, so come out and pack Rob Gym to support men's volleyball.



LEONARD PAULASA / DAILY NEXUS

UCSB Baseball Heads to Corvallis After Defeating No. 1 UCLA

Nick DiPiero
Staff Writer

The red-hot UC Santa Barbara baseball team will head north for a three-game series this weekend at Oregon State University.

The Gauchos are coming off a one-game match at Caesar Uyesaka Stadium against the visiting nationally ranked UC Los Angeles Bruins, in which UCSB's 8-5 victory was UCLA's first loss of the season.

It was a nail-biter under the lights as junior pitcher Conner Roberts threw four almost-perfect innings in relief of freshman starter JD Callahan, who was tacked for four runs in four innings.

Sophomore infielder Christian Kirtley and sophomore catcher Mason Eng had multihit performances and RBIs, while a late ninth inning push from the Bruins was nothing more than that for junior pitcher Conner Dand, who would go on to finish out the ninth and game.

The Gauchos now sit 10-2 on the season as they prepare for a tough road match against a program that more than doubles UCSB's silverware.

At 5-6, the Beavers are starving for the complementary pieces needed to support their older cast of players, such as senior infielder Andy Armstrong and junior catcher Troy Claunch.

Oregon State's season has been so inconsistent that the one thing that potentially makes them consistent is that they are inconsistent. Seven of their 11 games have ended with a run differential of +4 or higher, while three of those ended with a +6 or higher.

In their most recent game, they lost 11-12 in a marathon at San Diego State University.

They lost 3-4 and 4-7 to Brigham Young University and Mississippi State University, respectively. That about sums it up, save for big wins like their 13-1 demolition of San Diego State University in the first game of this last series or their 11-4 win over University of New Mexico in the season opener.

UCSB, on the other hand, is absolutely on fire, having now won five games in a row since their 4-5 loss to Abilene Christian University.

They're 10-2 with lights-out pitching, stone cold composure and

perhaps, the deepest lineup in the conference.

The Gauchos own a sparkling 2.13 ERA and have shut out their opponents on three occasions. They have four players batting over .300, including junior infielder Marcos Castanon and Kirtley, while that ranking steadily declines until the bottom. The Beavers are experiencing a huge drop in their run production after Claunch, whose .275 clip at the plate is followed up by sophomore infielder Matthew Gretler's .217.

Now average does not necessarily translate to runs, which is evident by the fact that Claunch is eighth on his team in average, but is tied for the lead in home runs and RBIs. However, the eight players that own averages lower than Gretler have combined for zero home runs and have failed to match his 4 RBIs. This means that Gretler is, indeed, not an outlier.

After Claunch, who has proven himself to be quite the quality player now in his third year, the Beavers' lineup has been left out in the dust. Or the rain, I suppose...

Alongside Claunch, however, are junior redshirt infielder and outfielder Alex McGarry, who is the aforementioned deadlock partner at 3 bombs and 13 RBIs, Armstrong, who is off to a sizzling start at the dish, ready to finish off his college career strong, and junior infielder Ryan Ober, who's got 10 hits in nine games and eight starts.

While the Gaucho pitching staff should be expected to triumph over both the Beavers' lineup and ballista, there are a few gems that, if not respected enough, may shut the door on your game.

That's junior pitcher and outfielder Christian Chamberlain. Three starts, 17 IP, 24 SO, 2 W and 0 ER. Dominant.

Pitchers freshman Ryan Brown, freshman AJ Lattery and junior Reid Seby haven't been nasty, but they've been shut down relievers here in the young season.

As for the Gauchos, pitchers sophomore Michael McGreevy, junior Zach Torra and sophomore Rodney Boone have simply devastated lineups week in and week out. The report isn't out yet, but look for all three to potentially get starts this weekend.

Friday's first pitch is at 5:35 p.m., while Saturday's is 4:05 p.m. and Sunday's is 12:05 p.m.



SIAVASH GHADIRI / DAILY NEXUS

ARTSWEEK

Gauchos Crowd The Hub for Battle of the Bands 2020



Courtesy of Associated Students Program Board

Omar Reyes
Reporter

Recently, local Isla Vista bands ditched their usual backdoor show gigs to hit the stage at Battle of the Bands hosted by the Associated Students Program Board, taking one another on for what would be an impressive display of talent,

hard work and dedication to be the best around. Yung Fuzz, Pretty Cheeky, Closeout and Tastegood all showed up to The Hub last Thursday to prove themselves as worthy contenders among the long list of other prestigious bands in town.

The night brought a variety of sounds ranging from rock to jazz. The rules were simple: Each band

would have 15 minutes to take the stage and impress the crowd with their musical inclinations and personalities. It wouldn't be long after the doors opened that the venue would be filled with the competing bands' fans and friends shouting their names enthusiastically. With each band bringing in their own sizable crowd, the event would be a

cutthroat race to first place.

Up first was Yung Fuzz, composed of a saxophone, keyboard, bass guitar, guitar and drums. They provided a heavily jazz-inspired performance, adding a unique flavor to the night overall. The ensemble gave the crowd a set of songs that brought together the rhythmic nuances that make jazz the complex genre it is. Using their stage time wisely to have a proper jazz-jam session, each member contributed their own impressive solos throughout the set, leaving out nothing you want from a jazz fusion set: funky bass lines, playful keys and ridiculous drums solos.

Following Yung Fuzz was Pretty Cheeky, bringing the beloved I.V. surf-indie genre to the stage. They quickly grabbed the crowd's attention with a nod to Jimi Hendrix as the lead guitarist played the legend's variation of the national anthem. They performed in the classical rock orchestration with a bass guitar, guitar, drum set and lead singer, as did the rest of the bands that followed. Each song had excellent danceability, keeping the crowd's feet moving for the entirety of their set; the band was an energetic crowd-pleaser, playing the sweet songs

that never fail to raise morale. Pretty Cheeky was a reminder of the influence that having fun has on a group of people.

Closeout was next and they added some edge to the sounds preceding, presenting a rock sound that leaned more toward the genre of punk. The band performed as a trio, with the lead singer handling the responsibility of the guitar as well as vocals. Playing at a high level of hype, the energy was infectious enough to have the audience jumping up and down wildly throughout the band's set. Each member added their aggressive touch to the songs, keeping the momentum alive throughout the entirety of their turn, with in-your-face drum breaks and intense guitar licks.

Ending the night was Tastegood, providing a strong female presence to the competition. They wrapped up the night with a compilation of fun and tongue-in-cheek tunes perfect for a college setting, with most songs feeling free-spirited and spritely. Frowning during their performance would have been an impressive feat, especially with the band's hilarious lyrics. Leaving the crowd with a case of teenage fever, the band finished,

and it was time to decide on the competition's victor.

After the final song, attendants were asked to remotely cast in their votes. The audience dispersed as they chatted with friends, debating on who the rightful winner should be. And, after a short break, an A.S. Program Board representative went on stage to announce that after a very close count, the winner of this year's Battle of the Bands would be Tastegood, winning a free recording session as their prize. The band gathered in a group embrace as they digested the exciting news.

But win or lose, all the bands were happy to be involved. Nick Sultan, guitarist for Pretty Cheeky, felt honored being able to share the stage with his fellow musicians. "Nothing but good vibes," Sultan said. "Makes me excited to just get out there and do more shows."

Sadly, not everyone could walk away as a winner, but the night wasn't about being first place, or even about music; it was about the camaraderie in competition found among the bands here in I.V.



Poet Claudia Rankine Talks Race and Creativity at Corwin Pavilion

Aubrey Valerio
Reporter

Poet, author and editor Claudia Rankine brought her insights on the relationship between creativity and racial projects to a discussion at UC Santa Barbara's Corwin Pavilion. A MacArthur Fellow and recipient of numerous other awards such as the Jackson Poetry Prize, Rankine is the author of five collections of poetry, most notably, "Citizen: An American Lyric," and is the editor of several anthologies.

The event began with an introduction of Rankine's work and various accolades by UCSB associate professor of English and Black studies Stephanie Batiste. Rankine entered the stage to applause and introduced her lecture with quotes by Saidiya Hartman, T.S. Eliot and W.B. Yeats. With these quotes, she emphasized the idea that "anything you make is in conversation with what was made before." She went on to add that the work's historical

context is just as important; this factor goes on to encompass the importance of racial positioning and where and who the writing is coming from. "The writer is in conversation with his own racial positioning," Rankine said.

Moreover, Rankine pointed out the need to recognize the white-supremacist orientation in the fiction of classical texts: "A text as a universal voice or an objective seeing is a way of privileging a white voice as objective, a white voice as universal, as speaking for everyone."

Providing the audience with these crucial understandings of classical texts and emphasizing the importance of an individual, unassimilated voice, Rankine went on to use Denise Murrell and her work "Posing Modernity" as an example of a scholar and writer who has analyzed the racial implications of certain works of art. The work of art focused on during the lecture was Manet's "Olympia," which features a nude white woman lying on a bed, being brought flowers by her

black servant. Rankine described Murrell's analysis of the painting and how scholars have tended to ignore the black woman in the painting, despite the fact that the same woman has appeared in another Manet painting.

Another highlight of the event was her presentation of sound poet Tracie Morris's commentary of Stanley Kubrick's "Eyes Wide Shut." She played a clip of the film with Morris' poetry being played audibly in the background, highlighting the significance of color, race, gender and sexuality in the film. The poetic commentary was both impactful and humorous, as exemplified by the audience's reactions of attentive silence and frequent laughter at Morris' observations.

Summing up all that she had gone over, Rankine described the racial imaginary as living. "The same attentiveness we give to critical anxiety we should be bringing to the role of the racial imaginary, in every image or sentence composed or consumed," said Rankine. "How do we do this?

We have to be willing to think."

Further emphasizing the need for "real thought," she urged for feeling history in the present. "It means that you understand that there are limits to your construction. There are limits to how you are constructed," said Rankine.

She proposed this racial imaginary in order for people to understand the reality constructed by white supremacy and other social constructs and how it affects the stories and art we tell and create everyday. She advanced this thought, stating, "Think about how as educators, as students, as makers, as consumers, we could begin to exist in the same reality."

The event was wrapped up with a Q&A that dwelled upon and expanded on Rankine's call for widening thought and conversations between texts. Audience members, students, aspiring writers and artists were sure to have left the event dwelling on how they could now create more authentic and honest work.



Courtesy of UCSB Events & Tickets

AS PROGRAM BOARD PRESENTS...

AS PROGRAM BOARD PRESENTS...

BATTLE OF THE DJ'S IN THE HUB

MARCH 5 @ 8PM

SPECIAL GUEST DJ: **DJ ALN**

COMPETITORS:
SOJU - DJ MESSI - KODOR CHI
SERGELAFERGE - DJ JESSE

FREE W/ VALID UCSB ACCESS CARD

NO GLOW STICKS, SKATEBOARDS, HOTELS, GAMES, KNIVES, ALCOHOL, ANIMALS, ILLEGAL SUBSTANCES, WALLETS, SHAMPS, BEADSMITHS, GLOVES, LAZERS, BARS, WIGS, SCARVES, FIRE, STAGE DIVING, CHOWD JUMPING, OR MOUSING. ANY PERSON ENGAGED IN VOLUNTARY CONDUCT OR ENDANGERING OTHERS WILL BE REMOVED FROM THE VENUE.

THURS, 3/5
BATTLE OF THE DJ'S
UCSB - IN THE HUB @ 8 PM

AS PROGRAM BOARD PRESENTS...

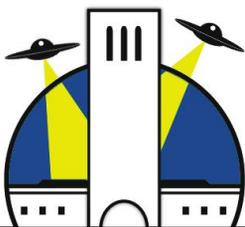
Zack Fox

March 4, 2020
IV Theater 1
Doors: 7PM

Students - \$8
General - \$13
Door - \$15

WED, 3/20
ZACK FOX
IV THEATER @ 7 PM





NEXUSTENTIALISM

It's Satire, Stupid.

Storke Tower Blasts Off



MAX MYSZKOWSKI / DAILY NEXUS

Stuart Yeeger
Staff Writer

UCSB bore witness to a once-in-a-lifetime spectacle last week as Storke Tower's countdown timer reached zero, its engines were ignited and it blasted off into the heavens. The roar deafened I.V. residents and shattered windows as far as the 68 block.



Dude, it was so beautiful.

A melancholy moment,
but I'm glad Storkey can
finally be free.

Sam Leonard

The massive plume of superheated gas from the engines instantly vaporized the KCSB headquarters that were previously residing under the tower. The adjacent Daily Nexus headquarters were fortunately left unscathed, presumably on account of the staff's ritual sacrifices routinely made to appease the tower.

"Dude, it was so beautiful. A melancholy moment, but I'm glad Storkey can finally be free. He's on a journey now," said local first-year Sam Leonard.

Leonard's comments echoed the feelings of many I.V. residents who felt sad that Storke's Last Erection had to go but were thankful for the time they shared with it. Like an injured raccoon nursed back to health and then released into the wild, Storke is now able to explore the world beyond its foundations.

Following the initial launch, Storke Tower flew 40 miles into the mesosphere before turning back and taking a few victory laps around the Earth. A low flyby shattered every window in Cal Poly before Storke set off to chase the sunset, skimming low above the Pacific and boiling a thin layer of the ocean into an impromptu seafood stew as it went.

Following its brief but storied world tour, Storke returned to UCSB, circling above the campus thrice before turning its Juul-esque belfry toward the sky and the stars. The streets of Isla Vista, the Arbor and the smoldering remains of Storke Plaza were crowded with students and faculty, all waving their bittersweet goodbyes to UCSB's most treasured phallic landmark.

Olé Gaucho was last seen riding the jet-propelled campanile à la "Dr. Strangelove" and is not expected to return.

Tears were cried, poems sung and stories recounted. And above all of this, Storke's fire slowly faded from sight as it left the atmosphere and the gravitational pull of Earth, arcing toward the cosmos and into eternity. Goodnight, sweet prince.

Stuart "Wily as a Wombat" Yeeger slept through Storke Tower's launch.

Graduate Student COLA To Be Paid in Gaucho Bucks

Henri Bemis
Staff Writer

In the wake of graduate student protests demanding a cost-of-living adjustment, the university announced today that it had ultimately conceded to award the sought-after wage increase. Following a brief pause and some fervent deliberation between the UC Regents, it was then clarified that the COLA will be paid entirely in the university's irredeemable, irrefundable microcurrency – Gaucho Bucks.



Wait, what the fuck is a Gaucho Buck?

UCSC Grad Students

Graduate students at UC Santa Cruz, who instigated the rapidly growing COLA movement, have been stunned by this decision. After celebrating this momentous victory for grad student quality of life, many paused momentarily

to ask, "Wait, what the fuck is a Gaucho Buck?"

"We have heard your demands, graduate students of the UC system. We understand and resonate with your plight," said UC President Janet Napolitano.

"Thus, we have graciously decided to ease your burden by increasing graduate student wages by \$1,807.51 Gaucho Bucks per month."

Graduate students at UC Santa Barbara have responded to this announcement with both excitement and confusion, many calling this development "almost what we wanted."

"We hope this Gaucho Buck stipend – which will be accepted by the Arbor, the Bookstore and zero landlords – will ease the burden borne by these integral members of the university."

Plans are also allegedly in the works to supplement this COLA with unused meal swipes from the Ortega Dining Commons.

"This would be kind of like a solution to our problem," said UCSB graduate student Amy Pennyworth. "But also not really."

Though the graduate students of UCSB will presumably be no closer to living unoppressed by the unaffordable housing costs, they will now at least be able to afford all the yerba mates and scantrons their burnt-out hearts desire.

Henri Bemis wants a little coca with his COLA.

Freshman Taking Adderall for Intro Classes Fucked for Real Life

A. Wiessass
Asst. Nexustentialism Editor

BREAKING – UCSB researchers focusing on the cognition of education have published a new report concluding that college freshmen who start using stimulant drugs such as Adderall as a study aid for classes early in their academic careers, like GE and intro classes, are "fucking weaklings who would run away sniveling when faced with the harsh realities of life."



Waa! Waa! Wittle babies can't take being confwonted by weawity?

This report has been spreading across campus, with many feeling personally attacked by its findings. "Those scientists are being totally, totally unfair! Some of these intro classes are really hard," said freshman linguistics major John Neidapil.

"Like, I'm taking Dinosaurs right now, and it's a lot of freaking work!" he continued, with tears welling in his eyes and his baby face quivering from the trauma of having to face a depiction of himself that differed from the "perfect little boy" that his mom told him he was.

The researchers that worked on this report have responded to this outcry from students who feel targeted by its findings by stating: "Waa! Waa! Wittle babies can't take being confwonted by weawity? Our report simply functions as a mirror that is showing you a side of yourself that you have, up until now, refused to acknowledge. All your reasons to hate the mirror are really just reasons to hate the person reflected in it."

The researchers continued, "you don't need Adderall like someone with ADHD needs it. What you need is a reevaluation of yourself and to ask yourself if you really belong here if you need recreational drugs just to fucking study."

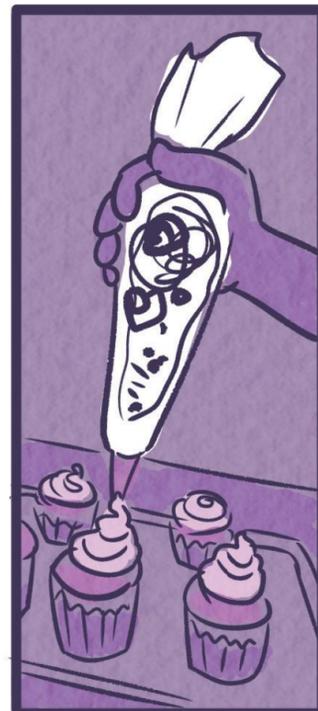
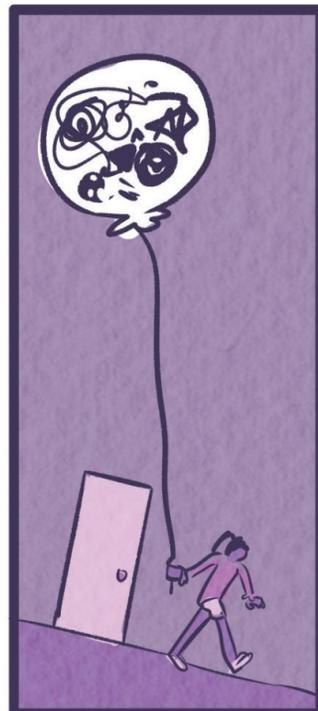
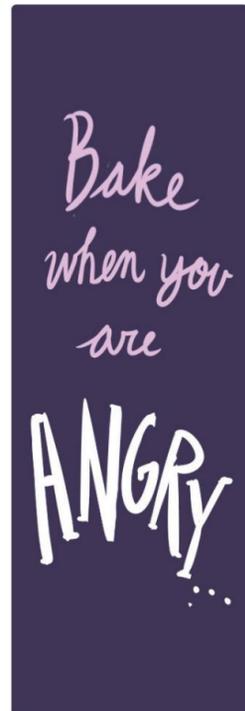
Local Adderall dealers reported a momentary downturn in the illicit prescription drug market, which was quickly followed by a spike in sales – likely attributable to students wanting to make up for lost productivity during their respite of self-reflection.

Regardless of the report and its findings, it seems obvious that Adderall will continue being a mainstay in freshman dorms and the University Library alike. Jittery Gauchos will continue to try to make up for dilly-dallying for the rest of the quarter by staying up all night with the help of some friendly little amphetamine. Orange dust stains their desks from splitting pills, but a seeping feeling of inadequacy is what stains their souls.

A. Wiessass consumes Adderall like a toddler consumes multivitamin gummies.



DAILY NEXUS ART & COMICS



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ON THE MENU

Stuffed and Fluffed With Santa Barbara Restaurant Week



ALL PHOTOS BY ALEXANDRA LEAL SILVA / DAILY NEXUS

Alexandra Leal Silva
Staff Writer

Over the past two weeks, I have had the pleasure of hopping around Santa Barbara and trying a bunch of spots that participated in Santa Barbara Restaurant Week! With over 30 restaurants participating, there seems to be a never ending stream of choices, no matter what you are craving. I wanted to taste as many cuisines as possible without taking too big of a hit on the old wallet. Two experiences that especially stood out in terms of taste and cost efficiency were Chase Restaurant and Eureka!

Located on State Street, Chase Restaurant is the perfect location to take a date or treat yourself! The restaurant itself is very cozy with fairy lights outlining the space. The decor reminded me of Christmas time, and with a rose on every table, the restaurant felt laced with the feeling of l'amour. Seemingly popular with folks of all ages, Chase Restaurant was buzzing for a Thursday night with wait staff hustling back and forth, all with a notable smile. Upon arriving and being seated, my date and I looked over our menus and gladly accepted the one for SB Restaurant Week. With the average pasta entree costing \$20, we were thrilled to order from their prix fixe menu that offered three courses for only \$25!

Chase Restaurant has an impressive wine list for all the sommeliers out there with lists of Interesting Whites, Interesting Reds and so on. They offered several cocktails as well which could be ordered from the table or their fully stacked bar.

We both started with a salad; I went with the caesar and he went with the house. When ordering, the waitress told me that folks constantly raved about the caesar salad due to the fantastic dressing. I immediately knew what she meant. The dressing was creamy and well-seasoned, while not overpowering the salad. I found it to be the perfect appetizer before what I imagined would be a heavy entree. My date ended up finishing my salad for me and claimed that it was by far his favorite part of the entire experience.

For the second course, my date went for the lasagna, while I chose their famous chicken piccata with fettuccine alfredo. Both dishes came out promptly and seemed to be the most popular dishes of the evening. The lasagna was well-cooked and quite cheesy but the sauce could have been more flavorful. The chicken piccata was moist and well-cooked. It had a gorgeous golden brown sear on it and the capers were delectable. Similar to the lasagna dish, the only problem I found with it was the sauce. Though some may be more inclined toward lemon, it has the tendency to overwhelm my palette. The prescence of lemon was evident in the sauce and at times proved to be too much. However, I loved the inclusion of the lemon once I began eating the pasta. The fettuccine was al dente and the sauce was so incredibly good. It was obviously more of a cream base than a butter and was rich in flavor and texture. The lemon element helped cut through the deep sauce and made it possible for me to nearly finish my meal.

For dessert, we were sad to hear that the restaurant had run out of tiramisu by 7:30 p.m. due to its popularity. We decided to each get one of the remaining desserts: he chose the New York raspberry cheesecake and I went for a classic cannoli. The presentation of both desserts was so effortlessly appetizing, it was hard to ruin it by eating them. The New York cheesecake had zigzags of raspberry sauce and the

cannoli mirrored it with zigzags of chocolate sauce. The cheesecake was creamy and the lightness of the whipped cream combined with the texture of the fresh raspberries created a party of flavor! The cannoli was the definition of decadent. A perfectly fried cannoli shell housed a wonderful cannoli cream and puffs of whipped cream with chocolate chips and powdered sugar that created a sugar dream.

Overall, the Chase Restaurant experience was tasty and for \$25 a person, provided more food than I could have imagined. It's a beautiful location to spend quality time with someone you love and has food that you will fall in love with.

Over on the other side of State Street was Eureka!, a casual burger joint that provides anything but average. For also \$25 a person, if you have a craving for burgers and fries but want to up your game, Eureka! is the place for you. Though this may seem like a more simplified menu in comparison to some other locations participating in SB Restaurant Week, the food is anything but simple.

My partner and I started our meal by both ordering the truffle cheese fries. Truffle salt, parmesan and green onion cascade on top of golden fries that you can smell as soon as they hit the table. The truffle fries are accompanied by a white truffle cheese sauce that can only be described as heavenly. Though I would return for the entire menu, I am one day post-meal and I am already eager to go back and have another order of those fries. We could not express how delicious this entree was and the flavor profile was on another level.

For the second course, we ordered a Fresno Fig Burger and a Cowboy Burger, both medium rare. Though they both come with fries, we decided to upgrade our side for \$2 and order side salads instead. There isn't a choice on which salad to order but they do offer the dressing options of either ranch or lemon vinaigrette. We decided to try one of both! The burgers came within a reasonable time and we could not wait to dig in. The Fresno Fig Burger, featuring a fig marmalade, melted goat cheese, arugula and a spicy porter mustard, was everything we wanted it to be and more. The burger itself was juicy and cooked perfectly. The fig spread and goat cheese were delicious and the bun was buttery and beautifully grilled. The Cowboy Burger featured bacon, shoestring onion rings and a barbeque beer sauce. The bacon was crispy and the onions were a tasty touch with a nice bite. The barbeque sauce complimented the cheddar cheese very well and the burger was, again, juicy and exactly how I wanted it to be.

When it was finally time for dessert, we weren't sure we had any room left but we powered through. We got one of each option: the Bonfire Stout Brownie and Bourbon Barrel Cake. Both desserts featured ice cream, a surprisingly nice palette cleanser. The Bonfire Stout Brownie featured charcoal ash and smoked paprika on its vanilla scoop offering an interesting flavor dynamic, especially when paired with the brownie. The Bourbon Barrel Cake featured a caramel made with, you guessed it, bourbon. It mixed very nicely with the vanilla ice cream and had pecans laced throughout that offered a nice crunch.

Overall, Eureka! offered a fantastic meal for a fantastic price. The atmosphere was casual and fun and provided a nice space to take family or a group of friends. We both took home leftovers that we can't wait to dig into during lunch and have decided that we have to go back soon.

No matter what you choose, I am sure you'll find an unforgettable experience during SB Restaurant Week. Restaurant Week runs till Friday, March 6 so get out there and get tasting!



Six Healthy Essentials for Surviving Dead Week

Paige Holloway
On the Menu Asst. Editor

Winter quarter is quickly coming to an end, which means the excitement of spring quarter remains ahead; however, so does the pressure of finals week. Whether you prefer camping out at the lib, studying at home or posting up at a coffee shop during dead week, here is a list of tips for staying energized while you begin studying next week.

Grab a yerba mate or cold brew from the Arbor.

The first thing I like to do before settling in at the library is to get some source of caffeine. Fortunately, the Arbor is stocked with a variety of yerba mates, energy drinks and my personal favorite, cold brews. The window outside also caters to coffee lovers by having made-to-order coffee options.

Try studying with gum.

During my first round of finals last year, I found myself going through several packs of gum in just a few days. Gum not only gives me something to do but it also keeps my brain working. The Arbor has several different options you can buy for cheap prices. Just make sure that if you study with gum, you also take your tests with it so you're in the same mindset!

Drink lots of water throughout the day.

Nothing makes doing schoolwork all day more miserable than being dehydrated. Dehydration not only

makes you more tired but also less focused. For this reason, I always make sure to have my Hydro Flask on me and consciously refill it throughout the day.

Pack healthy snacks beforehand.

It's vital to stay nourished as you prepare for finals, which begins with eating healthy foods. While there are a variety of healthy options offered at the Arbor, in order to save some money and avoid being tempted by the plethora of junk food, I suggest bringing snacks from home to eat throughout the day. Some great options include fruit, like an apple or banana, almonds, carrots and hummus or granola bars.

Make time for exercise, if possible.

I always find that I am more productive once I have been active early in the day. During dead week, I try to make working out early in the morning a priority so I can spend the rest of the day focused on my schoolwork. This can be a great way to start the day with natural energy.

Eat a healthy breakfast to start the day right.

Although many college students don't eat breakfast regularly, during high-stress weeks, it can be a beneficial way to get natural energy before starting to study. Easy options may include instant oatmeal, yogurt or toast with peanut butter or avocado.

Hopefully at least one of these tips can be easily implemented into your routine going into dead week. While schoolwork can be grueling, it's important to put our health first in order to give our best performance during finals week!

SCIENCE & TECH

UCSB Researchers Investigate Cause of Sodium Dysregulation in Migraine

Jacqueline Wen
Science & Tech Editor

Migraine is a neurological disease perhaps best characterized by debilitating headaches with acute, throbbing pain, usually on one side of the head. Attacks last hours to days and can be accompanied by other symptoms, such as nausea and acute sensitivity to light and sound. The third most prevalent global illness, migraine affects one billion people worldwide, including 39 million in the United States, according to the Migraine Research Foundation.

Yet much about the undertreated disease, including its causes, is still not understood. While researchers know that sodium levels in cerebrospinal fluid (CSF) and brain tissue increase during migraine, what triggers the abnormal changes in concentration during migraine onset and propagation is not known. Identifying the cause of disturbances in brain sodium levels may inform potential migraine treatment.

Recent research from UC Santa Barbara could shed light on how these substances in the brain are regulated during migraine. These findings are published in *Frontiers in Computational Neuroscience*.

Collaborating with Michael Harrington from the Huntington Medical Research Institutes and Samuel Grant from the FAMU-FSU College of Engineering, UCSB researchers Linda Petzold and Hamed Ghaffari set out to find what causes increased sodium and CSF levels during migraine.

The team followed the hypothesis that atypical sodium regulation – responsible for the elevation in CSF and sodium levels – causes migraines. This sodium dysregulation occurs at the blood-brain barrier (BBB), a semipermeable structure that is highly selective in allowing specific substances to pass into the brain, and at the blood-CSF barrier (BCSFB), which separates CSF from blood and from brain tissue.

The scientists developed a model of a rat brain to explore the sodium exchange between CSF, brain tissue and blood. Their model showed the onset of migraine and the fluid dynamics in different areas where CSF is found in greater quantities.

“We wanted to test where the likely source of this increased sodium concentration would be,” said Petzold, the Mehrabian Distinguished Professor in UCSB’s Department of Mechanical Engineering and Department of Computer Science.

The investigators then performed a global sensitivity analysis to account for how changes in initial conditions affect the model at a future time. Specifically, they wanted to compare the significance of the BBB and BCSFB in influencing CSF and brain sodium concentrations.

The researchers found that sodium concentrations in brain tissue were more sensitive to variations in the BBB within the first 30 minutes of migraine onset. Within three hours, they became more sensitive to variations in the BCSFB.

“The increased level of sodium over normal levels in migraineurs is most likely happening due to some malfunction in the choroid plexus,” Petzold stated.

Choroid plexuses produce CSF and help form the BCSFB. They are located in the ventricular system, which transports CSF around the brain and consists of four brain cavities, or ventricles. The fourth ventricle is positioned by the trigeminal nerve. Responsible for sensation in the face, the trigeminal nerve is what causes the pulsing pain experienced during a migraine headache.

“There’s the trigeminal nerve, which is the nerve that goes through your head. Most nerves are myelinated – they’re insulated against things in their environment – but this one isn’t,” Petzold explained.

Consequently, the trigeminal nerve is especially vulnerable to excess sodium levels in its environment. If elevated sodium concentrations “literally bathe” and aggravate the trigeminal nerve, the sodium will directly increase firing rates for neurons, according to Petzold. This results in the intense pain and sensitivity associated with migraines.

“Our computations strongly indicate that the source of the malfunction is in the fourth ventricle ... We’ve identified the most likely source of the sodium excess,” she remarked.



Courtesy of Pixabay

The researchers constructed a computational model to explore the potential cause of increased sodium and CSF levels in the brain that occur during migraine headaches.

As the study is part of an ongoing project, the collaborators are now working to create a more detailed, 3D physiologically correct model of fluid flow in the brain.

The updated model incorporates the glymphatic system, “which is kind of the system of fluid flow in the brain tissue” that helps remove waste, Petzold explained. She and her colleagues hope to explore the effects of potential drugs with this model.

“We need to make it a little bit better because right now we’re just [modeling] diffusing fluid

through the brain tissue. But we know that there is also [faster convective flow] in there,” she said.

Because sodium concentrations serve a vital role in normal brain function, Petzold mentions the possibility of their involvement in other brain disorders, which the team also plans to investigate.

“It’s kind of disturbing that sodium is so out of balance during migraine,” Petzold said. “And so, what if sodium is imbalanced not just here but in other regions of the brain? There’s no reason to expect that it would always be in balance. Could that explain other disorders in the brain?”

A Hail Mary for the Monarch Butterfly: The Plan To Rehabilitate Ellwood Butterfly Grove

Sean Crommelin
Copy Editor

Since the 1990s, the population of the Western monarch butterfly has collapsed.

This is not an exaggeration by any means.

The Western monarch butterfly once numbered in the millions as swarms of them traversed the American West in their multigenerational migration from Mexico to Canada and back again.

From 1997 to 2009, the peak number of monarch butterflies observed in overwintering sites across California was a little under four million. In 2019, that number was just over 29,000.

George Thomson, the newly appointed Parks and Open Space manager for the Goleta Public Works Department, spoke on Saturday at a public forum regarding progress made in bringing back the long-declining monarch butterfly to Coronado Preserve and Ellwood.

Thomson was accompanied by JoAnne Plummer, the Parks and Recreation manager for the city of Goleta, as well as Dan Meade, a principal scientist with Althouse and Meade, Inc. Biological and Environmental Services, based in Paso Robles.

Ellwood was once an ideal overwintering site for the species. However, coupled with pressure and stress from infectious diseases and an explosion in the use of neonicotinoids, there has been a volley of drought and flood, resulting in the degradation of the preserve.

This has been the case throughout California. According to Meade, of the 400 overwintering sites identified in the state, only 113 had any monarchs, and only 30 of those had an aggregation of more than 100 monarchs. 21 sites have been listed as “damaged or destroyed” since 2016.

Before 2016? 54 sites.

In Ellwood Main and Ellwood Mesa, a combined count of 300 butterflies was recorded for 2019. In its heyday, Ellwood hosted 400,000 butterflies, “or 10% of the entire California overwintering population,” according to Althouse and Meade, Inc.

Prolonged drought parched the once-flourishing eucalyptus groves, killing more than a thousand trees; intense storms following the drought have caused considerable damage, toppling trees both living and dead and thinning the eucalyptus canopy.

The use of neonicotinoids, pesticides which are neurotoxic to insects, has increased by several orders of magnitude in the U.S., coinciding with a remarkable decline in insect and bird populations nationwide.

Meanwhile, *Ophryocystis elektroscirrha*, a



SEAN CROMMELIN / DAILY NEXUS

At a recent public forum, the new Parks and Open Space manager, George Thomson, outlined the plan to reestablish Ellwood Butterfly Grove as an important overwintering site for monarch butterflies.

protozoan parasite which is found in cysts on milkweed plants, has spread in epidemic proportions among monarchs, fueled by the widespread planting of non-native tropical milkweed.

Meade drew attention to the condition necessary for healthy overwintering in monarchs, namely dappled light, protection from temperature extremes and protection from inclement weather such as storms and wind.

During the overwintering period, monarch butterflies enter into a state of relative dormancy. Ideally, a monarch during the overwintering period will not depart from this state of dormancy until springtime. Disruptions to this can endanger the butterflies, and repeated interruptions to the dormancy period in overwintering lead to an increased risk of starvation later on.

“The main thing they need to do is nothing. The point of being in an aggregation site is to make it to the mating period in the spring. And the best way to do it is just to sit tight and hang on a branch,” Meade said.

Another factor to consider, according to Meade, is

the influence of warming temperatures on monarch butterflies, the effect of which is not entirely known.

“From the 1980s to today, San Diego County saw a 2.4 degree rise. That’s a really big rise. In San Diego County and Los Angeles now, you just don’t find any butterflies. There’s just not an aggregation in those locations. A lot of the counts that were done down there, counting this last year, were zeros, up until Ventura really,” Meade said.

“So that’s a factor that can really be important. [But] we just don’t know whether there is a threshold – will it begin at 3 degrees, or 2.4 – and then suddenly the average temperature is too high for an overwinter period. We just had no idea if that’s the case or not.”

A related change has also been observed in the timing of the peaks in overwintering numbers among monarch butterflies, with counts in Ellwood peaking in November, rather than January as it had in years prior.

After Meade concluded, Thomson went on to speak regarding Goleta’s plans to rehabilitate Ellwood and reestablish its importance as a crucial

overwintering site for monarch butterflies on the Central Coast.

In Ellwood, enormous swathes of eucalyptus trees in the grove are dead, with many having fallen.

“We’ve got over 1,700 dead trees in 70 acres. So to put that in perspective, in terms of the size of the ground ... [t]hat’s about 25 acres, Girsh Park in its entirety,” Thomson said.

“So we’re talking about a land area three times the size of Girsh Park with 1,700 dead trees – probably more now – trees that are dead or soon to be dead.”

Plans to remove the trees and proceed with the plantings of saplings, as outlined by Thomson, are not without controversy. Members of the audience brought forth the point that any alterations to the plant life in Ellwood affects life beyond butterflies. Dead trees provide habitat for woodpeckers, while felled trees provide cover for native rodents and other mammals.

Thomson also cited human impacts, such as traffic and suburban overdevelopment, which have also disrupted the overwintering sites of monarch butterflies in Ellwood.

“I met with one member of the audience earlier this week and he talked about, ‘Is it appropriate to have a wedding event in the grove?’ Perhaps not,” Thomson said, somewhat sardonically, admitting afterward that misuse of the grove has been an issue in the past.

However, frustration among those in the community has grown as years pass with little progress and further damage to the grove becomes evident. Plans to rehabilitate Ellwood have existed in some form or another since 2011.

“[This is] the plan that we’re talking about: We’re going to remove 65 downed trees and remove five standing dead trees, plant native plants and then plant 63 Eucalyptus. So what’s happened with that plan? We actually got the coastal development permit issued in October 2019. So we have the permit in hand.”

Now, six special conditions must be fulfilled in order to submit a final implementation plan, according to Thomson.

Despite the ambitious long-term goal, Thomson took care not to downplay the severity of the issue or the challenges to come.

“How do we come together to make effective change and not get depressed about the current situation? It is daunting. It is a continental issue that we’re trying to deal with here,” Thomson said. “We’re kind of in a crisis situation, and this data that Dan [Meade] was showing today really strikes to the core of the issue and how bad it is. It is really bad now.”

OPINION

Netflix's "Sex Education": An Honest Look at Sexual Violence



Surya Swaroop
Staff Writer

Content Warning: This article contains content relating to sexual violence/sexual assault.

When I first started watching "Sex Education" last year, I expected it to be a light-hearted show about teenagers dealing with the awkward ups and downs of high school. However, I was instantly pulled in when I saw the show tackling key issues and making every attempt to include a diverse cast of characters. Its second season continued to impress me with its characters' development and the way it managed to convey messages about serious issues in a unique way. The plotline that stood out the most deals with a character being sexually assaulted and the subsequent trauma she experiences. While "Sex Education" is not the first show to portray sexual assault, it manages to do so in a way that is less about inciting shock in the audience and more about understanding the survivor's struggle and journey with the experience.

For the majority of the first season, Aimee is portrayed as a bubbly, popular and somewhat naive girl, and this characterization continues into the second season. One day, she excitedly boards a public bus holding a haphazardly made cake for her friend. While holding on to the railing, the bus jostles back and forth, and she accidentally bumps into the man behind her. When she turns around to apologize, she smiles at him before

realizing, to her horror, that he is masturbating on her. The upbeat music in the background immediately cuts out as Aimee attempts to back away from the man and loudly exclaims to the other passengers to draw attention to what he is doing.

Aimee expects the sweetness and the happiness she puts into the world to be reciprocated. Instead, her cries are met with the complacency of the passengers, who ignore her and look away. This is one of the most poignant moments in the scene because it is a reality that many women face when they are put in situations like Aimee's. It's bad enough that women are forcibly subjected to male perversion simply for being women. It's only made worse when the witnesses to an incident pretend that nothing is wrong, because this normalizes sexually aggressive behavior and makes women more reluctant to come forward with cases of sexual assault. Their lack of intervention also sends a dangerous message to the aggressor that his behavior is acceptable, thus perpetuating the cycle of toxic masculinity.

As Aimee exits the bus in a panic, she notices that her assaulter has left a stain on her favorite pair of jeans – a visual reminder of the horrific incident. At first, she tries to go about her day as if nothing is wrong, but her friend eventually convinces her to report the incident to the police. When she arrives at the police station, she continues to say that it isn't a big deal, that there was probably just something wrong with the man and that she is truly fine. She seems more concerned with getting the stain out of her jeans, which is a completely normal reaction for a person who has been sexually assaulted. The stain is something that she can control; she believes that removing it will erase the impact of the incident, allowing her to move on.

However, her trauma runs much deeper than the stain, as she finds it difficult to take the bus again. She plays it off to her friends that she just likes walking better, but she continues to see images of the man on the bus haunting her in all parts of her daily life. Her relationship with her boyfriend is also altered as she struggles with being intimate after the incident and is unable to express the reasons behind this change. While it is completely natural for these residual effects to last long after a traumatic incident, Aimee doesn't understand that she is shocked and perhaps even ashamed that it's taking her

so much time to recover.

In what is arguably one of the best sequences of scenes in the show, Aimee finally reaches her breaking point and interrupts an argument between two of her friends, crying that she is no longer able to ride the bus. The girls immediately surround her with their support, and each shares their own story about incidents of sexual assault or aggression. Her friends manage to do what the bystanders on the bus failed to do: They validate Aimee's feelings and make her feel less alone. The scene is reminiscent of the #MeToo movement, but it's also just about a group of young girls supporting each other through a tough time and understanding that they are united by their common experiences with sexism. The next time Aimee attempts to take the bus, her friends are right there beside her. They help her take an important step toward reclaiming her independence and sense of security that the man on the bus stole from her.

This story arc spoke volumes to me, as I felt it was one of the most accurate portrayals of sexual assault that I have seen on modern TV. Though the incident itself was brief and not particularly graphic, it conveyed the point perhaps more poignantly than if it had been a more visceral scene. Mainly, it struck a chord with me because it's something that could easily happen to a woman simply for smiling at a man. The other girls coming forward with their own stories also heightened my awareness of the behaviors that can and should be considered sexual harassment and assault. This decision also highlighted the everyday sexism that women are subjected to simply on the basis of gender. Women are often belittled for being too dramatic when they speak of such incidents. However, they have a right to feel uncomfortable and bring forward their concerns to help women who are going through the same thing and to prevent other women from experiencing similar situations. The show's decision to depict Aimee's experience and the experience of the other girls in such a realistic manner is an important step forward in normalizing both the trauma that stems from such experiences as well as the validity of the feelings that come with them.

Surya Swaroop wants other shows and movies to follow the example of "Sex Education."



AUDREY KIM / DAILY NEXUS

Girls Have Hair, Why Should I Care?

Anabel Costa
Staff Writer

"Your arms are so hairy, you look like a monkey." "Ew, you have a unibrow." "Your eyebrows make you look like a boy."

These are just some of the lovely things I heard growing up as a girl with thick, dark hair. Growing up, we are all indoctrinated with specific beliefs about body hair: Hair on girls is gross, and boys without hair are gay. This makes perfect sense – when you're 12.

I spent my middle school years feeling pretty bad about my hair. My arms were hairy, my legs were hairy, my eyebrows looked like caterpillars – the whole works. I'm proud to say that by the time I got to high school, I was already kind of over it. Who the fuck cares if I have hair on my arms? Of course, every so often a blunt child I was babysitting would still point it out, but it just didn't bother me the way it used to. I assumed that anyone else who had suffered these insecurities was probably over it by now, too. It wasn't until I learned that one of my best friends shaved her arms about as frequently as she shaved her legs that I realized this was still a problem for women my age.

Why do we care so much about regulating female body hair? It all starts with razor companies. Gillette patented the safety razor in 1904. As it grew in popularity, being clean shaven became a symbol of basic hygiene. This made at least a little sense at the time: Because many people were living in close quarters and had limited access to bathing, shaving was seen as a way to prevent lice and bacteria. This idea was heavily marketed to men; to be clean shaven was to be a hygienic and civilized man.

In the 1920s, things began to change. With a new decade came new fashion trends, and we all know what the 20s are famous for: flapper dresses. This meant that women's hairy armpits and legs were on full display. Razor companies saw this as an opportunity to sell more razors and began telling women they needed to be smooth. The epidemic spiraled from there, and now generations of women are worried about everything from the hair between their eyebrows to the knuckles of their toes and everything in between. A century later, men can have beards and still be sexy, but women are expected to look like prepubescent children.

Honestly, it's pretty fucking ridiculous.

I knew I wasn't alone in feeling this way, so I decided to talk to other women about their relationships to their body hair and how they may or may not have come to embrace it.

The first woman I talked to was Nisha Jagota, a fourth-year

student here at UCSB. One memory that Jagota shared was from fifth grade, when she and her friends discussed what they should and shouldn't shave before a pool party. "We all got together as a group, like, 'okay, what's acceptable, what should we do?' Nobody had it figured out. Nobody has a good idea of what's 'right' so everything's really convoluted," she said.

From as young an age as 10 or 11, girls already know that they will be judged. They know that there is a "right" and a "wrong," but the standard is so arbitrary that they're left guessing.

Jagota told me that she hasn't worried too much about her body hair since coming to UCSB. One of the biggest moments for her in the journey of her changing relationship with her body hair was participating in the Vagina Monologues and spending time with other women who wore their hair however they wanted to. "It was really great being surrounded by all different types of women, and nonbinary folk as well," she said. "And visually seeing women who had unshaved armpits wearing tank tops and bras ... I'm not gonna say they were making a statement, because maybe they're not, maybe it's just for them, but for me, it really was them making a statement."

Madi Braum, another student here at UCSB, had a similar experience after leaving high school. "I started shaving my legs consistently when I was in sixth grade, before I even really needed to," she said. "But for years after that, I refused to go outside the house in shorts if my legs weren't shaved." After graduating from high school, however, Braum said something "clicked," and she hasn't shaved since. It's been three years since she put a razor blade to her shins.

Dana Laufer is a third-year student at UCSB, and her first memory of being shamed for her body hair is from fifth grade. "I raised my hand in class to answer a question, and a girl said, 'Oh my god, Dana has armpit hair.'" When she went home that day, she told her mom what happened, and she taught Dana how to use Nair to remove the hair from her armpits, resulting in painful burns that kept her from attending school the following day.

Once Dana got to high school, shaving felt more like an option than a necessity. "My brother used to say it was gross when girls don't shave their legs," she said, "but in high school, my friend and I used to have competitions to see who could go the longest without shaving their legs."

I have no interest in telling anyone how they should maintain the hair on their body. I personally like it when my legs are smooth. However, had I not been socialized to believe that hairy legs are gross, it might be a different story. More than anything, I want every person to be able to make

choices that work for them without being subjected to any outside pressure. Let's just let hairy girls live.

Anabel Costa wants women to do whatever they damn want with their body hair.



RUHIKA NANDY / DAILY NEXUS

HOROSCOPES

The Signs as Badass Women

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