



PEYTON STOTELMYRE / DAILY NEXUS

Can Rams Achieve Redemption or Will Pats Repeat History?

Brandon Victor
Asst. Sports Editor

17 Years ago, the St. Louis Rams were the best team in the NFL. Just two years removed from their first Super Bowl victory in franchise history, "The Greatest Show on Turf" – led by hall of famers such as Kurt Warner, Marshall Faulk, Torrey Holt and Isaac Bruce – finished the 2001 season with a 14-2 record.

For the second straight season, Faulk gained more than 2,000 total yards, scoring 21 touchdowns. In his age-30 season, Warner himself threw for 36 touchdowns, with Bruce and Holt each gaining more than 1,000 receiving yards. In what would be the last season of their dominance, the Rams were the team to beat in Super Bowl XXXVI.

Their opponent: The New England Patriots, a franchise that had been mired in mediocrity since their super bowl appearance in 1996. Second-year Head Coach Bill Belichick and backup quarter-

back Tom Brady had miraculously taken a team that started the season 2-3 all the way to the Super Bowl, where they were considered extreme long shots to take home the Lombardi trophy.

As we've learned all too well in the past 17 years, you can never count out Tom Brady. When a 28-year-old Adam Vinatieri drilled the game winning field goal for the Pats, it was the start of a dynasty for the Patriots – and the end of an era for the Rams.

In the 17 years since, New England has made the Super Bowl a resounding eight times, winning it on four of those occasions. To most college-aged students, our only memory of the Patriots is that of pure dominance.

The very next season, the Rams limped to a 7-9 record. Warner got hurt midway through the season, and would ultimately be shipped off to the Cardinals, while Faulk would never top 1,000 yards on the ground for the rest of his career. In the 17 years since, the Rams have never made it past the divisional round of the playoffs – until

this year, that is.

When the Los Angeles Rams meet the New England Patriots this Sunday, both teams will once again be on opposite trajectories.

The Patriots have inarguably created the greatest dynasty in all of sports during the last two decades. Still, father time is undefeated. Tom Brady is now 41 years old, surrounded by his weakest core in recent memory. Gronk is a shell of his former self who, according to media reports, is likely to retire after this season. Even Julian Edelman, a constant stalwart for the Pats in the slot, is 32 now. In all likelihood, we are approaching the end of an era in New England.

On the flip side, the Rams have emerged as a potential Super Bowl threat for years to come. Led by 33-year-old Sean McVay's creative play calling and the emergence of third-year quarterback Jared Goff, Los Angeles' high-powered offense has been almost impossible for defenses to stop all season.

The parallels between this Rams team and

the 2002 Patriots aren't exact; after all, no one expects Goff to become the next Brady. In large part, Goff's success can be owed to the scheming of McVay, as well as the weapons surrounding him. In 2002, Brady's best receiver was David Patten – a receiver who is inferior to both Brandin Cooks and Robert Woods. While Antowain Smith scored 13 touchdowns for that Pats team, Todd Gurley has amassed almost 2,000 yards this season, along with 21 total touchdowns.

Still, it's no coincidence the rest of the NFL is desperately trying to unearth the next McVay, in a similar fashion that Belichick's assistant coaches are always hot commodities. With McVay at the helm, it's difficult to envision a future in which the Rams aren't a perennial Super Bowl threat.

While the Patriots likely won't fall off as drastically as the Rams did in 2002, there is no doubt that change is coming in the NFL. It's only fitting that the end of the Patriots dynasty comes the same way it started: a Super Bowl victory over the Rams.

SB Oil Spill: A Catalyst of the Environmental Movement

Sofia Mejias-Pascoe
Asst. News Editor
Katie Wolf
Staff Writer

In one of the first photos that humans captured of the Earth, "Apollo 8 Earthrise," half of a brilliantly blue and white sphere floats solemnly in the distance. In late December 1968, Apollo 8 astronauts captured this photo during their mission which brought humans to the moon for the first time.

Americans were literally seeing the Earth in a new light when just over a month later, an estimated three million gallons of petroleum oil spilled into open waters off the coast of Santa Barbara, the Los Angeles Times reported.

On a cloudy morning in late January, faulty equipment in one of Union Oil's oil rig platforms, Platform A, resulted an oil blowout off the coast of

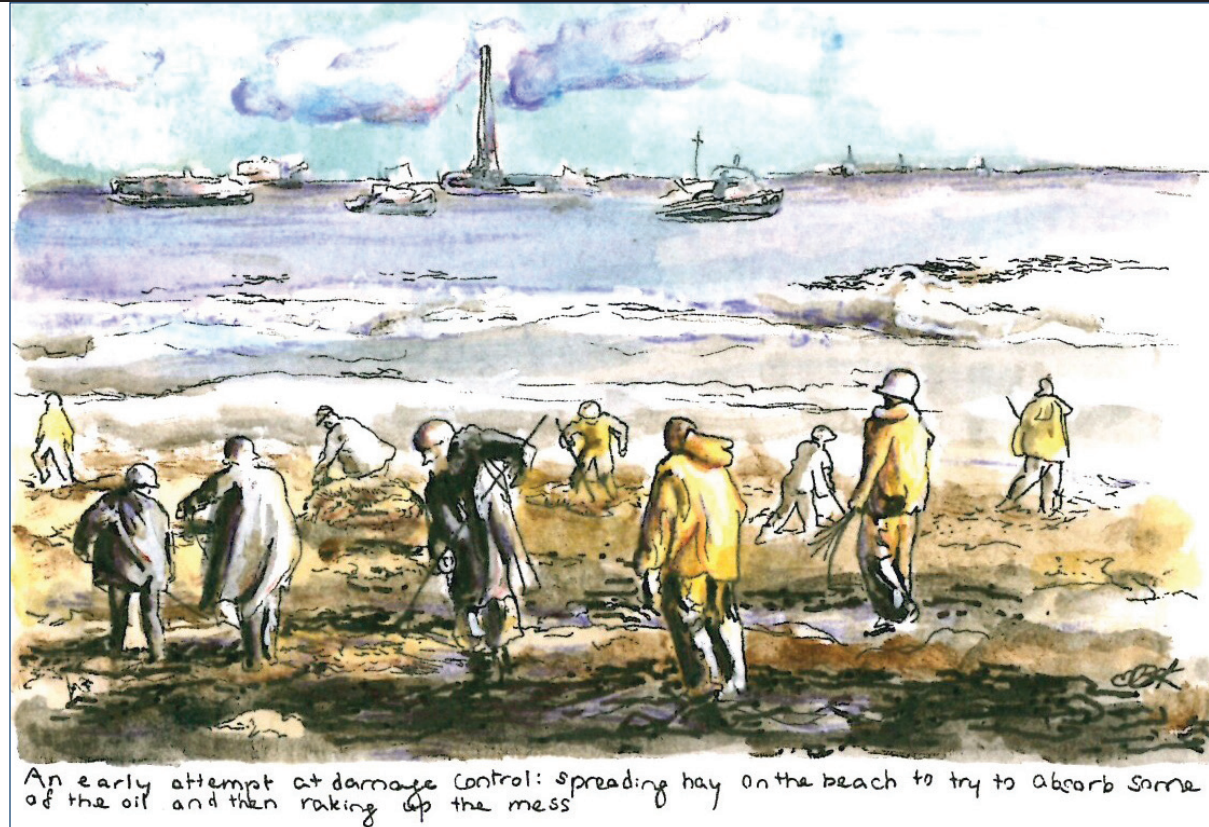
Santa Barbara. Oil surged from consequent cracks in five places in the seafloor, releasing 1,000 gallons of oil per hour for a month, according to the Los Angeles Times.

In the first days of the historic Santa Barbara Oil Spill on Jan. 28, 1969, locals woke up to discover blackened ocean waters, beached animals covered in black goo and the thick, inescapable smell of oil.

For Marc McGinnes, environmental lawyer, former UC Santa Barbara lecturer and author of *In Love with Earth: Testimonies and Heartsongs* from an Environmental Elder, seeing the "Earthrise" for the first time and hearing news of the spill culminated almost simultaneously in a newfound compassion for the environment and the desire to protect it.

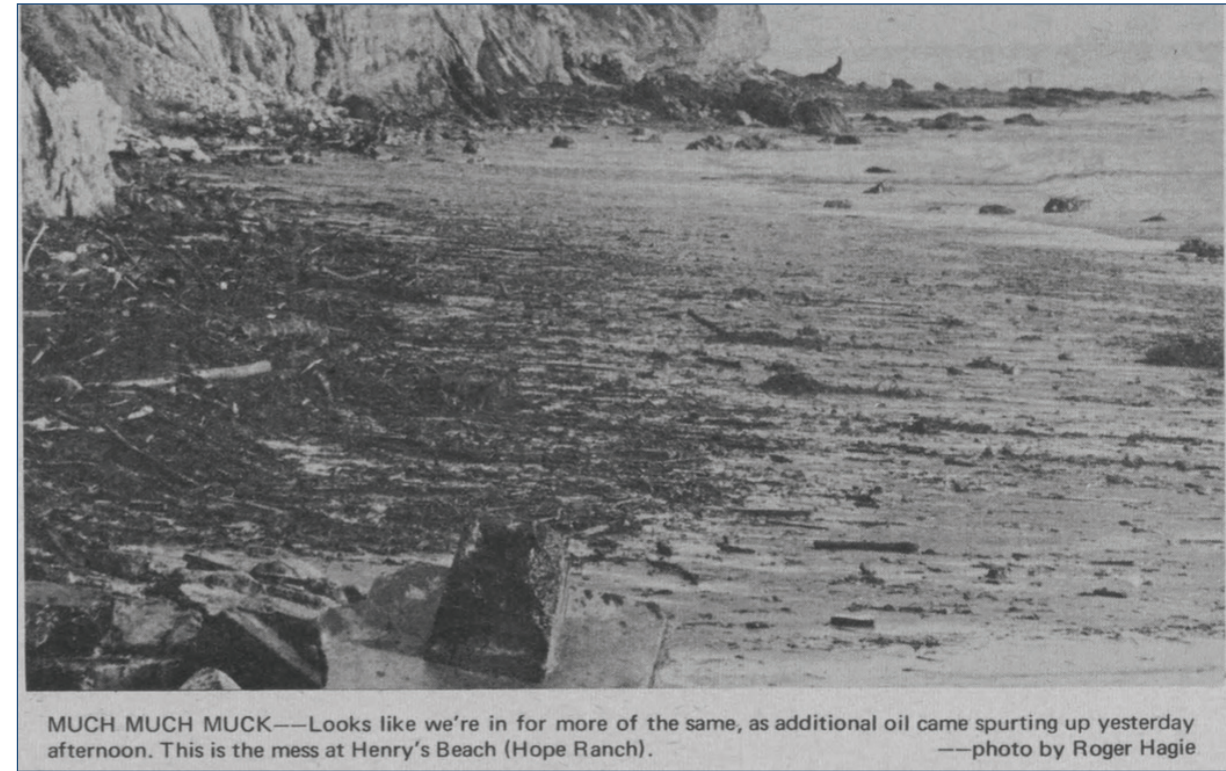
"It really knocked me for a loop," McGinnes said. "I just fell in love [with Earth] and it threw me into a different consciousness."

50th Anniversary p.4



An early attempt at damage control: spreading hay on the beach to try to absorb some of the oil and then raking up the mess

EMILY KOMESSAR / DAILY NEXUS



MUCH MUCH MUCK—Looks like we're in for more of the same, as additional oil came spurting up yesterday afternoon. This is the mess at Henry's Beach (Hope Ranch). —photo by Roger Hagie

NEXUS FILE PHOTO

SB Reps Propose New Bills on 50th Anniversary of Oil Spill

Max Abrams
Asst. News Editor

Fifty years ago, Union Oil Platform A was nothing more than an oil platform off the coast of Santa Barbara – that is, until its well suffered a blowout. For nearly 20 years, the 1969 Santa Barbara Oil Spill was the largest oil spill in American history.

Today, lawmakers in California and across the U.S. are battling the oil industry with tough legislation to hold the oil industry accountable and prevent future environmental disasters.

Two of Santa Barbara's representatives, Senator Hannah-Beth Jackson and Congressman Salud Carbajal, both recently drafted new legislation in commemoration of the 1969 Santa Barbara Oil Spill.

Both lawmakers delivered speeches on Sunday at Arlington Theater for an event hosted by the Community Environmental Council that focused on remembering the Oil Spill in 1969.

On Monday, Congressman Carbajal, a state representative from California's 24th Congressional District, announced the reintroduction of the California Clean Coast Act, a bill that would prohibit offshore oil and gas leasing throughout the Outer Continental Shelf (OCS), according to a press release.

"We all remember the devastation our community saw after the 1969 Oil Spill. It did damage to the ecosystem, the environment and the economy," Carbajal said in an interview with the Nexus.

Carbajal is hopeful for his new bill, noting

Legislation p.4

A
LOOK
INSIDE

SPORTS
page 8
Super
Bowl Team
Previews

Isla Vista's
New
Favorite
Band
ARTSWEEK
page 7

ON THE MENU
page 12
Why We
Should
Leave
Meat in
2018

Weather Report
Mostly Cloudy
High 68°F | Low 47°F
Temperatures hitting low 60s this weekend
Surf Report
Fair
Steep swells all day

THIS WEEK'S UP & COMING

THURSDAY, JANUARY 31

TRACY K. SMITH: U.S. POET LAUREATE

CAMPBELL HALL | 7:30PM
 As the 22nd U.S. Poet Laureate, Tracy K. Smith is on a mission to bring poetry to the masses, showing how poetry can help people see the world from other perspectives. Smith's acclaimed collections of poetry include *Wade in the Water* and the Pulitzer Prize-winning *Life on Mars*, and her memoir, *Ordinary Light*, was a National Book Award finalist. Books will be available for purchase and signing courtesy of Chaucer's.



FRIDAY, FEBRUARY 1

PRITI RAMAMURTHY: "FEMENIST COMMODITY CHAINS"

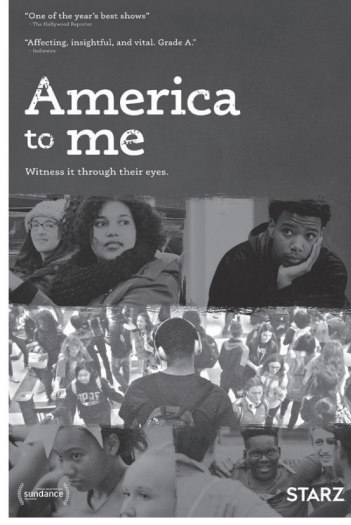
HSSB 4041 | 1:00PM
 A scholar of gender and globalization, Ramamurthy has conducted ethnography in the same villages in the Telangana region of southern India for three decades to examine the relationship between social reproduction of families and agricultural transformation. She is co-editor and co-author of *The Modern Girl Around the World: Consumption, Modernity, and Globalization* (2008).



WEDNESDAY, FEBRUARY 6

AMERICA TO ME: EPISODES 1 & 2

MCC THEATER | 6:00PM
 This unscripted documentary series presents an exclusive look into an academic year at suburban Chicago's Oak Park and River Forest High Schools. Students, teachers, and administrators from one of the country's highest performing and diverse public schools are profiled in the face of decades-old racial and educational inequities. The series delves into the experiences of the racially diverse student population, sparking conversations about what has and has not succeeded in the quest to achieve racial equity and overcome bias in education.



FRIDAY, FEBRUARY 1

IMPROVABILITY THE MUSIC SHOW

8:00PM | \$3

EMBARCADERO HALL

MAGIC LANTERN STUDENT CHOICE FILMS:

SORRY TO BOTHER YOU
7:00PM

WIDOWS
10:00PM

IV THEATER | \$4

DAILY NEXUS

WWW.DAILYNEXUS.COM

Editor in Chief | Jorge Mercado
Managing Editor | Tamari Dzotsenidze
Layout Editor | Aly Witmer
Asst. Layout Editor | Hannah Appel
County News Editor | Evelyn Spence
University News Editor | Simren Verma
Asst. News Editors | Sofia Mejias-Pascoe, Sanya Kamidi, Max Abrams
Data Editor | Hayley Tice
Asst. Data Editor | Lauren McPhillips
Opinion Editor | Laurel Rinehart
Asst. Opinion Editor | Harper Lambert, Hannah Jackson
Sports Editors | Omar Hernandez, Artsweek Editors | Zoe Jones, William Emmons
On The Menu Editors | Winnie Lam, Tiffany Velasquez

Science Editor | Jacqueline Wen
Photo Editor | Siavash Ghadiri
Sports Photo Editor | Angie Banks
Nexustentialism Editor | Ariana Marmolejo
Asst. Nexustentialism Editor | Emma Demorest
Art Director | Peyton Stotelmyre
Social Media Manager | Joshen Mantai, Calista Liu
Chief Copy Editor | Kylie George
Co-Copy Chief | Sarah Garrett
Senior Copy Editors | Michelle Phan, Casey Gallagher, Laila Voss
Copy Editors | Sean Crommelin, Natalie Gomez, Laura Tucker, Gigi Jackson, Caroline Gee
Advertising Representative | Chandler Bartz
Production | Kylie George, Sarah Garrett

"Wasn't that that 'Shrek' song?"

THE SAMURAI OF PUZZLES By The Mephram Group

Level: **1** 2 3 4

	8							1	
								6	5
		6		1	9				
8	6		9						
	3	9			2	1	5		
			6					7	
			4	3		2			
4	7								
	2							8	

SOLUTION TO FRIDAY'S PUZZLE 5/5/12

7	2	1	8	6	5	3	4	9
6	3	9	4	1	7	2	5	8
8	5	4	3	2	9	1	6	7
5	9	6	1	3	4	7	8	2
2	4	7	5	9	8	6	1	3
3	1	8	6	7	2	4	9	5
1	8	3	7	5	6	9	2	4
9	7	5	2	4	1	8	3	6
4	6	2	9	8	3	5	7	1

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

© 2012 The Mephram Group. Distributed by Tribune Media Services. All rights reserved.

ACROSS

- Relinquish power
- It'll knock you out
- Major influence in '60s music
- Is subjected to a series of attacks
- Disturb
- Even though
- Be off
- Like Walter Mitty
- Spinal column?
- __-dieu
- Base address
- To the point
- "In bad company," to Bierce
- Right triangle ratio
- Renders less dangerous, in a way
- Brightly colored silica
- No mere joy
- Antarctic expedition vehicles
- Three-sect. exam
- Deck out
- "Cattle" or "Reddish" wader
- Lulu
- River to the Gulf of Finland
- Bigwig in big oil
- San Francisco Giants closer Sergio
- One-time cohort of Eazy-E
- Dance named for a horse's gait
- ACC team with a turtle mascot
- Mideast pearl-shaped pasta
- Out of character
- "__ & Juliet": 2011 animated film
- Kentucky Derby wreath

DOWN

- "Fringe" co-creator J.J.
- Sultanate on the South China Sea
- Many dates involve one
- Words of consolation
- Irving or Norman, e.g.
- Silent butler contents
- It can be exciting to get down to it
- Round numbers
- Elementary seed
- Philatelist's purchase
- Lobby extension?
- Banking aids
- Worn-down jewelry?
- Steaks and chops, say
- Threw out on the baseballs, in basebal lingo
- Precept
- Braid
- Colossus
- Key of Chopin's "Heroic Polonaise"
- Pelvic bones
- "Breakfast at Tiffany's" co-star
- "Anne of the Thousand Days" playwright Maxwell
- Approach
- Carpenter's activity
- Keep from escaping
- Suggest
- Apron wearer
- Like sponges
- Sullied
- Western outfits
- One of Mowgli's mentors in "The Jungle Book"
- Page 5, say, usually
- Modern map element
- Member of an old Russian line
- Goal
- __ so weiter: Berliner's "et cetera"

ANSWER TO PREVIOUS PUZZLE:

B	O	D	E	S	G	R	A	D	E	M	A	A		
E	N	U	R	E	O	A	S	I	S	A	T	V		
R	E	L	I	G	I	O	U	S	S	P	R	I	T	E
A	M	C	A	N	G	C	O	S	T	A	R			
T	O	I	L	R	O	L	O	V	A	C	S			
E	N	N	A	I	L	I	K	E	S	P	I	K	E	
S	T	E	P	M	I	R	A							
H	A	P	P	P	S	P	E	N	D	I	N	G		
B	L	A	C	K	S	P	I	C	E	E	B	R	O	
U	O	M	O	E	N	R	Y	R	I	D	S			
S	C	A	M	P	S	E	E	L	T	E	A			
H	A	T	S	I	N	T	H	E	S	P	R	I	N	G
E	L	I	S	A	N	D	P	G	E	N	I	E		
L	E	S	A	P	T	L	Y	A	V	G	A	S		

xwordeditor@aol.com 03/16/13

Contact Us

News Office:
Phone: (805) 893-2691
Phone: eic@dailynews.com
Advertising Office:
Phone: (805) 893-3828
Fax: (805) 893-2789

Additional contact information for individual sections and editors can be found at www.dailynews.com
 University of California, Santa Barbara
 PO Box 13402 UCEN
 Santa Barbara, CA 93106

WEATHER

The Weatherhuman says sorry to all you suckas with midterms because ze doesn't have any!!!!

Tomorrow's Forecast: drank

CLASSIFIEDS FOR RENT

Large 2Bd/2Bth Apts. near UCSB.
 Tropical setting, heated pool, laundry room, vending machines, assigned parking. W/T incl. No Pets. \$2200-\$2590. Garden Court Apartments. 6689 El Colegio Rd. 805-968-9664.

Great DP House
 4 BD, 2 BA House on DP and plenty of parking on ST. 2 large yards, skylights and fireplaces throughout. This is a must see on Del Playa. 12 Month Rental starting in July. Call for info. Joyce 310-276-5977. Email Joyce@grunauer.com; bob@grunauer.com

FOR SALE

I.V. HOME
 6815 Trigo - \$890,000. 3 br., 2.5 ba. + 2-car garage
 Brian Bailey CCI 805-637-1031
 Brian@centralcoastinvestments.com

SPECIAL NOTICES

Typing Service Needed - Will Pay
 Have a 16,000 word manuscript which needs to be retyped and correct spelling and grammar, number pages and format. Email frankhull48@yahoo.com

Apply for the IVCSB Board of Directors
 There is a vacancy on the IVCSB Board of Directors. Residents of Isla Vista at least 18 years old are welcome to apply to serve on YOUR local government. Applications are due on February 5th by 5pm for consideration by the Board of Directors on February 12th. Visit: <https://islavistacsd.ca.gov/apply-for-the-ivcsb-board-of-directors>

UAW Meets With Admin., Demands UCSB Solve Back Pay Issues by Feb. 1

Evelyn Spence
County News Editor
Sanya Kamidi
Asst. News Editor

Members from one of UC Santa Barbara's student-worker unions called for a meeting with Chancellor Henry T. Yang on Tuesday to demand a resolution to UCPath's ongoing issues, citing widespread miscommunication problems.

Union members of UAW Local 2865 marched into Cheadle Hall around noon on Tuesday and presented a letter to Yang, which asked that the administration "fulfill the fundamental legal obligation of the University of California to pay its employees on time."

Yang brought in several other high-level administrators to the impromptu meeting – including Executive Vice Chancellor David Marshall, Office of Budget and Planning Assistant Chancellor Chuck Haines and Vice Chancellor for Student Affairs Margaret Klawunn – all of whom he said would be able to provide more insight as to how UCSB can help ensure its students get paid.

Although UAW representatives entered the meeting intending to leave with a strict commitment from the university to either solve or follow up on these problems, the two hour meeting ended with no direct promises on UCSB's part.

Administrators at the meeting cited legal barriers in dealing with unions that prevented them from making promises without coordinating with UC Labor Relations.

The two groups discussed "unexpected stress on our families, unnecessary credit score reductions, and extreme strain on our mental health," as stated in the letter from UAW union members. They attributed all of this to the disruption in their pay, an issue they said plagued both undergraduate and graduate students.

"When we are unable to fulfill our financial obligations as students, such as paying tuition and fees, we are penalized," UAW member Mariah Clegg said, reading the letter to Yang and other administration members seated around the table.

"Why shouldn't the university be held accountable for compensating workers for the losses caused by its failure to pay workers on time?" UAW presented several demands to the administration in their letter, the most urgent of which asked UCSB to pay all workers what they are owed by Feb. 1.

"A lot of people are told that someone is working on it, but it's not always clear what that means, if there's any sort of timeline," Lisa August-Schmidt, sergeant at arms on the UAW Statewide Executive Board, said in an interview with the *Nexus*.

"In general, what I've found to be incredibly frustrating in dealing with the university via Labor Relations or directly, [is that] they've been really unwilling to acknowledge how big of a problem this is."

Administrators continually noted throughout the meeting that while they knew about the pay problems and had been actively working to fix them, they had been unaware of many of the ripple effects of the delayed pay. They thanked the members for bringing it to their attention.

Marshall admitted there was a "flaw in the design" of UCPath and said the administration was working to help address students' grievances.

"We're meeting about this every week and trying to make it work," he said during the meeting. "I think we've made some progress, but every new payday is another test of the system."

The union members shared personal anecdotes regarding their own experiences with UCPath to emphasize the urgency of the problem.

One member said she had been overpaid by \$900 during Fall Quarter 2018. After returning the money then, she said she received a

letter on Jan. 15 saying that she needed to pay the money back by Jan. 14, or it would be sent to collections.

"On top of missing pay, many workers were faced with credit card late fees, unexpected transportation costs when bus passes were denied due to late fee remission, and were forced to skip meals to make ends meet. One worker's car was repossessed for not making timely payments," the letter stated.

UAW representatives and administrators agreed that communication was one of the largest issues exacerbating the payment issues; both noted that there was not one office that students could approach if they were experiencing payment issues.

One of UAW's demands was to establish a single point of contact "so that workers' problems do not have to go through multiple bureaucratic layers before coming to the attention of UCPath," the letter stated.

Throughout the meeting, Yang asked his administrators about what issues could be solved immediately, expressing concern that there were still students not being paid on time, leaving them unable to pay rent.

He was especially thrown off by the figure listed in the letter, which stated that "none of the thirty-some tutors and readers in the Accounting program were paid at all during fall quarter as a result of complications with UCPath."

Since its implementation at the beginning of Fall Quarter 2018, UCPath, a program aimed at streamlining the way all UC workers get paid, has caused an uproar among student workers at UC campuses, primarily graduate students.

The union first filed a grievance regarding UCPath issues on Oct. 19, according to August-Schmidt. The union put out a survey on Oct. 8 regarding UC Path's issues; they have received over 500 responses across the UC system so far.

One of the difficulties with the new system is that it consolidated payroll at UC Riverside, meaning that individual campuses had less power to address any issues that emerged.

UAW workers at UCSB felt that the deployment of UCPath at other campuses should be delayed until the full scope of problems it has caused has been solved.

"There hasn't really been a satisfying acknowledgment of the kind of havoc this creates in people's lives," August-Schmidt said.



SANYA KAMIDI / DAILY NEXUS



Weekly Events in Isla Vista

I.V. Clean Up with Free Yerba!

Commit too many sins this week? Take a visit this Saturday at 10 a.m. to the Isla Vista Recreation and Park District at 961 Embarcadero del Mar and help clean the streets and your soul. If you're in need of service hours or caffeine, this is an opportunity that you cannot miss. Work hard enough and you will be rewarded with a free Yerba! Just don't forget to wear closed-toed shoes before you go out. And remember: The harder you clean, the more sins you'll wash away!

ThriftdByAlex Pop-Up!

Help breathe some new life into old clothes and stop by ThriftdByAlex pop-up at 796 Embarcadero del Norte, Unit 215. Can't make up your mind about what clothes you want? Don't worry! Come and explore a wide array of hand-picked garments catered toward your second-hand needs. The event takes place from 11 a.m. to 3 p.m., and most items will be under \$10. Venmo, cash and PayPal will be accepted. Try to bring your own bag if you can! As of now, only women's clothing will be offered. Men's clothing will be available soon.

Shitbrains, Sordo, Powerslave, The Dorys & Outpatient

Have your ears found themselves in need of some live(ly) music this weekend? Pop by Biko Garage at 6612 Sueno Road and explore some of Isla Vista's finest musicians. Shitbrains, Sordo, Powerslave, The Dorys and Outpatient will all be playing live in an attempt to satisfy your eardrums. Bring a friend or two and mosh the night away. Small disclaimer: Metal music induces intense dancing. If you're also looking for a late-night workout then this might be the event for you.

Be a CERT Drill Victim

Want to show off your acting skills but are too lazy and poor to live in L.A.? Come support the hard-working Community Emergency and Response Team (CERT) students and help them put their disaster response skills to the test by acting as an earthquake victim. Stop by the Environmental Health and Safety Building from 11:30 a.m. to 3:00 p.m. this Sunday at 565 Mesa Road. Volunteer hours will be given as well as free pizza. RSVP soon so nobody steals your slice or your fake bandages

Isla Vista Surfrider Fundraiser

Need something to do and something to eat this Friday evening? Look no further and come to support Isla Vista's own Surfriders. Stop by Lao Wang to indulge in some noodles and booze and take a break from the stress of midterms. All you have to do is show up and sign in at the register to make sure you are supporting your Surfriders.

HOW HAVE YOU BEEN AFFECTED BY FOOD INSECURITY?	HOW HAS YOUR EDUCATION BEEN AFFECTED BY FOOD INSECURITY?	WHAT UCSB RESOURCES HAVE YOU USED TO COMBAT FOOD INSECURITY?	WHAT RESOURCES DO YOU HOPE TO SEE FROM UCSB IN THE FUTURE TO HELP FOOD INSECURE STUDENTS, LECTURERS & FACULTY?
Sometimes I don't eat dinner or lunch because I don't have money to get food. UNDERGRAD	Not being able to stay on campus to study and take time to bike home, feeling fatigue during tests. UNDERGRAD	UCSB Food Bank, meal tickets from social workers and (off campus) food distributions by Catholic Charities. 2018 GRAD	INCLUDE STAFF! Staff are definitely underpaid and under appreciated. Include us in your analysis of food insecurity! ADMIN. STAFF
It's really hard sometimes when I miss deadlines for paperwork and end up without food for a month. UNDERGRAD	I can't focus on schoolwork or in class if I'm hungry all the time. UNDERGRAD	The Food Bank although options are very limited. UNDERGRAD	More options at the Food Bank, the Food Bank is open more days of the week. UNDERGRAD
I couldn't afford to buy food for a year, my last year at UCSB. 2018 GRAD	[I'm] tired and sick. GRAD STUDENT	I visit the A.S. Food Bank every week. Calfresh helps make my groceries affordable. I look out for events on campus that give out food. UNDERGRAD	Subsidized food programs at the cafeteria. UNDERGRAD
Working extra hours, rationing food, having to bike home to eat rice or instant noodles. UNDERGRAD	Worrying about my next meal more than my next assignment. 2018 GRAD	I've used Food Bank few times, but it's hard for me to transport the food back, and the hours open usually overlap with class or work. UNDERGRAD	A public garden & a Food Bank in -I.V. GRAD STUDENT

HANNAH APPEL / DAILY NEXUS

50th Anniversary

Continued from p.1

Now, 50 years after the spill, the Union Oil catastrophe which led to the death of thousands of marine life animals is known widely as a catalyst of the modern environmental movement.

McGinnes, who at the time of the spill was working as a lawyer for a corporate law firm, was one of many who came to Santa Barbara after the spill to be a part of the new wave of environmental awareness.

The spill received national coverage as oil smeared the waters of the central coast, spreading along roughly 40 miles of coast, according to Doug McCauley, associate professor of ecology evolution and marine biology at the Marine Science Institute at UCSB.

"It was the '69 Oil Spill which was the 'blowout heard around the world,' so to speak," John Hankins said, current editor for the Sierra Club's Condor Call and a UCSB student at the time who helped cover the spill for *El Gaucho*.

El Gaucho was the former name of the *Daily Nexus* before it was changed in 1970. Hankins worked at *El Gaucho* first as a staff writer, then as an editor and managing editor.

At the time of the spill, the culture at UCSB was ripe with passion, activism and fervor, Hankins said.

"It was a time of getting out of your chairs in a classroom," he said. "Getting out in the field and doing something, seeing it, understanding it, studying it."

Students at UCSB were witnessing some of the most pivotal moments in the university's history, including the Vietnam War

protests, the civil rights protests, the unlawful arrests of Black Student Union members and the burning of the Bank of America Bank around a year after the spill.

Almost immediately after the start of the spill, students, teachers, activists and community members were galvanizing toward a new cause: the environmental protection movement.

The community combined efforts surrounding the spill, not only to mitigate the disastrous effects the spill had on the environment, but also to create long-lasting changes in the way people outside of Santa Barbara remembered the spill.

McGinnes worked with community members in Santa Barbara to form the January 28 Committee, a group which, at the time, was organizing a commemoration event for the spill's one year anniversary.

The Committee enlisted the help of Robert Nash, UCSB professor emeritus of history and environmental studies, to write the Santa Barbara Declaration of Environmental Rights, which they planned to be read at their commemoration event.

The document, written by Nash while he was aboard a sailboat, acknowledged humans' impact of the environment and helped to build a foundation for environmental rights, according to The American Institute for Progressive Democracy.

Back on campus, Nash led a group of 20 other professors at UCSB to discuss how students could be educated on not only the scientific but also the social dilemmas that resulted from the spill.

Students and professors alike were advocating for change in a system of values that the university reflected - change that would include environmental education as a respected academia.

"It wasn't the chancellor calling for this action. It was coming from the students, the assistant professors, the people of the community who wondered why the campus couldn't change to address these issues," Nash said.

Their efforts lead to the implementation of an environmental studies department at UCSB, one of the first to appear in the country. The department brought together ideas from a range of academic fields and paved new paths for the discipline as a legitimate field of research and study.

"UCSB became a forefront of knowledge and scientific studies and expertise that helped give the environmental movement credibility," Hankins said.

Nash became the first Chair of Environmental Studies in 1970, when the major was first established.

The spill represented a major turning point in how local communities and the nation at large thought about and acted toward the environment, McGinnes said.

Today, in the water miles off the coast of Santa Barbara, oil rigs still float solemnly in the distance. Half a century after one of the country's most devastating oil blowouts, they are faint reminders of the 1969 spill, their industrial figures fading into the decades of recovery since then.

Legislation

Continued from p.1

that the bill has a better chance of passing since it was submitted to a congress where a Republican majority is no longer in effect.

"[In] the last congress, I was a minority, and the Republican lead leadership did not allow this to move forward. I'm very excited about the prospects this time around," Carbajal said.

Of the 53 representatives in California, 42 have co-signed California Clean Coast Act, also known as HR 279, reflecting current sentiments to orient the state toward renewable energy and away from oil and gas.

"These are not abstract issues for the Central Coast and Santa Barbara. These are issues that we've experienced and to us, it's tangible," Carbajal said. "We need to wean ourselves and become less dependent on fossil fuels and invest in renewable energy."

In addition to HR 279, Carbajal has also proposed legislation on the subject of renewable energy.

"Last term I introduced - which I am going to reintroduce again - the Renewable Energy opportunities legislation, which provides tax incentives to the business community so they invest in renewable energy technology."

The California Clean Coast Act would only be applied to the coastline and waters of California.

To address California lands, Jackson, a state senator representing Santa Barbara's 19th district, introduced Senate Bill 169, a new piece of legislation dealing with pipeline safety requirements, according to a press release.

The current regulations in place allow pipeline operations in California to exploit loopholes within the state's legal system, according to Jackson.

"If you are operating a pipeline to full capacity, you have to follow California's law. If, however, you are only operating to partial capacity, you don't have to follow California law," Jackson said in an interview with the *Nexus*.

SB 169 would require that all pipelines in California, regardless of their operation capacity, follow the same regulations, Jackson said.

The bill would also ensure pipeline inspectors have the tools necessary to verify that all pipeline operations in the state are in compliance with the law.

Jackson is hopeful that SB 169 will pass.

"I'm confident that the legislature recognizes the importance of protecting against these spills," Jackson said.

However, Jackson still holds some doubt about the fate of Carbajal's legislation.

She said that Carbajal's "aspirational" bill would likely face legislative

friction if it ever made an appearance on President Trump's desk. However, she said the next couple of years could provide a less hostile environment for green legislation.

"If we have a positive result in 2020, this is certainly the kind of thing that we should be pushing from," Jackson said.

After previous attempts to remediate pipeline safety requirements through legislation, Jackson said she believes that there is only one definitive way to end disasters like this: "If you don't drill, you can't spill."

Simren Verma contributed reporting.



EMILY KOMESSAR / DAILY NEXUS



From Bud Bottoms' photo in PS Mag's Oral History of the 1969 Santa Barbara Oil Spill

EMILY KOMESSAR / DAILY NEXUS



EMILY KOMESSAR / DAILY NEXUS



NEXUS FILE PHOTO



NEXUS FILE PHOTO



NEXUS FILE PHOTO

A.S. Senator Karmes-Wainer Petitions for Hot Food Bar on Campus, Hoping To Be Environmentally Friendly

Isabell Liu
Staff Writer

Associated Students Off-Campus Senator Sydney Karmes-Wainer recently started a petition on Change.org asking UC Santa Barbara to provide a space on campus and funding for a hot food bar.

Karmes-Wainer, a third-year communication and global studies double major and French minor, originally started the petition as part of an assignment for her communication class, Social Media Controversy. The class required students to design petitions based on their personal passions.

For Karmes-Wainer, that passion was healthy eating. Her health journey over the past year inspired her to make healthy eating options more accessible for UCSB students as well.

"I don't believe that we have enough restaurants or establishments to build healthy, nutritious meals, and even if they seem healthy, they're not always the healthiest option," Karmes-Wainer said.

Karmes-Wainer used the petition as a way to gauge the community's response to the hot bar as a potential senate project.

What first began as a class project quickly transformed into a platform for students with a variety of dietary restrictions and preferences to voice their needs.

"I engaged people from other communities that I didn't realize that I was targeting as well," Karmes-Wainer said. "That's the point of my position, is to hear from all my different constituents."

Karmes-Wainer's petition elicited plenty of responses from its post on UCSB's Free & For Sale page on Facebook.

Robert Moser, a fourth-year environmental studies major at UCSB, said his dietary restrictions made finding food on campus difficult.

"Being a celiac, it's hard to find many gluten-free meal options on campus – just random misc snack items. As a campus senator, it would be cool if you could advocate for more meal options for those with dietary restrictions," Moser wrote in a comment in response to Karmes-Wainer's post.

Karmes-Wainer hopes to make the bar environmentally friendly as well by using locally-sourced produce – an idea partially borrowed from the Isla Vista Food Co-op's model – and compostable to-go boxes.

As of Wednesday, around 230 people have signed the petition, but the hot food bar still remains in its initial stages. Karmes-Wainer noted that the construction of the bar would not be completed by the end of her term.

"I'm dedicated to go through with the project throughout my senior year even though I won't be on senate," she said.



Nexus File Photo

Roughly 2.2 Percent of Student Body Has Voted in EVPSA Special Election Thus Far



SIYAVASH GHADIRI / DAILY NEXUS

Simren Verma
University News Editor

Only 2.2 percent of registered undergraduate students voted in the External Vice President of Statewide Affairs Winter special election as of Wednesday, according to Elections Board Chair John Paul Renteria.

At least eight percent of the student body, or 1,783 people, must vote for the special election to be valid, Renteria said at the A.S. Senate meeting on Wednesday. This requirement has been lowered several times to compensate for low voting turnouts in the previous Fall Quarter External Vice President for Statewide Affairs (EVPSA) special election.

As of Wednesday, 612 students have voted. With only a week until voting closes, the election is still over 1,000 votes away from meeting the eight percent requirement.

Initially, two students declared candidacy in the special election: Rachel Ng, a fourth-year biological sciences and global studies double major, and Richard Zierer, a fourth-year political science and English double major. However, Zierer dropped out of the race on Jan. 23, leaving Ng unopposed.

If the election meets the eight percent threshold, Ng will only serve for approximately three months until the winner of the Spring Quarter 2019 election is sworn in.

Ng hopes to center her agenda around statewide affairs as it concerns sexual assault policy, common sense gun control and reproductive justice.

To meet the voter threshold, Ng plans to utilize social media and class announcements. She believes that the lack of voter turnout in the previous EVPSA elections was due to voter burnout.

This is A.S.'s third attempt to elect an EVPSA since Spring Quarter 2017.

A fall quarter special election occurred due to the disqualification of Mayela Morales, a fifth-year global studies and Chicano and Chicana studies double major, in May.

Morales won the EVPSA position in April, but she was later found to not be enrolled in any classes at UCSB during the Spring Quarter, resulting in her subsequent disqualification.

Madeline Loudon, a third-year history of public policy major, was the sole declared candidate in the Fall Quarter special election. During that special election, however, the 16 percent voter threshold was not met and as a result, Loudon was not voted in.

A.S. Elections Board spent \$50 on the Winter Quarter special election, Renteria said at the A.S. Senate meeting on Wednesday.

Voting for the winter special election opened on Thursday, Jan. 24. Voting closes on Thursday, Feb. 7, and results will be announced that evening.

Living History Project Revived by A.S. Senators

Sanya Kamidi
Asst. News Editor

The world was supposed to end in 2012.

But instead, at UC Santa Barbara, a documentation of student activism at UCSB across the years dubbed the Living History Project was born.

Mahader Tesfai, who served as the Associated Students (A.S.) President during the 2000-2001 school year, created the project as an A.S. staff member in 2012.

"A lot of times, students involved in various organizations don't necessarily know the history of their group with which they are involved. Seeing that need, I started to develop the idea of the Living History Project," he said at a Senate meeting that year.

This quarter, second-years Frances Woo and Christine Hoang are working to resurrect the project and flesh it out into a collaborative student organization.

The two were hired by Living History Project Advisor Leah Bartos last spring and have been working behind the scenes since then to prepare for their first general meeting, which took place this past Monday.

They decided to start the project from scratch, realizing that a lot of the information on the former website lacked proper summarization and sources.

"It was just a lot of information, and it could very well be true, but it wasn't cited, so we're trying to work on that," Hoang said.

Instead, Woo and Hoang have been delving into the Department of Special Research Collections at UCSB and conducting their own interviews to put together articles for the website.

In addition to the new website, the two have been working on growing the project to make it accessible to any students interested in joining. They have also been setting up social media accounts and inviting students to attend general meetings.

"Our goal for the end of this quarter is we're gonna have the people who continue with us during the general meetings to learn how to research and dive into special collections," Woo said.

"They're all gonna like have an article hopefully produced at the end of the quarter and then we're gonna have a little launch party for the website."

They hope to generate more content for the website by the end of the quarter as well, mentioning that it can take a while to sort through various sources of information and find people to interview.

"We are working on talking to members of the community, or people who used to be a part of the UCSB community and just getting their side of the story," Hoang added. "We're really trying to find the minuscule details that people don't necessarily know about."

Woo said that they hope that they can eventually become a reliable source of information for students interested in learning more about the history of activism on campus.

One of the first articles published on the new website was about one

of the most famous events in Isla Vista history: the burning of the Bank of America building.

"When we go into special collections, there's a lot of like weird information from old newspapers... It's just insane to see all the events that have happened in I.V. history," Woo said.

"I know in general about some of them but reading firsthand accounts, like the Bank of America burning, which I did an article on, I researched a lot of what happened and – can I swear? – that shit was fucking insane!"

Woo said she started with the bank burning because it was a topic she knew there would be a lot of information on, but also students who join the Living History Project would have discretion in choosing what to cover.

"The whole of student activism at UCSB is so big," she added.

Woo and Hoang have created several templates for student collaborators interested in doing this research. The first is a boards, commissions and units (BCU) and student organization bio, which would detail the origins of a student organization on campus and the social climate in which it developed.

The second gathers personal testimonials about notable points of I.V. history, like the Bank of America burning, and the third creates timelines of topics like women's organizing throughout UCSB history.

"We're making it so open because we want people to pursue a topic that they're passionate about, so that way they can learn more about it and be passionate about when they're writing, and that'll show through their work too," Woo said.

As they begin to work with other students, they hope to expand the kind of work that they present on the website and help students pursue what they're interested in.

"Research can take form and be represented in a number of ways. You can write articles or take interviews with people, collect photo and newspaper artifacts and even create informational videos on the research that you find, so we really want to make sure that our members have the options to do research but also conduct it however they please," Hoang said.

Bartos, who has been advising the two throughout the process, said the shift from a single A.S. staff member updating the website behind the scenes to a student organization working on it is the biggest shift that has happened since the project was restarted.

"This is becoming a much more collaborative effort with the campus," she said.

The new nature of the project now leaves more room for crowd-sourcing efforts, she added.

"In the future, if they get some historical photo of like a protest in the '70s, they can reach out to the community and say like 'Hey, what else can you tell us about this image?'" she said.

The collaborative part of the project is what makes it special to both Woo and Hoang.

"We're just starting up, and we hope that with other people's contri-

butions that we can become bigger and an important part of UCSB's campus and community because student activism is super important," Hoang said.

"I think that not enough students are aware about all the things that's happened in the past, and it's still happening right now. Student activism happens every day and history is living, it's constant, so we hope that we can get more information out there to students at UCSB."



SANYA KAMIDI / DAILY NEXUS

ASSOCIATED STUDENTS SENATORS' OFFICE HOURS

SENATOR	OFFICE	TIME/DATE	LOCATION
Alli Adam	L&S	Fri. 1-4PM	Library Cafe
Lexi Bettencourt	Off Campus	Mon. 2-3PM, Wed. 2:30-4:30PM	Coral Tree Cafe, Cajé
Nima Bencohen	Transfer	Fri. 10AM-1PM	N/A
Xochitl Brisenó	2nd Pro Tempore	Wed. 5-6PM, Thurs. 12-2PM	A.S. Main, SRB 1st floor
Jalia Carlton-Carew	1st Pro Tempore	Tues. 3-4PM, Wed. 10-11AM, Fri. 1-2PM	Davidson Lib, Coral Tree Cafe, Sweet Alley
Carla Cernat	Off Campus	Tues. 2-4PM, Fri. 11AM-12PM	UCen, Cajé
Adam Chohan	Off Campus	Wed. 9-10AM, Fri. 9-11AM	Cajé, A.S. Main
Rafael Cornejo	Off Campus	Tues./Thurs. 2-3PM, Wed. 3:30-5PM	A.S. Main, Pardall Center
Anthony Hernandez	University Owned	Tues. 12-2PM, Wed. 12-1PM	AS Main, Santa Ynez Jameson Center
Sydney Karmes-Wainer	Off Campus	Tues./Thurs. 11AM-12PM, Thurs. 3:30-4:30PM	Lib. Cafe, Cajé
Yara Khamis	Off Campus	Mon. 10AM-12PM, Wed. 2-3PM	Cajé, A.S. Main
Ashley Ng	Off Campus	Wed./Fri. 8:30-10AM	Pardell/Embarcadero Plaza
Christian Ornelas	Off Campus	Tues./Thurs. 3-4:30PM	A.S. Main
Jasmine Palmerin	Off Campus	Wed. 5-6PM, Fri. 12-2PM	A.S. Main, Womxn Center
Melissa Perez	On Campus	Tues. 11AM-12PM, Tues. 5-7PM	San Miguel Lounge
Yasamin Salari	On Campus	Mon. 12-2PM, Fri. 12-1PM	A.S. Main, Anacapa Formal Lounge
Zion Solomon	On Campus	Mon. 9AM-12PM	A.S. Main
Lea Toubian	On Campus	Wed. 10AM-12PM, Thurs. 2-3PM	Arbor, Santa Cruz Hall
Ricardo Uribe	L&S	Fri. 1-4PM	RCSGD
Alex Funk		Mon. 7-9PM, Tues. 11AM-12PM	Phelps 3525, UCen Starbucks

UCSB Hosts Fourth Annual Immigration Awareness Week

Nyah Scott
Reporter

For its fourth annual Immigration Awareness Week, UC Santa Barbara hosted a variety of workshops, speeches and activities focused on the immigrant experience. The week of Jan. 21 - 25 consisted of three main events, each of which highlighted one facet of the intersectionality of immigration.

The week in its entirety was organized by several organizations, including UCSB's Undocumented Student Services (USS), the Educational Opportunity Program (EOP), the Multicultural Center (MCC), UCSB's Improving Dreams, Equality Access and Success (I.D.E.A.S.) and the Resource Center for Sexual & Gender Diversity (RCSGD).

The week kicked off with an event in the MCC lounge on Jan. 23: "Making 'Ally' a Verb: Supporting Undocumented Students." The event - centered on allyship with the greater immigrant community - encouraged attendees to immerse themselves in the stories of undocumented immigrants and take note of various resources provided for UCSB students, such as the Undocumented Student Services Support Network.

"It can be seen as an opportunity for folks. There could be some hesitation. That hesitation could be coming from different places, but to see these types of events is an opportunity to learn more about immigrant experiences," Diana Ordorica, UCSB's USS coordinator, said.

The allyship-based event encouraged attendees to put up posters supporting undocumented students in their workspaces, rooms or social media pages.

"In the past we've had presentations to update folks about what's going on with immigration. We've had trainings for staff, faculty and graduate students," Ordorica said. This training-oriented experience pursued in the past was once again employed during this year's Immigration Awareness Week through the second major event of the annual occasion.

On Jan. 24, a workshop in the Student Resource Building, titled "UndocuQueer and UndocuTrans Safe Zone Training," promoted a holistic approach to supporting queer and transgender undocumented students. It was open to graduate students, faculty and staff.

While partially informational, the workshop also contributed to the visibility of LGBTQIA+ immigrant students through the sharing of stories and experiences from individuals well-acquainted with the struggles of the queer immigration experience.

"With the current administration that we have, immigration is right at the forefront of everything," Dwayne Mosbey, RCSGD program coordinator, said. "It's very important for someone who is working with the LGBTQ+ community to be working with all of these intersecting communities and these intersecting identities that students may have."

With this sentiment in mind, the "UndocuQueer and UndocuTrans" training session featured guest speakers who gave attendees descriptions of firsthand experiences from undocumented, LGBTQIA+ individuals.

"As progressive as a school UCSB is, I think folks have a lot of presumptions about communities that they're unfamiliar with, so this is an opportunity for those who are allies to make themselves more well-known for those who aren't as educated or as well-knowledged about the subject to finally get that kind of information," Mosbey said.

According to Mosbey, events like "UndocuQueer and UndocuTrans Safe Zone Training" are meant "to create visibility for students and members of the community who are a part of the undocumented community - for them to feel like folks care about them and that they have clear support here on campus."

To conclude Immigration Awareness Week, an open house for UCSB's Immigration Legal Services was held on Jan. 25 to further highlight the resources available to undocumented immigrant students. The open house, held in the Annex, offered advice from Managing Attorney Vivek Mittal, Attorney Ron Perry and other advisors who make up the Immigration Legal team at UCSB.

"This week is shining the spotlight for a moment, but it's - more than anything - igniting a movement to continue on through this year," Mosbey said.

"I want folks who are allies or folks who are not as knowledgeable about the subject to come to Immigration Awareness Week, take the information in, analyze within themselves what kind of internalized presumptions they may have, challenge those presumptions and then continue to uplift these communities that have been ingrained in America since its conception."



Nexus File Photo

QUESTIONS?
CONCERNS?
COMMENTS?
TIPS?
CONTACT US!

INSTAGRAM: @DAILYNEXUS
FACEBOOK.COM/DAILYNEXUS
TWITTER: @DAILYNEXUS
HTTP://DAILYNEXUS.COM

SAKE BOMBING!

99¢

- Small Pitcher of Sake with 10 or more people and an order of 10 large beers
- Large Pitcher of Sake with 20 or more people and an order of 15 large beers
Offer only valid for the first pitcher

Mon - Thurs with I.D.

TATAMI ROOMS available for large parties with reservation

Kyoto
JAPANESE RESTAURANT
SUSHI SEAFOOD TEMPURA STEAK
www.KyotoSB.com

3232 State St. (Corner of State & Las Positas) • 687-1252

ARTSWEEK

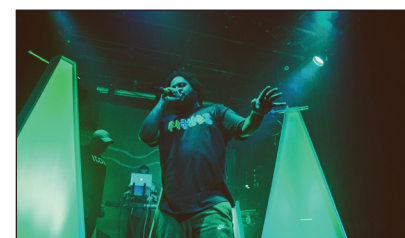


RYAN YATES / DAILY NEXUS

In Photos: Bas at Velvet Jones

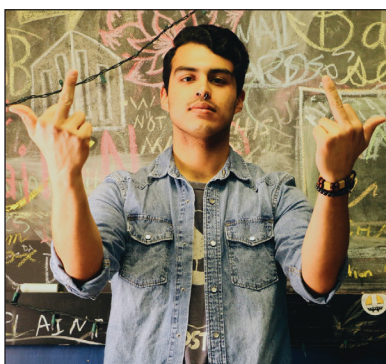
This past Friday, Dreamville's very own Bas threw down a soulful, passionate and electrifying show at Santa Barbara's Velvet Jones, courtesy of ENT Legends. Accompanied by an entourage of local California rappers, Bas took Santa Barbara locals for a ride on his "Milky Way" tour.

Words by Edwin Caldaza Nguyen.



SIAVASH GHADIRI / DAILY NEXUS

An I.V. Band to Watch: Noise Complaint



Ryan Yates
Reporter

This Friday past, Isla Vista held its own unique celebration of winter, as our favorite metal musicians demonstrated to beach bums across the community what happens when "hell freezes over" in all the best ways. As the night grew cold and music began to blast, Noise Complaint set the bar once again for hardcore metal enthusiasts everywhere.

Noise Complaint is a three-piece metal band composed of Jake Morenc (lead vocalist and third-year mechanical engineering student), Radean Anvari (guitarist and pre-med second-year) and Matthew Hernandez (bassist and history fourth-year). Former Mallards drummer Morenc inspired the band's fitting name after attracting over 100 noise complaints from the local community with his drum kit over the course of his freshman year.

"Living at the Mallards', I would put my drum kit in a laundry cart and roll that shit up the elevator to the rooftop where I broke it down for the neighbors every other night," Morenc said. "Starting out, I probably dealt with plus-100 interactions with the local police because of those inhibitions. Since then we've embraced and encouraged that vibe."

Naturally, their set was loud as hell, and a few naysayers took issue with the noise. Some people just cannot appreciate good metal.

A number of Artsweek's own have had the pleasure of witnessing the magic happen firsthand on more than one occasion, and the crowds speak for themselves. Free booze, heavy metal and boatloads of energy, in that particular order, is always enough to get even the lazy and lethargic on their feet. But Noise Complaint goes above and beyond the average band of mediocre musicians.

Did I mention the free booze? That's right. Coors galore. Every head in the pit is justifiably banging to the hardcore beats of heavy metal as soon as Matthew Hernandez rips his first lick on bass.

What separates this crew from the rest is pure, white-hot dedication. Jake and his bandmates were setting up their stage, their equipment and the pit as early as 2 p.m. for their latest gig – around eight gut-wrenching hours before the show was set to begin.

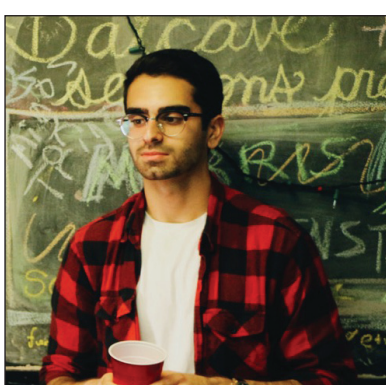
"Our worst shows are other people's best," one member modestly said. But it's true – the group clearly puts everything they have into creating the best possible experience for their crowds at every show.

"We seriously give it our all and the audience ends up genuinely loving it," Anvari said.

The band jokingly compares themselves to Migos, whom we all know and love, and as far as raw talent and passion goes, that stretch isn't far from the truth. A more accurate resemblance might be found between Noise Complaint and Linkin Park, whom the former often looks to for cover songs and inspiration. While these comparisons certainly help paint a legendary picture, Noise Complaint is uniquely their own, and they make sure you know it as they grind out every set list with a grit that belongs to the pros.

If you're looking for a slow, easy night indoors, maybe this isn't the scene for you. Then again, even notorious heavy metal haters who generally don't connect with hardcore rock 'n' roll reportedly show up time and time again to get that metal buzz, feeding off the energy of the fans and the band.

For more info on Noise Complaint's upcoming shows, like and follow them on Facebook and Instagram @noisecomplaintisla Vista.



RYAN YATES / DAILY NEXUS

AS PROGRAM BOARD PRESENTS..

AS PROGRAM BOARD PRESENTS

BATTLE OF THE BANDS

FEATURING

FRACTURED VISIONS

CARELESS CUT

MACDOLPH & THE WILD ROBEINS

SALTY STRINGS

TIKI LUAU LOUNGE

JANUARY 31st, 2019 IN THE HUB 8PM

ALL AGES FREE EVENT

BEER GARDEN 21+

AS PROGRAM BOARD PRESENTS

TUESDAY FEBRUARY 5

IV THEATER 7 & 10 PM

THE CRIMES OF GRINDELWALD

UCSB ACCESS CARD REQUIRED

AS PROGRAM BOARD PRESENTS..

BATTLE OF THE DJs

IN THE HUB

FEBRUARY 13, 2019

SUBMISSIONS DUE JANUARY 21ST AT 5PM

AS@ASUCSB.EDU/90707



Armchair QB



The anticipation for the Super Bowl has steadily been building up over the last couple weeks. We're super excited to see what kind of last-second call the refs gift to the Patriots to make sure that they win the game.

SPORTS

Men's Basketball

Go support our Gaucho men's basketball team as they get set to take on No. 1 UC Irvine Thursday night at the Thunderdome at 8 P.m..

Brady Poised To Take His Place as the Greatest of All Time

Omar Hernandez
Sports Editor

New England Patriots quarterback Tom Brady is one of the most polarizing and successful figures in the history of the NFL.

Since Week 2 of the 2001 NFL season when Patriots starting quarterback Drew Bledsoe was injured, forcing Brady into the game, he has dominated the league at unprecedented levels.

Brady's road to superstardom wasn't easy, however. In fact, it almost never existed at all.

After playing back-up quarterback for his first two years at the University of Michigan, he took over as starter for the Wolverines right before the 1998 season and played out his last two years as the leader of the team.

Brady broke a few school passing records in the process and eventually built up a solid resume going into the 2000 NFL Draft. However, even in a uniquely weak draft for quarterbacks (Chad Pennington was the first QB to be selected at 18), Brady's subpar combind showing dropped him all the way to the sixth round, during which he was selected by the Patriots as the 199th pick.

The Pats already had a solid starting quarterback in Drew Bledsoe, and as a late pick in the draft Brady actually entered his rookie season at fourth on the team depth chart.

By the end of the season he had only thrown one completion, but his strong work ethic and effort with the practice squad propelled him into the back-up spot.

When Bledsoe took a huge hit from Jet's linebacker Mo Lewis in the second week of the 2001 season, which put him in the hospital, it was time for Brady to take over.

After a shaky couple games to start off, Brady eventually went on a tear.

The Patriots ended their season on a six-

game win streak and earned a bye week going into the playoffs, Tom Brady earned a Pro Bowl nod for the next season and he ultimately led the Pats to their first Super Bowl win in franchise history.

From that point on, the New England Patriots and Tom Brady have been the dominant force in the NFL all the way until now. In his 19th season, Brady holds a smorgasbord of NFL records, including: most regular season wins (207), most passing touchdowns (590), most playoff wins (29), most Super Bowl wins (5) and many more.

It didn't seem as if the Patriots had that same magic to start off the 2018-19 season, however.

Fresh off a Super Bowl loss to the Eagles, a slow start (including two early losses to the Jacksonville Jaguars and Detroit Lions) brought the doubters out of the woodwork, and as much of the glory is usually bestowed upon Brady, a lot of the hate was pushed upon him as well.

Analysts on SportsCenter gave the Patriots a zero percent chance to make it back to the championship game, and narratives around Tom Brady's old age being a factor started to surface.

These narratives actually haven't gone away, with Los Angeles Rams cornerback Nickell Robey-Coleman just last week claiming that Brady might be too old to lead the team to another ring.

"Age has definitely taken a toll," Robey-Coleman said to Bleacher Report. "For him to still be doing it, that's a great compliment for him. But I think that he's definitely not the same quarterback he was."

Brady would probably beg to differ, and a six-game win streak in the middle of the season this year seems to refute that claim as well.

He averaged around 308 passing yards and two touchdowns per game during that stretch and ultimately ended around the middle of the

HEATING UP FOR SUPER BOWL LIII

An Overview of the Patriots' Postseason Stats and Rankings

	Yards Per Game	Passing Yards Per Game	Rushing Yards Per Game
Amt:	511	245.5	165.5
Rank:	#1	#1	#2
	Sacks Per Game	Points Per Game	Tackles
	6	39	89
	#3	#1	#8

ALY WITMER / DAILY NEXUS

pack in those two categories by the end of the season.

The Patriots came into the postseason at the top of their division and in second place in the AFC, and they steamrolled over the Los Angeles Chargers 41-28 in their first playoff game.

Brady threw for 343 yards and one touchdown with a 106 QBR in the game, setting up a matchup with sophomore phenom Patrick Mahomes and the Kansas City Chiefs in the conference championship.

This game had the potential to fulfill all the negative prophecies about Brady.

Mahomes was a young quarterback seemingly poised to take his spot, the Chiefs defense

had been forcing crucial turnovers all season and the Patriots had only been tested in the first round by the worst team in the playoffs.

After a tightly contested four quarters it all came down to a final drive in overtime, and yet again Brady marched the Pats down the field and turned in another clutch performance to score a touchdown and push his squad into the Super Bowl.

Tom Brady's legacy as one of the greatest quarterbacks of all time is already set in stone - his five rings make that clear.

But if he leads the Patriots to a Super Bowl victory over the Rams on Sunday afternoon, it will be hard to say that he doesn't belong in a category all to himself.

Is This the Start of A New Boston-LA Rivalry?

Max Kelton
Staff Writer

As a devoted Boston sports fan, I may be one of the few who are thrilled to see another Tom Brady Super Bowl. Widely regarded as the greatest quarterback of all time, I've been blessed to witness five Brady-led championship parades and the chance for a sixth on the way.

Beyond the bolstering Brady-Belichick empire, fellow Boston fans have borne witness to four Red Sox World Series titles in 15 years, in addition to one apiece from both the Celtics and the Bruins.

Boston sports teams have had seemingly uninterrupted success for the past two decades. For the past 13 consecutive years, a

ccess in the Staples Center, Boston has undoubtedly always had an upper hand on the title of "greatest sports city" due to its reigning dominance on the football field.

But as times have changed, Hollywood relies on a new king on the hardwood and has now proven its stripes on the astroturf with not one, but two L.A.-rooted NFL playoff teams.

You also can't forget this past World Series which featured the LA Dodgers and the Boston Red Sox.

As if history was bound to repeat itself once again, America is in the midst of its fifth Boston-LA. championship in the past 10 years.

The only difference? This time around, the L.A. Rams, much like the other 30 teams in the NFL, have a pipe dream to dethrone the brilliant Brady-Belichick duo.

For the third straight year, the New England Patriots surfaced as AFC Champions with hopes of one more win to notch the highest amount of Super Bowl wins in NFL history.

While Brady insists that he'll continue on after this season, are we in the midst of the next great sports rivalry or just the passing of a torch?

In reality, it's neither. Boston-L.A. rivalries are deeply rooted in disgust and hate in the forefront for fans. However, this Super Bowl doesn't feel like a rivalry.

Frankly, it's just another team hoping to halt the freight train that Belichick and Brady continue to fuel. Yes, there have been successful teams along the way, such as Nick Foles and the 2018 Eagles, but Brady just keeps on trucking.

In all honesty, I think Belichick threw that Super Bowl on purpose when he didn't play Malcolm Butler, but hey, that's just a conspiracy theory.

Even when Brady loses, it doesn't really feel like a loss. He's been atop the league for the past eight seasons, so why is anyone surprised that the Patriots are here again?

All year, analysts have doubted New England and disputed another Super Bowl appearance, yet, once again, here we are.

Don't be fooled. This is no new rivalry. This is no passing of the torch.

This is not the end of the Brady-Belichick dynasty. Win or lose, rain or shine, the Patriots will be back next year.

There has never been another head coach-superstar duo like Brady-Belichick, and there won't be for years to come.

While Sean McVay has dazzled in just two years at the helm, and Jared Goff has shown great promise and taken significant strides, be weary to label this as another Boston-L.A. rivalry.

Boston has success rooted in gritty play and an uncompromising mindset that is unsatisfied without success.

Los Angeles sports resemble entertainment instead of dedication and flashy play rather than tenacity.

It's been a fun ride for the Rams, but better luck when Brady retires.

The Patriots will take this one 31-27, as experience will once again prevail.



PEYTON STOTELMYRE / DAILY NEXUS

Goff and Anderson's Golden Connection Goes to the Big Game

Kunal Mehta
Staff Writer

C.J. Anderson and Jared Goff will be playing in the Super Bowl this upcoming weekend in a matchup that will surely bring excitement to Cal fans all over the world as they will be the first Golden Bear backfields to play in the auspicious game, which no one would have predicted at the beginning of the year.

For Goff, he entered the year on a loaded team that looked to build upon their successful season under first-year Head Coach Sean McVay.

The Rams were able to add game-breaking players such as Brandin Cooks to help create more explosive plays to a team that was already leading the NFL in points per game.

This led to Goff's best year as a pro with 32 touchdowns, 4,688 yards and a passer rating of 101.1, which were all career highs.

Although some may attribute his success to McVay's unique playcalling, it is clear that Goff has hit his stride and will be one of the league's top quarterbacks for years to come.

Anderson, on the other hand, had a very turbulent year as he started the season on the Carolina Panthers where he was second string to Christian McCaffrey.

Because the offense was predicated on getting McCaffrey the ball in heavy doses, it was difficult for Anderson to get consistent touches.

After coming off a year where he was a thousand-yard rusher, Anderson could have very easily requested a trade but instead he continued to be a good teammate, patiently waiting for his opportunity.

Nine games into the season, he was released by the Panthers and immediately picked up by the Raiders after clearing waivers.

Anderson did not play a game for the silver and black as he was promptly released for the second time on the season.

With no one seeming to be interested in his services, he remained optimistic that the right team would come along, allowing him to prove his worth in the league. Three weeks later – after the Rams suffered their second straight loss to the Philadelphia Eagles as well as Todd Gurley re-injuring his knee – the Rams were in

desperate need of not only a backup running up, but also a spark for their offense.

They would sign Anderson for the rest of the season as Gurley would take the next two games off to rest his knee and get healthy for their playoff push.

In the last two games of the regular season, Anderson had an average of 145 yards per game along with two touchdowns. His performance not only took pressure off of Goff but also gave the team some much-needed momentum heading into the playoffs.

The narrative remained the same for the Rams in both of their playoff games as Anderson led the team in carries with Gurley still not fully recovered. By having a consistent running attack, the offense was much more effective as it allowed Goff to find holes in opposing defenses through play action.

In their respective careers as Golden Bears, they did not win many games, which makes this game symbolic to Cal fans. With the fanbase starved of a league championship, a Super Bowl championship would mean the world to them behind an offense led by two Cal graduates.

Just two days away from the big match-up, many analysts are starting to make their predictions for the players that will have the biggest impact. One thing for certain is that in order for the Rams to beat the Patriots, they will need Goff and Anderson to continue playing at a high level.



PEYTON STOTELMYRE / DAILY NEXUS

Super Bowl LIII X-Factors

Richard Benites
Staff Writer

New England Patriots

Offense - Julian Edelman

After missing the first four weeks of the NFL season due to suspension, Tom Brady's favorite target has been as reliable as ever – and crucial to New England's playoff aspirations. Now in his 10th professional season, Patriots' wide receiver Julian Edelman will once again be lining up at the slot position for what will be his fourth Super Bowl appearance.

In 2018, Edelman finished with 850 receiving yards and six touchdowns on 74 receptions. Although he is a very productive receiver, he's made a name for himself from his playoff performances. Able to beat the opposing secondary with his elusiveness and incredible catch radius, Edelman has often been compared to past New England greats like Wes Welker. Therefore, if it's crunch time and the Patriots need a clutch catch, they'd need to look no further than Edelman, considering he's at his best when under pressure or when his team is looking for its sixth Super Bowl win.

Defense - Stephon Gilmore

After Super Bowl XLIX hero Malcolm Butler left last offseason, many questions began to arise about New England's depth at the cornerback position. This didn't last long, however, as critics began to realize that Stephon Gilmore was going to fill in just fine with his new role.

Gilmore will be entering Super Bowl LIII with a total of 22 passes defended and three interceptions to his name. Not too shabby of a stat line – but his importance to the Patriots' secondary is amplified once it's realized that quarterbacks didn't throw in his direction often for a reason. In 2018, Gilmore was ranked as Pro Football Focus's No. 1 cornerback in the league with a positional grade of 90.9, as he allowed only 42 catches in 90 targets toward opposing wide receivers. Going up against a very versatile Rams receiving corps, Gilmore's ability to shut down whoever lines up against him won't go unnoticed.

Los Angeles Rams

Offense - Todd Gurley

After a fairly silent performance in the NFC Championship game against the New Orleans Saints, it'll be in Bill Belichick's best interests to not take No. 30, for the Rams, for granted. Arguably the best running back in the game today, Los Angeles's Todd Gurley will make his presence be felt once again on football's biggest stage.

Whether it's a handoff out the backfield or in the passing game, Gurley is known for his ability to extend the play. Finishing as the league's rushing touchdown leader with a total of 17, Gurley also added 1,251 rushing yards, 580 receiving yards and four receiving touchdowns to his impressive stat line on the season. Altogether, Gurley brings another explosive dimension of play to Head Coach Sean McVay's exciting offensive scheme, and he'll certainly be the x-factor combating New England's defensive plans.

Defense - Aaron Donald

As past Super Bowls have shown, defense wins championships. Therefore, going up against an offensive line that protects football's greatest quarterback should be a dream scenario for the league's best pass rusher in Aaron Donald.

Aaron Donald, like many other great pass rushers, tends to have two players simultaneously guarding him at all times.

However, what separates the Rams' defensive star from the rest is that even if opponents assign a third player to mark him, it still might not be enough to halt his production. After being voted as the NFL's Defensive Player of the Year in 2017, Donald will make his case for back-to-back honors with another outstanding stat line of 20.5 sacks, four forced fumbles and 25 tackles for loss in 2018. Aaron Donald's fast hands, excellent play-reading intelligence and overall brute strength are only some of the reasons why he's pretty much unstoppable; he'll be a pleasure to watch for all football fans in Super Bowl LIII.

How the Run Game Will Impact SB LIII

Jake Ciccone
Staff Writer

The 2018 NFL season has shined a bright light on the running back position with several high-profile backs going down for various reasons just to have their backups put up big rushing numbers in their place.

Some players, like James Conner of Pittsburgh and Damien Williams of Kansas City, were able to jump right into a system where they could thrive despite their roles as replacements for other elite players.

This has been evident in the Los Angeles Rams, who signed C.J. Anderson off his couch in Week 16 in replacement of the injured Todd Gurley.

Anderson bowled his way to 120+ yards in each of his first three games for L.A. while also adding four touchdowns.

Gurley has suffered from a number of mysterious injuries over the past month or so, and it was clear that the Rams did not feel like he was ready to play in the NFC title game, where Gurley only had four carries for 10 total yards.

In the Rams' last four games, Gurley has had more than 50 yards in only one of those games.

But that performance came in their most convincing win of that stretch, a win over the Dallas Cowboys in the divisional round where Gurley was able to go off for 115 yards and a TD.

Anderson is a serviceable running back, but he has nowhere near the athleticism and ability that Gurley has, and that is why when Gurley plays at full strength the Rams are able to raise their ceiling as a team.

Another reason why the Rams need last year's NFL MVP to be ready to perform on Super Bowl Sunday is because Bill Belichick is arguably the greatest NFL head coach of all time.

He and his staff can take an inferior running back like Anderson out of the game

and force a young QB like Jared Goff to beat them with his arm.

In their AFC Championship win over the Chiefs, the Patriots were able to subdue the best offense in the NFL and shut them out for an entire half, which gave them a chance to take an early advantage.

Belichick has shown time and time again that he can orchestrate a successful game plan even against the generational talents.

But the Rams definitely feel confident with head coach Sean McVay roaming the sidelines, as he is arguably the second-best coach in the NFL behind Belichick.

In that divisional conference playoff match-up with the Cowboys, the Rams ran for a total of 273 yards compared to only 50 for Dallas.

One reason why coach McVay has run the ball so much is how running plays eat up time of possession. LA had more than 50 percent more possession than the Cowboys in that game.

In the NFC conference championship against the New Orleans Saints, the Rams rush yards dropped drastically to 77 yards and their time of possession was cut drastically.

They were never really able to gain an offensive rhythm because of this, which is part of the reason that the game was so close.

If coach McVay has a healthy Gurley on his side, he can force the Patriots' coaching staff to make some difficult decisions on whether they want to put an emphasis on stopping the Rams' dangerous receiving core or Gurley out of the backfield.

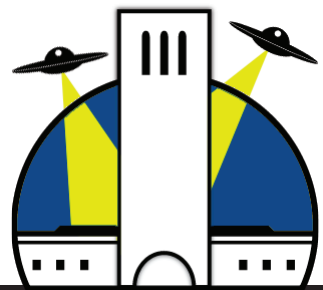
The Rams' coaching and medical staff have been relatively quiet when it comes to the status of Gurley for Sunday's game, and his recovery will be a major factor in how the game is played on both sides.

Even if he doesn't play his usual amount of snaps, expect the winner of the rushing battle to ultimately have a huge advantage.

HEATING UP FOR SUPER BOWL LIII

An Overview of the Rams' Postseason Stats and Rankings





NEXUSTENTIALISM

Listicle, Satirical, Never Newsical



NEXUS FILE PHOTO

Everybody on the Fourth Floor of Davidson Should Just Fuck Each Other Already

Sam Penn
Staff Writer

Everyone is aware of the diverse personalities that make up the eight floors of the slightly uncomfy Davidson Library: the all-inclusive first floor, the scholars of fifth, the antisocial socio-paths of eight. Yet, there is a special kind of person who needs mentioning.

On infamous fourth, a well-groomed, meticulous people inhabit the massive square tables and badly cushioned chairs that have probably been farted in millions of times. The people of fourth are not scholars; they are a simple people who look to simple pleasures – a cold Yerb, a sticker-decorated Hydro Flask, a charged set of AirPods. More than anything, though, the people of fourth all just wanna fuck each other so badly – and they probably should already.

Upon emerging onto fourth, one finds the oozing sexual energy is as thick as the Sourin smoke that permeates the rows of library books that haven't been opened in over one hundred years. The amorous beings of fourth love to dress like they don't care in a way that says they very much actually do. If you don't come in your quasi-best, a look best described as "sexy-lazy chic" or "frat boy dressed for Sunday" without a messy bun or clean brotherhood tee, then you should really get the hell out of there right now, you ugly loser.

On fourth, when a single person rises to stand, everyone stares at them with the intensity of a million suns, and one can't help but wonder if they're doing so because they want to fuck them, murder them or both. A large part of time spent on the fourth floor is not spent studying; instead, the people of fourth would much rather make sultry

eye contact with whomever, whenever, as much as humanly possible. People might as well say, "I will never ever speak to you or acknowledge you other than this kind of sexual look I'm giving you," because truly that's what's going on. Furthermore, the eye contact can either be interpreted as, "Lets bang this very moment," or, "I know your darkest secret."

No one is certain what this really means since no one from fourth floor has yet to push all laptops and open notebooks off the table in the heat of passion and really go to town (which we at Nexustentialism highly suggest they do) because the cumulative sexual tension makes us nervous.

Sam Penn is a third-year econ major who wouldn't fuck anyone on the fourth floor and thinks they all need to know this and need to be humbled by it.

Dazed and Confused: Local I.V. Woman Not Sure What To Do After Phone Dies During Sunset

Carly Kay
Staff Writer

Around 5:30 p.m. Saturday evening, tragedy struck the shores of Sands as local I.V. woman Margaret Rogers's phone battery dropped dangerously low during the most 'gram-able sunset of the year. Just as Rogers had finished laying out her earth-toned Mexican blanket from World Market, she came to the daunting realization that her phone had died.

"I would have worn shoes if I knew this was going to happen," Rogers exasperated. "What's the point of being barefoot if people can't see how chill and down to earth I am?"

Friend and avid weekend sunset goer, Natasha Sultana, attempted to salvage the disaster by offering to use her overpriced disposable camera. However, the gesture seemed to only upset Rogers further, for she was reminded that she would be unable to apply her Hugi filter. As golden hour disappeared right before their eyes, the girls were comforted by the

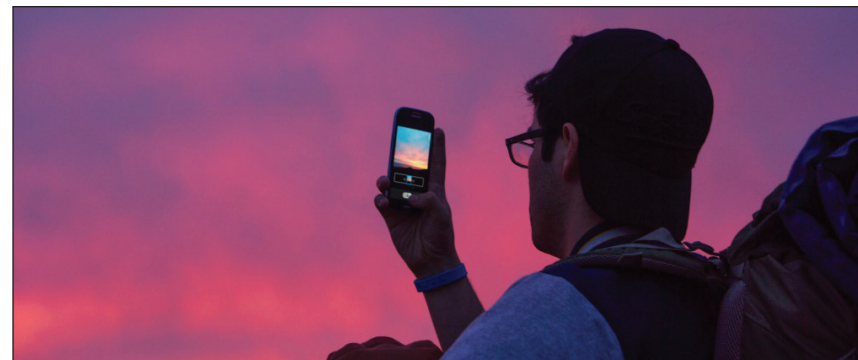
fact that they at least had a bottle of Barefoot wine to sip on in between the awkward silences.

Although there was no camera present, the two resorted to their default setting by continuously rotating through various model poses. Surfer Timothee Boil described the event as both fascinating and disturbing.

"At first I thought I was missing out some big joke," explained the shredder. "But then I realized that they had just been fake laughing for a solid 20 minutes."

Rogers plans to speak her truth to the UCSB Free & For Sale Facebook page that a charging station should be implemented at Sands. Isla Vista residents should be on the lookout for the trending hashtag #StandWithSands in the upcoming weeks.

Carly Kay is a sunset lover who is looking forward to posting about how she can't believe it's winter in January.



NEXUS FILE PHOTO

Class Know-It-All Won't Let You Enjoy Things

Mia Roncati
Staff Writer

Rude! Margaret Paige Claire Allen, first year pre-med major, has been reported by multiple students to Associated Students (A.S.) Judicial Affairs for being a class-know-it-all. While UCSB prides itself on now being the number five top public university, this girl has taken her public knowledge a bit too far. After only being at UCSB for one and a half quarters, Allen believes herself to be completely educated in both biology, chemistry and even filmmaking (FAMST 46 is basically a Master's class).

Her fellow classmates have been lining up

outside of the Judicial Affairs office in droves to complain about her social misconduct.

"You can't just speak up in a class of 800 students and make a point the professor JUST said but in other words," Chem 1B classmate Angela Waters told one reporter while standing in line. Her best friend bobbed her head in agreement, shaking her hands in rage.

"At least you don't have her in section! It's like every time the teacher remotely poses a question, her hand shoots up into the air," Water's friend added.

These student activists are petitioning the board to allow Allen to only be able to speak once per section and ask zero questions in lec-

ture unless it is of utmost importance. What is considered to be important will be judged by both the professors and the board, not Allen. Professors are willing to work with the board and a few of her professors were even standing in line with the students.

Allen refused to comment on the uprising against her but her Twitter is filled with subtweets about her overflowing knowledge, as well as articles about the social exclusion children with high IQs feel.

Mia Roncati was inspired by one particular know-it-all who needs to take a breather. You know who you are.



COURTESY OF FXHERE

Ask Chad: Chad Simpleton Gives Life Advice

Chad Simpleton
Staff Writer

What's up demons, it's ya boy Chad. Last we spoke, I was getting ready for some winter frat rushes and – big spoiler alert – I crushed it and was too cool for every single house. Literally nobody could handle Chad. I'm putting my talents somewhere else now, and I'm offering life advice just like Tony Robbins and my Uncle Ted. I had some peeps peep the DMs, so let's give 'em a shoutout and help.

1. Why can't I get into the frat parties? – Sarah W.

Well Sarah, seeing as I am the resident fraternity expert, I can tell you that you probably didn't wear the right outfit for the party's theme. Nobody wants to see a cute librarian at the Rave Daughters and Disappointed Fathers Late Night. Takes you from a seven to a five, and we all know that just won't cut it, even at the bottom houses. NEXT!

2. Should I live in I.V. next year or stay in San Joaquin? – Bart A.

Well Bartholomew, do you like adventure? Can you see yourself waking up at 9 a.m. on a Saturday to start a pregame? Do you long to blast only throwbacks and house music until the noise ordinance says, "Stop," and then continue anyways? If you answered yes to any of these, ditch the amenities of good ol' San "Jokingly Far Away" Joaquin and make jump on the I.V. Bandwagon. This place is literally Westworld: Every night we destroy ourselves through vanity and promiscuity

and then awaken the next day with everything back to normal, only to start the loop again. It's the best vacation you will ever have.

3. How do I void solicitors at The Arbor? – Shelby B.

Have you tried headphones gurl? Probably a good place to start. Even the AirPod peeps figured this one out, and that's not saying much. Thank you, next.

4. How do I get rid of whiskey dick? – Richard L.

Well Dicky, the best trick for you is gonna be to lay off the Jameson. You can still totally drink, but I would suggest some Vitali or maybe even some Franzia. Whiskey dick can't happen if you don't actually drink whiskey.

5. What if she's just not that into me? – Tiffany B.

Tiff, this one is tough. The best advice I can give is to let her go and be happy. If she actually wanted to be with you, she likely would have actually reciprocated a text message or said yes to going on that date. We've all been here, and it is so heartbreaking. The best thing you can do for yourself is recognize your own self worth and admit to yourself that this idealization of your crush is more a fixation than the tender blooming rose petals that gingerly spell love across the marital bed on the night of that honeymoon you are fantasizing about. Love yourself for a change and find some self worth. Also maybe get a Tinder.

Chad Simpleton is finding his own self-value and is ready to help people day and night if that's alright.

Letter to the Editor: A Response to My Daughter

Hannah's Dad
Hannah's Dad

Beloved Daughter,

It was with great concern and consternation that Mother and I met the distressing news of your being unable to find a husband whilst at university. It is hard to face the fact that the bloom of youth has left you and that you face the swift slide into decrepitude as an unmarried woman. With the good Lord's help, you may yet meet a man you can marry. You still have the remainder of this year and the entirety of your senior year.

Has there been anything specific that has been dissuading potential suitors? Is it your lack of "birthing hips"? That's always been our family's curse. Would surgery help? We would gladly dip into your inheritance to fix them, if it would address the issue. I

do hope that you haven't been doing anything unladylike such as "free thinking" or "speaking your mind."

If it is necessary, we will add three more chickens and a donkey to your dowry. Have you reminded the lads that you are heir to the family dirt farm? A dirt empire, in fact. Remind them of the greatness that awaits them should they only deign to make an honest woman of you.

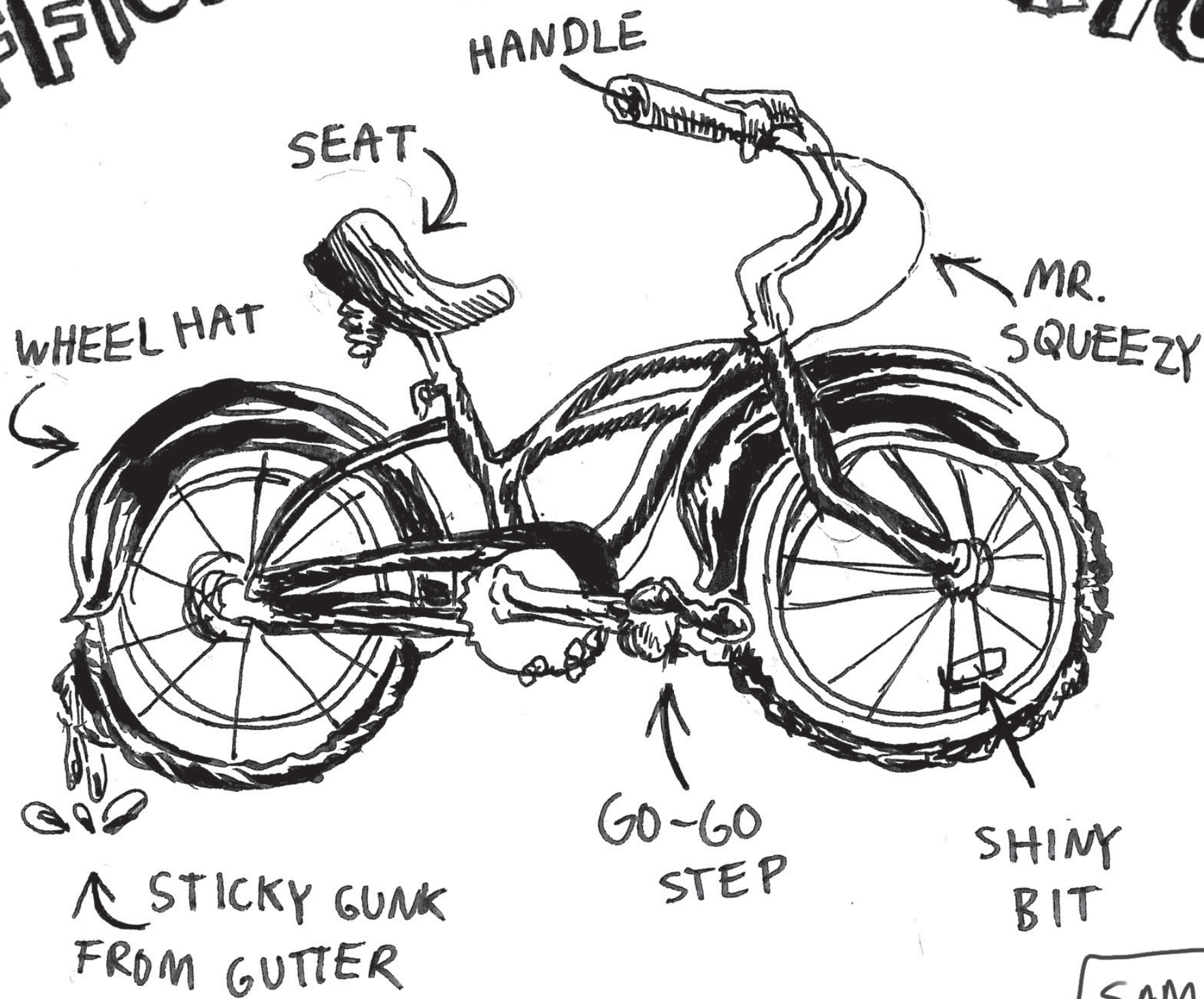
Redouble your efforts, my daughter. Mother and I have the highest hopes that you may find a man who will take pity on you. Why else would we send you to an institute of higher education, if not to snag a fella?

In hopes you do not bring shame to the family,

Father
Sent from my iPad

DAILY NEXUS COMICS

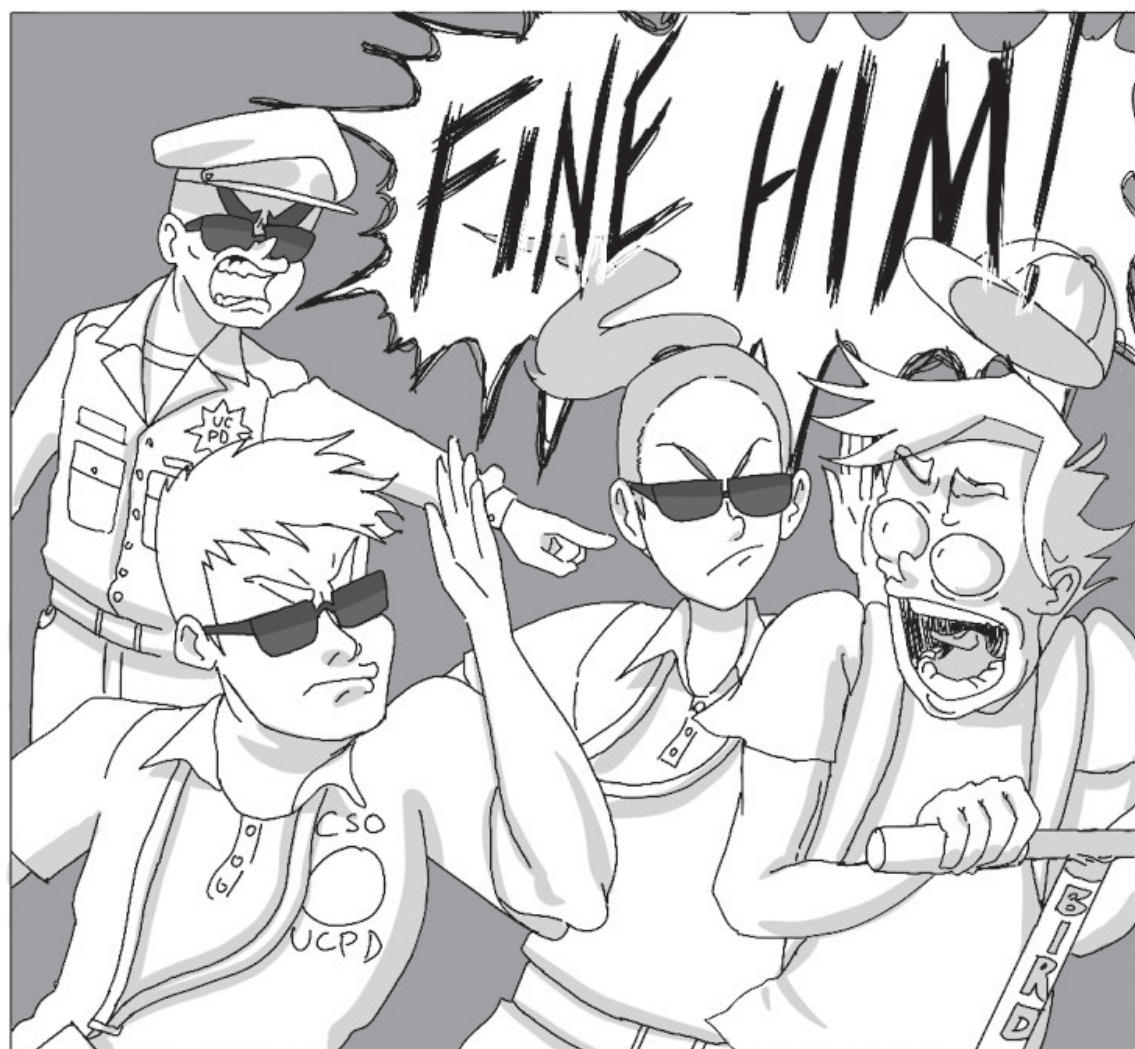
OFFICIAL BIKE ANATOMY



SAM RANKIN

9. BIRDWATCHING

R. BRUDER



CALM BEFORE THE STORM

BY KATE

IT LOOKS LIKE IT'S GOING TO RAIN.

AND LOCK MYSELF INSIDE



ON THE MENU

You Want a Pizza These Three Tasty Recipes?



PHOTO COURTESY OF PIXABAY.COM

Laura Tucker
Staff Writer

If there's one thing that can truly bring people from all walks of life together, it's pizza. Although our beautiful little town of Isla Vista comes equipped with three restaurants devoted to pizza, wouldn't it be nice to spare yourself the bill and make a delicious pie yourself? After all, pizza just so happens to be made of three of the cheapest ingredients out there: bread, tomatoes and cheese!

Now, if you don't consider yourself much of a genius in the kitchen, you can always opt for the Trader Joe's pre-made pizza dough (I would recommend the garlic and herbs one, it's amazing). But if you want the real Italian pizza experience, you're going to have to put on your apron and get your hands a little dirty.

Making your own pizza crust is actually very simple! It only takes a bit of warm water, yeast, flour and salt!

Pizza Dough

INGREDIENTS:

1 cup warm (but not hot) water
Roughly 3 cups of flour (add more if needed)
1 packet yeast
1 tsp salt
Optional: 1 tsp sugar (will increase yeast activity)

DIRECTIONS:

Gently stir 1 packet of yeast (and sugar, if using) into warm water and let proof for 10 minutes (the mixture should look foamy when done). Add salt and flour, folding in with a wooden spoon. The dough should form a sticky ball that can still easily pull away from the bowl. Once the flour is incorporated, knead the dough for about 2 minutes and place in a bowl covered with a tea towel to rise. For best results,

let the dough rise on the counter for an hour then move to the fridge overnight (if you don't have the time, just let the dough rise for about an hour before using it).

This classic dough recipe will work for just about any pizza, but here are three delicious combinations to get you started!

Margherita Pizza

INGREDIENTS:

Pizza dough (store bought or homemade)
Pizza sauce (Trader Joe's brand is awesome)
Fresh mozzarella cheese
Fresh basil

DIRECTIONS:

Place a pizza stone in oven and preheat to the highest setting; let the oven heat up for at least an hour. Stretch out pizza dough to desired thickness – I think it's best when it's stretched pretty thin, the crust gets beautifully crispy – and spread a light amount of sauce around the dough, leaving about an inch on the edges for the crust. Place a few torn pieces of mozzarella on top and throw in the oven. Bake for about 10 minutes or until the crust is golden brown, taking the pie out halfway to put the fresh basil on.

Spinach Artichoke Pizza

INGREDIENTS:

Pizza dough
Pizza sauce
Fresh mozzarella or ricotta
Canned artichoke hearts
Fresh spinach

DIRECTIONS:

Place a pizza stone in oven and preheat to the highest setting and let the oven heat up for at least an hour. Stretch out pizza dough to desired thickness and spoon on sauce. Place some torn mozzarella, artichokes and spinach as desired, and bake for about 10 minutes or until golden brown.

Sauceless Garlic Pizza

INGREDIENTS:

Pizza dough
Olive oil
Fresh mozzarella
Halved garlic cloves (however many you want)
Spinach

DIRECTIONS:

Place a pizza stone in oven and preheat to the highest setting; let the oven heat up for at least an hour. While the oven is preheating, sauté a few halved garlic cloves in a bit of olive oil until they have a nice golden tint to them. Stretch out pizza dough to desired thickness and drizzle olive oil all over, as if it were sauce. Spread mozzarella across pizza and top with some spinach leaves and the sautéed garlic cloves. Bake for about 10 minutes.

**I would definitely recommend the margherita pizza over the others – it's a classic. It's always best to preheat a pizza stone (or cast iron skillet, pizza pan or regular cookie sheet) in the oven before throwing your pizza in, it helps get the bottom of the crust perfectly crispy. Also, if you're looking for a fancy alternative to fresh mozzarella, I would highly recommend using burrata – it's like a creamier version of mozzarella (who knew that was even possible?!). Alternatively, if you're looking for a less lactose-heavy version of these pizzas, simply substitute the mozzarella for some feta!

Change Your Lifestyle: Six Reasons to Cut Out Meat in 2019

Paige Holloway
Staff Writer

As we enter the New Year, you may be looking to set some sort of resolution for 2019. Whether it's improving your health, saving the environment or even crossing something off your bucket list, the New Year is always a great opportunity to set a new goal. If you're looking to tackle a resolution this year that only requires a slight change to your diet but comes with many benefits, then I challenge you to look into going vegetarian. Here are six reasons why you should reduce or completely cut out meat from your diet in 2019.

1. Improve your health

It is widely known that decreasing your meat consumption can improve your health in a variety of ways. Switching to a meatless diet is proven to reduce the chance of developing Type 2 Diabetes, lower cholesterol, decrease the risk of cancer, reverse heart disease and lengthen your lifespan (along with many others). Along with these extensive benefits, becoming vegetarian also helps you find more balanced sources of protein. Many people who eat meat regularly are consuming too much protein and exceeding their daily needs, which has been proven to lead to obesity.

2. Help the environment

One of the least talked about downsides of the meat industry is the drastic effects it has on our environment. Vast amounts of water, food and land resources are depleted in order to care for livestock. According to Food Tank, in order to produce just one pound of ground beef, it takes 1,799 gallons of water. As a comparison, soybeans only need about 576 gallons of water. In addition, mass deforestation has become a major issue linked to factory farms. These harmful actions – along with usage of manure and fertilizers – has resulted in massive amounts of carbon dioxide being released into the air, therefore further accelerating the effects of global warming. Lastly, the meat industry's inability to properly dispose of cow waste has caused pollution in neighboring water sources. This wastewater then gets carried in precipitation runoff to major bodies of water, predominantly the ocean, where it kills helpful plant and animal life.

3. Stand up against the dark side of the meat industry

While we all hope for an ideal scenario where the chicken, cow or pig on our plates come from a peaceful family farm, this is often not the reality. Factory farming is much more profitable in the eye of corporations, meaning companies are willing to house animals in filthy, cruel conditions. The unsanitary conditions under which these animals are housed compromise the integrity of the meat. Young livestock are often injected with hormones and antibiotics that make them grow faster and larger so that companies can exponentially increase the amount of meat produced. The faster they grow, the more meat that can be utilized after slaughter. The high doses of estrogen and other chemicals that are pumped into livestock can have drastic effects on our health. In simply going vegetarian, you can know for certain that your food comes from a natural, humane source.

4. Saving money

There is often a misconception that going vegetarian means more expensive grocery trips, when in reality it is the exact opposite. A shopping cart full of produce ultimately adds up to a lot less than one filled with meat. Grocers and markets can easily bump up prices of certain meats just by labeling them "organic." A pound of meat also goes bad a lot faster than a pound of beans would, therefore making vegetarianism the more cost-effective and time-efficient choice in the long run.

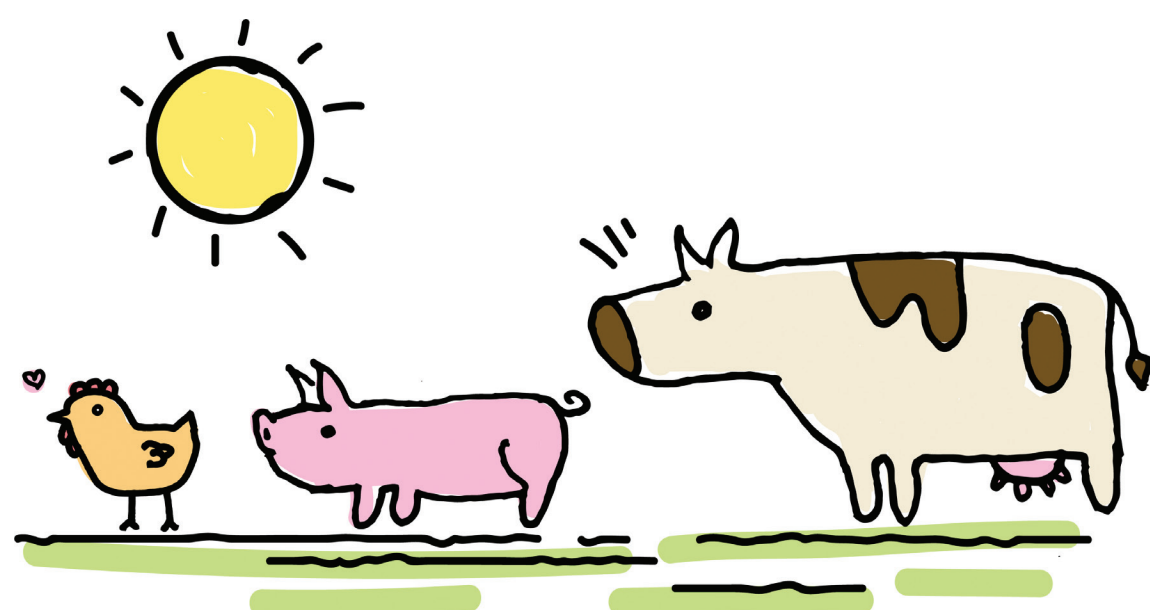
5. Ending world hunger

As devastating as it is, many countries today struggle with extreme hunger, but it is not from a lack of resources. Food scarcity is not the issue causing world hunger; we have enough land to produce crops that could feed the entire world's population. However, food is being mass produced only to be given to livestock instead. This process has put third world countries in a never-ending cycle of hunger, since they cannot afford to eat the livestock our crops feed as it is so overpriced. Simply put, the more people who continue to eat meat on this planet, the more people that will go hungry. If less of the world's produce went to livestock, more of it would go to people.

6. The animals!

This is perhaps the most obvious reason for avoiding meat, but it still deserves to be emphasized. The best way to decrease animal cruelty is by adopting a vegetarian or nearly vegetarian diet. Although not all meat sources come from inhumane mechanisms, there are still many that do. This small change in diet has the ultimate power to decide whether an animal lives or dies.

Whether you're just looking to try out a lifestyle change this year, or wanting to dive head-first into a vegetarian diet, cutting down your meat consumption comes with so many benefits and hopefully at least one stands out to you. It is important to remember that our protein sources aren't limited to meat – nuts, seeds, lentils, beans, oats, quinoa, broccoli and brussel sprouts are just a few examples of plant-based foods that are jam-packed with protein. If going vegetarian seems daunting right now, maybe try doing a meatless monday or dedicate one day a week to eating completely meat-free, then work up from there. A step as small as deciding to order a veggie burger instead of a beef patty makes a significant impact on your health, the environment, your budget and much more!



TINNA LAM / DAILY NEXUS

SCIENCE & TECH

Recapping the 1st Annual Womxn/Hacks

Sunidhi Sridhar
Staff Writer

While the gender disparity in STEM fields has narrowed in recent years, men continue to dominate these highly lucrative and innovative fields. Women with degrees in science, math or engineering are vastly outnumbered in the tech industry, especially in careers that rely on computer coding.

According to a study conducted by the National Center for Education Statistics, women receive a mere 18 percent of computer science bachelor's degrees in the United States. A number of top universities across the nation, however, are exerting a greater effort to close this gap – including UCSB.

This past weekend, the American Association of University Women (AAUW) at UCSB hosted their first annual Womxn/Hacks on campus. It welcomed all female-identifying undergraduate and graduate students to participate in a 36-hour-long competitive hackathon, regardless of prior knowledge or expertise in computer science. These programmers collaborated with one to three other partners to create and submit a project, and at the end of the event were to present their hard work in front of their peers and industry professionals.

Priscilla Siow, a first-year environmental studies major, and her team built an Android app that is centered on providing safety for women. Siow explained that her team's goal was to create something that specifically targets safe spaces for LGBTQ and minority women as well as women in general.

Her teammate, Kara Suharitdumrong, further described how their app works. "There is one function that we put all throughout the app so that you can tap it and it will call a CSO for you. It can also work as a heat map, so based on what people rate certain areas, you can collect that data and project it. These red zones have more incidents where people may feel uncomfortable," the third-year computer science major said.

For several teams, this hackathon was a new experience and an introduction to competitive coding.

Nandhana Sathish, a first-year computer science major from UC Irvine, and her teammates decided to learn Swift, a multi-purpose programming language used to develop iOS applications. Using what they learned, they created an app called Ease Anxiety.

"Basically," Sathish explained, "once you open the app, you're in your happy place. You practice breathing exercises, which the app will help you do."

When asked about the importance of women's involvement in STEM and (especially) in coding, fourth-year anthropology major Haven Kato said, "I feel like we need to step out into the world a little more and show what we can do. They portray men as primarily in STEM and tech, but that doesn't mean that women can't do it. It's important to show that we're capable."

Sathish added, "In a lot of computer science classes I've been in, the boys in the group would say, 'Oh, we have to let the girl code now.' If we have this kind of event where girls have an encouraging environment, it empowers us to do more."

In addition to the collaborative hackathon, the weekend-long event offered several workshops to expose participants to the various aspects of computer science and coding.

For example, the Intro to Web Development workshop demonstrated how to launch a web app on Google Cloud Platform, and the Machine Learning Made Easy workshop used MATLAB, a programming software, to look into the basics of machine



Photo by Ida Kazeran

The American Association of University Women held their first annual Womxn/Hacks event from Jan. 25 - 27. The 36-hour-long hackathon event featured numerous workshops that highlighted different areas of computer science and coding and a competition in which teams created and presented projects.

learning. For many participants with limited prior experience in coding, these workshops served as invaluable exposure.

Second-year sociology and Spanish double major Christine Nguyen said, "For [my team], it was really about the workshops. We started going to a lot of these because there are a lot of resources here that you wouldn't get otherwise, especially hardware. They have a whole hardware lab here, which is really expensive."

In any field, diverse perspectives are the backbone of innovation and progress, and the tech industry is no exception. Womxn/Hacks and other similar events go a long way in empowering and encouraging underrepresented minorities to share their ideas and discoveries.

For several budding female computer scientists here at UCSB, this weekend helped to unlock their potential and to find exciting opportunities in coding.

Fourth-year linguistics major Faviola Ruiz-Zamudio said that she wanted to participate in a hackathon since she was a first-year but felt intimidated by the ones that were offered before. "I'm pretty excited that this event occurred because I didn't know that this was the first one ever, just for women, at UCSB. This one was really inclusive, which I really liked."

Her teammate, Nguyen, agreed, "It's overwhelming – but in

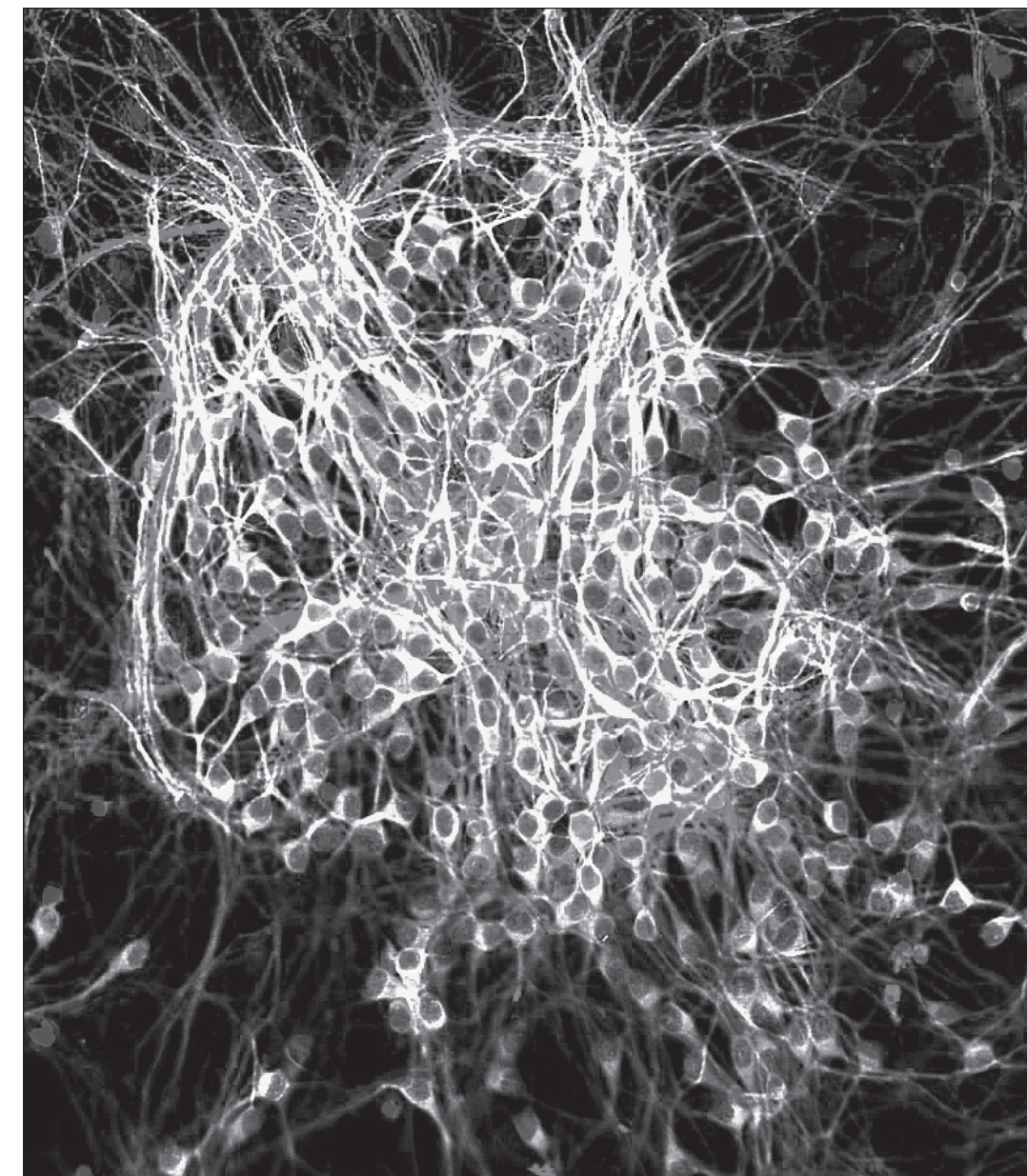
a good way. When I first signed up for this, I didn't think it was going to be a huge event. It's honestly been very surprising and rewarding just being here."

“

They portray men as primarily in STEM and tech, but that doesn't mean that women can't do it. It's important to show that we're capable.

Haven Kato

Let's Tau-ik about Tau: Exploring the Protein



Courtesy of Wikimedia Commons

Tau protein is found in neurons, including on dendrites and axons. Tau accumulation is often seen in neurodegenerative diseases such as Alzheimer's, disrupting brain cell function, which eventually results in their death.

Jacqueline Wen
Science Editor

In healthy conditions, the tau protein aids in microtubule stability in neurons in the brain. Under pathological conditions, tau aggregates and forms neurofibrillary tangles. The buildup of these neurofibrillary tangles is characteristic of neurodegenerative diseases including Alzheimer's disease and frontotemporal dementia.

"Pick's disease and Alzheimer's disease, two different neurodegenerative diseases, have been found to have different shape of tau aggregates in the brain. So it's very important you have some type of equivalent between at the molecular level – the shape of your aggregates – and at the organism level – the disease you have," Yann Fichou, a UC Santa Barbara postdoc researcher in the Songi Han research group, said.

But studying the intricate transition from a healthy, soluble form of tau to a pathological, insoluble form presents various challenges. Tau itself is a complicated structure. It's an intrinsically disordered protein, so it doesn't have a well-defined structure in solution.

"That makes most of the methods used in the structural biology and physical chemistry hard to apply for this protein because it's too flexible and too dynamic," Fichou said.

Using specific spin-labeling electronic parametric resonance spectroscopy (EPR), the Han research group can track the healthy to pathological transition of tau, which involves changes in its physical state.

"This spin label EPR technique can be used to study the tau in non-structured conditions. It can also be used to study the population properties, specifically the distribution of conformation of tau under certain conditions," Yanxian Lin, a fourth year PhD student in the Han research group, said.

Since tau can't be studied in situ (in the brain), researchers often use models to reproduce tau aggregation procedures. This can be accomplished with tau, a cofactor and a seed template. The seed helps trigger aggregation, from which the tau fiber grows.

"What we show in this study is that the seed compiles or gives a certain shape that you can call shape 'A' in your seed so that what you grow from this seed will most likely be shape 'A' as well," Fichou said.

"We have the protein in tubes, and then you make aggregates with a cofactor. The reason why you need a cofactor is as simple as because you can't reproduce what you find in the brain without the cofactor," he added.

In fact, the cofactor plays a more significant role in the aggregation process than was previously thought, according to the researchers' study. Their findings, "Cofactors are essential constituents of stable and seeding-active tau fibrils," appear in the *Proceedings of the National Academy of Sciences*.

"The cofactor is part of the very nature of the fiber where before it was somewhat thought that you just use it as a tool to reproduce what you find in the brain. Our studies show that it's the very nature of your fibers and potentially it's the very nature of what you have in the brain, too," Fichou said. "So somehow it changed from being just a tool to being a biologically relevant component of the fibers."

Without a cofactor, immature tau is much less likely to replicate the shape of the pathological tau seed. Focusing more on cofactors, including figuring out how they promote the fibril formation mechanism, could be crucial in learning more about how tau aggregation is implicated in certain diseases, the researchers said.

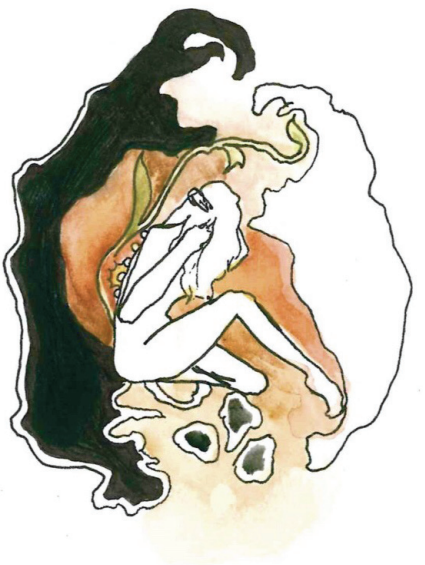
With this new perspective, prospective areas of study would seek to pinpoint the identities of potential cofactors and determine if there is one or several. Another area of study would further investigate and better characterize the seed, which has also been previously largely neglected in studies. "Does a certain seed pair with a certain cofactor, or do they work independently?" asked Fichou.

This could change how future research approaches studying the mechanism of how tau changes from a healthy to pathological state, according to Lin. He said, "We should focus on the role of cofactors, instead of just [thinking about] cofactors as a tool to study tau."

OPINION

How Spinal Surgery Changed My Life

Emily Hickingbottom
Opinion Writer



Last year as a freshman at UCSB, I was eager, excited and nervous, but most of all, I was ready. All of us know the hard work and focus it takes in the years leading up to college applications to sculpt a resume and academic record strong enough to earn a spot here at UCSB. I dedicated my young life to making that happen for myself, and when I got in, it seemed to have finally paid off for me. So when my new life here suddenly came to a grinding halt, it was difficult for me to process. I made it through my first quarter fairly smoothly, aside from the normal struggles that come with adjusting to college. But one drunken night out with my friends and a bouncy house later, and I was well on my way to needing serious medical attention again. In the weeks that followed, my lower back began to seize up until every little movement left me in excruciating pain. By mid-February, I couldn't change clothes, attend class or even bathe because of the severity of the pain I experienced every time I moved. I quickly realized that I would not be able to continue the rest of the quarter at UCSB. I was failing all of my classes, and I couldn't even get out of bed. I was heartbroken.

surgery, and I can honestly say that this time estimate was naively optimistic. The complications that have resulted from surgery are many and varied, and I am still dealing with them even now, despite my return to school this quarter. But there is one major positive that this entire process has brought to my life: a new perspective. For a long time, I saw my injury and illness as a negative, unfair obstacle that I didn't deserve. I couldn't understand why this would happen to me of all people. It didn't seem to add up. I had worked hard for 18 years to get here, only to be pulled away by an injury beyond my control. As time dragged by for me in the eight months I was withdrawn, I found myself constantly looking for answers to explain why this had happened to me. What was the justification? It took me awhile, but I came to realize that the answers I was looking for didn't exist. There is no good reason for it — it just is. The reality is that we aren't guaranteed anything in life. That might sound a bit morbid, but for me, it served as motivation.



I was overcome with the desire to learn to find happiness in every day, regardless of what obstacles I faced. I was not going to let one surgery at the age of 19 stop me from living the life I wanted. I was going to use this opportunity to effectively "restart" my education and make the most of my time in recovery. It took me hitting this low point in my life to realize what really mattered to me. I had eight months of time all to myself. I read, I watched documentaries, I wrote, I painted — I did anything I could to exercise my mind and find what made me happy. I learned more about myself and about life in those long eight months than I have at any other period in my life. I was able to reflect on my past and realize that prior to surgery, I was not pursuing a life that made me happy. I had been grinding away at one assigned project or another constantly since high school began, and I hadn't taken the time to truly develop my own passions and hobbies without the pressure of academics in years. I even wondered from time to time if college was the right path for me after all.

Since surgery, I have been looking back on other low points in my life and mentally reviewing how each obstacle made me feel or how it has affected me as a person. I have spent a lot of time asking myself what my life would be like and how I would behave if those things had never happened. Of course, none of us would wish ill on ourselves or actively seek out pain, but the periods of time when I struggled most are also the periods of my life when I developed most of my emotional and mental strength and maturity. I, like so many others, have had to deal with circumstances and situations beyond my age and maturity level many times. I can choose to hold onto my anger for having gone through something painful in the past, or I can use my new perspective and wisdom to move forward and create a happier future for myself. We cannot always choose what happens to us, but we can choose how we react to it. Though it may sound cliché, changing your outlook toward struggle will get you through some of the toughest times of your life. It would have been very easy for me to give up on myself. It would've been easy to give up entirely, especially when I lost the ability to walk and do most things for myself. Though I tried to remain positive throughout my surgery and the long recovery process leading up to my return to UCSB, my doubts often got the better of me. But as time passed and I progressively got healthier, I was able to see beyond my immediate struggles and realize the temporary nature of my situation. I realized that six months of recovery in exchange for long-term health and mobility was a small price to pay. It motivated me and helped me find peace and hope while I fought to get healthier. So whatever it is that you're going through, be it a family issue, illness, emotional pain or any number of the other countless obstacles that this life presents us with, I promise you — this, too, shall pass.



ALL ART BY EMILY KOMESSAR / DAILY NEXUS

Emily Hickingbottom wants you to know that there is nothing life can throw at you that you cannot handle.

in February my mom came to move me out of my dorm. As soon as I got home, I began to meet with my doctors. After several examinations, X-rays and an MRI, they were finally able to identify the cause of my excruciating lower back and sciatic nerve pain: a herniated disc in my lower spine that had likely been developing for years. After months of battling the pain with countless ineffective treatments, surgery was the only option left. I underwent surgery on May 5 of this year and was told the recovery timeline would be approximately six weeks. I had managed to remain fairly strong emotionally and mentally given the circumstances up to that point and was very confident that I would recover quickly. I am now five months post-

Argument in the Office: The Merits of Read Receipts

Ally McCulloch
Opinion Writer

Technology has undoubtedly changed how we communicate for the better. We now have the power to reach people on the other side of the world and learn about current events almost instantly. We use texting and social media to keep in contact with acquaintances and loved ones. We send kissy-face emojis to show affection and write happy birthday on our friends' timelines. I live hundreds of miles away from my best friends and family members, yet I feel as close to them as ever. However, texting and the like has also created a dimension of communication that has never existed before — a type of communication that doesn't require any words at all. Apple has dominated the electronic world for years now. Almost every single person we know owns one an Apple phone (unless you're a fringe Android user). Centered at the forefront of modern communication, Apple was the first to create an option to show if the person you are texting has read your message. Now, apps like Facebook and Instagram have followed this trend and automatically use read receipts. While it is ridiculous, I know I am not the only one who gets extremely butthurt, for lack of a better word, when I see someone has read my message and chosen to not respond. My mind starts to wander: Did I say something wrong? Should I send another text? Do they hate me? I thought we were close but I guess not... It's as if a switch in my mind has been turned on and I frantically worry my relationship with this person is now suddenly different. Usually, the next time I see him or her I will realize that I was over-exaggerating and that switch will be turned right back off. The mysteriousness of not knowing whether someone has just skipped over your text on accident or is purposefully ignoring you is beautiful in my eyes. Ignorance is bliss. What you don't know can't hurt you! It's not worth the unnecessary headache. As a bad texter, I have never been one to use read receipts. I will read someone's message and absorb all of the information, then completely forget to respond until five days later. Sometimes, I don't respond on purpose. I simply just don't have anything to say in response or get overwhelmed by the constant need to be connected with others. I want to sit with my thoughts for a couple days, or even hours, and respond when I am ready. Hypocritically, when I do this, of course it is harmless or a simple mistake. But then others do the same, I want to curl up in my room and never come out. Read receipts are not the only confusing from of telecommunication. We've all received a "k." response or interpreted a message with ten exclamation marks as overbearing and off-putting. It has been found that people are much more likely to lie through text versus talking face-to-face or an audio or video chat. The problem is that emotions cannot be interpreted as effectively without observing facial expressions and verbal tones. Read receipts reinforce this ambiguity when they leave the sender questioning what went wrong. Life was less complicated when people were forced to communicate face-to-face. In 2019, let's all agree that technology is confusing enough and leave read receipts behind. Ally McCulloch encourages everyone to stop obsessing over read receipts.

Read receipts on messaging platforms like iMessage, WhatsApp or Facebook have become a contentious topic among users since day one. While many of my friends voice their contempt for this whole level of passive aggressive messaging; I have always appreciated the credible information of the read receipt option whether that is proof for my friend's ignorance or the clear message of my brother's disinterest. And let's be honest, feeding our relationship mind games, our inner control demons just want to know whether someone has read our messages or ditched us again. In a private chat, my experience is that read receipts also positively impact conversation flows and response time. Once you have opened a message your partner is notified, so you are nudged into responding instantly. Although potentially a source for misunderstandings, a read receipt is a message in itself. And it is even more effective than not replying without the function. You can now avoid uncomfortable rejections or half-hearted conversations by signalling apparent disinterest without utilizing the power of words. It is essentially the straightforward way of finally "telling" your stalking admirer to bugger off. Apart from facilitating the inconvenient task of giving someone the brush-off, I am convinced that read receipts convey a deep feeling of community and connection. Most people underestimate the reliability in planning and the lack of the feeling of insecurity provided by the function. This applies not only to meeting your date but also in group messages when you spontaneously decide to move your party from your friend's house to Bill's Bus on a Thursday night. Also, who has not experienced the beauty of immediate bonding when you text someone for the first time and you see they have the read receipt function as well? I kid you not, it is just mind-blowing to feel this deep connection of living life on the same page with your fellow iPhone buddies. If you do not want technology in general and the read receipt function in particular to control your deepest fears, you can either go on a life changing phone detox or choose options to read messages without triggering the read receipt. But let's face it, the detox is probably just one of many new year's resolutions we won't fulfil this year so let's stick to alternatives that include keeping our instruments of sin in our pockets. Since we are a student newspaper dedicated to improving student communication for overall happiness and love I would like to end by offering some exclusive sneaky alternatives to circumvent read receipts for y'all: First, the screen pull-down technique allows you to read texts without triggering receipts so you are not pressured to reply to all and your conversation partners are for once not crying themselves to sleep. For our bougie Tim Cook supporters, a.k.a. owners of an iPhone 6S or 6S Plus: You guys can use the new Peek feature to view your screen without triggering the function. You're welcome! And now, for a change: Immerse yourself in some face-to-face conversations that render this whole messaging magic useless. Simon Ahrens emphasises the usefulness of read receipts but warns against taking them too seriously.

Simon Ahrens
Opinion Writer

Read at 11:59 p.m.

VIEWS EXPRESSED ON THE OPINION PAGE DO NOT NECESSARILY REFLECT THOSE OF THE DAILY NEXUS OR UCSB. OPINIONS ARE SUBMITTED PRIMARILY BY STUDENTS.

HOROSCOPES

Midterms are upon us: What do the stars have in store for you?

ARIES
MARCH 21 - APRIL 19
You forgot your Blue Book in the only class where literally nobody in the room brought an extra. What happened to Gaucho back?

TAURUS
APRIL 20 - MAY 20
Is it actually true that if someone dies during a test then everyone else passes? Consider taking one for the team, Taurus.

GEMINI
MAY 21 - JUNE 20
We don't think it's possible to get an actual zero on a midterm. Prove us all wrong, Gemini!

CANCER
JUNE 21 - JULY 22
Has your chair at the library molded into the shape of your ass yet or has your ass completely flattened to match the chair?

LEO
JULY 23 - AUGUST 22
Trying to decide where to study doesn't actually constitute as studying! Nice try!

VIRGO
AUGUST 23 - SEPTEMBER 22
Perhaps waiting until the day before your midterm to do half a quarter's worth of reading wasn't your hottest idea. "I'll do better for the final," you say to yourself. Ok, Virgo...

LIBRA
SEPTEMBER 23 - OCTOBER 22
Dude, do you even own a pen at this point?

SCORPIO
OCTOBER 23 - NOVEMBER 21
Does crying on a scantron void the score? Asking for me.

SAGITTARIUS
NOVEMBER 22 - DECEMBER 21
Does staring blankly at your notes without reading them count as studying? Because if so, you're doing great, Sagittarius.

CAPRICORN
DECEMBER 22 - JANUARY 19
You will run into every ex-hookup during your midterm-induced breakdown in the lib. Classic.

AQUARIUS
JANUARY 20 - FEBRUARY 18
Studying? Who is she?

PISCES
FEBRUARY 19 - MARCH 20
You don't have midterms until Week 6, but all of your friends are trapped in the lib. Better catch up on that Netflix.