



Sneak Storm Stumbles Into UC Santa Barbara



ANDREA VERDUGO / DAILY NEXUS

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SIAVASH GHADIRI / DAILY NEXUS

ANDREA VERDUGO / DAILY NEXUS

Resolution Keeps Former A.S. Advisor's Legacy Alive

Max Abrams
Asst. News Editor

For the last 10 years, UC Santa Barbara was more than an office space for LaDonte King. It was home.

As a former alumnus, Assistant Judicial Affairs Coordinator and former Primary Advisor for the Associated Students Executive Officers and Senate, King recently departed from his latest position at the university, tying off nearly a decade spent on both sides of the desk, as both a student and advisor.

In honor of his departure, Associated Students (A.S.) On-Campus Senator Zion Solomon and College of Letters & Science Senator Xochitl Brisenno proposed a resolution at the Jan. 23 Senate meeting which reflects on King's impact during his time at UCSB.

The resolution, officially known as "The King's A+ For Excellence Awards," will award five student leaders who each exhibit "outstanding contributions to A.S. or the student body as well as academic excellence." Each award includes a \$500 grant funded by A.S., according to the resolution.

Senate voted unanimously in favor of the resolution.

"He was always going out of his way to support students academically and emotionally," Solomon, a second-year history of public policy major, said. "That's why I created the award, because it is specifically for students who go above and beyond who aren't necessarily compensated for that."

Solomon, who first met King through a Guiding Underrepresented Individuals in Developing Educational Success (G.U.I.D.E.S.) Summer Orientation, remembered that he took the time to share academic tips to first-generation college students who were concerned about how to succeed in school.

As an advisor, King, a former black studies major at UCSB, emphasized to his students the importance of grades and time management. King strived to ensure students had the time they needed to excel in school while fulfilling their roles in A.S. and extracurriculars, according to Solomon.

KING p.3



SIAVASH GHADIRI / DAILY NEXUS

A.S. Senators Fail To Adhere to Transparency Resolution



SANYA KAMIDI / DAILY NEXUS

Several Associated Students Senators failed to create their public Facebook pages on time. The pages are intended to improve the transparency of the Senate and make Senators more accessible to students.

Sanya Kamidi
Asst. News Editor
Simren Verma
University News Editor

Failing to adhere to their own resolution, several members of the Associated Students Senate did not create their public Facebook pages by the end of week two deadline, Jan. 19.

The original resolution, written by Off-Campus Senators Christian Ornelas and Rafael Cornejo, required every senator to create a professional, public Facebook page to improve the transparency of the Senate and make senators more accessible to their constituents.

Ornelas was tasked with updating the Associated Students (A.S.) Senate website by the end of week three of Winter Quarter. The resolution also directs the Senate to send out a University Announcement to the student body "to inform constituents about the website and how they can get in contact with senators."

Neither have been completed as of the beginning of week five. The resolution was passed during the Jan. 9 Senate meeting in week one.

Ornelas said that updating the website was more complicated than he had originally imagined. He has been working with A.S. Web Developer JudyAnn Dutcher to make the necessary updates.

"It's just so complicated and not really user-friendly," Ornelas said. "Honestly, it could happen by the end of this week, just to kind of make it like the [Finance and Business] visual builder, where I can just go in and edit stuff."

Ornelas also said he would try to get the University Announcement sent out by the end of the week.

Senators Ricardo Uribe, Sydney Karmes-Wainer, Zion Solomon, Dallin Mello, Rafael Cornejo, Melissa Perez, Jalia Carlton-Carew, Xochitl Brisenno, Ashley Ng, Alexis Bettencourt, Anthony Hernandez, Yara Khamis, Alli Adam, Jasmine Palmerin and Ornelas all created their pages by the end of week two, the deadline stated in the resolution.

On Feb. 4, when the *Nexus* reached out to Senators Nima Benchohen, Adam Chohan, Yasamin Salari, Alex Funk and Andrew Nguyen, they had not created their

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INSIDE

SPORTS
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Heidegger
Back To
Star Form



I.V.'s New
Guitar
Heroes

ARTSWEEK
page 8



ON THE MENU
page 10

Lucky
Lunar
New Year
Recipes

Weather Report

Mostly Cloudy
High 68°F | Low 47°F
Temperatures hitting low 60s this weekend



Surf Report

Fair
Steep swells all day



THIS WEEK'S UP AND COMING

Saturday 09 February **Kodo One Earth Tour**
Granada Theatre | 7 p.m.



PHOTO COURTESY OF WIKIMEDIA COMMONS

Japan's legendary drum ensemble Kodo is the world's foremost professional taiko company. Exploring the limitless possibilities of the Japanese taiko drum, Kodo is forging new directions for this vibrant living art form through its unstoppably energetic, intricately designed and meticulously choreographed performances. But it is the company's rigorous training and tireless dedication that gives these drummers their unique edge.

Tuesday 12 February **Engaging Communities with Resilient Love**
Campbell Hall | 6 p.m.



PHOTO COURTESY OF MIT MEDIA LAB VIA FLICKR

Jose Antonio Vargas is a Pulitzer Prize-winning journalist, Emmy-nominated filmmaker and a leading voice for the human rights of immigrants. His memoir, *Dear America: Notes of an Undocumented Citizen*, was published by HarperCollins in the fall of 2018. Vargas will take the audience deeper into his story, sharing details of his journey to America from the Philippines as a child, his journey through America as an immigration reform activist, and his journey inward as he re-connects with his mother, whom he hadn't seen in person in over 20 years.

Wednesday 10 February **Danish String Quartet**
Campbell Hall | 7 p.m.

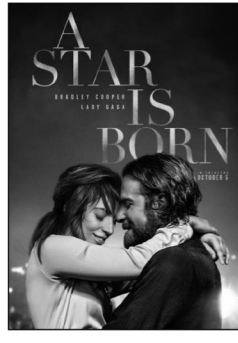


PHOTO COURTESY OF WIKIMEDIA COMMONS

Comprised of fierce friends who have been playing together since childhood, the Danish String Quartet has become the darling of A&L's program for its profound and skillful interpretations of classical masters. The Nordic lads who possess "warmth, wit, a beautiful tone and technical prowess second to none" (*NPR*) will once again dazzle Santa Barbara with the same irresistible energy that thrills audiences worldwide.

MAGIC LANTERN FILMS PRESENTS:

A STAR IS BORN
IV Theater | 7 & 10 p.m.
Friday 08 & Monday 11



IMPROVABILITY
With live preshow music by **JAZZ COMBOS**
Embarcadero Hall | 8 p.m.

Friday 08 February **\$3**

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WWW.DAILYNEXUS.COM

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SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

Level: **1** 2 3 4

	2			8				
9				7				2
	3		2					6 8
			9 4		6			
	5							3
		1	2 3					
7 6				9			1	
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SOLUTION TO SATURDAY'S PUZZLE 4/30/12

2	4	7	3	6	1	9	8	5
6	5	9	7	8	2	3	1	4
1	8	3	5	4	9	2	7	6
3	2	4	8	5	7	1	6	9
5	7	1	6	9	3	4	2	8
8	9	6	1	2	4	5	3	7
9	1	8	2	7	5	6	4	3
7	3	5	4	1	6	8	9	2
4	6	2	9	3	8	7	5	1

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

ACROSS

- Fabric named for an Asian capital
- Letter-shaped lift
- Suntan lotion letters
- Eight-time tennis Grand Slam champion
- Finish line
- Covert ops gp.
- "We've got this one!"
- Snitch
- Anglo-French fliers until 2003
- Cuppa contents
- Haggard
- "Mischievous child"
- Fuel holder
- Mind
- Ferrell's "SNL" partner in "Morning Latte" skits
- 33 i follower
- Some PCs
- "YouTube piece"
- Opinion sampling
- Fun unit?
- Crete peak: Abbr.
- Like some vaccines
- Pirouetting
- *India's national animal
- Collar inserts
- Jack's place
- Soho stroller
- Cyclades island
- What auditors look for, and, in a way, what the ends of the answers to starred clues are
- ID material
- Pound of poetry
- Render powerless?
- Night sch. class
- Gloom partner
- Biblical poetry

DOWN

- Where roasters may sit
- 16-Across personnel
- Spar
- Yard sale caveat
- W-4 info: Abbr.
- Litter box trainee
- Fine-tune
- Seafood restaurant freebie
- Parseghian of football
- On deck
- Unlikely hit on a 45
- Preppy collars
- Like some cavities
- Electrical unit
- "A Jug of Wine ..." poet
- Spoke like Vito Corleone
- Composer Stravinsky
- Voice mails: Abbr.
- Dye that comes from the French word for nitrogen
- Tour golfer, e.g.
- OR or ER workers

ANSWER TO PREVIOUS PUZZLE:

A	B	D	I	C	A	T	E		O	P	I	A	T	E	
B	R	I	T	I	S	H	I	N	V	A	S	I	O	N	
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G	N	O	M	E	O		R	E	D	R	O	S	E	S	

xwordeditor@aol.com 05/08/13

"At least I can Ctrl+F this bitch."

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WEATHER

The Weatherhuman is finally getting annoyed with hir roommate. WHO DOESN'T EAT WITH THEIR MOUTH CLOSED?!?!

Tomorrow's Forecast:
A staged coup of barbarians.

1	2	3	4	5	6		7	8	9	10		11	12	13
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17							18						19	
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By Marti DuGuay-Carpenter (c)2013 Tribune Media Services, Inc. 05/08/13

Judicial Council Petition Filed Regarding On-Campus Senator Salari

Sanya Kamidi
Asst. News Editor

In the first case Judicial Council will hear since officially meeting quorum, a former Campus United party co-chair has filed a petition against On-Campus Senator Yasamin Salari, asking for Salari's removal because the senator is not living amongst her constituents.

Katie Mukai, a fourth-year communication major who served as the party co-chair last year, wrote in the petition that Salari should be removed because she is currently not living on campus, as required by Associated Students (A.S.) Legal Code for her position as an on-campus senator.

"[By] not living On-Campus Yasamin Salari is unable to serve and adequately represent her constituents," she said in the petition, which was filed on Jan. 28.

Mukai could not be immediately reached for comment.

In the petition, Mukai references Article III, Section 1 Eligibility, Subsection B4 of Legal Code, which states that "Senate Representatives must live among their constituents during Fall, Winter, and Spring quarters of their year of elective service."

Senate granted Salari a one-time exception at its Nov. 14 meeting during Fall Quarter 2018 after she spoke about her housing situation. During that meeting, she explained that she had originally planned to live on campus,

but was unable to do so due to financial issues.

Salari said in an email to the *Nexus* that she was "still waiting on more information about this whole situation" and would be able to discuss it further after midterms were over.

According to a notice posted in A.S. Main by Judicial Council Chair Raymond Alonso, the council will be holding a hearing for the case on Feb. 20 at 6:30 p.m. in the Lobero Room in the University Center.

At the Wednesday night Senate meeting, College of Letters & Sciences Senators Ricardo Uribe and Xochitl Briseno introduced a bill to create Standing Policy 36, which would address the issue of senators not living amongst their constituents, Salari in particular.

The Senate tabled the bill for a week.

The policy establishes rules for senators who change living arrangements or colleges while serving in their positions. Previously, senators with living arrangement issues were given one-time exceptions without an ensuing Legal Code change, the bill explains.

The bill writes that senators who are no longer able to live among their constituents for external circumstances – which "may include but is not limited to Financial Insecurity, Physical and Mental Health, and experiencing Racism, Queerphobia, Transphobia" – will be given the opportunity to explain the situation before the Senate votes on whether to grant them a one-time exception.



Senator Yasamin Salari's off-campus residence broke A.S. Legal Code and subsequently provoked a petition for her removal.

NEXUS FILE PHOTO

Only Half of EVPSA Election Threshold Reached

Simren Verma
University News Editor

Only half of the External Vice President of Statewide Affairs Winter special election voting threshold has been reached with less than a day left of voting.

As of Wednesday, four percent of registered undergraduate students, or 912 students, have voted in the election, according to Elections Board Chair John Paul Renteria.

Voting closes on Feb. 7 at 4 p.m. and at least eight percent of the student body must vote for the special election to be valid, according to Renteria.

The voting threshold had been lowered for this election to compensate for low voter turnout in the previous Fall Quarter 2018 External Vice President for Statewide Affairs (EVPSA) special election.

Initially, two students declared candidacy in the special election: Rachel Ng, a fourth-year biological sciences and global studies double major, and Richard Zierer, a fourth-year political science and English double major. However, Zierer dropped out of the race on Jan. 23, leaving Ng unopposed.

If the election meets the eight percent threshold by the deadline, Ng will only serve for approximately three months until the winner of the Spring Quarter 2019 election is sworn in.

If elected, Ng hopes to center her agenda around statewide affairs as it concerns sexual assault policy, common sense gun control and reproductive justice.

This is A.S.'s third attempt to elect an EVPSA since Spring Quarter 2018.

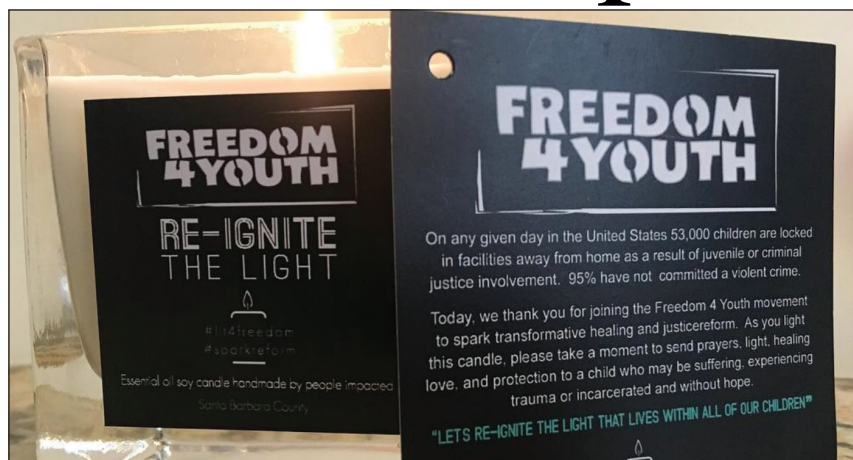
The Fall Quarter special election occurred due to the disqualification of Mayela Morales, a fifth-year global studies and Chicano and Chicana studies double major, in May.

Morales won the EVPSA position in April, but it was later discovered that she was not enrolled in any classes at UC Santa Barbara during the Spring Quarter, resulting in her subsequent disqualification.

Madeline Loudon, a third-year history of public policy major, was the sole declared candidate in the Fall Quarter special election. During that special election, however, the 16 percent voter threshold was not met and as a result, Loudon was not voted in.

A.S. Elections Board spent \$50 on the Winter Quarter special election, Renteria said at the A.S. Senate meeting last Wednesday, Jan. 30.

Freedom 4 Youth Raises Money for Santa Barbara Juvenile Camp



Courtesy of Billi Jo Starr

Through a handmade candle selling fundraiser, UC Santa Barbara Freedom 4 Youth is raising money for the Santa Barbara Los Prietos Juvenile Camp.

Nyah Scott
Reporter

Through its "Re-Ignite the Light" campaign, Freedom 4 Youth is raising money for the Los Prietos Juvenile Camp in Santa Barbara with a candle selling fundraiser.

The candles are handmade in various scents by youth in the juvenile camp and sold by Freedom 4 Youth (F4Y), a non-profit organization that creates workshops and mentor-oriented programs to assist incarcerated youth in their journeys through and beyond the juvenile justice system.

"[People] considered kids who go into the system lost causes. I think they're amazing. They're diamonds in the rough but diamonds sure enough," F4Y Executive Director Billi Jo Starr said.

"It's about the youth and what they've wanted and what they've asked for. It's evolved from a complete bottom-up approach."

The campaign will donate 100 percent of the profits from the candles to the camp, according to the campaign's Facebook page.

"UCSB and our mentors have been a huge part of that sustainability because of their dedication and their outreach and their ideas, like the Re-Ignite the Light campaign," Starr said. Most of the F4Y mentors have been personally impacted by juvenile incarceration, she added.

UCSB F4Y focuses their efforts on helping juveniles

while they are incarcerated as well as after they leave, according to Valerie Casillas, UCSB F4Y president.

"They reach out to us wanting help and we do whatever we can to help them, whether it's clothes that they need when they get out of camp, helping them look for jobs or career-building," Casillas said. "We're here to help every step of the way."

An unprecedented partnership between UCSB's Comparative Literature Department and F4Y emerged when Starr and UCSB CCS professor, Rick Benjamin, co-taught a class titled Literatures of Juvenile Justice.

Miguel Ramirez, a co-founder of F4Y and previous student of Starr's outreach at the Camp, has firsthand experience with the struggles of the juvenile justice system and the opportunities of F4Y.

"In the system, there's a lot of rehabilitation programs offered for when we're locked up, and when we get out, they just forget about us. The resources don't extend to when we're out and we need the help, suffering from peer pressure or problems at home," Ramirez said.

"Freedom 4 Youth was the only program that actually touched base on the outs... [Billi] never really told us to remove ourselves from the gangs. It was more of an outlet to stay away from them and towards positive outreach. It stuck."

Dylan Griffith, a returning UCSB student and supervisor of campus mentors, uses his knowledge to further understand the pitfalls of the juvenile justice

system.

"[People] might not think it affects them directly, but their perception of people who are involved in the system or those who are system-impacted, drives their actions potentially more than they understand," Griffith said.

Along with the rest of the F4Y team, Griffith, Starr, Ramirez and Casillas participated in fundraisers such as the Re-Ignite the Light campaign and other projects, like creating holiday care packages for women and children in the Santa Barbara County Jail and sending families of incarcerated youth assorted gift cards.

The care package project was organized by F4Y and was funded by UCSB Community Affairs Board and Associated Students.

F4Y is also working to influence state policy; they recently visited Sacramento to speak with California state senators about the state's current sentencing structure.

All of the outreach, issues and upcoming projects were discussed at an annual F4Y conference held last May, which marked the seventh anniversary of the conference.

F4Y's ultimate goal is to both help juveniles resolve their issues and create foundations for their success in the future, Griffith said.

"We're not here to just fix problems. We're here to plant seeds, to empower people to deal with their own lives in whatever way they choose."



SIAVASH GHADIRI / DAILY NEXUS

With less than a day left of voting, only half of the required voting threshold has been met in the EVPSA Winter special election.

Last Year's Judicial Council Petitions Resolved After 9 Months

Evelyn Spence
County News Editor

As of Jan. 24, 2019, all Associated Students Judicial Council petitions from the 2017-2018 school year have been dismissed, according to a statement released by the council Tuesday afternoon.

The two petitions from the 2017-2018 school year – *Nemeh v. Campus United* and *Nemeh and Morales v. A.S. Elections Board* – were closed at the request of the petitioners, Judicial Council Chair Raymond Alonso said in the statement.

Nawar Nemeh '18 was the petitioner in both of the cases; in *Nemeh and Morales v. A.S. Elections Board*, fifth-year global studies and Chicano and Chicana studies double major Mayela Morales was the co-petitioner.

Nemeh and Morales could not be reached for comment.

Both cases, which were filed during May

2018, had been in stasis following the vacancy of the four seats on the council near the end of the 2017-2018 school year. The council reached quorum and elected a chair only a few months ago.

Nemeh v. Campus United alleged that one of UCSB's political parties, Campus United (CU), had "engag[ed] in slander" of its opposition, the Isla Vista Party, during the Spring Quarter 2018 election.

The case had been officially dismissed by the previous council as of June 8, 2018; however, as said in the council's statement, the petitioner has indicated they no longer want to continue pursuing the matter.

When a case is dismissed, petitioners have the option to appeal the case and ask the council to reconsider the case, according to the Judicial Council website.

Morales v. A.S. Elections Board alleged that Morales had been improperly removed from

her position as External Vice President of Statewide Affairs-elect (EVPSA) after it was discovered she had withdrawn from the university during Spring Quarter 2018, making her ineligible to hold an executive position.

The petitioner in this case requested that it be dismissed, according to the council's statement.

The EVPSA position has remained vacant since Morales' removal in May. UCSB's A.S. Elections Board has attempted to fill the position twice so far: first with the EVPSA Fall Quarter 2018 special election, and second with the ongoing Winter Quarter 2019 special election.

The results of the EVPSA Winter Quarter special election will be announced this Thursday at 4 p.m. As of Feb. 6, only 4.4 percent of UCSB undergraduates have voted in the election. At least eight percent must vote for the election to be valid.



A.S. Senate Makes Several Changes to Legal Code

Evelyn Spence
County News Editor

UC Santa Barbara's Associated Students Senate passed a resolution that made several changes to the student government bylaws, specifically those that affect UCSB's election board, during its Wednesday night meeting.

The resolution, authored by Off-Campus Senators Rafael Cornejo and Ashley Ng, made amendments pertaining to election regulations, executive vacancies and the election calendar among others.

The two serve as the Senate liaisons to the board.

"Last year election calendar was bumped up a week because of the Thomas fire, and unless we face another natural catastrophe, the election calendar should be pushed back to normality," Cornejo said in an email. "Moreover, these updates are in response to unprecedented events."

Cornejo, a fourth-year political science and Chicano and Chicana studies double major, said he worked with the Elections Board and its advisor, Ruth Garcia Guevaraok, to make the Legal Code changes.

"Election Board is tasked with the duties of upholding the democratic, and electoral process for ASUCSB," the resolution states. "Changes to Election legal code [derive] from unprecedented situations and would be best to include into ASUCSB's by-laws for future reference."

The changes are split into several parts.

Changes involving candidates:

- A candidate who runs in the general election for an executive position must be a registered undergraduate student for both the Winter Quarter before the election as well as during the general spring election. In order to actually hold an executive office, the candidate must also fulfill the same requirements.
- An executive office must be declared vacant during a Senate meeting if there is the removal, disqualification or resignation of an officer. The "disqualification" portion is an addition to the previous version of legal code.

- Candidates can now use a preferred name when running. They have the option to either use their legal name or the name as it appears on student records for the ballot.
- Candidates are no longer required to attend the mixer/event/retreat that is typically held following the declaration of candidacy meeting.
- Any candidates involved in violations that "may have led" to party disqualification will be disqualified, while the remaining candidates will run as independents. Previously, all candidates who were running with a disqualified party would be prohibited from running in the year of the party's disqualification.
- Submission for declaration of candidacy forms for the Spring Quarter general election will begin on the Wednesday of week seven of Winter Quarter, and will continue until Wednesday of the ninth week of Winter Quarter.
- Active campaigning is prohibited until Tuesday of week three of Spring Quarter at 8 p.m. It was previously prohibited until Wednesday of week three of Spring Quarter.
- Recruitment events will begin the Sunday of week six of Winter Quarter, as opposed to week five.
- Recruitment plans, materials and agendas must be submitted to elections board by the Friday of week five of Winter Quarter.
- Campaign boards now cannot be set up before the start of soft campaigning.
- Candidate forums are mandatory except for class conflicts, severe illness or extenuating circumstances, which must be approved by the Elections Board.
- The final ballot must be approved by Senate no later than week two of Spring Quarter, as opposed to the previous deadline of week nine of Winter Quarter.

Changes involving voting methods:

- Distribution of the votes will be handled through the proportional Scottish Method.
- Students cannot vote for the same candidate more than once or rank

them in the same position twice.

- All the votes above the minimum threshold are proportionally distributed among the next available candidates.

Changes involving overall elections:

- The mandatory candidate orientation meeting will now be held during the ninth week of Winter Quarter, rather than week eight.
- Parties will be held accountable for any "inappropriate campaign engagement" that may be done by party supporters.
- Party slate forms must be turned in during week nine of Winter Quarter rather than the previous week eight.
- A.S. spaces, revenues, staff or resources cannot be used while endorsing or opposing fee initiatives, referendums or petitions, unless it is educational.
- Elections Board "shall maintain the right to refer any complaints" to the correct entity, which includes, but is not limited to, Judicial Council, Judicial Affairs or Residential Housing Association (RHA).
- Intent to put an initiative, petition or referendum on the ballot is due by Friday at 4 p.m. during week one of Winter Quarter. For a fee initiative or referendum to be included in the ballot, signatures need to be collected beginning the sixth week of Winter Quarter and must be submitted by the eighth week of Winter Quarter.
- If there is a special election, the voter threshold will be determined by Elections Board.
- Once elections results have been ratified, any violations or complaints about the elections will be deferred to the Attorney General rather than Elections Board.

The resolution was student-sponsored by Elections Board Chair John Paul Renteria and former Elections Board Chair Davis Quan. Renteria did not respond to request for comment.

The legal code acts as the governing outline of Associated Students (A.S.), outlining how Senate acts during meetings, what rules candidates need to follow when running for executive positions and so on.



DEVIN RALSTON / DAILY NEXUS



NAME HERE / DAILY NEXUS

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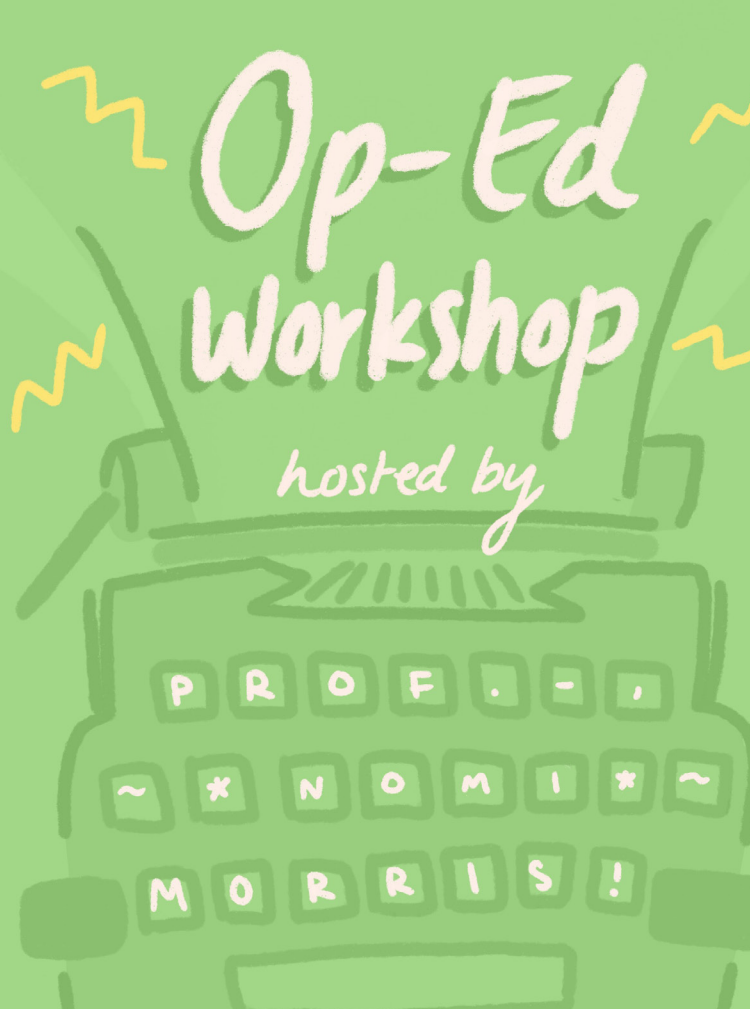

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Armchair QB



The Lakers have been in trade talks for the last week, desperately trying to get Anthony Davis. Magic Johnson has reportedly put his own statue and half of their championships on the table.

SPORTS

Men's Basketball

The Gauchos are set to take on the UC Davis Aggies this Saturday night at 9 p.m. in the Thunderdome. Come out and support the team as they look to improve on their 10-1 home record.

Gauchos Return Home, Look To Get Season Back on Track

Brandon Victor
Assistant Sports Editor

After a 1-6 start to conference play, the UCSB women's basketball team is in a battle to qualify for the Big West conference tournament.

With only the top eight teams in the conference eligible for postseason play, the Gauchos currently find themselves on the outside looking in.

In their last game against UC Riverside – a 73-60 loss – the Gauchos once again struggled from the field, hitting only 33 percent of their shots on the night while allowing the Highlanders to shoot almost 50 percent.

As has been the case all season, Santa Barbara just can't seem to find a rhythm on the offensive end.

While the bench stepped up and scored 31 points on Saturday, UCSB's starters merely made 10 of their 41 field goals on the night.

So far in conference play, the Gauchos have yet to have a game where their whole offense has been firing on all cylinders.

Unfortunately for Santa Barbara, the sledding won't get any easier this week when UC Davis and Cal State Northridge come to town.

The Aggies start the week with sole possession of first place in the conference after blowing out both Northridge and Long Beach State last week.

With six straight wins and a 15-6 overall record, Davis is the last opponent a struggling Gauchos side wants to see on the schedule.

Davis' dominant defense has been the key to their recent run of success; during their six game win streak, the Aggies have yet to allow more than 57 points in a game.

Perhaps most impressively, UC Davis held an offensive-minded Fullerton squad to only 39 points two weeks ago.

Offensively, everything Davis does runs through redshirt senior forward Morgan Bertsch.

One of the most talented individual scorers in the conference, Bertsch currently ranks fourth in the entire country and leads the Big West with 23.6 ppg.

Perhaps just as impressively, Bertsch has incredibly efficient shooting splits, shooting over 50 percent from the floor, 57 percent from deep and 83 percent from the free throw line.

The 6'4 forward also contributes on the defensive end, leading Davis with almost 1.5 blocks per game and chipping in 5.7 rebounds per game.

While the Gauchos have played relatively decent team defense all year – giving up only 67 points per game to opponents – they don't have a lockdown defender that will be able to take Bertsch.

Junior center Natalia Bruening won't be quick enough to stop the shifty forward, while the rest of the team won't be big enough to get in her way. In lieu of that, look for Head Coach Bonnie

Henrickson to double team whenever possible and force the other Aggies to step up.

Outside of Bertsch, Davis relies on senior point guard Kourtney Eaton to facilitate the offense.

The savvy guard is averaging 7.2 ppg, but leads the team with almost five assists per game and a 2:1 assist to turnover ratio.

Things will get slightly easier for UCSB on Saturday when Cal State Northridge comes to the Thunderdome.

CSUN currently sits in third place in the conference, although they only sport an 11-11 overall record on the season.

In the first conference matchup between these teams earlier this season, UCSB fell behind big early, but made a late run to come within eight of Northridge.

Similarly to the Aggies, Northridge relies on its big for the bulk of its production.

Stud senior center Channon Fluker – the conference player of the year last season – has produced another outstanding season for the Matadors, leading the team with 15.2 ppg and a resounding 10.8 rebounds per game.

In the first matchup between these teams, Fluker proved to be the difference, grabbing a game-high 14 rebounds to go along with 17 points.

Outside of Fluker, however, the Matadors' offensive has been ineffective, with the team only averaging 60 points per game on the season.

Like Santa Barbara, Northridge struggles to stretch the floor, shooting less than 30 percent from beyond the arc.

Unfortunately, none of that will matter if Santa Barbara can't get their shots to fall on Saturday.

With UCSB shooting 35 percent from the field and 25 percent from deep, a strong defensive effort can only go so far.

With basketball as a whole continually moving toward the offensive side of the ball, the Gauchos will need to find a sparkplug on their team in order to get them much needed buckets.

Junior guard Coco Miller – who leads the Gauchos with 13.5 ppg – has been in a shooting slump of late, making only six of her last 42 field goal attempts.

Without Miller stretching the floor, defenses have been able to key in on Bruening, with Riverside keeping her scoreless in her 14 minutes on the floor.

In Big West play, anything is possible, especially at home.

Still, UCSB will need to be hitting their shots this week if they hope to crawl out of last place in the conference, and sneak into the Big West conference tournament.

The Gauchos will take on UC Davis Thursday at 7 p.m. at the Thunderdome, and will stay home for their Saturday matchup at 2 p.m. against Cal State Northridge.



ANGIE BANKS / DAILY NEXUS

Sophomore guard Danae Miller dribbles between the legs to cross over the defender. Miller is averaging 9.8 points per game on 38.1 percent shooting, good for third on the team.

Max Heidegger Leads Gauchos to Solid Win Over CSUN

Omar Hernandez
Sports Editor
Brandon Victor
Assistant Sports Editor

Behind a huge 26-point performance by star junior guard Max Heidegger, the UCSB men's basketball team took down the CSUN Matadors 70-64. With the win, UCSB rose to a 6-2 conference, 17-5 overall record and solidified its second place standing in the Big West.

The Matadors dropped to a 4-4 conference, 17-5 overall record on the year and stayed put at fifth place in the conference standing.

The Gauchos actually struggled out of the gate, turning the ball over on three of their first four possessions. In total, UCSB had 11 turnovers in the first half, leading to 12 points for CSUN.

"We had a slow start, which is unacceptable," freshman forward Amadou Sow pointed out postgame. "We came out slow, and let them do whatever they wanted to do."

Due to Santa Barbara's uncharacteristic sloppiness on the offensive end, the Matadors jumped out to a quick 11-0 lead, with freshman phenom Lamine Diane – a Senegalese forward who leads the Big West with 24.1 ppg – pacing the team with nine of the 11 points.

As has been the case all season, CSUN looked to feed Diane early and often on Wednesday. In the first half, Diane led all scorers with 17 points on an efficient 73 percent shooting from the floor, and he eventually finished with a game-high 28. With the undersized Gauchos unable to match up with the lanky forward, Head Coach Joe Pasternack was forced to bring junior forward Jarriese Blackmon on to try to limit Diane.

Despite this slow start, the Gauchos were able to claw their way back into the game, tying the game at 28 with 1:24 left in the half.

UCSB leaned on the resurgent play of Heidegger, who led the Gauchos with nine points in the half – including a handful of tough finishes in the paint.

After weathering CSUN's torrid start to the game, Santa Barbara only found itself down one point at the half, 29-28.

The Gauchos started the second half with an aggressive mindset.

Defensively, one of the big changes that Pasternack made was doubling Diane and forcing other players to beat UCSB.

This led to a bunch of contested three pointers for CSUN in the second half as the Matadors played right into the Gauchos' hands, ending the game 1-21 from beyond the arc.

Heidegger ignited the UCSB offense in the second half.

He had yet to have a signature performance since he came back from the leg injury which kept him out for a good part of the non-conference schedule, but as the game went on it became clear that he's back to his previous form.

"When you take three months off and you do nothing you're not just gonna show up and be who you were last year," Pasternack explained when asked about Heidegger's performance. "But he's honored the process extremely well and done an amazing job, and he's just getting back to who he is... I'm just so happy and proud of him."

The guard had 17 points on 3-6 shooting from three in the second half, and consistently knocked down big shot after big

shot right when the Gauchos needed it. He made a deep wing three with two minutes to go in the game to put UCSB up 64-58 and the team never looked back, eventually getting the 70-64 win.

The Gauchos are now looking to put together their second three-game win streak of the year as they get set to host UC Davis on Saturday night. With their sights set on first-place in the Big West, the team knows that they can't take a slumping Aggie team lightly.

"Right now [UC Davis] is the conference champion and they have TJ Shorts the reigning player of the year," Pasternack said. "Last time we played them at home they beat us very bad... it'll be a battle just like tonight."



ANGIE BANKS / DAILY NEXUS

Patriots Take Home the Lombardi Trophy Once Again

Nate Zicherman
Staff Writer

Here we go again. There are few certainties in life: death, taxes and another Patriots Super Bowl. Seventeen years after the inception of the dynasty that would bring the NFL to heel, it still just seems like the same old Patriots – the same cold, emotionless gaze from Bill Belichick, the same giddy excitement from Tom Brady and the same recycled victory speech from Patriots owner Robert Kraft.

Despite the view fatigue, averaging more than one Super Bowl victory every three years for nearly two decades is an incredible feat to witness. However, somewhere along the line, NFL fans became wary of what the Patriots have been doing. Although for many Patriots fans this empire seems to be the confluence of everything they've convinced themselves that they deserve, others (let's just call them "the vast majority") feel this New England victory is just the latest scene in a tale that will rival the tragedies of Shakespeare and ancient Greece.

The first Patriot Super Bowl win, nearly two decades ago, came against the very same team they just soundly defeated, the Rams. Unsurprisingly, Tom Brady is the only player left from either of those two Super Bowl teams who is still playing in the NFL today (excluding the ageless wonder that is Adam Vinatieri, who now plays for the Indianapolis Colts). A lot has happened since then. The NFL became a passing league, in part due to the unprecedented offensive success of the team the Patriots had just beaten, the "Greatest Show on Turf" Rams. During that time the Patriots built a new stadium, the Rams moved back to Los Angeles and Bill Belichick and Tom Brady became the two most successful men in the history of the NFL's playoffs.

At the outset of this regime, the Patriots team strongly resembled the one we just watched win the Super Bowl – defensive teams built around playing mistake-free football that can force turnovers, possessing the football and running the clock. The Belichick Special. This slowly evolved into the Patriots we've come to know.

History will always first recall the shootouts and late-game comebacks Brady has been canonized for – as it should. But the first three Patriots Super Bowl victories all came on the execution of prepared defenses and a running game that considerably outgained each Super Bowl opponent. Brady himself was measurably outplayed by

Donavan McNabb and Kurt Warner during these games and was very nearly outclassed by the likes of Jake Delhomme.

After a brief 10-year hiatus from a Super Bowl victory, highlighted by two Super Bowl losses to the New York Giants, the Patriots would make it back to the promised land, but this time with new philosophies. The NFL had been changing and the Patriots, as always, were ready to adapt. Belichick's Patriots teams have always looked to abuse their opponents' most glaring weaknesses in every game they play. So as the league made defending the pass harder and harder, the Patriots began throwing more and more. During this decade Brady would become the quarterback we all know him as today.

The Patriots would soon go on draft one of the most dominant tight ends of all time in Robert Gronkowski. They would hire a new offensive coordinator by the name of Josh McDaniels, and they would light NFL defenses up like Christmas trees, allowing Brady to pick up three MVP awards along the way. So after two of the most thrilling victories in the history of the Super Bowl, coming against the Seahawks and Falcons in Super Bowls 49 and 51, Brady was crowned and hailed the greatest of all time. Another monstrous record-breaking passing performance, in which he threw for 505 yards against the Eagles in a losing effort, seemed to cement Brady's place in the hearts and minds of all those who watch football as the greatest pure passer to ever do it.

However, this year was something entirely different. From the outset of the season, the talking point on the Patriots was that they don't look the same. Brady wasn't playing near an MVP level for the first time since 2006. After years of being considered one of the toughest players in the league and taking all the abuse that comes with it, Gronkowski appeared a shell of his former self. Even the defense and special teams units, which Belichick has always been able to keep more than functional, looked slow sideline to sideline and unable to execute consistently.

So the talk swirled once again but this time louder than ever before: "Is this it for Brady and Belichick? Could the Patriots dynasty be coming to an end? Then Super Bowl LIII happened. This game was a slow motion automobile collision of a football game (from an entertainment standpoint). However, for more serious followers of the NFL, it illuminated what for many was a horrid truth: The Patriots aren't done yet. With Brady putting out what is statistically the worst game

he's had since his first meeting with the Rams in the Super Bowl, it was also somehow the Patriots' most dominant performance in any of their Super Bowls.

Brady threw for the least yards since their first championship showdown with the Rams and, for the first time in his Super Bowl career, failed to throw a touchdown pass. Despite this objectively poor performance from Brady, the Patriots managed to win the first Super Bowl in which they were not trailing once in the entire game.

Tom Brady didn't win them this game, and Julian Edelman didn't win it for them either, despite his being awarded the SBMVP. This game was won by the defense and the offensive line, which kept Brady as protected as any QB in postseason history. Most importantly, this game was won by their unshakable run-game, spearheaded by Sony Michel and James Develin. The Patriots rushed for 154 yards to the Rams' 62. Running primarily out of the I-formation, the Patriots took it back to the old school. They ran north and south all postseason, beating up on lighter, more modern defenses built to play side-to-side. This was the first season since they beat the Eagles in 2005 that Brady needed his team to cover for his shortcomings, and for the first time since 2005 they were able to employ that coverage.

The first time around, a youthful Brady's lack of preparation and experience allowed the rest of his team to win their first Super Bowl. Now we see a Patriots team that looks similar to the olden days – only this team exists with the distinction of being led by a Tom Brady, who makes up for the attritions of his war against Father Time with what is, at this point, an unmatched level of experience and regiment of preparation.

We all know that Father Time is undefeated, and despite his illustrious career, even Tom Brady is not going to be the first athlete to defeat him.

Soon enough he'll have to hang 'em up and ride off into the sunset, but now, as we enter the third and final act of the Patriots dynasty, only one question remains: If the Patriots keep playing inexperienced teams – teams coached and quarterbacked by men without a fraction of the playoff experience had by either Brady or Belichick, ones who freeze in the spotlight, like we just saw McVay and Goff do – how many more rings could the Patriots and a game-managing Tom Brady rack up?

No. 6 UCSB Puts 6-Match Win Streak on the Line at AVCA Showcase

Jorge Mercado
Editor in Chief

In college volleyball, the talk has been dominated by the top three teams in the country, all of whom reside in the Big West Conference: No. 1 (and reigning champs) Long Beach State, No. 2 Hawaii and No. 3 UC Irvine.

But after six straight victories, five of which have come against ranked opponents, and a winning margin of 18-6 in those games, it appears it is time to give some attention to the UCSB men's volleyball team.

The Gauchos currently boast a 9-3 record, their best 12-game start to a season since the 2007 campaign, during which they also started 9-3. That year, UCSB went 20-12 overall.

This week, the Gauchos will face off against two unranked opponents, Ohio State and Penn State, in the AVCA Showcase hosted by Long Beach State. Ohio State holds a below .500 mark at 4-6 while Penn State sits at an even 4-4.

In its last week of play, Santa Barbara enjoyed great success. Last Friday and Saturday, the Gauchos pulled off two 3-0 wins against then No. 3 BYU.

The wins are what helped propel UCSB from No. 9 to No. 6 in the country while BYU fell to No. 7 behind the Gauchos, and with two more wins this weekend, it would become increasingly harder to ignore what Santa Barbara is doing.

A great part of UCSB's success has been the play of outside hitters Corey Chavers and Ryan Wilcox. Both players have won a Big West Athlete of the Week award for the past two weeks, with Chavers winning Player of the Week and Wilcox winning Freshman of the Week.

The senior has come alive during this six-match winning streak, as he is averaging more than 18 kills per game and has tallied 13 service aces. In his first six matches of the season, Chavers only averaged 10.8 kills per match and had nine aces.

In the BYU series, Chavers racked up 33 kills on an incredible 5.50 kills-per-set average while hitting .309. The Downey, Calif., native also added six service aces across the two matches, three in each.

As for Wilcox, the freshman has stepped up his pace of play exceptionally in the last six games, having double-digit kills in three of them. Against BYU on Saturday, Wilcox set a new career high

by tallying 14 kills on a very efficient .667 hitting percentage. He also had no errors in that match.

In general, however, the entire Gaucho team has been playing at a consistently high level. In the last six matches, UCSB has averaged a hitting percentage .326 per game and has only had one match in which it didn't hit at least .300.

Santa Barbara will definitely look to keep up this high level of play as it prepares to face off against two opponents it isn't too familiar with. Against Ohio State, UCSB leads the all-time series 7-2, but the two teams have not met since 2012, which saw the Buckeyes get the win. OSU recently lost 3-0 to Purdue Fort Wayne, a team UCSB defeated 3-1 on the road.

Some of the key players on Ohio State are redshirt sophomore outside hitter Jake Hanes and senior setter Sanil Thomas.

Hanes currently leads the team in kills with 133, while Thomas is not just the best setter on his team but also one of the best in the country, as he averages 10.24 assists per match (which is the eighth best mark in the country).

As for Penn State, the Gauchos also lead the all-time series 8-7 but have not defeated the Nittany Lions since 2010. When the two teams met back in 2017, Penn State, at home, bested UCSB 3-1.

In terms of this season, PSU has struggled against common opponents UCSB has faced, going a combined 0-3 with losses against BYU, Lewis and Loyola-Chicago. Penn State also lost to Ohio State 3-1 in its season opener.

Offensively, the Nittany Lions have a slew of offensive options, as their top three players each have over 60 kills apiece. Redshirt senior Matthew McLaren leads the team with 68 kills while teammate Jason Donorovich is one behind with 67. Donorovich also leads the team with 33 blocks and in service aces with 12.

Overall, UCSB is presented with a great opportunity this weekend. To win eight straight would be a huge accomplishment, especially considering that it would give the Gauchos 11 wins on the year, matching their entire total from last season.

The important thing for Santa Barbara is to stay on its toes and keep the pressure on. This will be the last weekend before conference play starts for the 'Chos, so keeping momentum is a top priority.

UCSB will take on Ohio State at 6 p.m. on Friday, Feb. 8, at the Walter Pyramid Arena and Penn State on Saturday, Feb. 9, at the same time and location.

MEN'S VOLLEYBALL BIG WEST RANKINGS

Service Aces	74	2nd Place
Digs	384	2nd Place
Block Solos	18	2nd Place
Block Assists	166	2nd Place
Points	738	2nd Place

ALY WITMER / DAILY NEXUS



ARTSWEEK

In Conversation With Careless Cub: I.V.'s New Guitar Heroes

The I.V. three-piece released their debut full-length, *Flophouse Palace*, last Friday, ahead of a full schedule of local garage shows



Courtesy of Careless Cub



Courtesy of Careless Cub

Kristina Valencia
Staff Writer

While I've seen and written about a number of Isla Vista's local bands over the last couple years, I've found it's difficult to attach myself to their music, as members frequently graduate and leave their bandmates behind. However, Careless Cub just released their first album, *Flophouse Palace*, thus solidifying their mark on the I.V. music scene in a succinct eight-song declaration of the trio's talents. The three-piece includes Grant Chesin, a fourth-year English major on lead vocals and guitar, Andrew Becker, a fourth-year chemical engineering major on drums and backup vocals and, finally, Ray Muhlenkamp, a third-year computer science and German double major on bass (who also used to play in The Mallards!).

tunes mixed in with faster, upbeat rhythms and lyrics expressing contemplation of life, young love and growing up. To create this sound, the band describes having strong musical influences from Father John Misty, The Growlers, Courtney Barnett and The Eagles. However, the band acknowledges their changing sound as they try to figure out which genre they belong to through different styles of music. "I think it's hard to say we're a certain genre. It's not like an egotistical thing; it's more just like, here we'll play a punk song, there an alt-rock song, a vibey surf rock song," Chesin says, "We're just finding our way through the music."

The release of *Flophouse Palace* stands out not merely for its musical elements but also for the production and sound quality of the tracks. In an interview with the band, I inquired about the recording process and, to my surprise, another I.V. musician was the one to thank for the polished debut. "Alec Luttrell from Odd Army was the guy who mixed, tracked and mastered everything, and the reason it sounds so high-quality is completely because of him. He did an amazing job," Muhlenkamp said.

Although most of the tracks have a mellow, house party vibe, "Hemingway Lemonade," "Skipping Town" and "As a Kid" are the ones to look out for. In my brief talk with Careless Cub, they explained how "Hemingway Lemonade" has definitely been a fan favorite since the album's release on Feb. 1 – and it's clear as to why. Classic alt-rock guitar strumming starts the song, calling for listeners far and wide to join Careless Cub on their journey through college in the fun and daring environment that is Isla Vista. For the most part, "Hemingway Lemonade" is a relaxed, chill song that anyone with an ounce of rhythm in their bodies can sway and bob their heads to.

"Skipping Town" has a personal tone, as the first lyrics literally begin with advice

from singer Chesin's supposed therapist. This song then describes the kind of romantic insecurity that naturally comes with being in love at this young age and lays out a plan for the protagonist to skip town and start over in an emotional, alt-rock college ballad. "I'll come up with a melody and lyrics and then I'll play it to them [Becker and Muhlenkamp] and they'll go 'yay' or 'nay' and then they start building their parts," Chesin described the songwriting process. "I'd say especially 'Family Tree' and 'Yikes a Daisies' have almost become entirely their songs with how much they added."

Chesin cited "Monterey Bay" and "I Can't Believe You Fell in Love with Me" as his favorite songs, while Becker and Muhlenkamp both agreed on "Never Coming Home," which they cheekily described as the one "that has the least amount of listens right now."

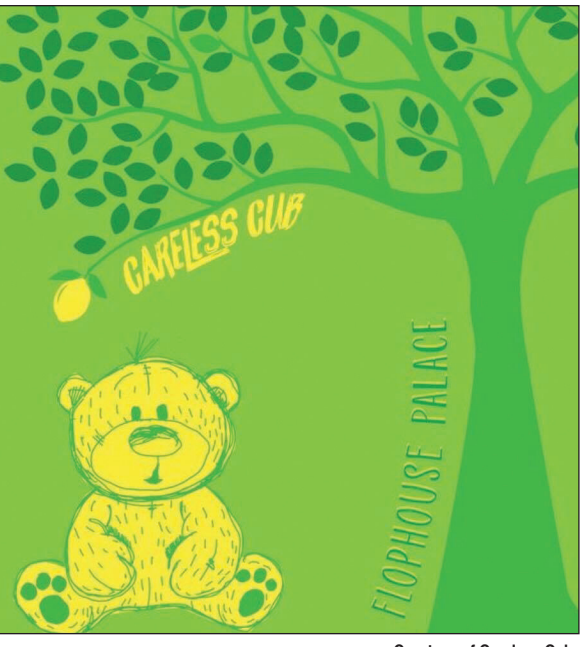
In addition to asking about where the songwriting came from and what their favorite songs were, I had to know – what does *Flophouse Palace* actually mean? Well, according to front man Chesin: "The name 'Flophouse Palace' is from the book *Cannery Row*, and I thought it's such a funny oxymoron."

"Flophouse' is defined as essentially people who stay there for a couple days and trash it, and that's kind of Isla Vista," he explained. "It's like sometimes you feel 'Oh my god, I'm in a dream land,' to 'This is the worst place.' Also, I live at this place called the Palace, which isn't a real palace, but it's just kind of a play on that." Want more of Careless Cub? All their music, including *Flophouse Palace*, are available on Spotify, Apple Music and Google Play, with a few live performances uploaded on YouTube. In addition, Careless Cub is playing a live show at Rockfire Grill in Isla Vista on Monday, Feb. 11, with Taste Good, and another show on Friday, Feb. 15, with Aquastallion at 6693 Trigo Rd.



I think it's hard to say we're a certain genre. It's not like an egotistical thing; it's more just like, here we'll play a punk song, there an alt-rock song, a vibey surf-rock song. We're just finding our way through the music.

Grant Chesin - Lead Singer of Careless Cub



Courtesy of Careless Cub

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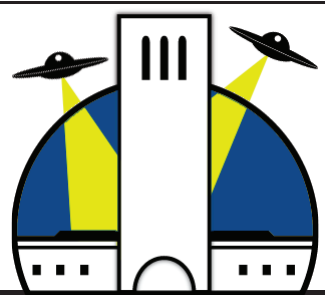
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Lunar Eclipse Causes Unexpected Menstrual Synchronization Throughout UCSB Sororities

Grant McDonald
Reporter

At approximately 9:12 p.m. on Jan. 20, the Earth, for reasons unknown, decided to split its solar and lunar counterparts. Despite similar occurrences in the past, this particular lunar eclipse had an unforeseen effect on Isla Vista, and its consequences were disastrous.

Intensive scientific research has proven that certain activities can synchronize menstrual cycles among females, such as watching "Sex in the City" together, simultaneously devouring aphrodisiacs or even something as kinky as having their dogs shit in the same IV. park. Our recent super blood moon produced a wide-scale period synchronization, the likes of which have never been seen before. Oddly enough, the group sync was only experienced by UCSB sorority members.

This was the worst possible outcome. The beginning stages offered little more than sporadic angry texts to friends and ex-friends, coupled with a handful of realizations regarding tampon shortage. Yet as the eclipse neared its peak, so too did the radical events.

Twitter suffered mass shutdowns ranging along the Central California coastline due to an "absolute cacophony of subtweets and spamming of hashtags that included the entirety of the greek

alphabet," according to a tweet by Twitter CEO Jack Dorsey on Jan. 21. WebMD suffered similar server overloads, as they recorded a slew of online questions and calls regarding possible Advil overdoses and uncertain menstrual symptoms.

At peak hour, two riots were reported by the CSOs and onlooking Isla Vista residents at both Starbucks and Cajé. Both establishments were forced to shut their doors early due to unmanageable customer behavior that sparked confrontations at both counters and at Starbucks' recently established mobile order window. Follow-up investigation by the Isla Vista Foot Patrol reported a rampant "painting of Isla Vista with both coffee and big-little craft supplies centered around these two locations," according to IVFP Officer Junia Malares.

Due to quick-spreading IV. gossip and ever-loudening ~~cut~~ sorority sisterhood chants, locations such as Keg N Bottle and Isla Vista Market were able to close before mobs approached to oceanside Isla Vista and suffered minimal damage. A cashier and taquito cooker, who prefers to remain anonymous, commented on the little he saw from the windows of 7-Eleven before fleeing: "...some matching tees? Stained jorts? I didn't stay long, that shit was wack as fuck."

Grant McDonald is double majoring in astrology and gynecology through UCSB's extended research program.

Freshman Picked UCSB for Chance to Wear Redbull Bro Tank All Year Round

Sam Penn
Staff Writer

As campus tour guides, the UCSB website and student Snapchats love to point out, UCSB is renowned for its (relatively) pristine beaches and sunny skies. Freshman Jeremy Yeggie seemed to be in full agreement when he was overheard noting this, in addition to stating that UCSB was his first and only pick when applying to colleges last fall.

"I turned down Sac State to come here," Yeggie stated, in what we can assume must've been some kind of flex. "It's sick, I haven't had to wear a jacket ever."

Yeggie then acknowledged his 'bro tank,' which he has worn consecutively every day without fail since coming to school, despite brisk mornings and heavy rains. It would be remiss of the Nexus to not comment on the bro tank, which sources say Yeggie earned from a T-shirt cannon at a county fair in what can

only be described as a toxic masculine nightmare. We're not sure if the design on the tank of a large eagle grabbing a can of Redbull with the American flag in the background is supposed to be perceived as "hot" or "powerful." It is the versatility of the outfit, too, that seems to be a draw for Yeggie.

"Nah, yeah when I'm lifting, going to section. It's all fine man. Why would I change for sunny SB, dude? Gotta gotta show off them guns!"

Yeggie seems proud—boastful even—when flaunting the soiled bro tank at both the Rec Cen basketball courts and the table next to yours at DLG. Whatever the case, we're glad we go to a school where the weather is warm enough for Yeggie to live his truth.

Sean Penn had a roommate like Yeggie his first year. His roommate now owns a 2004 Honda Civic with a bag instead of a back window.



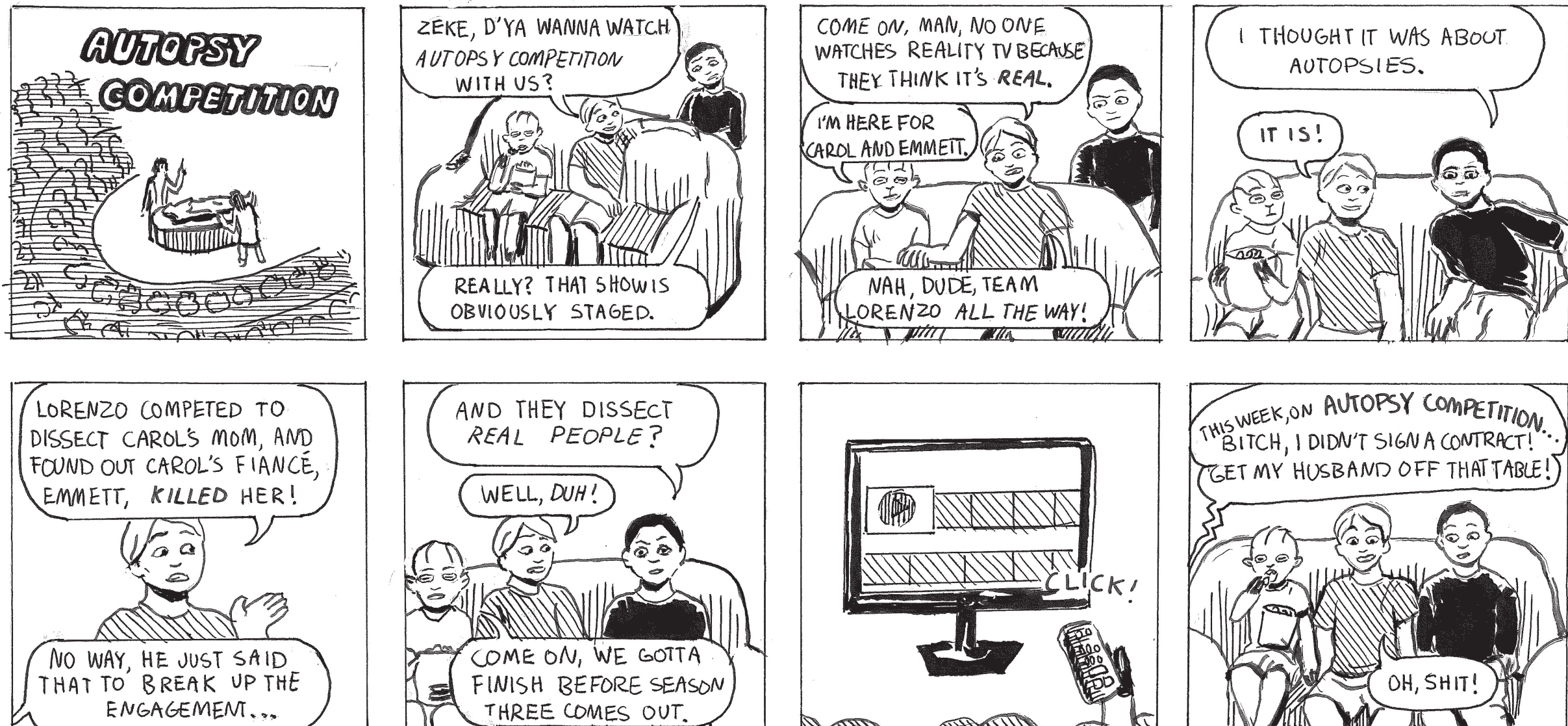
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ON THE MENU

New Year, New Snacks with Health & Wellness



Leonard Paulasa
Reporter

Being a college student is demanding, and it's not easy to transition from eating home-cooked meals to cooking on your own. Additionally, deciding on the perfect mixture of affordable, healthy and delicious becomes more difficult when the real world truly hits and we're faced with the problems of time management and financial responsibility. Thankfully, Health & Wellness hosted a workshop at the Tenaya Market, conveniently located in the San Joaquin Villages, which featured a quick tutorial on how to make healthy and affordable snacks for us college students making the transition to adulthood. The event was called "New Year, New Snacks" and was held on Jan. 31. It was thrown by UCSB's Health & Wellness department, and they were generous enough to give us three quick granola bar recipes and samples to try.

These are my personal opinions on each bar:

No-Bake

This one was my personal favorite. The texture was consistent and chewy throughout. Furthermore, it's the quickest to make, considering the lack of baking, and its ingredients were the easiest and most fun to substitute for different flavors.

Oats & Honey

The oats and honey bar was my second favorite of the three. The only reason it wasn't my favorite was simply because the sample offered was a little crumbly. However, the recipe can't be blamed for

the bar being crumbly. I was told that it could've been baked longer, and the oats used were gluten free. Normal oats and a longer baking time would've made it the perfect granola bar. Add in some chocolate chips, and it would've tasted exactly like a Quaker Chewy Granola Bar.

Cherry & Almonds

This one was great, but I wouldn't have minded if I didn't get to try it out. I can see how people like it, but I personally found it too salty. It could do with some unsalted almonds or even just a change in the type of nut used. The almonds were too crunchy and ruined the consistency of each bite. This was noticeable when a bite had both dried fruits and almonds. I had to continue to chew the almonds for quite some time after I had already chewed every other part of said bite.

Furthermore, the staff had said the ingredients are substitutable! As long as the same ingredient conditions are met, the recipe can be changed to make the granola savory, spicy or whatever other flavor you're craving. The interchangeability adds an exciting new dimension to these delicious snacks and gives us the opportunity to make it healthier or to accommodate food allergies. You can even add in protein powders!

Overall I found the "New Year, New Snacks" event to be helpful. Adulting is difficult as is, and Health & Wellness was considerate enough to provide us with quick, affordable and tasty recipes. I would definitely continue to keep an eye out for more of their food events because they're useful, and I'll personally take all the help I can get.



PHOTOS BY LEONARD PAULASA / DAILY NEXUS

Seven Lucky Snacks for Lunar New Year

Rachel Lee
Staff Writer

The Year of the Pig is finally here and what better way to start the New Year than with food! When it comes to Chinese New Year, there are certain dishes that are eaten for their symbolism. These traditional "lucky foods" were chosen based on their appearance and pronunciation in the Chinese language. Not only that, but the way these foods are eaten and prepared also signify how the upcoming year will go.

Fish

Steamed fish is a common dish you'll find at any New Year's Eve celebration dinner, as it sounds like the word "surplus" in Chinese. Because it is meant to signify hope for a surplus amount of money saved, the fish is meant to be eaten last – also, you should always have a considerable amount of leftovers. How the fish is placed on the table also has symbolic meaning.

Dumplings

Growing up in a Chinese household, I remember making lucky dumplings on New Year's Eve. They are meant to represent wealth, as they are shaped like Chinese silver ingots. I would always be told that the more dumplings I ate, the wealthier I would become in the New Year.

Glutinous Rice Cakes

This has to be by far my favorite dish to eat during Chinese New Year. My grandma would always make batches and batches of these and her kitchen would be filled with the smell of rice cakes. This dish is supposed to represent a more productive new year with a better income and employment position. Eating this is supposed to improve your overall quality of life throughout the New Year.

Sweet Rice Balls

This dessert dish represents togetherness and reunion due to the round shape of the balls. I would say this dish is a crowd favorite – it's a nice, sweet end to the celebration that puts smiles on people's faces.

Noodles

Longevity noodles are a common dish in almost any Chinese celebration, as they symbolize a long and healthy life. Their length represents the eater's life, so make sure to never cut these noodles.

Fruit

Fruits like tangerines or oranges are often eaten during the Chinese New Year as they're chosen for their round, gold-ish appearance. They are supposed to bring good fortune, luck and fullness.

Sweets

One of the best parts of the Chinese New Year always ends up being the sweets Chinese families dole out. Any given party will always had an assortment of sweets packed into a golden and/or red package. Eating sugary foods signifies a sweet start to the New Year. They usually come in the form of candied fruits and vegetables, like lotus roots, coconut strips, coconut wedges, winter melons, kumquats and water chestnuts.



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PHOTO COURTESY OF FLICKR.COM

SCIENCE & TECH

Reduce, Reuse and Reconsider the Effectiveness of Recycling



Courtesy of Pexels

Roland Geyer's research states that approximately 91 percent of all plastic has never been recycled. The statistic has won the Royal Statistical Society's 2018 International Statistic of the Year. Rather than recycling, Geyer emphasizes the importance of reducing plastic use and reusing.

Charlotte Marston
Reporter

A green initiative propelled by government support and kept alive through catchy slogans, recycling has become integrated into our lives. We all remember growing up with those three looped arrows, and now we glance down at our trash and decide whether to throw it into the gray or blue bins at Davidson.

Since 1950, 8,300 million metric tons of plastic have been produced worldwide, but recent research has determined only a small fraction of that has been recycled. Now, the emerging debate is about whether recycling is the best way to manage this massive amount of waste.

Dr. Roland Geyer researches the fate of plastics at the Bren School of Environmental Science & Management at UC Santa Barbara. His paper, "Production, use and fate of all plastics ever made," was published in 2017 in *Science Advances* and recently

won the Royal Statistical Society's 2018 International Statistic of the Year award.

This accolade comes as no surprise; Geyer's study showed that only nine percent of the plastic produced has been recycled. This wide-scale analysis looked at all the plastic ever produced on an international scale and where these materials are now.

"We can actually account for all the plastic that we've ever made, and that's kind of unusual because we had data going back all the way to basically the beginning of mass production ... In 1950, the annual global production was, maybe, two million metric tons ... What we see is the growth of plastic production is so phenomenal. We could show that half of the plastic we ever made was made in the last 13 years," Geyer said.

The production of plastic is increasing every year, and 79 percent of it still remains in landfills since plastic cannot be broken down by soil but must be incinerated or recycled.

The most common form of plastic is polyethylene. Geyer

explains that this polymer has variety, stating that "there's high density polyethylene ... and then there's low density polyethylene," which are things we all come into contact with on a daily basis such as plastic bags.

Geyer did not immediately attribute this increase to convenience culture or consumerism.

"It just shows up on the shelf, if you just go grocery shopping, everything now is in ever smaller packs ... It used to be a big bag of nuts and now you can buy a big bag that has lots of little bags."

Although consumers don't seek out extra packaging, companies continue to add more since production is cheap, easy and contributes to convenience or even novelty.

"It's not that the consumer makes an active effort to [use more plastic]; they're very willing to go along with that constant increase, but I don't think the consumer is the main driver," Geyer said.

In his work, Geyer emphasizes that "the only environmental benefit of recycling is to avoid new material ... [and] I don't think it's happening to the extent we think it is."

This concept of primary product displacement – actually using recycled plastic instead of creating more – is the only way recycling cuts down on our waste production.

Since recycling isn't particularly effective, Geyer notes the importance of the other two R's. "We all know this waste hierarchy: reduce, reuse, recycle ... We always are skipping the first two. I hope our numbers have encouraged people to rediscover 'reduce' and 'reuse.'"

Only nine percent of plastic ever made has been recycled. This concerning low number shows us where we need to focus our efforts: on reducing plastic use and reusing, instead of routinely consuming single-use plastics.

"Trevor, my ex-Ph.D. student ... says it really nicely. He said, 'The only plastic that you don't have to dispose of is the one you never made,'" Geyer said.

"As soon as you bring plastic into the world, it's there, and you can recycle it but it's still there ... all you can do is either bury it in a hole or burn it ... recycling doesn't avoid disposal – it just delays it."

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The only environmental benefit of recycling is to avoid new material ... [and] I don't think it's happening to the extent we think it is.

Roland Geyer

UCSB Researcher Studies Carbon Storage in Soil

Jacqueline Wen
Science Editor

In addition to growing plants and making mud pies, soil is good for storing carbon.

In fact, soil contains more than double the amount of carbon in the atmosphere. With potential to offset some global warming effects, the ability to store carbon in the ground is an important topic for scientists to consider.

Carbon retention in soil occurs due to minerals in soil and soil organic matter, such as organic carbon, containing reactive chemical groups that are able to react and bond with each other.

"One of the fundamental characteristics of soil as an entity on Earth's surface is it's material that is neither truly just inorganic or organic. It's actually a chemical combination of the two," Oliver Chadwick, a professor in UC Santa Barbara's departments of Geography and Environmental Studies, said.

For more than 25 years, Chadwick has been using Hawaii as a natural laboratory. Containing lava samples ranging from freshly produced to as old as four million years old, Hawaiian soil produces a large amount of reactive minerals that can bond with organic matter.

Chadwick and his colleague, Marc Kramer of Washington State University, realized that the soils in Hawaii contained higher levels of carbon than are typically found in soils worldwide. This led them to wonder about the carbon-binding properties of soils in terrestrial landscapes outside of Hawaii.

"And that's a really interesting question – what is the carrying capacity, or the absorption capacity, of a soil anywhere for carbon?" Chadwick said.

Chadwick and Kramer investigated by analyzing soil profiles from globally representative biomes. Their research, "Climate-driven thresholds in reactive mineral retention of soil carbon at the global scale," appears in *Nature Climate Change*.

"What we found that was really interesting was that the absorption capacity for carbon really depends on climate to a very great extent," Chadwick said. "In particular, it depends on the amount of mineral produced under different climate conditions that can then bond to the organic matter."

Soils in dry climates, such as deserts, tend to contain relatively little organic matter and have little mineral surface production. This leads to less sequestration of carbon – at least, by mineral absorption processes. In contrast, greater plant productivity and more chemically reactive minerals allow wet soils in wet forested biomes to retain much more mineral carbon.

Other factors, including low pH and greater water movement, also led to greater carbon absorption.

"We find that the transition from dry soils to wet soils, and the storage associated with it, occurs over a relatively short distance in terms of water balance, which is rainfall minus evaporation," Chadwick said. "A small change in water balance will affect a very large change in carbon absorption by carbon minerals."

Looking from the standpoint of mitigation processes, Chadwick has explored ways to manipulate the soils to be able to store more carbon. However, he explains that soil storage of carbon "is not going to solve greenhouse warming problems."

"There's a fair amount of evidence suggesting that, in general, soil is storing about as much carbon as it can, given the climate conditions that the soil is in, unless it's been manipulated by humans, like if it's been bulldozed or it's been farmed very heavily," he said.

According to Chadwick, one of the main ways humans might be able to effectively increase carbon absorption in soils is to modify farming techniques. By planting deeper rooted plants, such as perennial grasses and trees, organic matter would be injected deeper into the soil. Adding depth would allow mineral production to occur without having the absorptive capacity of those minerals distilled by high levels of carbon.

With crucial factors like temperature and precipitation timing expected to change alongside global warming, carbon retention in soils may be highly sensitive to future changes in climate.

"Different parts of the world have very different soils, and the soils are going to be more or less sensitive to changes in climate and how those changes might affect carbon storage in the soil. It all comes back to what the minerals are like in the soil, which itself is partly determined by climate," Chadwick said.



Courtesy of Wikimedia Commons

Carbon storage in soil depends on various factors including – and notably – climate. Changing climate conditions may affect the amount of soil minerals produced that can bond with carbon and store it in the ground.

OPINION

Is the Sunken Place My Safe Space?



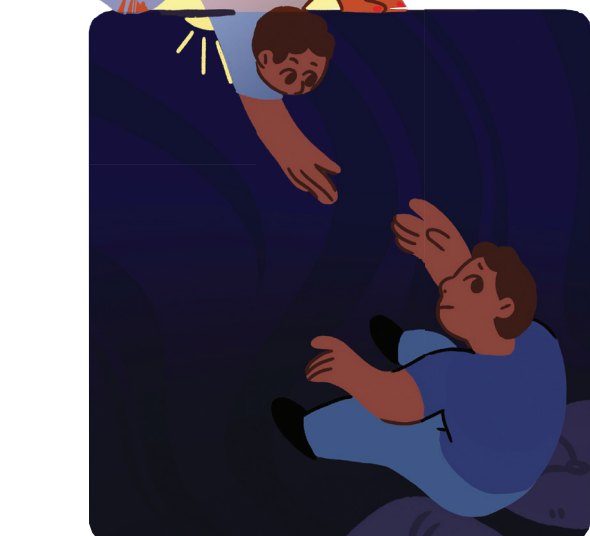
Raymond Matthews
Opinion Writer

I'll admit that sometimes I fall into the sunken place. I forget harsh political realities and enjoy life unhampered by hostility, which isn't always a bad thing. However, one cannot stay in the sunken place; in the "Get Out" mythos, one can be snapped out of it with a sudden flash of light. This metaphorical flash represents the jarring events that force people of color to objectively examine society, however unpleasant this may be.

For me, this metaphorical flash occurred last week, when actor and musician Jussie Smollett fell victim to a violent hate crime. Smollett was targeted by two unknown assailants who beat him, tied a noose around his neck and doused him with chemicals, all because he's a black gay man. As a gay black man myself, this story suddenly made me very aware of my identity, and the danger that comes with it.

Since I heard about this attack, I've noticed myself downplaying parts of my identity, or trying to "straight pass," so as not to draw unwanted attention to myself. By doing things like not painting my nails, wearing less flashy clothes and covering up the things that make me "different," I fell into a new kind of sunken place.

This new sunken place was no longer a therapeutic one where I unplug from my phone, forget about social issues and just



KATE RYAN / DAILY NEXUS



In many ways, this can be therapeutic, as staying "woke" 24/7 requires black people to constantly immerse ourselves in social and political turmoil, which quickly becomes toxic.

hangout with friends or go to a yoga class. This was a place where I hid my authentic self and allowed fear to control my self expression, much more like the literal sunken place in "Get Out."

But I was brought out of it by another flash of light, when Jussie Smollett spoke out against his attackers. In his first performance since his attack, Smollett told his fans that now is not a time to hide, but to be "blacker and gayer." This statement forced me to wake up, and I realized that my race and sexuality are among the first things people notice about me – and while I may forget about them in the sunken place, the world never will.

Being black and LGBTQ+ is indeed dangerous. It could make me a target for a hate crimes just like Jussie Smollett was, but it also shapes who I am. His courage in the wake of his attack reminded me to be as gay and black as I want to be, so don't be surprised if you see me riding a unicorn across campus while blasting Beyonce.

Openly being myself means that I'll never have a truly safe space, but I'd much prefer that to remaining trapped in the sunken place.

Raymond Matthews wants you to find the courage to express your identity, whatever it may be.

HOROSCOPES

ARIES

MARCH 21 - APRIL 19

Your arugula is rotting in the fridge. Go compost that shit.

TAURUS

APRIL 20 - MAY 20

Don't wait until the day of to click 'Not Going' on a Facebook event. Don't be a dick.

GEMINI

MAY 21 - JUNE 20

Shoot your shot with some things that you think you won't get. Go for it, Gemini!

CANCER

JUNE 21 - JULY 22

Can the UCen get new restaurants already? Panda Express is giving me indigestion :(

LEO

JULY 23 - AUGUST 22

"You will place your trust in others and be rewarded" -the Panda Express fortune on my desk

VIRGO

AUGUST 23 - SEPTEMBER 22

Valentine's Day is coming up. No context, I'm just looking at my calendar.

LIBRA

SEPTEMBER 23 - OCTOBER 22

Just when you're about to bomb your midterm, Chancellor Yang himself will descend from Heaven above and spare you from an absolute fucking.

SCORPIO

OCTOBER 23 - NOVEMBER 21

February is the time of year that Scorpio parents banged. Just to remind you.

SAGITTARIUS

NOVEMBER 22 - DECEMBER 21

He's probably not going to message you back, but keep swiping through those fours.

CAPRICORN

DECEMBER 22 - JANUARY 19

Make sure you don't mix up your CBD and THC vapes and show up to class high

AQUARIUS

JANUARY 20 - FEBRUARY 18

Fuck it up if its ya birthday biiiiitch

PISCES

FEBRUARY 19 - MARCH 20

Go cry about it.

Argument in the Office: Tattoos in the Workplace

Mike Tyson's brazen choice of body adornment may have been iconic enough to appear in dozens of movies, but for the general public, piercings and tattoos have had less favorable outcomes. Though attitudes towards tattoos have slowly shifted as the number of people getting inked increases, their acceptance in the workplace is still in question for managers and millennials seeking jobs.

For many, tattoos are nothing more than a meaningful memento or method of self-expression. But tattoos, regardless of their meaning or presentation, have been historically associated with low social class. This association, rooted in racial and cultural stereotypes, needs to be left in the past. In the modern American workplace, tattoos should not play a role in hiring decisions. Because the population of people with tattoos is growing, having workers with tattoos not only will foster an environment of acceptance for workers but for customers as well. Furthermore, if managers are limited to hiring people without tattoos, they could potentially limit their workforce.

For many students at UCSB, tattoos are a form of self-expression and often serve as reminders of the places and people they love. "My tattoo is really special to me," first-year Emerson Stewart said. "It reminds me of my family and what they have done for me." Just below his right arm, over the crooks of his rib cage, is a swallow. "It commemorates the boating trips where I learned to appreciate my family more, discovered a deep respect for the ocean and grew a lot as a man. I currently have six and each one has its own story that makes me who I am today. Whenever I see them, it's a reminder to myself of what's important to me and helps keep me grounded in a way. They're reminders of everything I've been through and everything I've lost, but they remind me of what I still have as well." It is these intricacies and the elusive beauty of tattoos like Stewart's that are often overlooked in the workplace.

Not only is it becoming more common for people to have sentimental tattoos, but it is also more common for people to have tattoos in general. According to a study conducted by the Pew Research Center, more than one in three "Gen Nexters" or Americans ages 18-25 have expressed themselves in terms of appearance, tattoos being the most popular form. For any company, having a diverse, representative staff can improve business. However, to that end, some argue that having staff members who are heavily tattooed could decrease business because customers may have an inherent negative reaction.

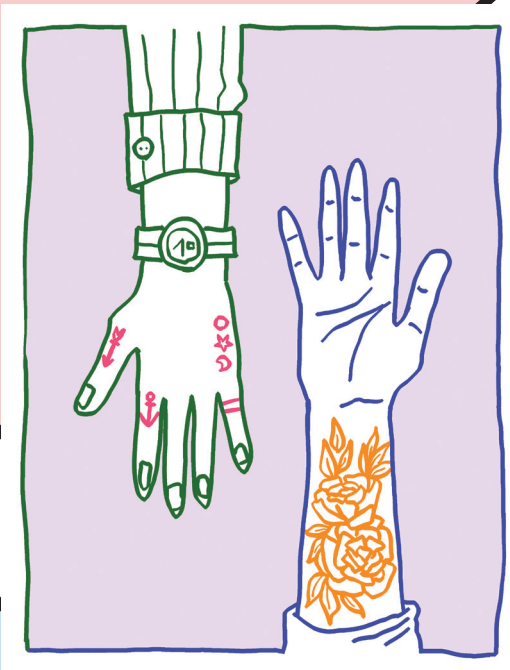
There is also something to be said about a manager's discretion in setting a dress code. Ideally, a manager has chosen a dress code that they feel is fitting for their business and the customers they will be serving. In terms of tattoos, there is the subjective questioning of obscenity and location. While I do believe there is more of a consensus on what is obscene or offensive, I believe there is less certainty in restricting the location of tattoos. Someone with a face tattoo that is not obscene may find it more difficult to be hired than someone else with a less visible tattoo such as one on the hand or wrist, and while I would venture to say that the average person bearing a face tattoo isn't trying to get a job at your local haberdashery, it is important to question where the line should be drawn. For argument's sake, I believe obscenity should be up to a manager's discretion, while extreme locations such as the face or neck should be evaluated relative to other qualifications.

As a final point, hiring managers who discriminate against job candidates with tattoos may be settling for a less-qualified pool of applicants. Because there is a growing population of people with tattoos among the younger generation—in fact, 1 in 3—a manager who will only consider applicants without tattoos is decreasing the pool of candidates by more than 30 percent.

The reality of tattoos in the workplace is that although there is a movement toward more acceptance, body adornments can inevitably play a role in hiring decisions because it is ultimately at the manager's discretion whether or not they will hire someone with tattoos. Because restricting tattoos can limit the potential of a workforce, and the number of people with tattoos in America has significantly increased, I argue that we re-evaluate the culture and judgements of tattoos. We are now in a time where we can foster an environment that allows for a reclamation of this form of self-expression.

Aryana Kamelian wants you to rethink your initial impressions of tattooed workers.

PRO: Aryana Kamelian



MAKENA SUMI / DAILY NEXUS

factor still concerned about how visible tattoos will affect a client's opinion of an employee. Additionally, a 2015 study showed that clients still tend to have an aversion to front-of-house employees with tattoos. There is a very simple solution to this issue — get your tattoos done on your torso or thigh instead of your arm, and having art on your body becomes a nonissue.

Even as it has become more mainstream to sport visible tattoos, the law has always backed an employer's right to enforce rules concerning the presence of tattoos. In many cases, employers have cited anti-discrimination and freedom of speech in cases attempting to fight employer's policies. However, the courts have maintained that it is an employer's right to determine policy regarding the presence of body art. Employers reserve the right to control the image of their companies, which includes whether or not their workers show tattoos. Even as visible tattoos have become more commonplace and diminishingly associated with low-brow culture, the image of a tattooed body might clash with the desired appearance of the company. Considering that employers are paying workers to represent their companies, it is not too much to ask that workers display the sort of image that employers desire.

Of course, it is important to acknowledge that as tattoos become more prominent in popular culture, their presence tends to be associated less with the outlandish counterculture they once represented, especially among the younger audience. Also, it is not fair to assume that every tattoo is a statement that might offend someone. Many tattoos are beautiful pieces of artwork, names, dates or statements that have sentimental value to their owners.

Given this information, the presence of tattoos in the workplace should be up to the discretion of the staff supervisor. Taking all this into account, it is important to consider the consequences a tattoo might have on your desired career before heading to the tattoo parlor.

Melanie Ziment wants people to think twice before getting tattoos.

CON: Melanie Ziment

There are many things about tattoos that I love. I love that they are a way of learning things about the people who are in possession of them, that they are a beautiful form of artwork and, most of all, that they provide a means of taking ownership of your own body. However, there are valid reasons why visible body art is considered inappropriate in a professional work setting.

The main reason is that tattoos can present ideas or symbols that are offensive to others. Though it's probably safe to say that my blue butterfly tattoo won't offend anyone I might encounter in the workplace, it can't be guaranteed that every tattoo is not an offensive statement or symbol. Because of this, it is probably best to limit tattoos in the work setting altogether rather than single people out. One extreme example would be a swastika tattooed on someone's arm. While freedom of speech protects this person's right to have this tattoo, I think we can all agree that this symbol is very offensive to others and is not an image that most companies want greeting a person when they are, say, grabbing their morning coffee. While most tattoos do not depict images that are so blatantly socially unacceptable as this one, there are many subtle images that can cause a client to feel uncomfortable when approaching a worker.

Personally, I don't desire to be judged by those around me based on their perceptions of my tattoos. Countless studies indicate that first impressions have a lasting effect on relationships. I wouldn't want a coworker or client making decisions about who I am as a person based on a piece of artwork. I would rather represent myself through my actions and words than through a tattoo. In the end, no one but you knows the true meaning of the images on your body, and while you might not mean to insult anyone with your tattoo, its meaning might be very easily misconstrued. Along these lines, studies indicate that although showing body art has become a common trend, the presence of tattoos continues to be a limiting factor in the hiring process. A 2014 study determined that hiring managers are